



WESTERN COLORADO
COMMUNITY COLLEGE
A Division of Colorado Mesa University

NURSE AIDE

SUMMER and FALL 2023 CLASSES

May 30 - July 1, 2023 (5 Weeks)*

4 Weeks Evening Classes: 4:30PM-8:30PM Mon-Thurs (Fridays off)
Final Week Clinical/Practical Lab 6/26-7/1: Arranged Mon-Sat**

June 26 - July 29, 2023 (5 Weeks)*

4 Weeks Morning Classes: 9:00AM-1:00PM Mon-Thurs (Fridays off)
Final Week Clinical/Practical Lab 7/24-7/29: Arranged Mon-Sat**

August 21 - September 14, 2023 (5 Weeks)*

4 Weeks Evening Classes: 4:30PM-8:30PM Mon-Thurs (Fridays off)
Final Week Clinical/Practical Lab 9/15-9/21: Arranged Fri-Thurs**

September 25 - October 26, 2023 (5 Weeks)*

4 Weeks Evening Classes: 4:30PM- 8:30PM Mon-Thurs (Fridays off)
Final Week Clinical/Practical Lab 10/20-10/26: Arranged Fri-Thurs **

October 30 - December 7, 2023 (5 Weeks)*

4 Weeks Evening classes: 4:30 PM- 8:30 PM Mon-Thurs (Fridays off)
Final Week Clinical/Practical Lab 12/1-12/7: Arranged Fri-Thurs **

* We reserve the right to cancel any class due to insufficient enrollment. Students must be admitted and registered no later than the Friday prior to class start.

** Final Week Clinical/Practical Lab times will vary and will be announced the first week of class.

CNA



Ask about our **Nurse Aide Apprenticeship Grant** to pay for your Nurse Aide Education.
Ask about our **VA Partnership** to learn more about opportunities for your future.

NEW for Fall 2023: Students who enroll in this program may have tuition, fees, and course materials covered as **Care Forward Colorado funding** allows.

ABOUT THE NURSE AIDE PROGRAM

The Nurse Aide program prepares the student for employment as a Nurse Aide in hospitals, skilled care, home health, and hospice facilities. Basic nursing and personal care skills, legal and ethical issues for nurse aides, restorative services and recognition of the emotional, social, cultural and individual rights of patients, are all competencies in the coursework. Students will practice these skills in the college lab and then at an assigned clinical setting.

All students 16 years of age and older are eligible to apply. Enrollment is contingent upon the student passing a criminal background check.

The Nurse Aide courses fulfill the educational requirements for students to take the National Nurse Aide Assessment Program (NNAAP) certification exam. There are two parts to the NNAAP Examination, the Written Examination and the Skills Evaluation. You must pass both parts in order to be certified and listed on the Colorado Nurse Aide Registry.

Nurse Aide classes are held at Western Colorado Community College, 2501 Blichmann Ave, Bishop Health Sciences Building, Room 110.

Nurse Aide Course Descriptions

NURA 101 Nurse Aide Healthcare Skills (4 Credits)

This course covers the fundamental skills of the Nurse Aide. Basic nursing skills, communication skills, restorative services, personal care skills, safety and emergency care are covered as well as knowledge and/or principles of asepsis, OSHA and HIPAA regulations. Ethical behaviors, cultural sensitivity, principles of mental health, patient/resident rights are addressed.

NURA 170 Nurse Aide Clinical Experience (1 Credit)

This course applies knowledge and skills gained in NURA 101 to patient care. Students gain knowledge and skills needed to function independently within the Nurse Aide scope of practice. Students apply the skills needed to perform as a Nurse Aide in the health care setting. Enhanced communication, cultural competency, end of life care, critical thinking and organizational skills are emphasized.

Both courses are required (must pass with a C or higher) to complete the Nurse Aide Training Program and to be able to register to take the certification exam to become a CNA.

For further information, please contact:

For Evening Classes:

Kathi Arbogast, Nurse Aide Faculty Member and Clinical Director:

karbogast@coloradomesa.edu

For Daytime Classes:

Cynthia Thomas, Nurse Aide Faculty Member:

cthomas2@coloradomesa.edu

Western Colorado Community College
2501 Blichmann Avenue, Bishop Health Sciences Building

970-255-2616

APPLICATION PROCESS and PROGRAM ADMISSION PROCEDURES

1. **Apply to Western Colorado Community College** online at <http://www.coloradomesa.edu/wccc> declaring Nurse Aide as area of emphasis. If you are already a Colorado Mesa University student, you can skip this step.

2. **Complete a Background Check request online at American DataBank (Complio)–**
<http://www.wcccbackground.com>

(Western Colorado Community College>Grand Junction>CNA>College Adult Class).

Please do NOT select High School Class even if you are a high school student; that selection is only valid for concurrent tech scholar program students that pay course fees ahead of time.

3. **Complete the Nurse Aide Application and the Health Examination Form** - Page 6 must be filled out by the student and page 7 completed by your health care provider. **THEN:**

4. **Submit Proof of Vaccines/Immunization Record** – Including:

- Measles/Mumps/Rubella (MMR): *1 or 2 doses depending on indication (if born in 1957 or later).*
- Tetanus (Tdap or Td): *1 dose Tdap, then Td or Tdap booster every 10 yrs.*
- Varicella (VAR): *2 doses (if born in 1980 or later). Any student receiving a varicella vaccination should do so at least one month before beginning Nurse Aide classes. Students should not attend clinical rotations for 30 days after a varicella vaccination due to the rare possibility of contracting varicella after the immunization and exposing patients and staff at clinical.*
- Hepatitis B (HepB): *2 or 3 doses depending on vaccine.*
- TB test (Two-Step TB skin test or TB blood test) for baseline testing: *Mantoux tuberculin skin test (TST) requires 2 separate TB tests (retest in 1 to 3 weeks after first TST result is read). Using a TB blood test for baseline testing does not require two-step testing. If baseline testing was completed in the past, then a TB screen within the past year is required.*
- Influenza (flu vaccine) required if you will be attending clinical between Oct-Apr: *1 dose annually.*
- COVID-19 vaccination is recommended for clinicals *(most clinical sites are accepting waivers as an alternative; you may be tested daily at clinical sites if you are not vaccinated)*

5. **Certificate of Professional Liability Insurance** - You may apply for insurance through the National Professional Group as a Nurse Aide Student (Code 80964). The website is <http://www.nso.com>. Should you choose to go through a different company, the policy must be comprehensive general liability insurance covering bodily injury and property damage liability with minimum coverage limits of \$1,000,000 per occurrence/\$2,000,000 general total limit, and medical professional liability insurance with minimum coverage limits of \$1,000,000 per claim/\$3,000,000 annual aggregate.

6. **Return all required paperwork to (drop off or scan/email):**

Evening Class Paperwork: Kathi Arbogast (karbogast@coloradomesa.edu)

Daytime Class Paperwork: Cynthia Thomas (cthomas2@coloradomesa.edu)

Western Colorado Community College

2501 Blichmann Avenue

Office: Bishop Health Sciences Building

970-255-2616

If you are emailing your paperwork, please try to attach documents to your email in pdf or Word format by using a scanner app on your cellphone (please do not send photos unless that is your only available means).

If you have any questions about the financial aspects of the program, please reach out to Student Services at 970-255-2670. If you have any questions about the program itself, please email either Cynthia Thomas or Pam Holder for more information.

Acceptance into the Nurse Aide Program: Is contingent upon a clean background check and a completed application for the Nurse Aide program. Students must turn in the completed immunization form and all other paperwork by the first day of class. Students may be dropped from the program if paperwork is not completed by the first day of class. Enrollment into the program is on a first come first serve basis.

These classes fill up quickly and may close prior to the start of class. Do not wait until the last minute, or you may not get a seat. Your application should be turned in at least 2 weeks prior to the start date of class. To find out how many seats are left in a class, please look up the course on the CMU registration/look up classes page. Under Browse Classes, you can see how many seats remain for the class you want to take.

