OPPORTUNITIES FOR LIFELONG LEARNING

NON-CREDIT COURSES DESIGNED FOR PERSONAL ENRICHMENT

wccc.coloradomesa.edu
OPPORTUNITIES FOR LIFELONG LEARNING

Welcome to the Lifelong Learning Program brought to you by the Community Education Center (CEC) at WCCC.

The CEC offers a large selection of classes/workshops for personal and professional growth in many areas.

Whether your motivations are for personal enrichment, advanced skill training, or professional development, the CEC is here for you. We invite you to experience the fun and excitement of exploring something new or enhancing your existing skills.

Local companies have found the CEC to be a great place to find solutions for leadership training needs, safety and compliance responsibilities and LEAN manufacturing classes for their employees. If you are a business leader and have specific training requests, let us know. We’ll find a way to help.

We are committed to providing opportunities for lifelong learning in our community.

Many of the CEC courses are developed from your input and ideas. If you have an idea for a new class or would like to propose teaching a new class for us, let us know.

If earning a technical certificate or associate degree from WCCC is more suited to you, a member of our Student Services staff is standing by and ready to help. We have a number of exciting programs to help get you into a career quickly.

Visit us online, call or stop in today.

Brigitte Sündermann
Vice President, Community College Affairs

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THERE ARE FOUR EASY WAYS TO REGISTER

wccc.coloradomesa.edu/cec

Click on the blue “Register Online” button, pick the category and add classes.

970.255.2800
Kurtis Armstrong at cec@coloradomesa.edu

WCCC Community Education Center
2508 Blichmann Avenue
Grand Junction, CO 81505
CUSTOMIZED BUSINESS SERVICES

Get more from your workforce and increase your competitiveness. Western Colorado Community College offers custom and ongoing classes to help make businesses safer and more profitable. Our tailored training solutions can rapidly increase employee performance. Whether you are a small business venture or the community’s largest employer, we’ll work with you to create the best programs and services in the market today. Our goal is to be your training education partner of choice to create positive change.

CONFERENCES AND SEMINARS

Let us help you host a conference here in Grand Junction. Western Colorado Community College has wonderful facilities for your next conference or seminar. Reserve a room or computer lab for your upcoming event. Video conferencing, presentation equipment and catering are available.

ARTS AND CRAFTS

ACRYLIC PAINTING: LEVEL ONE

In this course you will learn the fundamentals of acrylic painting and become familiar with your materials. Learn how to mix colors, paint in layers and use texture to create exciting and colorful compositions. Regardless of your skill level, this class is a great way to sharpen your skills and just have fun!

Materials list provided online.

Instructor: .......................................... Herrera
Fee: ........................................................ $79

OPTION
Date: .................................................... Sept. 21, 23, 28, 30
Day: ...................................................... Monday, Wednesday
Time: ...................................................... 6-8pm

BEAUTIFUL RAG RUGS FROM OLD BED SHEETS: THE ULTIMATE RECYCLING/REPURPOSING ART FORM

Do you have fond memories of rag rugs from your childhood home or perhaps a relative’s house? These rugs are so beautiful and fluffy that most people decide to drape them over a sofa or chair or lay them on the end of a bed rather than put them on the floor (although they’d be perfectly suited for that, too). Come learn an old art form and have fun at the same time. You’ll leave with enough fabric to complete at least one oval rug (three to four feet long). If you really get into it, you’ll have gifts for half of your holiday list!

Instructor: .............................................. Fotopoulos
Fee: ........................................................ $59
Materials: ........................................ $5 payable to instructor on the first day of class

OPTION
Date: ......................................................... Nov. 7
Day: ........................................................ Saturday
Time: ......................................................... 12-4pm

CALLIGRAPHY: INTRODUCTION

This introductory course into calligraphy will teach you how to write beautifully from A-to-Z. With a focus on how to properly handle your tools and steady your hand, you will learn the ins and outs of becoming a script master.

Materials list provided online.

Instructor: ................................................. Hoffman
Fee: ........................................................ $79

OPTION
Date: ............................................ Sept. 30, Oct. 7, 14, 21
Day: ...................................................... Wednesday
Time: .................................................... 6:30-8:30pm

FIBER ARTS: THE ART OF CREATING ON CLOTH DECORATIVE AND FUNCTIONAL

You have probably wanted to have a certain color or pattern of fabric for the quilt you are making. Maybe you just want to hang and frame a painting you’ve done on fabric, or make someone a silk scarf for a special gift. This class will help you do those things and more! Learn about sources and materials for things you can do on your own at home.

Instructor: ................................................. Mulder
Fee: ........................................................ $89
Materials: ........................................ $10 payable to instructor on first day of class

OPTION
Date: ...................................... Oct. 15, 22, 29, Nov. 5, 12, 19
Day: ........................................................ Thursday
Time: ......................................................... 6-8pm
### CROCHET: LEVEL ONE
For beginners or those in need of a refresher. Learn the chain stitch, single crochet, slip stitch and finishing techniques. Project: spa set.

Please bring the following materials to class: 300 yards of worsted weight (#4 on label. Examples: Crafter’s Secret, I Love this Cotton, Sugar ‘N Cream), a size I hook, scissors and a yarn needle. Pattern provided.

| Instructor: | Armstrong |
| Fee: | $59 |

| OPTION |
| Date: | Sept. 16, 23 |
| Day: | Wednesday |
| Time: | 6-8:30pm |

### CROCHET: LEVEL TWO
Learn the adjustable loop, working in the round, single, half-double, slip stitches, pom-pom construction and finishing techniques. Project: classic hats.

Please bring the following materials to class: 400 yards (yields 1 adult and 1 child/small hat) of worsted weight yarn (#4 on label. Examples: Berroco Vintage, I Love this Yarn-Worsted, Vanna’s Choice, Lion Heartland), a size I hook, scissors and a yarn needle. Pattern provided.

| Instructor: | Armstrong |
| Fee: | $59 |

| OPTION |
| Date: | Oct. 14, 21 |
| Day: | Wednesday |
| Time: | 6-8:30pm |

### CROCHET: LEVEL THREE
Learn the adjustable loop, double crochet, working in the round, color changing, seaming. Project: Granny Square Blanket.

Please bring the following materials to class: 1,200 yards (total for project) of machine-washable, worsted weight yarn (#4 on label. Examples: Bernat Softee Chunky, I Love this Yarn-Worsted, Vanna’s Choice, Lion Heartland) in three or more colors, a size I hook, scissors and a yarn needle. Pattern provided.

| Instructor: | Armstrong |
| Fee: | $79 |

| OPTION |
| Date: | Oct. 28, Nov. 4 |
| Day: | Wednesday |
| Time: | 6-8:30pm |

### CROCHET: LEVEL FOUR
Learn to crochet three different flowers for project embellishment or to compliment ready to wear items.

Please bring the following materials to class: 300 yards of worsted weight yarn (#4 on label. Examples: Berroco Vintage, I Love this Yarn-Worsted, Vanna’s Choice, Lion Heartland) in two or more colors, sizes G, H, I and J hooks, scissors and a yarn needle. Patterns provided.

| Instructor: | Armstrong |
| Fee: | $79 |

| OPTION |
| Date: | Nov. 11, 18 |
| Day: | Wednesday |
| Time: | 6-8:30pm |

### KNITTING CONTINENTAL-STYLE
It’s all thumbs! Continental-style knitting, which refers to the way you hold the knitting needles, is a fast way of knitting. Once you get the feel of it, you can do it without looking at your hands. In this course, you will learn the basics: the knit stitch, the purl stitch, casting on, increasing, decreasing and binding off. The instructor will bring a variety of yarn as well as straight and circular needles of different sizes and explain when to use what. You can practice with these materials or you can work on your own project.

| Instructor: | Marg |
| Fee: | $59 |

| OPTION 1 |
| Date: | Sept. 19, 26, Oct. 3 |
| Day: | Saturday |
| Time: | 4-6pm |

| OPTION 2 |
| Date: | Nov. 7, 14, 21 |
| Day: | Saturday |
| Time: | 4-6pm |

### KNITTING: LEVEL ONE
For those new to knitting or for a great skills refresher. Learn casting on, the knit and purl stitches and casting off. Project: scarf or wristers.

Please bring the following materials to class: 300 yards of chunky weight yarn (#5 on label. Examples: Bernate Softee Chunky, I Love This Chunky Yarn, Red Heart Comfort Chunky, Lion Thick and Quick) in white, ivory, beige, light gray or pastel shades (light colors are easy to see), size 11 (8mm) knitting needles, scissors and a yarn needle. Patterns provided.

| Instructor: | Armstrong |
| Fee: | $59 |

| OPTION |
| Date: | Oct. 19, 26 |
| Day: | Monday |
| Time: | 6-8:30pm |

### KNITTING: LEVEL TWO
Learn the basics of knitting in the round: casting a circular needle, knit and purl stitches, decreasing, using double-pointed needles, casting off, pom-pom construction and finishing techniques. Project: hats.

Please bring the following materials to class: 300 yards of chunky weight yarn (#5 on label. Examples: Bernate Softee Chunky, I Love This Chunky Yarn, Red Heart Comfort Chunky, Lion Thick and Quick) in white, ivory, beige, light gray or pastel shades (light colors are easy to see), circular knitting needles and double-pointed knitting needles: Size 11 (8mm), scissors and a yarn needle. Patterns provided.

| Instructor: | Armstrong |
| Fee: | $59 |

| OPTION |
| Date: | Oct. 28, Nov. 4 |
| Day: | Wednesday |
| Time: | 6-8:30pm |

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Click on the blue “Register Online” button, pick a category and add classes.
FALL 2015 NON-CREDIT COURSES

**ARTS AND CRAFTS**

**SOAPSTONE CARVING**

This class will help students to explore their creativity through mixed media sculpture. We will use all kinds of materials and build sculptures that can be displayed on a base or hung on a wall. The emphasis in this class will be on the creative process and the use of diverse, non-traditional materials.

**Materials:** $40 payable to instructor on first day of class

**Fee:** $79

**OPTION**

**Date:** Nov. 2, 9

**Day:** Monday, Wednesday

**Time:** 5:30-7:30pm

**SILK PRINTING: INTRODUCTION**

Learn how to screen print! This class covers the fundamentals of silkscreen from screen prep to final print, how to properly use screen printing equipment and tools and basic tips and tricks to print whatever your heart desires.

**Materials:** $20 payable to instructor on first day of class

**Fee:** $79

**OPTION**

**Date:** Oct. 3, 10, 17, 19

**Day:** Tuesday, Thursday

**Time:** 5:30-7:30pm

**SOAPSTONE CARVING**

Stone carving doesn’t have to be hard. Soapstone is made of talc, one of the softest stones known and can be carved with basic tools and a minimum of physical effort. This class will provide the knowledge, tools and supplies to make basic carvings.

