Study Tips

Get organized
- Write everything you need to do down. If you have to do it in the future, it should be written down!
- Utilize to-do lists! Prioritize the things you need to accomplish.
- Keep your study area clean and organized!

Study environment
Find a clean organized place where distractions are limited; like the library or your dorm room

Get a study buddy
Find a likeminded friend to study with- you want to study with someone that will keep you on track.

Take notes by hand
If the topic you are reading is complicated, take notes by hand. It will help you better understand the material if you put it into your own words. REMEMBER, you won’t be fully prepared for a test if you don’t understand the material!

Use flashcards
They are a helpful tool because you are studying while you are creating them, and you can use them to study anywhere.

Study EVERYDAY
In college, there is simply too much material; cramming is not the answer. Make sure to study often!
Tip: Arrive to class about 10 minutes early to skim the previous week’s notes. This will eliminate some stress when it comes to studying for the exam.

Reward yourself
Set small goals to accomplish while studying:
- Set a timer for studying if you make it to the end without interruptions treat yourself.
- For every hour you study with no distractions, you can watch one of your favorite TV shows.

Set Goals
Write down your short term and long term goals. Reflect on them when you get discouraged. Break these goals into smaller weekly goals that include homework assignments and studying.

Relax!
If you are studying for exams on a regular basis, you should not need to cram the night before! Instead, study material and then spend some of the night before an exam relaxing!

Utilize office hours
Professors want you to be successful! Talk to your instructor if you are having a hard time with the material, didn’t get the results you expected on an exam or would like to meet with them to discuss your class grade!