

ABOUT TRIO-SSS

**"TRIO is a big reason I am still here
and about to graduate!"**

The mission of TRIO-Student Support Services at Colorado Mesa University is to assist participants in achieving their academic potential and expanding cultural horizons through one-on-one interactions and group activities.

The goal is your graduation!

TRIO-SSS offers two programs:

REGULAR PROGRAM

Through workshops, individualized attention and mentoring, students of all majors can achieve their academic, personal, financial and professional goals.

STEM PROGRAM

Same as the regular program, but focuses on gateway courses and coaches and tutors for science, technology, engineering, mathematics and health science majors.



Please visit the TRIO offices or website
to obtain an application.

coloradomesa.edu/trio

ABOUT THE UNIVERSITY

A comprehensive university in Grand Junction, Colorado Mesa University provides rigorous educational opportunities with small class sizes and high levels of student/faculty interaction.

Students have the opportunity to build one-on-one relationships with teachers dedicated to providing tools for students to succeed. CMU offers more than 100 majors at the undergraduate and graduate levels enabling students to discover and pursue their dreams.

Since the institution was founded in 1925, it has been committed to providing the highest quality education in a student-centered environment. This principle continues to lead the university into the future.



Rafael Orozco

Director of TRIO-SSS Programs

970.248.1770

rorozco@coloradomesa.edu

Houston Hall 125

coloradomesa.edu/trio

- Regular program located in Houston Hall
- STEM program located in Tomlinson Library

The United States Department of Education funds Colorado Mesa University's (CMU) TRIO-SSS Regular and TRIO-SSS STEM each at 99% of \$1,309,440. The remaining 1%, or \$3,330 is non-federal funding from CMU.

1100 North Avenue • Grand Junction, CO 81501-3122



TRIO

STUDENT SUPPORT SERVICES

Regular Program

STEM Program

coloradomesa.edu/trio

TRIO-SSS provides:

Home Base

- On-campus community
- Individualized attention
- Access to private and group study areas
- Community building and service activities

Personal Development

- Time and stress management
- Goal setting and action planning
- Cultural enrichment activities
- Professional mentoring
- Peer academic coaching

Professional Development

- Career exploration
- Leadership development
- Graduate school preparation
- Employment readiness

Academic Support

- Academic advising
- Academic skill-building workshops (i.e. study skills, note taking, test taking)
- Individualized tutoring/STEM tutoring
- STEM specialized support
- Registration assistance
- Technology resources—iPads, computers, calculators
- Free printing

Financial Planning

- Financial aid advising
- Scholarship assistance
- Personal financial literacy

Am I eligible?

To be eligible for TRIO-SSS services, a student must:

1. Be enrolled in a four-year degree program.
2. Demonstrate academic need.
3. Be a citizen or permanent resident of the U.S.
4. Have one or more of the following qualifier(s):
 - I am a first-generation student (neither parents graduated from a four-year college).
 - I am a student who is economically disadvantaged.
 - I am a student with a documented disability.

How to join TRIO programs

Fill out a TRIO-SSS participant application available on the TRIO website at coloradomesa.edu/trio/apply.

Completed applications may be returned via mail, email or in person.

TRIO works

For the past five years, TRIO-SSS participants have continually excelled academically, culminating in a 97% good academic standing rate by the 2018-19 academic reporting year. TRIO has proven effective in connecting students to campus, improving academic success and persisting to graduation.

TRIO

STUDENT SUPPORT SERVICES
coloradomesa.edu/trio



TRIO-SSS is a program designed to help you succeed in college and successfully complete your educational goals. Don't take our word for it — here is what our participants say:

"The TRIO staff is always willing to meet with me and help me with my questions. This is important to me as a first-generation student. They made sure I felt supported."

"TRIO has helped me find my desired career and how to utilize my strengths while pursuing it. They advocate for students' needs and find the resources to best support them on their personal and academic journey while at CMU."

"TRIO provides so much support and so many opportunities for growth. Being able to take what I am learning through my college experience as well as from conferences and events that I wouldn't be able to go on without TRIO is invaluable."