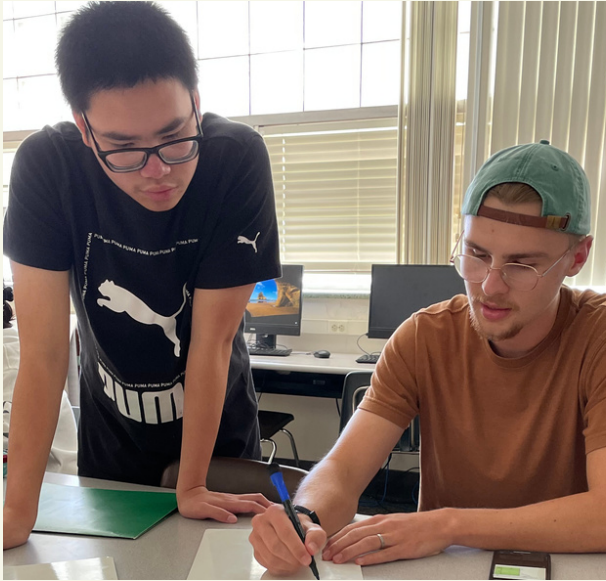


UPWARD BOUND NEWSLETTER

SEPTEMBER 2023



Terrence & Walker work on math problems during the GJHS after school program.

MARK YOUR CALENDAR

September Saturday Session:
College Admissions 101 &
CMU vs. Black Hills State

Begin @ 9:00 AM, CMU Houston Hall

- College Admissions Basics
- College Exploration Game
- Details About Final Project (*for college credit!*)
- Tailgate Lunch @ Lincoln Park - 12:00 PM
- CMU vs. BHSU Football Game @ 1:00 PM

*Attendance at the morning portion is required
for Upward Bound students!*

CLASS OF 2024 ACTION ITEMS:

✓ Complete the Daniel's Fund Scholarship Application between September 15 and October 15!

✓ Apply to your top colleges before October 31 to ensure scholarship consideration!

✓ Register to attend the Western Slope College Fair in Aspen on Sunday, October 1!

✓ Complete the Boettcher Scholarship Application by November 1!



Upward Bound Students at the Colorado State Capitol,
July 2023

UPWARD BOUND REMINDERS & CALENDAR



PARTICIPATION

We want you to get the most out of this program, which means participating weekly!

To remain in Upward Bound, students are required to do one of the following:

1. *Attend after-school once a week (for the entire 90-minute session!); or*
2. *Schedule a one-on-one appointment with their UB advisor to discuss their academic & college goals*

Failure to meet this requirement will result in you being dismissed from the program!



FIRST QUARTER GRADES

The first quarter ends on October 11th!

If you have any of the following, you will need to meet with Aaron or Maria to develop a tutoring plan ASAP:

1. Any class with a **grade below a B**;
2. Any class with **missing assignments**;
3. Any class with **multiple absences**.

Grades are critical to keeping you on track for your college goals! Start the year off strong by crushing this first quarter!



STIPENDS

\$25 stipends will be paid monthly to students who:

1. **Participate** in UB at least once weekly; and
2. **Attend** the monthly Saturday session; and
3. **Make substantial progress** toward their academic goals.

Through October 31, any student who refers a friend to UB and they join the program will receive an additional \$25 stipend for the month!

SEPTEMBER

15 Daniel's Fund Scholarship Application Opens for Seniors

23 Saturday Session:
College Admissions 101
9AM - 12 PM @ CMU Houston Hall

23 Upward Bound Lunch & Tailgate before CMU Football Game
12 PM - 4 PM @ Lincoln Park & Stocker Stadium

OCTOBER

01 Western Slope College Fair in Aspen, Colorado
7:30 AM - 5:00 PM

01 CMU Foundation Scholarship Application Opens for Seniors Admitted to Colorado Mesa

15 Deadline for Daniel's Fund Scholarship Application

21 Saturday Session:
Cultural Activity & College Fit
9 AM - 12 PM

21 *Optional* CMU Homecoming Football Game
1:00 - 3:00 PM

31 Upward Bound Halloween Party Time & Details TBD! More information to come.



GJHS STUDENTS PICTURE THEMSELVES AS MAVERICKS



Last week, Grand Junction High School students learned more about Colorado Mesa University from our friends in CMU Admissions.

While many students lived on campus at CMU during the 2023 Summer Academy, everyone learned something new! We heard about the new admission policies, scholarship opportunities, and ways to get involved on campus. Alisa, the CMU Admissions Counselor at GJHS, was the first in her family to go to college and shared her experience with students.



GJHS students had time to ask questions about things like majoring in criminal justice, on-campus living requirements, and how much it would cost to attend CMU. They then had the chance to talk one-on-one with the CMU Counselors, and Blake, an ambassador and current student at CMU. After the presentation, students enjoyed a variety of donuts!

CMU Upward Bound is committed to providing every opportunity for students to see themselves as the Mavericks they are!

Colorado Mesa University is committed to supporting first generation CMU Upward Bound students by guaranteeing the \$1,000 annual First Generation Scholarship to students, regardless of their final high school GPA.



CRUSH THE FIRST QUARTER! TIPS FOR SUCCESS FROM YOUR UPWARD BOUND PEERS

*“The best way to succeed in school is setting your mind to a goal, then working your hardest to achieve or go beyond that goal.”
Eva, GJHS*

*“Shake hands, give hugs, smile, and look people in the eye. Be honest about who you are and passionate about the dreams in your heart so you can develop real relationships and reach your God-given potential.”
Angel, CHS*

*“Don’t give up on your dream because something is hard or because you don’t like something, Just keep trying!”
Charlie, GJHS*

WELCOME TO THE UB FAMILY



Alicianna, CHS Class of 2026
Amylianna, CHS Class of 2027
Kelton, GJHS Class of 2024
Isabella, GJHS Class of 2025

Katelyn, GJHS Class of 2024
Noah, GJHS Class of 2025
Marely, CHS Class of 2027
Lillie, GJHS Class of 2027



CHS STUDENTS FINISH SECOND AT CSU FIRST GENERATION BUSINESS SUMMIT

Five Central High School Students had the opportunity to participate in the 2023 CSU First Generation Business Summit, July 31-August 5 in Fort Collins, Colorado. During the summit, students traveled to businesses within Fort Collins, met local entrepreneurs, and worked alongside peers from across Colorado to discover the world of business.

During the summit, students were divided into groups of four to compete in the case competition. Teams worked to develop a business that would make the world a better place and then presentation their pitch to mock investors.

CHS senior, Angel Sosa-Henry, and CHS sophomore, Brant Williams, were on the runner-up team! Their business, "Foster Forward", sought to utilize real estate investments to provide safe, low-cost housing and transportation for kids that age out of foster care. Their mission? To be the "family that accepts everybody".

Angel and Brant both have aspirations of majoring in Business and becoming business owners.

Interested in attending the 2024 CSU First Generation Business Summit? Let your UB advisor know! Registration will open in spring 2024.

CMU Upward Bound has partnered with CSU through the CSU Community of Excellence, guaranteeing CMU-UB grads a \$2,500 annual scholarship for up to five years at CSU.



OUR UB SUMMER SCRAPBOOK

This summer we...

Built single-string electric guitars with CU-CMU Engineering;
Toured five campuses in five days;
Worked in teams to grow our leadership skills and win scavenger hunts;
Found our zen and lost our balance in yoga class;
Hiked and mined our own gems with Dr. Tellez of CMU Geoscience;
Competed fiercely in multiple rounds of trivia;
Tasted stevia from the source and identified plants with Dr. Beckett;
Pet manta rays at the Denver Aquarium;
Adventured, dreamed, and got lost while experiencing Meow Wolf;
Explored the cosmos and black holes at the U. of Wyoming planetarium;
Made friends with goats at the Colorado Mountain College Vet Tech Lab;
Identified our strengths and unpacked our fears in wellness workshops;
& made friends and memories to last a lifetime! Until next summer...

