Western Colorado Peace Officers Academy



Sponsored Application Packet

(Type out application, then print and turn in)

	Sponsoring Agency	
Last, First, MI (please print legibly)	Date	Academy Semester Attending

2508 Blichmann Avenue Grand Junction, CO 81505 (970) 255-2821

Rev. 5/13/2025



TECH Western Colorado Peace Officers Academy **Application Check List**

	Create an account and complete the Colorado Mesa University Tech (CMU Tech) Undergraduate
	Application for Admission at: https://go.coloradomesa.edu/apply/ . On the application for admission you
	must select Police Officer Standards & Training (POST) (Technical Certificate) as the Academic
	Program. (NOTE: Current Colorado Mesa University (CMU) or CMU Tech students please disregard
	this step).
	o Request an official copy of high school transcripts or G.E.D. scores, and request official
	college transcripts from all previous colleges attended and have them sent directly to
	admissionsprocessing@coloradomesa.edu
	o If you are a resident of the state of Colorado, apply for the College Opportunity Fund: https://
	www.coloradomesa.edu/cof/index.html
	 Send proof of 2 MMR Immunizations to the Registrar's office <u>Registrar@coloradomesa.edu</u>
	If applying for veteran financial aid benefits, a copy of you DD214 Form (Member 4) and a Certificate
	of Eligibility need to be sent to the Veteran Services Office veterans@coloradomesa.edu at
	(970)248-1739.
	Complete this WCPOA Application (fillable online – PRINT and retain a copy for your records)
	Submit the following items with this WCPOA Application:
	O Copy of high school diploma or proof of GED completion
	 Veterans, submit a copy of your DD Form 214 Member 4 with your packet
	O Color copy of current valid driver's license (front and back)
	 Liability Waiver (signed and dated) Sponsorship Letter (signed and dated)
	O Sponsorship Letter (signed and dated)
	Verification of fingerprinting is time sensitive and fingerprints must be submitted to CBI no more than
_	60 days prior and at least one week before day one of the Academy. The included Fingerprinting Form
	must be submitted to the WCPOA Director upon completion.
	must be submitted to the Wel Old Breetor upon completion.
П	Type in complete information, save, print, and mail, or turn in to, Student Services at CMU Tech:
	CMU Tech
	Attn: POST Academy Director
	2508 Blichmann Avenue
	Grand Junction, CO 81505

*WCPOA applications for sponsored cadets are due no later than 30 days prior to the start of the desired academy session.

AFTER your application has been received, you and your agency will be contacted for the following steps:

- 1. Director's Interview (informational)
- 2. Uniform Fitting



Western Colorado Peace Officers Academy

Contact Information PLEASE TYPE IN ALL INFORMATION

Full Name (please type):			
d 71 /	LAST	FIRST	MIDDLE NAME
Home Address:	STREETADDRESS	CITY	STATE ZIP
	STREETADDRESS	CIT	STATE ZII
Mailing Address:		over.	99.99
	STREETADDRESS	CITY	STATE ZIP
Home Phone Number (in	clude area code):		_
Cell Phone Number (incl	ude area code):		_
E-mail Address:			_
CMU E-mail Address:			_
			nce. You will receive a Colorado
Mesa University email ac	count upon acceptanc	ee to CMU/CMU Tech.)	
CMU 700#:			
Date of Birth:		Age:	
EEOC:			
Other names used / Mai	iden Name / Aliases:		
Full Name (please type):			
	LAST	FIRST	MIDDLE



Western Colorado Peace Officers Academy Application

	A	Applicant Informa	tion	
Full Name:				Date:
-	LAST	FIRST	MIDDLE	
Address:				
	STREET ADDRESS			APARTMENT/UNIT#
	CITY		STATE	ZIPCODE
Home Phone:		Cell Pho	one:	
Work Phone:		SSN: _		
Best way to co	ontact you during normal hours:			
Are you a citiz	en of the United States?			
If no, are you a	authorized to work in the U.S.?			
Do you have a	ny previous Law Enforcement tra	ining?		
If "yes," with	what agency?			
,	8 J			
		Education		
High School:	School Name	City & S	State:	
Diploma:		of graduation:		-
College:	N. CI CL	City & S	State:	
Degree:	Name of Institution Degree Type:	Major:		
Date of gradua	ition:			
Other:		City & S	State:	
Oulei.	Name of Institution			
Did you gradu	ate?			
Diploma/Degre	ee/Certificate?			
* (You may co	ontinue education on the continua	ation sheet)		
If you did not	graduate from high school, provi	de specifics of where a	ınd when you r	eceived your G.E.D. and include

documentation with your packet.