**Materials:** $10 payable to instructor on first day of class

**Fee:** $79

**OPTION**

**Date:** Sept. 21, 23, 28, 30

**Day:** Monday, Wednesday

**Time:** 5:30-7:30pm

**SPECIAL EFFECTS MAKEUP**

Are you interested in monsters, horror, gore, zombies and the artistry of Hollywood? Then this is your class! Students will learn the basics of makeup special effects for injuries, “slasher,” monster/character makeup, waxwork, latex and making various wounds and gashes. Basic monster magic and creation will also be covered in this horror-filled class. Minimum age: 14

**Materials list provided online**

**Fee:** $79

**OPTION**

**Date:** Oct. 28, Nov. 4, 11, 18, Dec. 2, 9 (No class Nov. 25)

**Day:** Wednesday

**Time:** 6-8pm

**WOODWORKING: LEVEL ONE**

Everybody starts woodworking as a complete novice. This class is the first step toward making woodworking a part of your life. You never know, it may become a passion. This class puts you to work right away and you will walk away with a great project.

**Materials list provided online**

**Instructor:** Armstrong

**Fee:** $59

**OPTION**

**Date:** Sept. 21, 23, 28, 30

**Day:** Monday, Wednesday

**Time:** 5:30-7:30pm

**WOODWORKING: LEVEL TWO**

This class continues with the safe use of power tools and exploring woodworking philosophy. These specialized tools can add a real personal dimension to your project. We will cover jigs and patterns, routers and router bits, jigsaws, electric sanders and wood finishes to add a personal touch and interpretation to your woodworking project.

**Instructor:** Szeredy

**Fee:** $159

**OPTION**

**Date:** Oct. 9, 16, 23, 30, Nov. 6

**Day:** Tuesday, Thursday

**Time:** 6-8pm

**WATERCOLORS: LEVEL ONE**

Watercolor is a beautiful, fun medium. In this class, you will learn which paints, papers and brushes to choose (and yes, it does make a difference). Students will have a fun, hands-on experience getting comfortable handling the brush, applying washes and learning tips for clean, vibrant paintings.

**Materials list provided online**

**Instructor:** Hartter

**Fee:** $79

**OPTION**

**Date:** Sept. 9, 16, 23, 30, Oct. 7, 14

**Day:** Saturday

**Time:** 10am-12pm

**WOODWORKING: LEVEL ONE**

Everybody starts woodworking as a complete novice. This class is the first step toward making woodworking a part of your life. You never know, it may become a passion. This class puts you to work right away and you will walk away with a great project.

**Materials list provided online**

**Instructor:** Weller

**Fee:** $79

**OPTION**

**Date:** Sept. 21, 23, 28, 30

**Day:** Monday, Wednesday

**Time:** 5:30-7:30pm
WOODWORKING: LEVEL THREE

This class is a continuation of level two. In this class, we will further your knowledge and skill set while working on a project for you to take home.

Instructor: ................................................. Heintz
Fee: ....................................................... $159

OPTION
Date:  .................................................... Sept. 10, 17, 24, Oct. 1, 8, 15
Day: ......................................................... Thursday
Time: ......................................................... 6-8pm

BUILDING A TINY HOME

Learn all the elements of construction from plumbing to electrical work to finishing all while building a complete tiny home!

Instructor: ................................................. Heintz
Fee: ....................................................... $159

OPTION
Date:  .................................................... Oct. 27, Nov. 3, 10, 17, Dec. 1, 8 (No class Nov. 24)
Day: ......................................................... Tuesday
Time: ......................................................... 6-8pm

BEETREEKEEPING

INTRODUCTION TO BEEKEEPING: LEVEL ONE

Participants are encouraged to explore the basics of keeping honeybees. Class materials will focus on the interactions of bees and humans historically; the current state of beekeeping; the interaction of workers, drones and the queen; hive health; exposure to the various kinds of beekeeping equipment; bee species; and beekeeping cost. We will cover bee culture, beekeeping culture, obtaining equipment, obtaining bees, techniques for installing package bees, nucleus and swarms. Two classes will be spent at a working apiary.

Instructor: ................................................. Moore
Fee ........................................................ $79

OPTION
Date: .................................................... Sept. 8, 15, 22, 29
Day: ......................................................... Tuesday
Time: ......................................................... 6-8pm

INTRODUCTION TO BEEKEEPING: LEVEL TWO

Participants are encouraged to continue their exploration of the basics of keeping honeybees. Class materials will focus on the interactions of workers, drones and queen and the health of the colony as it progresses through the bee season. The objectives of this course are interpreting bee culture and the collaboration between the colony's inhabitants. Is the colony queen-right? Are pests creating mayhem weakening the hive and causing the bees to be aggressive, or have they given up their struggle to survive? Have the bees prepared for winter and has the beekeeper done his or her part to prepare? We will discuss techniques to increase the bees' survivability. Two classes will be spent at a working apiary.

Instructor: ................................................. Moore
Fee ........................................................ $79

OPTION
Date: .................................................... Oct. 6, 13, 20, 27
Day: ......................................................... Tuesday
Time: ......................................................... 6-8pm

BEEKEEPING: BEYOND THE BASICS

This class is for the participant who has completed a successful beekeeping season with the desire to continue beekeeping as a hobby or is seeking to expand into the commercial market. The materials presented can provide the beekeeper with the competence to maintain and or expand their apiary. The challenges of both are similar, but the direction chosen determines a different course of action. We will cover reproduction, swarm management, equipment use, location, pests and diseases, options and the size of an apiary to differentiate the hobbyist from the commercial beekeeper. Four of six classes meet in an apiary with an emphasis towards hands-on techniques. Protective equipment is required.

Instructor: ................................................. Moore
Fee ....................................................... $159

OPTION
Date: .................................................... Sept. 10, 17, 24, Oct. 1, 8, 15, 22, 29
Day: ......................................................... Thursday
Time: ......................................................... 6-8pm

COMPUTERS AND OFFICE

ADOBE DREAMWEAVER: BASIC WEB DESIGN

Learn how to make a simple web design using Adobe Dreamweaver CS6, HTML and more. Dreamweaver is a web page editor and web site management...
FALL 2015 NON-CREDIT COURSES

ADOBE ILLUSTRATOR: BASIC

A hands-on introduction to the basic tools that make Adobe Illustrator one of the most unique and powerful graphics programs today. Exercises will be taught in a step-by-step format and reflect real-world projects such as logo design, flyers and aspects of computer art. The class will utilize Adobe Illustrator CS6.

Instructor: Gibson
Fee: $109

OPTION
Date: Sept. 22, 24, 29, Oct. 1
Day: Tuesday, Thursday
Time: 6-8pm

ADOBE PHOTOSHOP FOR DESIGNERS: INTRODUCTION

Using the latest version of Adobe Photoshop (CC 2014), this class will offer an intensive introduction to the premiere design software of our time. You’ll learn how to navigate Photoshop’s interface like a pro; how to use layers, selections, channels and blending modes to create sophisticated art and effects; how to tailor your Photoshop project for print, video or web graphics; various techniques for compositing different images together; and how Photoshop can fit into a workflow with other software such as Illustrator, InDesign, After Effects and 3D animation software.

Instructor: McConnell
Fee: $109

OPTION
Date: Oct. 20, 22, 27, 29
Day: Tuesday, Thursday
Time: 6-8pm

BASIC KEYBOARDING

For people who have minimal (30 words per minute or less) or no keyboarding skills. This class introduces the touch method of keyboarding. There is an emphasis on learning the alphanumeric keyboard, proper technique, posture, ergonomics and speed control.

Instructor: Wooster
Fee: $59

OPTION
Date: Nov. 2, 4, 9, 11, 16, 18
Day: Monday, Wednesday
Time: 5:30-6:30pm

COMPUTER FUNDAMENTALS

If you have never turned on a computer or are struggling to make one work, this is the course for you. Enjoy yourself while you learn basic computer operation and terminology. This course teaches you how to use a mouse, create and store files, open programs and use email using Windows 7.

Fee: $59 (includes workbook)

OPTION 1
Instructor: Kay
Date: Sept. 26, Oct. 3
Day: Saturday
Time: 9am-12pm

OPTION 2
Instructor: Kay
Date: Oct. 13, 15, 20
Day: Tuesday, Thursday
Time: 6-8pm

OPTION 3
Instructor: Hoffman
Date: Nov. 12, 17, 19
Day: Tuesday, Thursday
Time: 6-8pm

FACEBOOK BASICS

This course will provide participants with an introduction to the new, evolving world of Facebook! We will explore Facebook as a social media platform for personal use.

Instructor: Kay
Fee: $69

OPTION
Date: Oct. 12, 19, 26
Day: Monday
Time: 6-8pm

Western Colorado Community College
A Division of Colorado Mesa University
Community Education Center

ARTS AND CRAFTS — COMPUTERS AND OFFICE
MICROSOFT ACCESS: BEGINNING
This course is for those interested in learning the basics of Access database solutions. You will learn how to create queries, forms and reports, lay out fields, set formats and much more. Basic computer knowledge/ability is recommended.

Instructor: Kay
Fee: $95 (includes workbook)

OPTION
Date: Oct. 14, 21, 28
Day: Wednesday
Time: 5:30-8pm

MICROSOFT ACCESS: INTERMEDIATE
This course will take a look at creating and enforcing database relationships as well as a deeper examination of tables, queries, forms and reports. We will create advanced queries including Parameter queries, Find Duplicates queries and Find Unmatched queries. More advanced formatting of reports and forms will be covered as well.

Instructor: Kay
Fee: $95 (includes workbook)

OPTION
Date: Nov. 4, 11, 18
Day: Wednesday
Time: 5:30-8pm

MICROSOFT ACCESS: ADVANCED
This course will explore working with macros and creating action queries such as a make table query, an update query, an append query, etc. We will also learn how to import and export data, create a menu system and work with forms and reports. Finally, we will explore database tools and maintenance.

Instructor: Kay
Fee: $95 (includes workbook)

OPTION
Date: Dec. 2, 9, 16
Day: Wednesday
Time: 5:30-8pm

MICROSOFT EXCEL: BEGINNING
It's hard to find or advance in a job without knowledge of spreadsheets. Home users will also find spreadsheets handy for everything from creating budgets to soccer schedules! Create, modify, format and print worksheets, work with basic functions and create simple calculation formulas using Excel.

Instructor: Kay
Fee: $95 (includes workbook)

OPTION 1
Date: Sept. 22, 24, 29
Day: Tuesday, Thursday
Time: 5:30-8pm

OPTION 2
Date: Nov. 14, 21
Day: Saturday
Time: 9am-1pm

MICROSOFT EXCEL: INTERMEDIATE
Create more advanced formulas and functions using absolute cell references and work with advanced formatting features using Excel.

Fee: $95 (includes workbook)

OPTION 1
Instructor: Shammo
Date: Oct. 7, 14, 21
Day: Wednesday
Time: 5:30-8pm

OPTION 2
Instructor: Kay
Date: Dec. 5, 12
Day: Saturday
Time: 9am-1pm

MICROSOFT EXCEL: ADVANCED
This course covers importing and exporting data, advanced number formatting, working with ranges, creating basic macros, summarizing and analyzing data and workgroup collaboration using Excel.

Instructor: Shammo
Fee: $95 (includes workbook)

OPTION
Date: Nov. 4, 11, 18
Day: Wednesday
Time: 5:30-8pm

MICROSOFT OUTLOOK
This class will introduce students to Microsoft Outlook and the amazing organization tool it can be. Students will learn how to manage their mailboxes and archive their mail, create a personalized email signature, create and work with notes and journal entries, build contact lists, share Outlook calendars and contacts, create e-mail templates, use mail merge to send personalized messages to groups of contacts and more.

