

Does My Project Require IRB Approval?

(Adapted from Iowa State University, Office of Research Ethics)

Step 1 – Interaction with Living Individuals

- Question: Will you, a member of your research team, or a collaborator *observe*, *interact with, or intervene with living individuals* to gather information for research purposes?
- Examples of activities:
 - Surveys, questionnaires, focus groups, interviews
 - o Physical/electronic games, experiments, or task
 - Biomedical/physical procedures (e.g., imaging, scanning, blood collection, exercise)
 - Diet or nutrition studies, taste tests
 - o Studies on teaching methods, educational strategies, curricula
 - Use of instruments, sensors, apps, or recording devices (video, screen capture, key logging, etc.)
 - Passive observation of private behavior (in physical or online environments, including social media)
 - Studies examining individuals' responses to manipulation of their environment (physical or online)
 - Any other activity that involves observation or interaction with individuals to collect research data
- If NO: Refer to IRB Decision Tree #2 for Secondary Use of Data or Non-Human Subjects guidance.
- If YES: Proceed to Step 2.

Step 2 – Is the Information 'About' Individuals?

- If NO: This is not human subjects research. IRB review/approval is NOT required.
- If YES: Proceed to Step 3.

Step 3 – Is this a Class Assignment or Project?

- If *YES*:
 - Is the sole intent of the project to meet course requirements, and results will not be used for anything beyond the class assignment?

- If YES: Not human subjects research. IRB review not required.
- If *NO*: Proceed to Step 4.
- If *NO*: Proceed to Step 4

Step 4 – Oral History, Ethnography, or Journalism?

- If *YES*:
- Will information be used to draw broad conclusions about a population, culture, or norms/practices (even if no formal hypothesis)?
 - If NO: Not human subjects research. IRB review not required
 - o If YES: Proceed to Step 6.
- If NO: Proceed to Step 5.

Step 5 – Quality Assurance/Quality Improvement (QA/QI) or Organization Effectiveness Study?

- If *YES*:
- Is there intent to generalize outcomes for other organizations, programs, or services?
 - o If NO: Not human subjects research. IRB review not required
 - o If YES: Proceed to Step 6.
- If NO: Proceed to Step 6.

Step 6 – Determination of Human Subjects Research

- If you answered YES in previous steps:
 - This project involves research with human subjects.
 - IRB approval OR a determination of exemption is required before starting the study.
 - Questions? Contact irb@coloradomesa.edu

Additional Notes

- 1. If no interaction with living individuals occurs, your project may involve secondary use of information or specimens.
- 2. Information about people includes their behaviors, attitudes, opinions, personal characteristics, demographics, decisions, reactions, biological specimens, and physiological responses.

- 3. Data limited to factual information (not opinions or attitudes) about products, methods, policies, procedures, or organizations may not qualify as human subjects research.
- 4. The CMU IRB reviews all projects involving human participants.
- 5. If results may be shared outside the classroom (e.g., publication, conference, thesis), the project may require IRB approval.
- 6. QA/QI studies specific to one organization, program, or service may not need IRB review unless intended to be generalized.
- 7. Published materials limited to specific events, policies, or institutions without intent to generalize may not need IRB approval.