Did you have any problems or issues in conjunction with any of your education? (i.e. suspensions, academic probation, disciplinary issues)

^{*(}If yes, provide details on the Continuation Sheet)

Employment

			years, beginning with the most recent employer first. You may we gaps. Indicate periods of unemployment if appropriate.
From:			
MONTH/YEAR		MONTH/YEAR	
Address:			
Job Title:			
Responsibilities:			
Reason for Leaving:			
From:	To		
		MONTH/YEAR	_
Company:			
Responsibilities:			
Reason for Leaving:			
From:	To:		
MONTH/YEAR		MONTH/YEAR	_
Company:			
Address:			
Reason for Leaving:			
From: MONTH/YEAR	_10: _	MONTH/YEAR	_
Company:			
Address:			
Job Title:			
Responsibilities:			
Reason for Leaving:			
From: MONTH/YEAR	_To: _	MONTH/YEAR	_
WONTH/TEAR		WONTH/YEAK	
Company:			
Address:			
Job Title:			
Reason for Leaving:			

Have you had any problems or issues at any of your places of employment? (i.e. reprimands, disciplinary notice, conflicts, leave without proper notice, dismissal)

^{*(}If yes please provide details on Continuation Sheet)

Additional Questions

Please explain, in your own words, wh law enforcement:	ny you seek admission to	this academy and a	future in
Is there anything in your background complete the academy training progra		egatively impact you	ar ability to
Have you <u>ever previously applied</u> to peace officer academy? If YES, provide the date of application			
	Military Service		
Branch:	From:	To:	
Rank at Discharge:			
If other than honorable, explain:	* *	_	
MOS/Specialty:			

Continuation Sheet

	Disclaimer and Signature	
I certify that the previous answers a	re true and complete.	
If this application leads to acceptant my application or interview may re		
Signature:		_Date:



Western Colorado Peace Officers Academy

Liability Waiver

N	AME:	
Th	e undersigned certifies and agrees to the following terms and conditions:	
1.	I have no pre-existing condition that would prohibit me from engaging in all training at the WCPOA.	Initials
2.	I understand that Arrest Control Tactics (ACT) Classes and Physical Training Classes require physical exertion and physical activity, which is undertaken with other persons. My participation in training poses a risk of physical injury, illness or other harm to me and I expressly assume all risk and responsibility for any and all injury, illness, and harm of whatever nature, kind or degree.	Initials
3.	I represent that I am mentally and physically capable of completing 80 hours of Arrest Control Tactic Training (ACT) and 27 hours of physical training, which will include a minimum ofperforming:	
	 a. Push-ups b. Sit-ups c. Running for 1½ to 2miles d. Strength training drills to include personal weapon strikes, e.g. front punches, kicks, etc. to the body e. Handcuffing drills, e.g. stress-inducing drills f. Baton drills g. Control hold/take down techniques, e.g. joint manipulation & stress-inducing drills 	
	h. Pressure point application, e.g. application to nerve endings throughout the body.	Initials
4.	I agree to read and abide by all policies, procedures, instructions, and training methods provided or otherwise made available by	
	WCPOA, its instructors and staff, including orientation procedures for new students, WCPOA medical treatment policies and procedures, and all other related WCPOA, policies and procedures, written and oral.	Initials
5.	I agree that the health, welfare, and safety of all students, instructors, and staff of WCPOA are of paramount importance. I certify that I do not have a communicable or contagious disease or other health condition that poses or could pose a medically recognized, unreasonable or dangerous risk of harm to other students, instructors, or staff at WCPOA.	Initials
6.	I understand that I am responsible for all personal property I choose to bring to WCPOA, and I expressly assume all risk of loss of, or damage to such personal property.	Initials
7.	I also understand that many other aspects of the training at WCPOA, such as Law Enforcement Driving and Law Enforcement Firearms Training, will involve me in situations that could result in harm or injury to me. I further understand that my participation in all of the courses that make up the Basic Law Enforcement Program is required in order for me to take the P.O.S.T. examination for certification as a Colorado Peace Officer. Accordingly, on behalf of myself, my heirs, assigns, agents, personal representatives, dependents, and all others who may act on my behalf, I forever hold harmless and unconditionally release WCPOA, its instructors and its staff, the Board of Trustees of Colorado Mesa University, CMU, and all current and former employees of CMU from any and all liability, claims, demands, actions, and courses of action whatsoever arising from any and all damage, loss, injury or other harm to myself or my property while participating in ACT, Physical Training, Firearms, Driving or any other aspect of my training and education while participating in the WCPOA program, whether such loss, damage, injury, or harm is caused by my own conduct or that of another person.	Initials
8.	The terms of this Liability Waiver may be modified only with the written consent of WCPOA and are governed by and subject to the laws of the State of Colorado.	Initials
cor	ertify that I read and understand the English language, and that I have thoroughly read and now understand all the terms and additions of this Liability Waiver. I further agree that if any section, condition, or term of this Liability Waiver is adjudicated to be enforceable under applicable law, the remaining sections, conditions, and terms shall not be affected and shall remain enforceable and ding upon me.	
Sig	nature: Date:	
Priı	nt Name:	

Western Colorado Peace Officers Academy Application Packet



Fingerprint Verification

This is to certify that Per § 24-31-304, C.R.S. and POST Rule 14, fingerprints were submitted to CBI no more than 60 days prior and at least one week before enrolling in the training academy.

Agency:		
☐ Grand Junction Police Department		
☐ Mesa County Sheriff's Office		
□ Other Agency:		
Fingerprints were processed using following m ☐ Live Scan (POST service Code 25YH81)	ethod:	
☐ POST Applicant Fingerprint Card		
☐ IdentoGO (Live Scan)		
Fingerprinting Date:		
(Print Applicant Name)	(Signature)	(Date)
(Print Agency Representative Title & Name)	(Signature)	(Date)

- Fingerprinting must be completed before final acceptance to the WCPOA.
- This form must be returned to the WCPOA Director for verification and filing.

Western Colorado Peace Officers Academy **Emergency Contact Information**



CMU Tech Program: WCPOA

PLEASE TYPE IN ALL INFORMATION

Student Information

Name (Last, First, MI)	(1	(Name other than legal)					
Address Street	City	City			State Zip		
Phone Alternate Phone		Gender	Age	DOB Student ID (700		D (700 #)	
	Parent/Guard	ian Information					
Father's Name (Last, First, MI)		Employer		E	usiness Pho	one	
Mother's Name (Last, First, MI)	Employer	Business Phone					
Stepparent/Guardian (Last, First, MI)		Employer	Business Phone				
	Emergency Con	tact Information					
Contact Name (Last, First, MI)		(F	Relations	ship to stu	ıdent)		
Phone		Alt. Phone					
Preferred Physician	Phone						
Preferred Hospital							
List any condition, medication, etc. that i	may affect your ability to	participate in training:					

Western Colorado Peace Officers Academy Application Packet



Classification

Certification for SPONSORED APPLICANT	
(To be completed by agency head)	
As the head of:	
(Name of Law Enforc	cement Agency)
I verify that our agency completed a thorough backgroun	d check of:
	on
(Full Name)	(Date)
I further verify that nothing from the background check napplicant has been our employee would preclude his/her Officers Academy (WCPOA).	
Accordingly, I hereby sponsor the applicant's admission, for good cause. By Sponsoring the applicant, I recognize to paying the applicants tuition.	
I understand that students of WCPOA program are requirestandards and are subject to disciplinary actions that may violations of the WCPOA rules, regulations, and standards	include dismissal for serious and/or repeat
(Print Title and Name)	
(Signature of Head of Law Enforcement Agency)	
(Date)	