Instructor: Kay
Fee: $95 (includes workbook)

OPTION
Date: Nov. 30, Dec. 7, 14
Day: Monday
Time: 5:30-8pm

MICROSOFT POWERPOINT: INTRODUCTION
Have you ever wanted to create PowerPoint presentations that were useful and meaningful? Learn to create new slide shows, use PowerPoint views and the Help menu; add, delete and rearrange slides; change font, font size and color; use cut, copy and paste commands; insert, resize, align and connect objects; understand draw tool bar commands; insert pictures and add formatting.

Instructor: Shammo
Fee: $95 (includes workbook)

OPTION
Date: Oct. 5, 12, 19
Day: Monday
Time: 5:30-8pm
MICROSOFT PUBLISHER

This course will introduce students to the world of Microsoft Publisher. Students will learn how to create their own print material, letterhead, logos, calendars, newsletters and reports. Microsoft’s easy-to-learn publishing software is a great tool to help businesses and individuals save money by creating their own publications and flyers.

Instructor: Colbert
Fee: $95 (includes workbook)

OPTION
Date: Nov. 9, 11, 16
Day: Monday, Wednesday
Time: 5:30-8pm

MICROSOFT WINDOWS 8: INTRODUCTION

This course will be a guided tour of the newest Windows 8 operating system. The demonstration will cover such topics as file and folder management and disc organization, as well as application interfaces and customizing settings. If you have a portable Windows 8 machine, you are welcome to bring it to class and practice. The class will be delivered as a demonstration of the operating system with an accompanying book that will help you practice the concepts at home.

Instructor: Kay
Fee: $79 (includes workbook)

OPTION
Date: Nov. 2, 9, 16
Day: Monday
Time: 5:30-8pm

MICROSOFT WORD: BEGINNING

This introductory hands-on class covers Word basics: creating, opening, closing and printing documents; formatting and editing text; working with paragraphs and pages, lists and tabs, borders and shading; and headers and footers using Word.

Instructor: Colbert
Fee: $95 (includes workbook)

OPTION
Date: Oct. 13, 15, 20
Day: Tuesday, Thursday
Time: 5:30-8pm

MICROSOFT WORD: INTERMEDIATE

Learn to use Microsoft Word features beyond the introductory class, including mail merge, templates and macros, object linking and embedding and online forms. Class is instructor-led in our computer lab where you’ll be able to utilize and practice what you learn as you are learning it.

Instructor: Colbert
Fee: $95 (includes workbook)

OPTION
Date: Oct. 22, 27, 29
Day: Thursday, Tuesday
Time: 5:30-8pm

MICROSOFT WORD: ADVANCED

This course includes creating and formatting charts; working with longer documents, footnotes and endnotes; indexes, tables of figures and table of contents; creating macros; graphics; and creating forms which include drop-down lists.

Instructor: Colbert
Fee: $95 (includes workbook)

OPTION
Date: Nov. 3, 5, 10
Day: Tuesday, Thursday
Time: 5:30-8pm

QUICKBOOKS INTRO AND ACCOUNTING BASICS

New to QuickBooks or just getting started? The smartest thing is to learn some basic accounting first! This fun, new class combines accounting and business concepts with active QuickBooks practice. We talk debits and credits, use a worksheet, then create a make-believe company file and work through typical transactions for hands-on learning. Included: the chart of accounts, the five account types, forms, items, sales receipts, invoices, customer payments, deposits and bank reconciliation. The class also features bills, A/P, credit card charges and basic financial reports. Requires basic computer knowledge but no QuickBooks experience.

Instructor: Lichtenstein
Fee: $189

OPTION
Date: Oct. 27, 29, Nov. 3, 5, 10, 12, 17, 19
Day: Tuesday, Thursday
Time: 5:30-7:30pm

QUICKBOOKS: LEVEL TWO

Take your skills up a notch and also learn some best practices. This class offers more in-depth understanding of how accounting and QuickBooks are intertwined. As in the Introduction Class, we build and customize a fictitious company through sample transactions, including journal entries and setting preferences. We work with purchase orders and estimates. We learn to create various items, use classes, track simple inventory, manage sales tax and use reports. Get more comfortable with accounts such as assets, liabilities, equity and credit cards and see how to automate some transactions. Style is hands-on and interactive. Pace and topics assume prior basic QuickBooks experience.

Instructor: Lichtenstein
Fee: $159

OPTION
Date: Dec. 1, 3, 8, 10, 15, 17
Day: Tuesday, Thursday
Time: 5:30-7:30pm

CRISS-CROSS QUICKBOOKS

Refresh your accounting and QuickBooks know-how by solving sample problems and test questions. We will deepen applied learning!

Instructor: Lichtenstein
Fee: $59

OPTION
Date: Nov. 21
Day: Saturday
Time: 9am-1pm
WORDPRESS FOR ARTISTS

Are you an artist, photographer or creative writer who has wanted to create online portfolios or blogs to showcase your work? WordPress is the perfect vehicle for you! It is estimated that almost 20 percent of the internet now runs on WordPress and the software’s success is owed chiefly to its combination of power and ease of use. If you have wanted to get your work out there in an attractive and relatively simple way, this class will show you how.

Instructor: .............................................. McConnell
Fee: ........................................................ $109

OPTION
Date: ................................................................ Day: ........................................................ Saturday
Time: ................................................................ Time: 9am-1pm

WORDPRESS: CUSTOMIZATION

Part of the appeal of WordPress is that there are so many free and premium themes available with which you can get a new website up and running quickly. But some people just weren’t made for cookie cutters. This class will show you how to adapt a theme to meet your unique needs. Included in this class will be advice on how to modify the visual styling of your WordPress site; how to create custom post types, which can help in the creation of a simple online store; and how to more effectively incorporate plugins to further extend the power of your WordPress website.

Instructor: .............................................. McConnell
Fee: ........................................................ $109

OPTION
Date: ................................................................ Day: ........................................................ Saturday
Time: ................................................................ Time: 9am-1pm

CONCEALED CARRY AND PERSONAL PROTECTION

This course fulfills the Colorado Concealed Carry training requirements for your CCW permit and includes:

- Three hours of firearms law
- Four hours of personal protection
- Four hours of coached shooting
- Four hours of basic pistol operation

The first portion of the course teaches the basic knowledge, skills and attitude for owning and operating a pistol safely. We include classroom and range time for learning to shoot revolvers and semi-automatic pistols. Students learn NRA’s rules for safe gun handling, pistol parts and operation, ammunition, cleaning, shooting fundamentals and range rules. The second portion of the course teaches the basic knowledge, skills and attitude essential to the safe and efficient use of a handgun for protection of self and family and to provide information on the law-abiding individual’s right to self-defense. This portion consists of basic defensive shooting skills and strategies for home safety; responding to a violent confrontation; firearms and Colorado law; and handgun selection criteria for self-defense.

Instructor: .............................................. NRA Certified Instructors
Fee: ........................................................ $75
Materials: .............................................. $25 payable to the instructor at the beginning of the class

OPTION 1
Date: ...................................................... Sept. 14, 15, 17, 28, 29, Oct. 1
Day: .............................................. Monday, Tuesday, Thursday
Time: ...................................................... 6:30-9:30pm

OPTION 2
Date: ...................................................... Sept. 26, 27
Day: .............................................. Saturday, Sunday
Time: ...................................................... 7am-5pm

OPTION 3
Date: ...................................................... Oct. 12, 13, 15, 26, 27, 29
Day: .............................................. Monday, Tuesday, Thursday
Time: ...................................................... 6:30-9:30pm

OPTION 4
Date: ...................................................... Oct. 17, 18
Day: .............................................. Saturday, Sunday
Time: ...................................................... 7am-5pm

OPTION 5
Date: ...................................................... Nov. 9, 10, 12, 16, 17, 19
Day: .............................................. Monday, Tuesday, Thursday
Time: ...................................................... 6:30-9:30pm

OPTION 7
Date: ...................................................... Dec. 5, 6
Day: .............................................. Saturday, Sunday
Time: ...................................................... 7am-5pm

Classes are continuously added. Please see online course schedule or call 970.255.2800 for dates.

AMMUNITION RELOADING: METALLIC CARTRIDGES

Reloading rifle and pistol cartridges is an enjoyable and safe pastime. There are many good reasons why people reload their own ammunition. In this course, participants will learn the basics of reloading procedures; information about choosing powders, primers and bullets; different types of reloading equipment and their proper setup and operation.

Instructor: .............................................. Barto
Fee: ........................................................ $80
Materials: .............................................. $10 payable to the instructor at the beginning of the class

OPTION
Date: ...................................................... Sept. 23, 30, Oct. 7
Day: .............................................. Wednesday
Time: ...................................................... 6-9pm

MAP AND COMPASS

A fun and informative course which will teach you how to navigate the outdoors of western Colorado with just a map and compass. GPS navigation is fine, as long as the geographical and environmental conditions allow for satellite communication. A map and compass work in snow, fog, rain, deep valleys, slot canyons and dense forests, and their batteries never die. Topics covered will include maps, declination, establishing and following a bearing, coordinate position, triangulation, polar projection to a point, uses of clinometer and use of GPS with map and compass.

Class description continues on next page.
FALL 2015 NON-CREDIT COURSES

MATH FOR SHOOTERS

An excellent survey course of the mathematical foundations involved in the shooting sports. Whether we realize it or not, to shoot well we depend on an understanding of physical laws and the equations they produce. Topics covered include velocity, kinetic energy, trajectory, ballistic coefficient, angle of fire, mils, radians and others. Arithmetic and basic algebra are all that are needed. Emphasis will be placed on answering students’ questions. This is a discussion class more than a lecture class.

Instructor: .................................................. Barto
Fee: ........................................................ $80

OPTION
Date: ......................................................... Sept. 22, 29, Oct. 6, 10
Day: ........................................................ Saturday
Time: ....................................................... 6:30-8:30pm (Sept. 22, 29, Oct 6)

COOKING

BAKING ARTISAN BREADS

Learn to make sourdough bread and bagels in this fun and easy three-hour baking class. Students will participate in hands-on activities. Make sure to bring a bag to take goodies home!

Instructor: .................................................. Kelly
Fee: ........................................................ $39
Materials: ................................................ $12

OPTION
Date: ......................................................... Oct. 1
Day: ........................................................ Thursday
Time: ....................................................... 6-9pm

BAKING YEAST BREADS

Find out how easy it is to make simple yeast bread, baguettes and dinner rolls in one three-hour session. Make sure to bring a bag to take goodies home!

Instructor: .................................................. Kelly
Fee: ........................................................ $39
Materials: ................................................ $12

OPTION
Date: ......................................................... Oct. 29
Day: ........................................................ Thursday
Time: ....................................................... 6-9pm

COLORADO BEER HISTORY

Learn a bit about the rich brewing history of the Centennial State. From Fred Solomon and Charles Tascher and the Rocky Mountain Brewery in 1859 to The Coors legacy, to the outstanding craft brewers like New Belgium and Kannah Creek, Colorado’s brewing history is rich and diverse. This three-hour tour of Colorado brewing will spark your interests and quench your thirst for Colorado beer knowledge.

Instructor: .............................................. Mattingley
Fee: ........................................................ $39
Materials: ................................................ $20

OPTION 1
Date: ......................................................... Sept. 29
Day: ........................................................ Wednesday
Time: ....................................................... 6:30-9pm

OPTION 2
Date: ......................................................... Dec. 10
Day: ........................................................ Thursday
Time: ....................................................... 5:30-8:30pm

COUPLES COOKING DATE NIGHT CUISINE

An unusual dinner experience for a first date, wedding anniversary, birthday, blind date or any special occasion. This will be a fun experience! Learn to prepare and then enjoy a gourmet, three-course meal from start to finish. Make the class your special occasion date for you and your spouse, roommate, friend or sibling. Formal wear is not required, but class participants may want to bring an apron.

Instructor: .................................................. Hartter
Fee: ........................................................ $39

OPTION 1
Date: ......................................................... Oct. 8
Day: ........................................................ Thursday
Time: ....................................................... 5:30-8:30pm

OPTION 2
Date: ......................................................... Dec. 10
Day: ........................................................ Thursday
Time: ....................................................... 5:30-8:30pm

Class description continues on next page.
In this class we will explore the cuisine of India. We will look at popular spice blends and how to use them successfully by making popular Indian dishes. Students will make naan and participate in other activities. We end by making a delicious Indian dessert. Students will get recipes to take home.

Instructor: ............................................... Mattingley
Fee: ........................................................ $39
Materials: .................................................... $20

OPTION 1 - ITALIAN
Date: ......................................................... Sept. 18
Day: ......................................................... Friday
Time: ......................................................... 6-9pm

OPTION 2 - GREEK
Date: ......................................................... Sept. 25
Day: ......................................................... Friday
Time: ......................................................... 6-9pm

OPTION 3 - FRENCH
Date: ......................................................... Oct. 2
Day: ......................................................... Friday
Time: ......................................................... 6-9pm

OPTION 4 - SEAFOOD
Date: ......................................................... Oct. 23
Day: ......................................................... Friday
Time: ......................................................... 6-9pm

OPTION 5 - JAPANESE
Date: ......................................................... Oct. 30
Day: ......................................................... Friday
Time: ......................................................... 6-9pm

CHEESECAKE BITES
This is an introductory class to making mini-cheesecakes, cheesecake bites. In each class, we will be making two different flavors of cheesecakes and each student will be taking home two dozen.

Instructor: ............................................... Mathis
Fee: ........................................................ $39
Materials: ...................................................... $20

OPTION 1
Date: ......................................................... Nov. 10
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

OPTION 2
Date: ......................................................... Dec. 8
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

CRAFT BEER APPRECIATION
Learn about beer styles, the brewing process, beer ingredients and their uses, brief world brewing history, the differences between craft and non-craft beers, aging beer, ales vs. lagers and much more!

Instructor: ............................................... Hartter
Fee: ........................................................ $39
Materials: ...................................................... $20

OPTION 1
Date: ......................................................... Sept. 17
Day: ......................................................... Thursday
Time: ......................................................... 6:30-7:30pm

OPTION 2
Date: ......................................................... Dec. 3
Day: ......................................................... Thursday
Time: ......................................................... 6:30-7:30pm

ENSUITE OF INDIA
In this class we will make pie crust from scratch, make or discuss lemon meringue pie, lattice-topped apple blueberry pie, pecan pie and more. We will discuss creative techniques to make your pies stand out at your Thanksgiving dinner.

Instructor: ............................................... Mattingley
Fee: ........................................................ $39
Materials: .................................................... $40

OPTION
Date: ......................................................... Nov. 30
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

PERFECT THANKSGIVING PIES
In this class we will make pie crust from scratch, make or discuss lemon meringue pie, lattice-topped apple blueberry pie, pecan pie and more. We will discuss creative techniques to make your pies stand out at your Thanksgiving dinner.

Instructor: ............................................... Mattingley
Fee: ........................................................ $39
Materials: .................................................... $40

OPTION
Date: ......................................................... Nov. 10
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

EN FUEGO
Students will be lead through multiple recipes of fiery foods! Our instructor has an affection for spicy, yet flavorful foods and has been doing “En Fuego” pop-up/flash restaurants throughout the Grand Valley for the past 18 months. Each student will be allowed to control the heat in the dishes they prepare, from mild to extremely hot, as both Ghost Peppers and Trinidad Scorpion Peppers will be available.

Instructor: ............................................... Crawford
Fee: ........................................................ $59 per couple
Materials: ..................................................... $20

EN FUEGO

OPTION 1
Date: ......................................................... Nov. 3
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

OPTION 2
Date: ......................................................... Dec. 1
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

GO FISH!
Do you wish the whole family liked fish as much as you? This class will cover a variety of ways to cook and season Colorado’s native fish as well as ocean favorites. Students will cook fish, learn appetizing ways to plate a meal and keep recipes to take home.

Instructor: ............................................... Mattingley
Fee: ........................................................ $39
Materials: .................................................... $20

OPTION
Date: ......................................................... Oct. 27
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

THERE ARE FOUR EASY WAYS TO REGISTER
wccc.coloradomesa.edu/cec
Click on the blue “Register Online” button, pick a category and add classes.

970.255.2800
Kurtis Armstrong at cec@coloradomesa.edu

WCCC Community Education Center
2508 Blichmann Avenue
Grand Junction, CO 81505
**DANCE**

**BALLROOM STYLE SOCIAL DANCING**

Want a really fun, interesting and healthful new activity in your life? You and your partner will learn more than just the fundamentals of five basic dances: Foxtrot, Jitterbug or Swing, Waltz, Polka and a Latin dance such as Rhumba or Salsa. You’ll be amazed at how quickly you discover the ease of moving to the various rhythms. Get set for a lifetime of happy dancing!

Instructor: .................................................... Rill
Fee: ............................................................. $99 (per couple)

**OPTION**

Date: ................................. Oct. 26, Nov. 2, 9, 16, 30, Dec. 7 (No class Nov. 23)
Day: ................................................. Monday
Time: .................................................... 7-8:30pm

**TAP DANCE — BEGINNING**

Have you always wanted to tap dance but never had the opportunity? Or maybe you had some classes as a kid but haven’t thought about it for years? Well, dig out those old tap shoes and join us for a refresher. It’s great exercise and way more fun than the gym!

Instructor: ................................................ Thomas
Fee: ............................................................. $49

**OPTION**

Date: .................................................... Sept. 14, 16, 21, 23, 28, 30
Day: ....................................................... Monday, Wednesday
Time: ......................................................... 5:30-6:30pm

**TAP DANCE — INTERMEDIATE**

This class is a follow-up to the beginning class. It’s great exercise and way more fun than the gym!

Instructor: ................................................ Thomas
Fee: ............................................................. $49

**OPTION**

Date: .................................................... Oct. 5, 7, 12, 14, 19, 21
Day: ....................................................... Monday, Wednesday
Time: ......................................................... 5:30-6:30pm

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**EQUINE HEALTH CARE**

**PILATES FOR EQUESTRIANS**

Pilates for Equestrians, taught by Caren Vogt of Core Connections Pilates Studio, uses the Pilates method of exercise to increase the rider’s knowledge of correct alignment and posture in and out of the saddle. Pilates is designed to improve core strength, elongate the spine and increase body awareness. You and your horse will benefit from this course.

Instructor: ................................................ Vogt
Fee: ............................................................. $29

**OPTION**

Date: ....................................................... Oct. 1
Day: ............................................................ Thursday
Time: ......................................................... 5:30-7pm

**EQUINE FIRST AID**

No matter how careful you are, the unexpected sometimes occurs. Learn techniques to assess the equine injury/illness situation and administer the necessary first aid. Class will incorporate bandaging techniques and other hands-on techniques such as performing a basic physical exam and assessment. The class will help the student in decision making in regard to triage and evacuation to veterinary care. Building an effective equine first aid kit will be discussed.

Instructor: .................................................. Shafer
Fee: ............................................................. $29

**OPTION**

Date: ....................................................... Sept. 16
Day: ............................................................ Wednesday
Time: ......................................................... 6-8pm

**EQUINE LAMENESS: APPROACH TO DIAGNOSIS AND CURRENT THERAPIES**

Lameness can result from any number of sources, including not only joint disease, but also conformation abnormalities, inflammation in tendons and ligaments, bone injuries, muscle pain and developmental bone abnormalities. Lameness cannot be effectively treated without a specific diagnosis.

Instructor: .................................................. Shafer
Fee: ............................................................. $29

**OPTION**

Date: ....................................................... Oct. 14
Day: ............................................................ Wednesday
Time: ......................................................... 6-8pm

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**COOKING — EQUINE HEALTH CARE**
HOW TO GET A NEW HORSE

With either purchase or adoption, there are some important things to know about getting a new horse. The class will address different ways of getting a horse and how to prepare for years of safe and healthy enjoyment.

Instructor: .................................................. Shafer
Fee:  ........................................................ $29

OPTION
Date:  ........................................................ Nov. 18
Day: ...................................................... Wednesday
Time:  ......................................................... 6-8pm

THE EVOLUTION OF HORSESHOEING

This class will discuss the evolution of horseshoeing from ancient times to current barefoot trimming methodologies. Particular emphasis will be placed on the various types of trimming methods that are available.

Instructor: ................................................ Crandall
Fee:  ........................................................ $29

OPTION
Date:  ........................................................ Oct. 27
Day: ......................................................... Tuesday
Time:  ......................................................... 6-8pm

UNDERSTANDING THE EQUINE HOOF AND ITS PROPER CARE SERIES

The hoof care classes will consist of three options. The first option will discuss lower leg anatomy and how it relates to conformation of the horse. The second option will discuss various lamenesses. The last class will be devoted entirely to founder, learning the causes, what happens inside the foot, what they as owners can do to help their horse be more comfortable during this time.

Instructor: ................................................ Crandall
Fee:  ........................................................ $29

OPTION 1 - LOWER LEG ANATOMY
Date: .................... Sept. 29
Day: .................... Tuesday
Time: ...................... 6-8pm

OPTION 2 - VARIOUS LAMENESS ISSUES
Date: ..................... Oct. 6
Day: ..................... Tuesday
Time: ...................... 6-8pm

OPTION 3 - FOUNDER
Date: ..................... Oct. 13
Day: ..................... Tuesday
Time: ...................... 6-9pm

FINANCIAL PLANNING AND RETIREMENT

RETIREMENT PLANNING TODAY

Due to recent tax law changes, the uncertain future for Social Security and the shift toward employee-directed retirement plans, the need for sound financial strategies has never been greater. In straightforward language, this class explains time tested strategies that help you make informed financial decisions. Whether your objective is to build a nest egg, protect your assets or preserve your lifestyle throughout retirement, this course helps you plan your future with confidence.

Instructor: .................................................. Miller
Fee:  ........................................ $49 plus one guest free

OPTION 1
Date: .................. Sept. 9, 16
Day: ................. Wednesday
Time: ................. 6:30-9:30pm

OPTION 2
Date: ............... Sept. 15, 22
Day: .................... Tuesday
Time: ................. 6:30-9:30pm

SAVVY SOCIAL SECURITY

This workshop was specifically designed to help baby boomers get the most from their Social Security retirement benefits. The decisions you make today can have a tremendous bearing on the total amount of benefits you stand to receive over your lifetime. There are important things about your Social Security benefits that you need to know now.

