

sophomore checklist

High School Classes

- Focus on your GPA!
- Sign up for Rigorous Classes (*English, Math, Science, Social Studies, Foreign Language*)
- Study for the PSAT and SAT
- Register for the PSAT and SAT
- Get to know your teachers and create positive relationships with them
- Continue a consistent a tutoring schedule with your UB Advisor or tutor
- Talk with your UB Advisor about AP or concurrent enrollment courses!

Upward Bound

- Meet with your Upward Bound advisor at least once a week!
- Attend all Saturday activities
- Plan for the UB Summer Academy!
- Attend all Upward Bound meetings!
- Work with your UB Advisor to refresh and set new goals for your sophomore year
- Get out and volunteer! Work with your UB Advisor to find a program or organization that fits your interests

School Activities

- Attend all Upward Bound meetings
- Narrow your extracurricular activities to 2 or 3 that you are committed to doing through high school (clubs, sports, student government)
- Learn about any special programs that might be a good fit for you
- Learn about concurrent enrollment, internship opportunities, and other ways to gain credit in high school

College & Career Prep

- Start to make a list of colleges that you are interested in, using the college search list and with the help of your UB advisor
- Create a professional-sounding, personal email account to use for college-related emails
- Create or update your resume
- Update the list of your awards, accomplishments, extracurricular activities, and jobs
- Research academic majors or career pathways that interest you
- Learn about different types of financial aid, budgeting, and saving for college