CMU TECH, WESTERN COLORADO PEACE OFFICERS ACADEMY INSURANCE PARTICIPATION POLICY AND SECONDARY INSURANCE INSTRUCTION SHEET

Introduction:

- CMU Tech is committed to ensuring the safety of all students during participation in the program.
- All students participating in the CMU Tech Peace Officer Academy Program are **REQUIRED** to have primary insurance before participating in the program.
- Students who are injured during participation in a CMU Tech Peace Officer Academy Program course of instruction **MAY** qualify for CMU's secondary insurance policy, as long as the deductible is met and all requirements are fulfilled.

Instructions:

- Students and policy holders of student's primary insurance should thoroughly read each page of the insurance packet.
- Students and policy holders of student's primary insurance **MUST** agree with and date each page after reading through each sections of the packet.
 - NOTE: Students are responsible for sharing this information about primary and secondary insurance requirements with the policy holder before completing form.
- Students and policy holders of students primary insurance must fill out **ALL** required sections primary health insurance information page.
- A copy of the students primary insurance card, front and back, must be attached and submitted with the CMU Tech Peace Officer Academy Program Primary Health Insurance Form.

CMU Tech **strongly** recommends that the students and the policy holder of the student's primary insurance make a copy of this form for their personal records.

If you have questions regarding primary insurance responsibilities or secondary insurance coverage, please contact Peace Officers Academy Director Michael Diehl.

Michael Diehl, Peace Officers Academy Director and Public Safety Department Director Colorado Mesa University, 1100 North Ave, Grand Junction CO, 81501

Phone:970-255-2821

Email: mdiehl@coloradomesa.edu



CMU TECH, WESTERN COLORADO PEACE OFFICERS ACADEMY INSURANCE PARTICIPATION POLICY

Section A – Health Insurance Requirements

All CMU Tech Peace Officer Academy student participants are required by the program to have healthcare insurance. It is **STRONGLY** recommended that the primary health insurance provides in-network coverage in Mesa County and includes the following minimal coverages:

- 1. Coverage of for injuries.
- 2. Coverage of all body parts (no exclusions). *Colorado Mesa University will not be responsible for injuries excluded by your primary health insurance policy.
- 3. 80% pay after deductible for major medical coverage.
- 4. \$100,000.00 minimum for major medical coverage.

Things to consider with primary health insurance for your student:

1. KASIER PERMANENTE INSURANCE DOES NOT HAVE COVERAGE IN GRAND JUNCTION, CO.

- Students with Kaiser Permanente Insurance who need medical coverage, such as doctors' visits, x-rays, MRIs, surgeries, etc., will need to return home OR be treated as self-pay for these medical expenses.
- Students with Kaiser Permanente Insurance will have coverage at Urgent Care or Emergency Departments under plan care.
- CMU Tech **STRONGLY** recommends purchasing a supplemental policy for the student that has coverage in the area, i.e. Colorado Medicaid.

2. Out of State Medicaid

- Out of State Medicaid **DOES NOT** provide Colorado coverage.
- Students with out-of-state Medicaid will be treated as self-pay in the state of Colorado.
- CMU Tech recommends the student switch coverage to Colorado Medicaid in order to have medical coverage in Colorado.

3. Commercial Insurance (Aetna/BCBS/Cigna etc.)

- Most commercial insurance companies require diagnostic testing before being approved for advanced diagnostic tests, such as MRIs or CT scans
- In the event the student needs advanced diagnostic imaging, such as an MRI, your primary insurance may require your student to have a diagnostic X-ray before being approved. This may result in longer scheduling wait times for an MRI.

By checking below, I confirm that I have read and reviewed Section A – Health Insurance Requirements of CMU Tech Peace Officer Academy Insurance Participation Policy with the policy holder, and understand the responsibility of the student to maintain a primary health insurance. I understand that any changes in the primary health insurance coverage must be reported immediately to CMU Tech, and a new insurance information form must be completed. CMU Tech reserves the right to verify signatures and policy information. The policy holder also acknowledges agreement with the above policy.

