CMU TRIO-SSS (Student Support Services) is designed to assist students in achieving their academic, personal and career goals. We offer students a welcoming environment and provide a "one-stop shop" as they navigate their college career. The ultimate purpose of TRIO-SSS is to increase retention and graduation rates of all participants. TRIO-SSS now serves STEM and Regular majors. (STEM= Science, Technology, Engineering, Mathematics and Health Sciences)

ABOUT THE UNIVERSITY

A comprehensive university in Grand Junction, Colorado Mesa University provides rigorous educational opportunities through small class sizes and high levels of student/faculty interaction.

Students have the opportunity to build one-on-one relationships with teachers dedicated to providing students tools to succeed. An education at CMU offers value through more than 100 majors at the undergraduate and graduate levels enabling students to discover and pursue their dreams.

Since the institution was founded in 1925, it has been guided by a commitment to provide the highest quality education in a student-centered environment. This principle continues to lead the university into the future.

ABOUT TRIO

STUDENT SUPPORT SERVICES
REGULAR & STEM

Please visit our office or website to obtain an application.

coloradomesa.edu/trio

TRIO – SSS Programs: Regular & STEM
Located in Houston Hall
1100 North Avenue • Grand Junction, CO  81501

TRIO at CMU is part of the Student Success and Engagement Office, which is housed in the Department of Academic Affairs.

The United States Department of Education funds Colorado Mesa University’s (CMU) TRIO SSS STEM at 99% or $1,309,440. The remaining 1%, or $3,300, is non-federal funding from CMU.

The United States Department of Education funds Colorado Mesa University’s (CMU) TRIO SSS Regular 99% at $1,309,440. The remaining 1%, or $3,300, is non-federal funding from CMU.
What TRIO-SSS Can Provide for You:

**Academic Support**
- Academic advising
- Individualized tutoring/STEM tutoring
- STEM specialized support
- Academic skill building workshops (i.e. study skills, note taking, test taking)
- Registration assistance
- Technology resources
- Free printing

**Financial Planning**
- Financial aid advising
- Scholarship assistance
- Personal financial literacy

**Home Base**
- On-campus community
- Individualized attention
- Access to private and group study areas
- Community building activities
- Community service activities

**Personal Development**
- Time and stress management
- Goal setting and action planning
- Cultural enrichment activities
- Professional mentoring
- Peer academic coaching

**Professional Development**
- Career exploration
- Leadership development
- Graduate school preparation
- Employment readiness

Am I Eligible?

To be eligible for TRiO-SSS services, a student must:

1. Be enrolled in a four-year degree program.
2. Demonstrate academic need.
3. Be a citizen or permanent resident of the U.S.
4. Have one or more of the following qualifier(s):
   - Neither of my parents graduated from a four-year college.
   - I am a student who is economically disadvantaged.
   - I am a student with a disability.

How to join TRIO Programs

Fill out a TRIO-SSS participant application available on the TRIO website at coloradomesa.edu/trio/apply. Completed applications may be returned via mail, email, or in person.

TRIO Works

For the past 5 years, TRIO-SSS participants have continually excelled academically, culminating in a 97% good academic standing rate by the 2018-19 academic reporting year. TRIO has proven effective in connecting students to campus, improving academic success and persisting to graduation.

TRIO is a program designed to help you succeed in college and successfully complete your educational goals. Don’t take our word for it – here is what our participants say:

“TRIO is a BIG reason I am still here and about to graduate!”

“TRIO gave me access to opportunities I never would have been exposed to otherwise.”

“TRIO helps me stay motivated to succeed and acts as a home base on campus.”

“TRIO has helped me find my desired career and how to utilize my strengths while pursuing it. They advocate students’ needs and find the resources to best support them on their personal and academic journey while at CMU”

For more information, please contact:
Angie Gauthier
Director of TRIO Programs
akgauthier@coloradomesa.edu
970.248.1770
Houston Hall (H) 125
For additional staff listings, please visit: coloradomesa.edu/trio