Welcome Back Students!

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Happy New Year and Happy Spring Semester TRIO Participants!

We hope you have enjoyed your Winter Break and are feeling excited for the semester ahead!

The start of a new year and a new semester presents the opportunity to start again. You all have the ability to change any habits that are no longer serving you and your aspirations, and continue to build on any patterns that aid in your success.

Perhaps consider to use the new year and new semester as an opportunity to start small. Taking a five minute walk during a long study session, making a conscious decision to drink more water, or attending one of our workshops to develop new skills that will aid you in your semesters to come!

TRIO knows each and every one of you has the ability to succeed, and we are here to support you every step of the way!

Let’s build on our strengths develop within our academic success that will extend into all avenues in our life. Let’s take this time to begin again.

Together we will plan on the best semester yet, we believe in you!

Go Mavs!

All the best,
TRIO Team
YOU’RE INVITED

TRIO SPRING START-UP

START YOUR SEMESTER OFF STRONG!

JANUARY 29, 2021
10:00AM-12:30PM
Houston Hall 138A

Refreshments provided, guest speakers & workshops!

We look forward to seeing you there!

Contact Deanna Greene with any questions at dngreene@coloradomesa.edu

*The United States Department of Education funds Colorado Mesa University’s (CMU) TRIO SSS Regular 99% at $1,309,440. Non-federal funding from CMU, at 1% at $3,300.
TRIO STUDENTS – YOU’RE INVITED

SPEED READING & MEMORY TECHNIQUE WORKSHOP

Come start the semester strong with helpful tricks and tips about efficient reading habits and valuable memorization skills!

Where: Dominguez Hall 104
When: January 25th and January 26th
Time: 3:00pm to 4:30

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Important Dates

Spring 2022 TRIO Workshops and Events

Official locations and times will be sent out via D2L, email, TRIO Facebook group, & posted in TRIO Offices.

We look forward to seeing you there!

- January 25/26 – Iris Speed Reading and Memory Technique Workshops
- January 29 – Spring Start Up Event
- January 31 – Library Tours
- March 3 – Texas Space Center Info Session
- March 9 – Writer’s Workshop
- March 9 – Library Tour
  - March 16 to 20 – University of Maryland McNair Conference*
  - March 30 – Career Preparation Workshop
- May 2 – Mindfulness and Meditation Workshop
- May 13 – TRIO Hike Day – Palisade, Colorado
- February 3 – Study Skills Workshop
- February 7 – University of Maryland Conference Info Session
- February 22 – Library Tours
- February 26 – BANFF Film Festival – Avalon Theater
- February 28 – FAFSA “How to” Workshop
- April 6 – Time Management Workshop
- April 7-10 – TRIO Baylor University Visit & NASA Space Center*
- April 16 – TRIO Volunteer Day
- April 20 – TRIO Etiquette Lunch
- April 21 to 23 – Horse Empower Ranch – Durango, Colorado
- April 27 – TRIO End of Year Celebration

*Maryland and Texas Conference Trips will require Info Session attendance and a formal application. Texas trip dates are tentative. Please contact Deanna Greene at dngreene@coloradoemesa.edu with any questions!

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TRIO study spaces are a safe and quiet environment, offering drop-in tutoring, computer use, free printing, or just time to work!

FishBowl Study Lounge  BirdsNest Study Lounge
HH 137  EH 323