Printed:	Date:	
(Name of Student or Guardian if under 18)		
Printed:	Date:	
(Name of Policyholder)		



Section B – CMU TECH, WESTERN COLORADO PEACE OFFICERS ACADEMY Insurance

CMU Tech Insurance is a secondary policy **ONLY.** All students participating in CMU Tech Peace Officer Academy **MUST** have a primary insurance to participate in the program. The CMU Tech secondary insurance policy **MAY** pay for costs not covered by your primary health insurance, but it is not guaranteed. The following conditions must be met before for possible coverage by the secondary insurance:

- 1. The injury must have occurred during participation in a CMU Tech course of instruction.
- 2. The injury must be reported to CMU Tech within one (1) week after the injury and recorded in an injury report.
- 3. Students must meet a deductible of \$5,000.00 to meet secondary coverage requirements. Students have 24 months (2 years) from the date of injury to meet the secondary insurance deductible of \$5,000.00. If the costs for the injury do not reach \$5,000.00, the student will be responsible for all charges, unless medical services are provided on campus. In these cases, CMU Tech will pick up all "member responsibility" cost.
- ** The CMU Tech secondary insurance policy **CANNOT** be given to medical providers for direct billing. In order for a claim with the secondary insurance to be considered, the following items must be given to the Program Director:
- Copies of itemized bills from EACH medical provider/medical facility used to provide medical service for the injury. Itemized bills must be in either CMS 1500 or UB04 medical forms with diagnostic codes included.
- 2. Copies of primary insurance Explanation of Benefits (EOB) or denial of payments forms for the injury.
- 3. Copies of itemized receipts paid out of pocket for the injury.
- *The above items must be presented to the Program Director within sixty days of reaching the secondary insurance deductible.
- ** The CMU Tech secondary insurance policy WILL NOT COVER the following:
 - 1. Ordinary illnesses and general prescriptions
 - 2. Injuries sustained outside of participation in a supervised, regularly scheduled game, practice, or workout.
 - 3. Medical charges that are found to be over or above usual and customary for the area of services
 - 4. Injuries sustained while substance abuse or misuse is occurring.
- ** CMU Tech WILL NOT BE RESPONSIBLE for the following:
 - 1. Charges that are declined by any and all insurances.
 - 2. Late charges or charges associated with noncompliance or falsification of information.

By checking below, I confirm that I have read and reviewed Section B of the Insurance Participation Policy with the policyholder. I understand the responsibility of the University to a student- who becomes injured as a result of participation in a CMU Tech program. CMU Tech reserves the right to verify signatures and policy information. The policy holder also acknowledges agreement with the above policy.

Printed:	Date:
(Name of Student or Guardian if under 18)	
Printed:	Date:
(Name of Policyholder)	



2024-2025 CMU TECH, WESTERN COLORADO PEACE OFFICERS ACADEMY PRIMARY HEALTH INSURANCE INFORMATION

Student:	Soc. Sec Number:	Birthdate:
Department/Program/Course:		
Insurance Company Phone Number:_		
		(work):
Policyholder's Employer:		
		DOB:
Policy Number:		
This policy should meet the recommen	ICE CARD TO THIS ded minimum requirem	FORM.
By checking below, I agree that the i knowledge.	nformation provided i	is accurate and complete to the best of my
By checking below, I agree to notify permission for medical personnel to		anges in insurance coverage. I/We grant emergency situations.
Printed:		Date:
(Name of Student or Guardian if under 18	3)	D. (
Printed: (Name of Policyholder)		Date:

This completed form must be approved by the appropriate CMU Tech Program Director prior to participation in any activity. Any changes in insurance coverage must be reported immediately. Failure to report changes immediately may limit coverage by the secondary insurance.





WCPOA Physical Fitness Program

Colorado POST requires 24 hours of physical fitness training that is listed in the academic curriculum as a Wellness Lab. Passing this course is a requirement under the academic standards and for eligibility to take the POST exam. The WCPOA has a rigorous physical fitness program that fills this curriculum requirement and includes 27.5 hours of training.