Nurse Aide Program Cost and Out-of-Pocket Expenses*

In-State Tuition + Student Fees (in-state WCCC Learn for Less tuition at \$197 per credit hour, 5 college credits)	\$ 985
Course Fees (covers Uniforms/Scrubs, Nametag, & CPR certification)	\$ 60
Textbook (available at CMU Bookstore; also used and rentals \$15-\$30)	\$ 50
Workbook (available at CMU Bookstore)	\$ 18
My Clinical Exchange (only if required for clinical)	\$ 39
Background Check	\$ 21
Professional Liability Insurance	\$ 35
Colorado Nurse Aide Certification Exam (NNAAP)	\$ 135
Total Estimated Cost including Out-of-Pocket Expenses	\$ 1,343

*Costs are approximate and subject to change

What makes our Nurse Aide Program unique...

- ✓ Western Colorado Community College, WCCC, is a division of Colorado Mesa University. Our Nurse Aide program is a college academic program meeting higher education standards as well as Colorado State Board of Nursing requirements; you will receive college credits for your Nurse Aide training.
- ✓ WCCC enjoys a unique relationship with some of the area's best health care leaders in our community, ensuring programs meet current needs and making employment connections for our students.
- ✓ WCCC's outstanding support team, including dedicated Student Services staff and expert faculty, provides continuous help to quickly and effectively grow your academic skills and help you pursue your passion.
- ✓ The WCCC/CMU connection enables streamlined transfer to four-year programs at Colorado Mesa University; this ultimately puts you on the path for academic achievement and career success by coupling the power of strong training at WCCC and a top-notch university.
- ✓ Classroom instruction combined with practical labs and supervised clinical experience, exceeds the state mandate for required hours of instruction. We also offer American Heart Association BLS certification as part of your coursework.

Nurse Aide Application

(970) 255-2600

www.coloradomesa.edu/wccc

Date _____

*Dates of class you are preferring to join (see cover of application): _____ 2022

Contact Information:

Full legal name _____
Last First Middle Initial Maiden Name

Date of Birth ____ / ____ / ____

CMU ID # (you receive this when you are accepted to WCCC/CMU) _____

Permanent home address: _____
City, State, Zip

Present mailing address: _____
(if different from above) City, State, Zip

Email address (please print clearly): _____

Phone number with area code: () _____ Cell: () _____

Are you pursuing Nursing, PA, OT, or PT at CMU? Yes No

Do you have any previous healthcare experience? Yes No

Briefly describe why you want to be a CNA: _____

Nurse Aide Program Health Examination Form

Name _____ Date _____
Last
First
Middle
(Maiden)

Local Address _____

Birthdate _____ CMU ID # _____

Notify in case of emergency:

<i>Name</i>	<i>Address</i>	<i>Telephone Number</i>
_____	_____	_____
_____	_____	_____

Personal History (to be completed by student):

<i>Allergies (please specify)</i>	Yes	No
Drugs _____	<input type="checkbox"/>	<input type="checkbox"/>
Foods _____	<input type="checkbox"/>	<input type="checkbox"/>
Other _____	<input type="checkbox"/>	<input type="checkbox"/>

<i>Communicable Diseases:</i>	Yes	No
Scarlet fever _____	<input type="checkbox"/>	<input type="checkbox"/>
Chicken pox _____	<input type="checkbox"/>	<input type="checkbox"/>
Malaria _____	<input type="checkbox"/>	<input type="checkbox"/>
Mononucleosis _____	<input type="checkbox"/>	<input type="checkbox"/>

<i>Surgery (please list):</i>	Date
_____	_____
_____	_____
_____	_____
_____	_____

<i>Accidents (please list):</i>	Date
_____	_____
_____	_____
_____	_____
_____	_____