Instructors: ................................. Spainhower and Strasburg
Fee:  .......................................  $29 plus one guest free

OPTION 1
Date: .................... Aug. 25
Day: .................... Tuesday
Time: ................... 6-8pm

OPTION 2
Date: .................... Aug. 26
Day: .................... Tuesday
Time: ................... 2-3:30pm

OPTION 3
Date: .................... Aug. 26
Day: .................... Wednesday
Time: ................... 6-9pm

wccc.coloradomesa.edu/cec

Click on the blue “Register Online” button, pick a category and add classes.

REGISTER EARLY AS CLASSES FILL QUICKLY.
Call or click at your earliest convenience to ensure that the class you want is available.
FITNESS AND HEALTH

No matter what age or physical condition, yoga can be a part of a healthy lifestyle. This course will provide the beginner a gentle introduction to yoga. Use of accommodations will help increase flexibility as well as increase a sense of well-being. Students will need to bring a yoga mat, two blocks and a yoga strap. Comfortable clothing that allows movement is a necessity.

Instructor: ............................................... Kreinberg
Fee: ........................................................ $60

OPTION 1
Date: .. Sept. 15, 22, 29, Oct. 13, 20, 27
Day: .................... Tuesday
Time: ...................... 5-6pm

OPTION 2
Date: . . Nov. 3, 10, 17, Dec. 1, 8, 15
Day: .................... Tuesday
Time: ...................... 5-6pm

HATHA YOGA: LEVEL TWO

Develop your yoga practice focusing on progressively building strength, flexibility and confidence. Classes will focus on one theme each, so the student with limited experience will be able to practice weak areas and ask questions about the poses. Yoga mat, blocks and a yoga strap are necessary.

Instructor: ............................................... Kreinberg
Fee: ........................................................ $65

OPTION 1
Date: . Sept. 15, 22, 29, Oct. 13, 20, 27
Day: .................... Tuesday
Time: ...................... 6:15-7:30pm

OPTION 2
Date: . Nov. 3, 10, 17, Dec. 1, 8, 15
Day: .................... Tuesday
Time: ...................... 6:15-7:30pm

INTRODUCTION TO INTEGRATED HEALTH AND WELLNESS

This course is an introduction to integrated health and wellness concepts, skills and practices. Health and wellness skills empowers people to tap into their own inner source of motivation in order to restore and preserve health and well-being. Integrative health and wellness practices can include increased awareness and practice of life-long learning, moderate exercise, healthier nutrition, mindfulness based stress reduction, increased social interaction and/or healthy boundaries, peer related activities and support, spiritual practices, integrative body work, happiness study and practice and more.

Instructor: ................................................ Kitzman
Fee: ........................................................ $89

OPTION
Date: . . Sept. 19, 26, Oct. 3, 10
Day: ........................................................ Saturday
Time: ...................................................... 9-11am

FLY FISHING

FLY FISHING: LEVEL 1

This course covers the basics of fly fishing. You will be introduced to equipment, types of fly fishing, entomology, knots, types of flies and their use and the basic cast. This course is designed to get you started with confidence on your journey into the world of fly fishing.

Instructor: .................................................. Barto
Fee: ........................................................ $69

OPTION
Date: . . Oct. 17, 24
Day: ........................................................ Saturday
Time: ...................................................... 1-4pm

FLY FISHING: LEVEL 2

This program covers beginning and intermediate fundamentals of fly fishing. The program builds on Fundamentals of Fly Fishing or your basic understanding and knowledge of fly fishing. We will cover the importance of stealth and strategy and types of waters that hold trout as well as where trout will be hiding and feeding. We will differentiate types of trout and their feeding behaviors and matching the hatch. This class introduces new casts and techniques that will help maximize your

Class description continues on next page.
potential for success. Students will learn techniques on how to determine where and when to go fly fishing.

Instructor: .................................................. Barto
Fee: ........................................................ $69

OPTION
Date: ..................................................... Nov. 10, 17
Day: ......................................................... Tuesday
Time: ......................................................... 6-9pm

HEALTHCARE PROGRAMS - ONLINE

These programs are developed in collaboration with industry experts, employers and associations, providing students with a course of study that will prepare them to successfully transition to the workplace after graduation.

Call 970.255.2800 for more information.

MEDICAL TRANSCRIPTION EDITOR

The Medical Transcription Editor online training program helps students develop the knowledge and skills of quality medical transcriptionists in addition to the specialized skill set of medical transcription editors. Fee includes all necessary materials and software, student support and job search assistance.

Fee: ........................................................ $2,795

PROFESSIONAL MEDICAL CODING AND BILLING

The Professional Medical Coding and Billing program prepares students for the Certified Coding Associate (CCA) and Certified Professional Coder (CPC) certification exams. Topics studied include reimbursement methodologies, biomedical sciences and specific code sets. Enrollment includes textbooks, industry code books and access to an online reference library, student support and job search assistance.

Fee: ........................................................ $2,795

PHARMACY TECHNICIAN

This online training program helps students quickly develop a broad range of pharmacy technician knowledge and skills necessary for work in both retail and institutional settings and prepare for the national certification exam through the Pharmacy Technician Certification Board. Fee includes reference book, student support and career guidance.

Fee: ........................................................ $1,995

LANDSCAPING AND GARDENING

FEED YOUR SOIL AND WORMS/COMPOSTING AT HOME

Fall is the perfect time to learn to use the fallen leaves and discarded yard waste to make your own valuable soil amendment. Participants will enjoy learning to feed their soil and worms resulting in an improved growing garden environment for next year. Find the ideal system to fit your personal unique situation. This class will give individuals the hands on experience to convert their home and yard waste to valuable compost as it is generated. Topics will include feeding the worms, grass cycling, building your own or buying the right bin as well as using compost to improve your growing environment.

Instructor: ................................................ Garland
Fee: ........................................................ $49

OPTION
Date: ..................................................... Nov. 7
Day: ........................................................ Saturday
Time: ...................................................... 9am-12pm

LANDSCAPE DESIGN WORKSHOP

In this workshop, the student will learn the principals of good landscape design. The student will use these principals to create a landscape design for a property assigned by the instructor. After taking this class the student will be able to apply the principals learned to create a landscape design for their own yard. Time will not permit individual landscape designs.

Instructor: .................................................. Shaw
Fee: ........................................................ $69

OPTION
Date: ........................................................ Oct. 29, Nov. 5, 12
Day: ........................................................ Thursday
Time: ......................................................... 6-8pm

PUTTING YOUR BABY TO BED

Learn everything you need to know about preparing your veggie garden, lawn and landscape plants for winter. These tips will help with winter survival and vigorous return in the spring.

Instructor: .................................................. Shaw
Fee: ........................................................ $39

OPTION
Date: ........................................................ Nov. 19
Day: ........................................................ Thursday
Time: ......................................................... 6-8pm
RAISING WORMS IN YOUR GARDEN, GARAGE OR KITCHEN

This class will give you an appreciation of worms, indoors and out. Outdoors you will learn how to grow those wonderful garbage munching critters to improve your garden as well as your own delectable fish bait. An indoor worm bin requires minimum maintenance and can be a fun project for all while providing a great clean fertilizer you can use on all your plants. Instruction for building the right worm habitat for you to enjoy all year long will be provided.

Instructor: ................................................ Garland
Fee: ........................................................ $39

OPTION
Date: ......................................................... Nov. 4
Day: ...................................................... Wednesday
Time: ......................................................... 6-8pm

SUCCESSFUL: COMPOSTING AT HOME

Successfully compost your food scraps, yard waste and even your old blue jeans at home. Learn to make and use your own quality soil amendment to improve your garden soil. This class will give individuals the hands-on experience to convert the home and yard waste destined for the landfill. Topics will include grass cycling, building and buying the right bin, as well as using compost to improve your growing environment.

Instructor: ................................................ Garland
Fee: ........................................................ $39

OPTION
Date: ......................................................... Oct. 28
Day: ...................................................... Wednesday
Time: ......................................................... 6-8pm

LANGUAGES

GERMAN CONVERSATION: LEVEL ONE

After learning how to sound out German words, you will learn some everyday phrases and some useful vocabulary. Students who take the second session will continue to practice vocabulary they are interested in.

Instructor: .................................................. Marg
Fee: ...................................................... $99

OPTION 1
Date: .................................................. Sept. 21, 28, Oct. 5, 12, 19
Day: ............................... Monday
Time: ............................... 6-8pm

OPTION 2
Date: ....................................... Nov. 9, 16, 30, Dec. 7, 14
Day: ...................................... Saturday
Time: ..................................... 6:30-9:30pm

SIGN LANGUAGE: LEVEL ONE

This is an introductory course for learning American Sign Language. Students will learn the basics of American Sign Language, including grammar, sentence structure and vocabulary, while being exposed to deaf culture and deaf history. This course will build a foundation for receptive and expressive sign language skills, as well as provide opportunities for developing conversational skills. This will be a fun and interactive class, where you are exposed to a language without words.

Instructor: ................................................ Roberts
Fee: ........................................................ $159

OPTION
Date: ........................................ Sept. 15, 22, 29, Oct. 6, 13, 20, 27, Nov. 3
Day: ........................................... Tuesday
Time: ............................................. 5:30-7pm

SPANISH CONVERSATION: LEVEL ONE

This is a great place to start learning Spanish for travel or business. This fun, interactive class introduces you to basic vocabulary, language “sounds” and conversation.

Instructor: ................................................. Colbert
Fee: ...................................................... $159

OPTION
Date: ........................................ Oct. 12, 14, 19, 21, 26, 28, Nov. 2, 4
Day: ........................................... Monday, Wednesday
Time: ............................................. 5:30-7pm

SPANISH FOR HEALTHCARE WORKERS

This course is fun and practical! It is helpful to nurses, MDs, dentists, hospital techs, aides and support staff who want to learn basic Spanish medical phrases to improve communication with patients. Students engage in more than ten different scenarios commonly seen in medical settings. Some Spanish is desirable, but not a prerequisite.

Instructor: .................................................. Lynch
Fee: ...................................................... $159

OPTION
Date: ........................................ Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5
Day: ........................................... Thursday
Time: ............................................. 5:30-7pm

Western Colorado Community College
A Division of Colorado Mesa University
Community Education Center
LEADERSHIP AND BUSINESS

BOOKKEEPING: LEVEL ONE

Do you work in QuickBooks every day but often wonder what is actually going on behind the scenes? Learn how to understand the accounting equation, know the difference between a debit and credit, journalize transactions, post transactions to ledgers, apply adjustments, prepare a trial balance and basic financial statements.

Instructor: ................................................. Wooster
Fee: ........................................................ $95

OPTION
Date: .......................................................... . Sept. 14, 16, 21, 23
Day: .......................................................... Monday, Wednesday
Time: .......................................................... 5:30-7:30pm

BOOKKEEPING: LEVEL TWO

This class will expand on Bookkeeping: Level 1. Learn about bank accounts, cash funds and internal controls. Class will explore employee earnings and deductions, employee taxes, payments and reports as well as sales and purchases, cash receipts, payments and income statements for merchandising.

Instructor: ................................................. Wooster
Fee: ........................................................ $95

OPTION
Date: ......................................................... Oct. 5, 7, 12, 14
Day: .......................................................... Monday, Wednesday
Time: .......................................................... 5:30-7:30pm

BOOT CAMP FOR INSTRUCTORS

Do students dread your training sessions? Are they distracted? Do they have a blank look their faces? If this is the case, then this is the class for you. The course is designed to improve your delivery skills and effectiveness. The session explores how your workforce learns and how it affects your presentation, preparing class material, personal preparation, delivery techniques and resources. The session includes team exercises focusing on delivery techniques.

Instructor: ............................................... Pavelka
Fee: ........................................................ $99

OPTION
Date: .......................................................... Oct. 20
Day: .......................................................... Tuesday
Time: .......................................................... 8am-12pm

FACEBOOK FOR BUSINESS

This class is designed to provide participants with an introduction to the new, evolving world of social media tools and strategies of Facebook. We will explore the marketing potential in Facebook as well as the rules that go along with using Facebook in a business setting.

Instructor: ................................................ Kay
Fee: ........................................................ $69

OPTION
Date: ......................................................... . Nov. 30, Dec. 7, 14
Day: .......................................................... Monday
Time: .......................................................... 6-8pm

HUMAN RESOURCE MANAGEMENT 101: SUPERVISOR BASICS

Learn the basic HR fundamentals every supervisor should know to be effective. This course is a great refresher for the experienced manager and a must for the new supervisor. Gain an understanding of employment policies, harassment, substance abuse, FMLA and workers' compensation. This course delivers a good foundation on human resource basics to help managers and supervisors navigate more smoothly through the technicalities of employee issues.

Instructor: ............................................... Anderson
Fee: ........................................................ $49

OPTION 1
Date: ......................................................... . Sept. 24
Day: .......................................................... Thursday
Time: .......................................................... 2-4pm

OPTION 2
Date: ......................................................... . Nov. 12
Day: .......................................................... Thursday
Time: .......................................................... 9-11am

SUPERVISOR REASONABLE — SUSPICION TRAINING

After completion of this course, supervisors will be able to recognize the signs and symptoms of probable drug and alcohol use, how to make the necessary reasonable-suspicion testing determinations, the role of the supervisor in a Drug-Free Workplace, how to approach an employee in a reasonable-suspicion situation, when to test and when not to test and how to conduct reasonable-suspicion testing.

Instructor: ............................................... Newsom
Fee: ........................................................ $105 (includes student workbook and handbook)

OPTION
Date: .......................................................... Sept. 30
Day: .......................................................... Wednesday
Time: .......................................................... 1-5pm

MANAGING PERFORMANCE EXPECTATIONS

This class is designed for managers to learn successful techniques to address performance issues in timely and appropriate fashions while keeping employees motivated and engaged. It will explore how to give people better understanding of each other's expectations. Participants will learn a technique to use in all situations to help respond to or address employee situations.

Instructor: ............................................... Anderson
Fee: ........................................................ $59

OPTION 1
Date: ......................................................... . Sept. 22
Day: .......................................................... Tuesday
Time: .......................................................... 9-11am

OPTION 2
Date: ......................................................... . Nov. 10
Day: .......................................................... Tuesday
Time: .......................................................... 2-4pm
SUPERVISOR INTERVIEWING SKILLS — WHO HIRES WHO?

In this class, we will discuss effective interviewing techniques, review the do's and don'ts of interviewing, learn the importance of selling your organization to the candidates and discuss reference checking and strategies to get the real scoop on a candidate.

Instructor: ................................................. Anderson  
Fee: ........................................................ $49

OPTION 1
Date: ............................. Sept. 22  
Day: ...................................................... Tuesday  
Time: ....................................................... 2-4pm

OPTION 2
Date: ............................. Nov. 10  
Day: ...................................................... Tuesday  
Time: ....................................................... 9-11am

WHY DID THIS ACCIDENT HAPPEN?  
IMPROVING YOUR ACCIDENT INVESTIGATIONS

Topics include purpose investigation, investigative tools, documentation and measurements, other information (e.g., documents to review), preserving of evidence, drawings and sketches, photography and videotaping, notes and reports, obtaining injured and witness statements, cause and prevention and identifying corrective actions. Training includes practice scenarios.

Instructor: ................................................. Pavelka  
Fee: ........................................................ $99

OPTION 1
Date: ............................. Oct. 14  
Day: ...................................................... Wednesday  
Time: ....................................................... 8am-12pm

OPTION 2
Date: ............................. Dec. 15  
Day: ...................................................... Tuesday  
Time: ....................................................... 8am-12pm

MUSIC

BLUEGRASS JAMMING CLASS

Friendly, encouraging and knowledgeable teaching. Mistakes allowed! Singing not required, but encouraged and taught. Easy two and three-chord songs, slow speeds. Soloing not required! Hands-on learning in large and small groups. Learn many bluegrass standards. Gentle tempos! Full ground rules and etiquette of typical jams. How to lead songs and how to follow new songs. How to find melodies, fake solos, sing harmony. Ear skills taught and emphasized, as in real bluegrass. Reading skills not needed/relevant. Group and individualized instruction on backup skills. Understanding, low-pressure, time-tested teaching. Taught using the Wernick Method. All bluegrass instruments welcome.

Instructor: ................................................. Whitney  
Fee: ........................................................ $39  
Materials:  ......... $25 for textbook and audio CD, collected on day of class

OPTION
Date: ............................. Oct. 3  
Day: ...................................................... Saturday  
Time: ....................................................... 9am-12pm

LEADERSHIP AND BUSINESS — MUSIC
MANDOLIN: BEGINNING I

This class is intended for those who have never played mandolin, or who have been frustrated trying to learn. In this class we will learn the basics of mandolin, concentrating on rhythm and learning a few simple songs. We will cover topics including relaxing, holding the pick and pick direction, tuning, finger-friendly chords and rhythm and playing in time, how to listen and what to listen for, left and right hand technique and coordination, a simple song or two and how to practice. Students should have access to a mandolin to use in class and for practice, three-ring binder and an electronic tuner. All other materials will be supplied.

Instructor: ............................................ Quesenberry
Fee: ........................................................ $79

OPTION
Date: ............................................. Sept. 24, Oct. 1, 8, 15
Day: ........................................................ Thursday
Time: ......................................................... 6-8pm

MANDOLIN: BEGINNING II

For players with some experience looking to grow skill sets to becoming comfortable playing with other instruments in jamming situations. This class is for players who know a few chords, can strum along with a few songs and can maybe play a few melodies. There are no prerequisite songs and you don’t need to be able to read music. We’ll look at a few standard tunes and work on switching back and forth between lead and back up as one would in a jam situation. In this course we will concentrate on increasing chord knowledge, including how to use chords that economize on movement, apply tremolos to lead playing, incorporating double stops, building scale patterns for use playing leads in a variety of styles, new songs, soloing ideas and licks. Students should have access to a mandolin to use in class and for practice, three-ring binder and an electronic tuner. All other materials will be supplied.

Instructor: ............................................ Quesenberry
Fee: ........................................................ $79

OPTION
Date: ............................................. Oct. 29, Nov. 5, 12, 19
Day: ........................................................ Thursday
Time: ......................................................... 6-8pm

PERSONAL GROWTH AND ENRICHMENT

CARING FOR AGING RELATIVES: TRANSITIONS WITH GRACE

This two-hour workshop addresses the top seven critical issues affecting seniors and their families as they all try to age gracefully. These top issues include: legal tools, financial options, care options, family dynamics and communication skills, dementia care, housing options and managing the medical maze. The focus is on educating adult children of seniors and seniors themselves on the ways they can prevent poor outcomes by being proactive and better organized. Participants will walk away with a plan of action for themselves and their family to be better prepared for their future.

Instructor: .............................................. McCormick
Fee: ........................................................ $39

OPTION 1
Date: ..................... Nov. 5
Day: ................... Thursday
Time: ...................... 6-8pm

OPTION 2
Date: ..................... Nov. 7
Day: .................... Saturday
Time: ..................... 9-11am

COLLEGE JUMP START

Prepare for college level courses with this personalized program designed to enhance college preparedness and student success. The computer based program will assess your strengths and weaknesses and provide personalized intervention to correct your weaknesses. The fee includes the price for up to three adaptive, untimed diagnostic assessments (math, reading and/or writing). You can work at your own pace, 24/7, or may come to open computer labs on campus for assistance. Upon completion of the study plan, you will take the ACCUPLACER at the Colorado Mesa University Testing Center for $17 per test.

Instructor: ................................................... Staff
Fee: ........................................................ $50

OPTION
Date: ............................................. Open entry/open exit
Day: ........................................................ TBD
Time: ..................................................... TBD

CONNECTING TO YOUR SOUL’S WISDOM: AN AFTERNOON OF SoulCollage®

SoulCollage® is an inspired, intuitive process through which you create 5- by 8-inch cards, something akin to a personal Tarot deck. You then use the cards to reveal information about issues or questions you may have on any topic.
work is highly therapeutic and requires no artistic skills beyond cutting and pasting. By the end of the workshop, you will have the beginnings of a deck of personal wisdom cards and an inspiring practice to continue on your own or in future SoulCollage® classes. Bring a good pair of scissors, an X-acto knife (or similar cutting tool) if you have one, a journal or notebook to record your insights and a pen.

Instructor: ............................................................ Fotopoulos
Fee: ................................................................. $59
Materials: ........................................... $20 payable to the instructor the first day of class

OPTION

Date: ............................................................ Oct. 17
Day: ................................................................. Saturday
Time: .............................................................. 9am-11am

DEMENTIA AND ALZHEIMER’S WORKSHOP

This four-hour class is designed for family members or professionals who are caring for a loved one with dementia and/or Alzheimer’s disease. The class will focus on basic caregiving tips and strategies for dealing with typical dementia behaviors and will end with a 30-minute question and answer session. Students will receive a comprehensive dementia training manual. Class is taught with the support of Senior Daybreak of Hilltop, an adult day program for seniors with dementia.

Instructor: ............................................................ Frasier
Fee: ................................................................. $29 (includes a comprehensive Dementia Training Manual)

OPTION

Date: ............................................................ Oct. 29
Day: ................................................................. Thursday
Time: .............................................................. 9am-1pm

GENEALOGY: INTRODUCTION

Digging into your family history can be a fascinating lifelong hobby. Join a former president of the Mesa County Genealogical Society and discover how you can get started. During these two classes, you will:

• Create an ancestral chart using names, dates and places
• Choose an ancestor to research and create a family group sheet
• See how vital records can be used to prove your ancestry
• Discover where to find records and design a research plan
• Develop an understanding of the benefits and limitations of using the Internet in your genealogy research
• Learn how to cite your sources to create a well-documented family genealogy

Please bring a pencil and any basic information about your family (names, dates, places). All necessary forms, an annotated bibliography and list of internet research sites will be provided.