The Cooper Institute Fitness Assessment is used by the WCPOA and is consistent with industry hiring standards. This assessment is conducted twice during the academy. The first assessment is administered on the first day of the academy session and translates to 5% of the cadets Wellness Lab grade. A final assessment is administered at the six-week mark and translates to 10% of the cadets Wellness Lab grade. The remaining Wellness Lab grade percentage (75%) is evaluated through participation, percentage of fitness improvement, and homework assignments.

Consistent with industry hiring standards, the Cooper assessment consists of a 1.5-mile run, followed by maximum men's military style push-ups in one minute, followed by maximum sit-ups in one minute, and then followed by a 300-meter sprint. These events are all done one right after the other with no resting in between. Push-ups and sit-ups require adherence to strict form and will not be counted as a repetition if not to standard (see description below). Performance standards and evaluation of testing results are based on age and gender, and the WCPOA strongly recommends a combined score at or above the 50th percentile to start the academy. Starting the academy at a fitness level below the 50th percentile significantly increases the risk of injury and has a direct impact on overall performance.

Agency sponsored cadets (unlike non-sponsored) are not required to take a Cooper Assessment as part of their application process. This assumes that passing fitness standards was part of the hiring process with the sponsoring agency. Once in the academy, all cadets will be held to the same Cooper Assessment standards regardless of agency hiring requirements.

Below is a chart that shows the 50th percentile expectations for each event based on age and gender.

Female	Age			
EVENT	20-29	30-39	40-49	50-59
1.5 MILE	14:15	15:14	16:13	18:05
PUSH-UPS	18	14	11	11
SIT-UPS	35	27	22	17
300 M SPRINT	1:04	1:14	1:26	1:26

Male	Age			
EVENT	20-29	30-39	40-49	50-59
1.5 MILE	11:58	12:25	13:05	14:33
PUSH-UPS	33	27	21	15
SIT-UPS	40	36	31	26
300 M SPRINT	0:56	0:57	1:07	1:20

Push-up:

Timed for 1 minute, must be full-body, military style with arms wide and full-arm extensions. Body must be lowered so the arms are bent at 90 degrees & parallel to the ground. Use a 4" thick brick or object to touch your chest to help gauge. You may rest, but only in the plank position, body level - no arched back or buttocks in the air. If a knee touches the ground, you're done.

<u>Sit-up</u>:

Timed for 1 minute, you may have your knees bent and feet anchored. Shoulder blades must touch the ground for each repetition; Elbows must break the plane of your knees on the up movement each time. You may rest, but only in the sitting up position with your elbows at your knees.

Western Colorado Peace Officers Academy **Driving Directions**



How to get here

It's easy! I-70 is just minutes from the WCPOA, GJPD, and MCSO campuses and airport service is offered through major carriers. Bus and rail services are also available.

From Denver

Take I-70 west for 259 miles to Grand Junction, Exit 28 (24 Road). Go left through the roundabout, and turn south (left) on 24 Road to Patterson Road. Go east (left) on F Road (AKA Patterson Road) to 25 Road. Go north (left) on 25 Road to Blichmann Avenue. Turn east (right) on Blichmann Avenue.

From Utah

Take I-70 east, 24 miles past the Colorado/Utah border, to Exit 28 (24 Road). Go south (right) on 24 Road to Patterson Road. Go east (left) on F Road (AKA Patterson Road) to 25 Road. Go north (left) on 25 Road to Blichmann Avenue. Turn east (right) on Blichmann Avenue.

From Highway 50

Take Highway 50 north, which turns into 5th Street in town. Take 5th Street to North Avenue. Go west (left) on North Avenue through 1st Street. Shortly after 1st Street, North Avenue merges with Highway 6 & 50. Continue on Highway 6 & 50 to 25 Road. Go north (right) on 25Road past F Road (AKA Patterson Road) to Blichmann Avenue. Turn east (right) on Blichmann Avenue.