<i>Health Problems:</i>	Yes	No
Eye problems	<input type="checkbox"/>	<input type="checkbox"/>
Ear, nose, throat trouble	<input type="checkbox"/>	<input type="checkbox"/>
Insomnia	<input type="checkbox"/>	<input type="checkbox"/>
Recurrent headache	<input type="checkbox"/>	<input type="checkbox"/>
Head injury w/unconsciousness	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Chest, pain/pressure	<input type="checkbox"/>	<input type="checkbox"/>
Chronic cough	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Rheumatic fever/heart murmur	<input type="checkbox"/>	<input type="checkbox"/>
Problems with muscles and joints	<input type="checkbox"/>	<input type="checkbox"/>
Back problems	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>
Stomach or intestinal problems	<input type="checkbox"/>	<input type="checkbox"/>
Gallbladder problems	<input type="checkbox"/>	<input type="checkbox"/>
Recurrent diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Hernia	<input type="checkbox"/>	<input type="checkbox"/>
Weakness, paralysis	<input type="checkbox"/>	<input type="checkbox"/>
Psychiatric problems	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis, A, B, etc.	<input type="checkbox"/>	<input type="checkbox"/>
Other _____		

(The college encourages students to obtain a vaccination for bacterial meningitis.)

Student Signature _____ Date _____

Nurse Aide Program Health Examination Form

Health Exam (to be completed by physician, PA, or nurse practitioner):

Height _____ Blood Pressure _____
 Weight _____ Pulse _____
 Visual Status, with correction:
 L = 20/ _____ R = 20/ _____
 Hearing Status:
 Normal _____ Deficits _____

Review of Systems (please check):

	Normal	Abnormal	Comments, if abnormal
1. Head, neck	<input type="checkbox"/>	<input type="checkbox"/>	_____
2. Lungs	<input type="checkbox"/>	<input type="checkbox"/>	_____
3. Heart	<input type="checkbox"/>	<input type="checkbox"/>	_____
4. Gastrointestinal	<input type="checkbox"/>	<input type="checkbox"/>	_____
5. Genitourinary	<input type="checkbox"/>	<input type="checkbox"/>	_____
6. Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	_____
7. Neurological	<input type="checkbox"/>	<input type="checkbox"/>	_____
8. Other	<input type="checkbox"/>	<input type="checkbox"/>	_____

Immunization Record (required):

Negative two-step tuberculin test (**2 separate TB screens**) or TB blood test *within the past year*.

1) Date _____ Result _____ 2) Date _____ Result _____

Diphtheria/Tetanus **within past 10 years**.

Yes Date _____
 No

Please **attach** proof of two MMR immunizations (if you were born before 1957, provide proof of a positive rubella laboratory titer):

- _____ Measles (red/rubeola), Mumps and Rubella (initial immunization received on or after 1st birthday)
- and** _____ Measles (a second immunization of rubeola/red measles)
- or** _____ Physician-diagnosed measles **and** rubella
- or** _____ Positive laboratory titer for measles **and** rubella
- or** _____ Birth date of 1957 or earlier, rubella immunity only (requires documentation of a positive rubella laboratory titer)

Please check below activity you recommend:

_____ All forms of physical activity
 _____ Activity restrictions. Please comment: _____

Summary of general health status:

Date _____ Signature _____
Examining Health Professional
 Address _____

STUDENT REQUIRED DOCUMENTATION CHECKOFF LIST

Check these off as you turn them in to the Allied Health Program Director (documents may be dropped off in person at WCCC or scanned and emailed to pholder@coloradomesa.edu)

- ___ 1. CNA Application (page 4)
- ___ 2. Background check
- ___ 3. Proof of Immunizations
 - ___ a) Measles/Mumps/Rubella
 - ___ b) Tetanus
 - ___ c) Varicella
 - ___ d) Hepatitis B
 - ___ e) 2-Step TB Skin Test (proof of two separate TB screens)
 - ___ f) Flu shot if attending clinical in October-April
- ___ 4. Health Examination Forms (page 5-6)
- ___ 5. Professional Liability Insurance

PLEASE NOTE: #1 – 5 are admission requirements and must be completed prior to attending class; you will not be able to remain in the courses until your file is deemed complete.

You will be allowed to register after we receive a completed application and a clear background check.

Please email Kathi Arbogast karbogast@coloradomesa.edu or Cindy Thomas cthomas2@coloradomesa.edu if you have any questions.



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