Instructor: ............................................................ Sturgill
Fee: ................................................................. $59

OPTION

Date: ............................................................ Oct. 10, 17
Day: ................................................................. Saturday
Time: .............................................................. 9-11:30am

GENEALOGY RESEARCH USING THE U.S. FEDERAL POPULATION CENSUS

The U.S. Federal Population Census are some of the most commonly used records in genealogy research. This course taught by a former president of the Mesa County Genealogical Society will give you an in-depth look at these records. Blank census extraction forms and an annotated bibliography will be provided.

Instructor: ............................................................ Sturgill
Fee: ................................................................. $59

OPTION

Date: ............................................................ Nov. 7, 14
Day: ................................................................. Saturday
Time: .............................................................. 9-11:30am

THE ANATOMY OF HAPPINESS

We all deserve to be happy and this class will provide direction how to find happiness. We’ll discuss expectations of happiness, rules of happiness and deterrents to happiness. We’ll practice looking for things that make us happy and develop a portfolio of same, including a Feel Good File. We will also help you find your style of humor and how that can become part of a happier you.

Instructor: ............................................................ Sturgill
Fee: ................................................................. $89

OPTION

Date: ............................................................ Nov. 2, 4, 9
Day: ................................................................. Monday, Wednesday, Thursday
Time: ............................................................. 6:30-9pm

PHOTOGRAPHY

This three–session class will show you how to take pictures that are balanced and help tell stories. The instructor will emphasize basic and advanced techniques of composition, time of day and how to get the most from your camera, whether it

Instructor: ............................................................ Butler
Fee: ................................................................. $99

OPTION

Date: ............................................................ Oct. 5, 7, 8
Day: ................................................................. Monday, Wednesday, Thursday
Time: ............................................................. 6-8pm

ADOBE PHOTOSHOP ELEMENTS

Using your individual computer, you will learn the basics of photo editing and manipulation including files, resolution, printing, layers, sharpening, color and tonal adjustment, cropping, correcting red-eye and filters. It is recommended that you have a version of Elements or Photoshop on your computer at home so you can practice in between classes. This software program and class will give you more control over and help you save some of the images you take.

Instructor: ............................................................ Butler
Fee: ................................................................. $99

OPTION

Date: ............................................................ Oct. 5, 7, 8
Day: ................................................................. Monday, Wednesday, Thursday
Time: ............................................................. 6-8pm

THE ART OF COMPOSITION

This three–session class will show you how to take pictures that are balanced and help tell stories. The instructor will emphasize basic and advanced techniques of composition, time of day and how to get the most from your camera, whether it

Class description continues on next page.
is a 35mm SLR, ”point and shoot” or a digital camera. Learn how to use lighting
to get great photos of landscapes, gardens and/or wildflowers, night photos,
panoramic photos and more. Students learn tips on how to take great pictures of
people, sports and animals. This class is perfect for the person who wants to go
beyond the basics of photography to a level of taking better, fun pictures.

Instructor: .................................................. Butler
Fee: ........................................................ $69

OPTION
Date: ............................................................ Sept. 8, 10
Day: .............................................. Tuesday, Thursday
Time: .................................................. 5:30-7pm

WRITING

BUSINESS AND PROFESSIONAL WRITING

Class will focus on technical and business formats of writing including business
and professional letters, writing clear effective email and basic business grammar
and formatting. This class builds on the Top 20 Grammar Errors and Punctuation
Made Simple class.

Instructor: ............................................... Mourning
Fee: ........................................................ $39

OPTION
Date: ............................................................ Oct. 26, 28
Day: .............................................. Tuesday, Thursday
Time: .................................................. 5:30-7pm

CORRECTING THE TOP 20 GRAMMAR ERRORS
AND PUNCTUATION MADE SIMPLE

In four interactive classes, you will sharpen your writing skills by recognizing and
correcting the most commonly occurring grammar errors as well as sharpen your
use of five punctuation marks: colon, semicolon, comma, dash and apostrophe.

Instructor: .................................................. Graham
Fee: ........................................................ $59

OPTION
Date: ............................................................ Nov. 10, 12, 17, 19
Day: .............................................. Tuesday, Thursday
Time: .................................................. 5:30-7pm

CREATIVE WRITING

This class shows students how to create believable settings, compelling
characters and page-turning plots, whether writing fiction or nonfiction, through
plenty of examples and written exercises. Students will learn about point of view,
the difference between plot and theme, the mechanics of writing, introducing a
backstory, dialogue and much more!

Class description continues on next page.
Cursive Writing for School Kids
Learn cursive writing. Cursive is a real art form that is no longer taught in most schools. Come learn how to read and write in cursive, which is a very valuable skill.

Instructor: Marg
Fee: $59

Expand Vocabulary and Enhance Writing
This class will provide ways to improve your writing vocabulary. Vocabulary strategies will be presented with hands-on activities planned to apply the strategies to your academic, technical or creative writing needs.

Instructor: Graham
Fee: $59

Evil Editor Tells All
Learn what makes editors reject a manuscript and how to avoid those mistakes. Whether you write fiction or nonfiction, make your writing the best it can be.

Instructor: Weeks
Fee: $39

How to Submit Your Manuscript
Learn how to write and format query letters and synopses and how to format your manuscript.

Instructor: Weeks
Fee: $39

How to Write for Magazines
Learn how to write a query letter, understand guidelines, follow up, keep submission records, format a manuscript, interview subjects, copyright and rights information and payment.

Instructor: Weeks
Fee: $49

Show, Don't Tell: How Do They Do That?
Learn to create scene from narrative, write effective descriptions, use action tags in dialogue and create authentic characters in both fiction and nonfiction. Come ready to write.

Instructor: Weeks
Fee: $49

Business and Industry Safety Compliance Training
If you don’t see a class that works for your company, please contact WCCC at 970.255.2800 for additional dates or to customize a date for your company in Grand Junction or Montrose.

Instructor: Pavelka

8-Hour Hazardous Materials — First Responders Operations Level
This course is designed for all employees who respond to releases or potential releases of hazardous substances as part of the initial response to the site for the purpose of protecting nearby persons, property, or the environment from the effects of the release. They are trained to respond in a defensive fashion without actually trying to stop the release. Their function is to contain the release from a safe distance, keep it from spreading and prevent exposure. Course instruction includes case studies. The course content meets the requirements established by OSHA. Instruction manuals provided. Certificates issued upon successful completion of the class.

PHOTOGRAPHY — BUSINESS AND INDUSTRY SAFETY COMPLIANCE TRAINING
BBP ONLY (BLOODBORNE PATHOGENS)

One-hour training, with certification cards issued on day of class upon completion. Medic First is internationally recognized and is equivalent to American Red Cross and American Heart Association programs.

Fee: ....................................................... $40

**OPTION 1**

Date: ............................... Sept. 28
Day: ........................................ Mon.
Time: ................................. 8-9am

**OPTION 2**

Date: ............................... Oct. 19
Day: ........................................ Mon.
Time: ................................. 8-9am

**OPTION 3**

Date: ............................... Nov. 16
Day: ........................................ Mon.
Time: ................................. 8-9am

**OPTION 4**

Date: ............................... Dec. 9
Day: ........................................ Wed.
Time: ................................. 8-9am

**OPTION 5**

Date: ............................... Jan. 19
Day: ........................................ Tue.
Time: ................................. 8-9am

FIRST AID CPR/AED/BBP

One-day training, with two certification cards issued on day of class upon completion for First Aid/CPR/AED and BBP (Medic First). Medic First is internationally recognized and is equivalent to American Red Cross and American Heart Association programs.

Fee: ....................................................... $100

**OPTION 1**

Date: ............................... Sept. 28
Day: ........................................ Mon.
Time: ................................. 8am-1pm

**OPTION 2**

Date: ............................... Oct. 19
Day: ........................................ Mon.
Time: ................................. 8am-1pm

**OPTION 3**

Date: ............................... Nov. 16
Day: ........................................ Mon.
Time: ................................. 8am-1pm

**OPTION 4**

Date: ............................... Dec. 9
Day: ........................................ Wed.
Time: ................................. 8am-1pm

**OPTION 5**

Date: ............................... Jan. 19
Day: ........................................ Tue.
Time: ................................. 8am-1pm

CONFINED SPACE AWARENESS

Participants will learn about applicable OSHA standards (29 CFR 1910 &1926), responsibilities, key terminology and identifying permit-required versus non-permit required spaces, personal protective equipment, physical and atmospheric hazards, air monitoring and permits. Certificate of Completion card will be awarded to participants who pass the written test.

Fee: ....................................................... $99

**OPTION 1**

Date: ............................... Sept. 15
Day: ........................................ Tue.
Time: ................................. 8am-12pm

**OPTION 2**

Date: ............................... Jan. 22
Day: ........................................ Fri.
Time: ................................. 8am-12pm

8-HOUR HAZARDOUS REFRESHER

This course is for employees trained in hazardous waste operations or who are exposed or could potentially be exposed to hazardous substances or health hazards and are required to attend a yearly refresher course as mandated by OSHA 29 CFR 1910.120. Verification of completion of 8-hour, 24-hour or 40-hour class required.

Fee: ....................................................... $150

**OPTION 1**

Date: ............................... Sept. 21
Day: ........................................ Mon.
Time: ................................. 8am-5:30pm

**OPTION 2**

Date: ............................... Dec. 1
Day: ........................................ Tue.
Time: ................................. 8am-5:30pm

24-HOUR HAZARDOUS (29 CFR 1910.120 (q))

This course is specifically designed for employees who work with hazardous materials or respond to hazardous spills in their work location. They assume a more aggressive role than a first responder at the operations level in that they will approach the point of release in order to plug, patch or otherwise stop the release of a hazardous substance. Course instruction includes case studies and group activities. The course content meets the requirements established by OSHA. Certificates issued upon successful completion of the class.


Fee: ....................................................... $450

**OPTION 1**

Date: ............................... Sept. 28
Day: ........................................ Mon.
Time: ................................. 8am-1pm

**OPTION 2**

Date: ............................... Oct. 19
Day: ........................................ Mon.
Time: ................................. 8am-1pm

**OPTION 3**

Date: ............................... Nov. 16
Day: ........................................ Mon.
Time: ................................. 8am-1pm

**OPTION 4**

Date: ............................... Dec. 9
Day: ........................................ Wed.
Time: ................................. 8am-1pm

**OPTION 5**

Date: ............................... Jan. 19
Day: ........................................ Tue.
Time: ................................. 8am-1pm

40-HOUR HAZARDOUS (29 CFR 1910.120)

This course is specifically designed for employees who work with hazardous materials or respond to hazardous spills as part of their work duties. This course examines proper health and safety procedures and personal protection during clean-up and emergency operations. Topics include hazard identification and control, hazardous materials (e.g., flammable, explosive, radioactive), safety planning, site control, personal protective equipment, monitoring, emergency and incident response operations, spill control, decontamination processes and a hands-on exercise. Course instruction includes case studies, group activities and hands-on practice. Certificates issued upon successful completion of the class. Instruction manuals provided: IFSTA hazardous Materials for First Responders Operations Level, 2012 Emergency Response Guide and a class manual.

