*EXAMPLE: STUDENT LEARNING CONTRACT*

Student Name:

Agency Supervisor / Agency:

**Micro Goal:** Complete a(n) \_\_\_\_\_\_\_\_\_\_\_\_\_assessment with \_\_\_\_\_\_\_\_\_\_\_\_ patients using evidence-based interventions.

**Strategy 1**: Become familiar with the assessment process through form reviews, chart reviews, and discussion on how to administer the assessment.

**Strategy 2**: Observe a social worker during an assessment with appropriate evidenced based interventions. Then review in supervision which modalities were used and why. Discuss and analyze evidenced based interventions that would be effective to a current client and why, as you prepare to lead an intervention under supervision.

**Strategy 3**: Co facilitate an assessment with a supervisor. Use evidence-based interventions during this assessment and intervention. Intervention should be discussed with supervisor, prepared, and planned prior to intervention. Supervisor will assist if/as needed during this assessment and intervention.

**Strategy 4**: Lead and assessment and intervention, with supervisor observing. Use evidenced based interventions. Discuss the outcome with your supervisor for immediate feedback and any additional actions that need to be taken. This should be an independent intervention.

**Method of Evaluation: MUST BE MEASUREABLE:**

To complete this goal, I will discuss and practice each strategy with the agency supervisor. The agency supervisor will evaluate my ability to move to the next strategy during supervision. The agency supervisor will shadow me as I co-facilitate and then lead an intervention to provide immediate feedback and support. Each core competencies will be discussed and analyzed during supervision. I will be evaluated on my core competencies at the end of each semester.

**Mezzo Goal**: Facilitate a \_\_\_\_\_\_\_\_\_\_\_\_\_ group on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Strategy 1**: Become familiar with the group interventions through reviewing group materials, shadowing, and discussing group intervention modalities during supervision.

**Strategy 2**: Observe a social worker run a psychoeducation or therapeutic group intervention and then review in supervision which modalities were used and why. Discuss and analyze evidenced based practices interventions used during the group facilitation.

**Strategy 3**: Prep and prepare to co-facilitate a group with an agency supervisor or approved colleague. Group interventions and experience should be discussed with supervisor. Supervisor and/or approved colleague will assist if/as needed during this intervention to ensure best practices are met.

**Strategy 4:** Facilitate an independent group intervention. Discuss the outcome of your group with your supervisor for immediate feedback and any additional actions that need to be taken. This should be an independent intervention with support.

**Method of Evaluation: MUST BE MEASUREABLE**

I will have my practice supervisor and my co-facilitator observe me in learning how to lead a group. I will be observed and evaluate during facilitating or co-facilitations. I will follow the core competencies and practice behaviors. The agency supervisor and the co-facilitator will then give me feedback on my progress with facilitating or co-facilitating a group to ensure continued growth and development. I will be evaluated on my core competencies at the end of each semester.

**Macro Goal:** I will be an active board member on a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Strategy 1: Discuss with my agency supervisor which community board engages with multidisciplinary and multiagency engagement to ensure a macro perspective.

Strategy 2: Read policy and procedures associated with the identified board. Read the MOU of the board to ensure greater understanding of the implementation and action plan of the board.

Strategy 3: Will attend the monthly board meeting for exposure to policy, procedures, and community engagement to better serve Mesa County.

Strategy 4: Will effectively communicate an agency perspective to the board. This will be done with the agency supervisor or approved colleague to ensure compliance with NASW Code of Ethics and policies of the agency.

**Method of Evaluation: Must be MEASUREABLE**

The agency supervisor will assist with identifying a multidisciplinary board to engage with this semester. During supervision discuss the policy and procedures of the board and how this impacts the ecological theory of social work. The agency supervisor will evaluate my ability to effectively communicate and will prepare me for strategy 4, independent practice of effective communication with the board.

I will follow all of the core competencies and practice behaviors to make sure that I am successful while achieving my macro goal. I will receive feedback form my agency supervisor on how I am doing during the process so that I can continue to develop for the next meeting. I will be evaluated on my core competencies at the end of each semester.

**Application of All Core Competencies and Practice Behaviors align to the Goals Above:**

**Competency 1: Demonstrate Ethical and Professional Behavior**

Make ethical decisions by applying the standards of the National Association of Social Workers Code of Ethics, relevant laws and regulations, models for ethical decision making, ethical conduct of research, and additional codes of ethics within the profession as appropriate to the context.

Demonstrate professional behavior; appearance; and oral, written, and electronic communication.

Use technology ethically and appropriately to facilitate practice outcomes; and

Use supervision and consultation to guide professional judgment and behavior.

**Competency 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice**

Advocate for human rights at the individual and system levels; and

Engage in practices that advance human rights to promote social, racial, economic, and

environmental justice.

**Competency 3: Engage Anti-racism, Diversity, Equity, and Inclusion in Practice**

1. Demonstrate anti-racist and anti-oppressive social work practice at the individual, family, group, organizational, community, research, and policy levels; and
2. Demonstrate cultural humility by applying critical reflection, self-awareness, and self-regulation to manage the influence of bias, power, privilege, and values in working with clients and constituencies, acknowledging them as experts of their own lived experiences.

**Competency 4: Engage Practice-informed Research and Research-informed Practice**

Apply research findings to inform and improve practice, policy, and programs; and

Identify ethical, culturally informed, anti-racist, and anti-oppressive strategies that address inherent biases for use in quantitative and qualitative research methods to advance the purposes of social work.

**Competency 5: Engage in Policy Practice**

Use social justice, anti-racist, and anti-oppressive lenses to assess how social welfare policies affect the delivery of and access to social services; and

Apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, racial, economic, and environmental justice.

**Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities**

Apply knowledge of human behavior and person-in-environment, as well as interprofessional conceptual frameworks to engage with clients and constituencies; and

Use empathy, reflection, and interpersonal skills to engage in culturally responsive practice with clients and constituencies.

**Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities**

Apply knowledge of human behavior and person-in-environment and other culturally responsive interprofessional theoretical frameworks when assessing clients and constituencies; and

Demonstrate respect for client self-determination during the assessment process by collaborating with clients and constituencies in developing mutually agreed-on goals.

**Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities**

Engage with clients and constituencies to critically choose and implement culturally responsive, evidenced-informed interventions to achieve mutually agreed-on plans and increase the capacities of clients and constituencies; and

Incorporate culturally responsive methods to negotiate, mediate, and advocate, with and on behalf of clients and constituencies.

**Competency 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities**

Select and use culturally responsive methods for evaluation of outcomes; and

Critically analyze outcomes and apply evaluation findings to improve practice effectiveness with individuals, families, groups, organizations, and communities.

**Required Signature: AGENCY / SITE SUPERVISOR**

Agency / Organization:

Agency Supervisor:

Agency Supervisor Title / Credentials:

Agency Supervisor Email:

Agency Supervisor Signature:

**Required Signature: DIRECTOR PRACTICE EDUCATION / SOCIAL WORK FACULTY**

Social Work Faculty:

Social Work Faculty Email:

Social Work Faculty Signature:

**Required Signature: MASTER OF SOCIAL WORK STUDENT**

Student Name:

Student phone number:

Student email:

Student Signature: