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Foreword

Hi everyone!

My name is Deanna Greene, and I am excited to serve as the new TRiO Engagement Specialist here at CMU. I am originally from Mesa, Colorado and have spent most of my life here in the Grand Valley. I earned my associate’s degree from Front Range Community College in Fort Collins, Colorado and then transferred to finish my bachelor’s in Sociology from Colorado Mesa University. I am currently working on my master’s in Mental Health and Wellness in Family Dynamics from Grand Canyon University. I have two years of experience in higher education as an intern in the CMU Admissions Office, where I truly learned the value of a college degree. If I am not at work, I am out mountain biking, hiking, camping, or fishing. I am a huge book nerd, an aspiring yogi, and love to collect house plants! I am excited for my journey in helping TRIO students here at Colorado Mesa University!

-Deanna
Important Dates

December 6 - Last week of Class
December 13 - Finals Week
December 17 - Winter Break!
December 20 - Grades Posted
January 3 - January Term Begins
January 17 - MLK Jr. Day
January 24 - Spring Semester Begins
January 31 - Last day to add/drop first mod
February 8 - Last day to add/drop full semester

Please visit the TRIO Office or TRIO SSS D2L page for more information about our upcoming events.

December 10 | Puppy Playtime

Grand Mesa Field | 1:00 PM

There will be no TRIO tutoring the last week of classes, but the offices will stay open except for Dec 24 - 31. Stay tuned for information about our Spring StartUp event, coming in the first few weeks of the Spring Semester!
November 8 is National First Generation Day, a time to recognize and celebrate students who are the first in their family to journey to university. One of the main pillars of TRIO SSS programs, First Generation students face unique challenges, and bring unique strengths. This year, we partnered with Student Services to bring our students a barbeque to celebrate all of their achievements. Peer Coach Shayli Peterson, Alison Steigerwald, Professor Bob Laga, and President John Marshall all spoke at the event, giving their remarks about the importance of our students, our program, and our community. We appreciate everyone who attended, and we hope to see you next year!
Memes

When you meet someone as weird as you

Blessings for the New Year

May your wifi signal be strong
May your snacks be plentiful
May coffee never burn your tongue
May dogs smile upon you
May cats always choose your lap (unless you are allergic)
May your houseplants thrive
May you be healthy, happy and unburdened by fuckery

But above all else...

Me looking for my will to study

Reasons to live starter pack

- Q-tip in ear feel good
- to step on crunchy leaf
- Netflix
- pasta
- out of spite
- Spotify
- to inspire others
- funny pictures on the internet
- mom would be sad
- new music
- it will get better (trust)

Me after 5 minutes of studying

Callie’s Cat Bagel Bite
TRIO study spaces are a safe and quiet environment, offering drop-in tutoring, computer use, free printing, or just time to work!

**FlshBowl Study Lounge**
HH 137

**BirdsNest Study Lounge**
EH 323