Fee: ....................................................... $849

**OPTION 1**

Date: ............................... Sept. 28
Day: ........................................ Mon.
Time: ................................. 8am-5:30pm

**OPTION 2**

Date: ............................... Oct. 19
Day: ........................................ Mon.
Time: ................................. 8am-5:30pm

**OPTION 3**

Date: ............................... Nov. 16
Day: ........................................ Mon.
Time: ................................. 8am-5:30pm

**OPTION 4**

Date: ............................... Dec. 9
Day: ........................................ Wed.
Time: ................................. 8am-5:30pm

**OPTION 5**

Date: ............................... Jan. 19
Day: ........................................ Tue.
Time: ................................. 8am-5:30pm
Class will discuss an overview of the standard and responsibilities, key terms, health and safety hazards, permit-required versus non-permit elements of a confined space program, entry permits, duties of entrant, attendant and supervisor, rescue requirements, signage, OSHA requirements for dealing with on-site contractors; personal protective equipment requirements; identifying and measuring atmospheric hazards; ventilation techniques; and perform a simulated entry. Certificate of Completion card will be awarded to participants who pass the written test and simulated entry.

**Fee:** $189

**OPTION 1**
- **Date:** Oct. 15
- **Day:** Thursday
- **Time:** 8am-5pm

**OPTION 3**
- **Date:** Jan. 21
- **Day:** Thursday
- **Time:** 8am-5pm

**H2S AWARENESS**

The two-hour awareness course meets the OSHA H2S requirements of 29 CFR 1910.1200 (Hazard Communication) and the American National Standards Institute standard Z390.1. This course is for employees who have the potential to come in contact with H2S. It provides information for recognizing H2S hazards, knowing the properties, physiological effects, detection methods, sources and controls and understanding emergency response actions.

**Fee:** $70

**OPTION 1**
- **Date:** Oct. 6
- **Day:** Tuesday
- **Time:** 8am-1pm

**OPTION 2**
- **Date:** Dec. 8
- **Day:** Tuesday
- **Time:** 8am-1pm

**OSHA 10-HOUR, CONSTRUCTION**

This 10-hour course applies to safety coordinators, management, team leads and personnel who have responsibility for the safety of others and the company safety program. The course content meets the OSHA requirements and contain the following topics: Intro to OSHA, Focus Four (falls, electrocution, struck-by and caught-between), PPE, health hazards/hazardous materials in construction, stairs and ladders, hand and power tools, excavation and ergonomics, safety and health program, excavations, fire protections and prevention scaffolds, confined space entry, plus other topics.

**Fee:** $499

**OPTION**
- **Date:** Jan. 5, 6, 7, 8
- **Day:** Tuesday, Wednesday, Thursday, Friday
- **Time:** 8am-5:30pm

**OSHA 30-HOUR, GENERAL INDUSTRY**

The 30-hour course applies to safety coordinators, management, team leads and personnel who have responsibility for the safety of others and the company safety program. The course content meets the OSHA requirements and contain the following topics: OSHA Act and history, HAZCOM/GHS, PPE, record keeping, toxic and hazardous substances, fall protection, fire prevention, electrical safety, plus other topics.

**Fee:** $499

**OPTION**
- **Date:** Sept. 22, 23, 24, 25
- **Day:** Tuesday, Wednesday, Thursday, Friday
- **Time:** 8am-5:30pm

**OSHA RECORD KEEPING**

This four-hour class is for personnel who prepare the OSHA logs and safety records. It will cover the following topics: documenting recordable injuries and Illnesses; preparation of the OSHA 300 Log and 300A Summary; documenting training; records retention of OSHA records, e.g., safety data sheets and medical records.

**Fee:** $79

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**wccc.coloradomesa.edu/cec**

Click on the blue “Register Online” button, pick a category and add classes.
OPPORTUNITIES FOR LIFELONG LEARNING

OPTION 1
Date: ...................... Oct. 7  
Day: ................. Wednesday  
Time: .................. 8am-12pm

OPTION 2
Date: ..................... Dec. 14  
Day: .................... Monday  
Time: .................. 8am-12pm

OPTION 3
Date: ..................... Jan. 20  
Day: ................. Wednesday  
Time: .................. 8am-12pm

RESPIRATOR WEARER

This six-hour class meets OSHA requirements (29 CFR 29 1910.132 & 134. This course is for workers who must wear respirators to perform their duties. It provides discussion on the following: overview of the regulation; wearer qualifications and responsibilities; proper use, cleaning and inspection; exposure limits; recognizing respiratory hazards; and types of respirators and their limitations. Does not include medical evaluations or fit testing. Students should bring their respirators to class.

Fee: ....................................................... $159

OPTION 1
Date: .................... Sept. 29  
Day: ................... Tuesday  
Time: .................. 8am-2pm

OPTION 2
Date: ..................... Dec. 2  
Day: ................. Wednesday  
Time: .................. 8am-2pm

SAFETY MEETING REHAB

Do students skip your safety training sessions? Do they tune out when you begin speaking? Are you just reading to your audience? The course is designed to improve your safety training skills and effectiveness. The session explores how your workforce learns and how it affects your presentation, preparing class material, personal preparation, delivery techniques and resources. We will explore the free resources available to boost the life in your safety training session as well. The class includes team exercises on delivery techniques.

Fee: ....................................................... $99

OPTION 1
Date: ..................... Sept. 30  
Day: ................... Tuesday  
Time: .................. 8am-12pm

OPTION 2
Date: ..................... Nov. 9  
Day: ................... Monday  
Time: .................. 8am-12pm

OPTION 3
Date: ..................... Dec. 10  
Day: ................... Thursday  
Time: .................. 8am-12pm

PEC/SAFELAND/BASIC

This one-day training is for oil and gas workers. Upon completion, attendees will receive a PEC photo ID Card. Certification cards will be mailed to employer.

Fee: ....................................................... $194  
Day: ................................. Wednesday 
Time: .............................. 7:30am-5:30pm

DATE OPTIONS
Sept. 2  
Oct. 21  
Nov. 18  
Dec. 16  
Jan. 13  

FIRST AID CPR/AED/BBP

One-day training. Upon completion attendees will receive two certification cards for American Red Cross First Aid/CPR/AED and BBP. Certification cards will be mailed.

Fee: ....................................................... $100 per person  
Day: .............................................. Thursday  
Time: ............................................. 8am-1pm

DATE OPTIONS
Sept. 3  
Oct. 22  
Nov. 19  
Dec. 17  
Jan. 14

COMMERCIAL DRIVER’S LICENSE TRAINING

If you don’t see a class that works for you or your company, please contact WCCC at 970.255.2800 for additional dates or to customize a date for your company in Grand Junction or Montrose.

CDL UPDATE — 30-40 HOURS

This program of study is designed for drivers who have a license with experience in a class B or who have not been in a truck for a number of years. Test included in price.

Fee: ..................................................... $1,050

CDL: LOCAL DRIVER, OIL AND GAS AND CONSTRUCTION — 80 HOURS

This program of study is designed to train people who are going to work locally in the construction or oil field as a truck driver, preparing them for entry level employment in the transportation industry. CDL permit required. The class includes these instructional units:

• 40 hours of laboratory, driving range and vehicle landing  
• 40 hours of public roadways, driving with a certified driver instructor and DMV testing

Fee: ....................................................... $1,900

CDL: OVER-THE-ROAD DRIVER - 120 HOURS

This program of study is designed to train people who have no experience or training as over-the-road tractor trailer truck drivers, preparing them for entry level employment in the transportation industry. The class includes these instructional units:

Class description continues on next page.

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FALL 2015 NON-CREDIT COURSES

- 40 hours of classroom instruction
- 40 hours of laboratory, driving range and vehicle handling
- 40 hours of public roadways driving with a certified driver instructor and DMV testing

Note: This program will save you money if you are able to get your permit on your own.

Fee: ........................................................ $104 (Includes driver handbook)

CDL: COMMERCIAL/OVER THE ROAD DRIVER - 160 HOURS

This program is designed to train people who have no experience or training as over-the-road tractor trailer truck drivers, preparing them for entry level employment in the transportation industry. The class includes these instructional units:

- 80 hours of classroom instruction (40 hours of study time for permit)
- 40 hours of laboratory, driving range and vehicle handling
- 40 hours of public roadways driving with a certified driver instructor and DMV testing

Fee: ........................................................ $3,500

CMV DRIVER BASIC FOR ENTRY-LEVEL TRAINING

This four-hour course meets the requirement of 49 CFR 380, Subpart E which states that all entry-level drivers who drive in interstate operations and are subject to the CDL requirements must receive entry-level driver training. An entry-level driver is defined as a driver with less than one year of experience operating a CMV with a CDL in interstate commerce. Colorado, Illinois, Oregon, Texas, Utah and Washington have adopted the entry-level driver training requirements in Part 380, Subpart E for intrastate operations.

Instructor: ................................................ Newsom
Fee: ..................................................... $109 (includes oil and gas field driver safety handbook)

DRIVER VEHICLE INSPECTIONS: THE COMPLETE PROCESS

This four-hour class teaches drivers and operators of commercial motor vehicles how to conduct effective inspections as required by the Federal Motor Carrier Safety Administration. Failure to conduct effective inspections results in expensive equipment breakdowns in the field where repairs are not easily made. Equipment failures that “should have been found” during driver inspections will result in both the Carrier’s and the driver’s CSA scores being lowered when discovered during a law enforcement roadside inspection.

Instructor: ................................................ Newsom
Fee: ..................................................... $104 (Includes driver handbook)

HAZMAT DRIVERS: TRAINING FOR SAFE TRANSPORT

This four-hour class complies with the hazardous materials general awareness training required by 49 CFR Section 172.704 (training is required within 90 days of employment and every three years thereafter of all safety-sensitive employees) and is tailored exclusively to hazmat drivers. Topics include hazmat classification; using the hazardous materials table; regulations regarding shipping papers, emergency response information, packaging and marking, labels, placards, loading and segregation, safety and security.

Instructor: ................................................ Newsom
Fee: ..................................................... $105 (Includes student handbook)

HOURS OF SERVICES TRAINING

This four-hour class is for commercial motor vehicle (CMV) operators required to maintain hours of service reports (logbooks). Motor Carrier safety employees responsible for auditing driver logs as required in Section 395 will also benefit from this class.

Instructor: ................................................ Newsom
Fee: ..................................................... $119 (Includes student workbook and handbook)

OIL AND GAS FIELD DRIVER SAFETY

This four-hour class teaches drivers and operators of motor vehicles used in the oil and gas industry the rules and practices necessary to remain safe and in compliance with the regulations of their industry. Topics include driving safety; driver qualifications; safe and defensive driving; off-road driving; fatigue and hours of service; vehicle inspection and care; DOT, OSHA and EPA hazardous material definitions; shipment paperwork; driving when transporting hazardous materials.

Instructor: ................................................ Newsom
Fee: ..................................................... $109 (includes oil and gas field driver safety handbook)

THERE ARE FOUR EASY WAYS TO REGISTER

wccc.coloradomesa.edu/cec
Click on the blue “Register Online” button, pick a category and add classes.

970.255.2800
Kurtis Armstrong at cec@coloradomesa.edu

WCCC Community Education Center
2508 Blichmann Avenue
Grand Junction, CO 81505
OPPORTUNITIES FOR LIFELONG LEARNING

FALL 2015 CATALOG

COMMUNITY EDUCATION CENTER NON-CREDIT COURSES DESIGNED FOR PERSONAL ENRICHMENT