

STUDENT LEARNING OUTCOMES / CONTRACT

Student Name: Sophia Ahmed

Agency Supervisor / Agency: Elementary School

Micro Goal: I will engage, assess and complete psycho-social educational interventions with a minimum of 3-5 clients

Strategy 1: Become familiar with the assessment / individual intervention process through chart reviews, shadowing and discussing intervention modalities during supervision.

Strategy 2: Observe a social worker during an assessment / individual intervention and then review in supervision which modalities were used and why. Discuss and analyze evidenced based interventions that would be effective to a current client and why, as you prepare to lead an intervention under supervision.

Strategy 3: Lead an assessment / individual intervention, under supervision, with elementary age children. Intervention should be discussed with supervisor, prepared, and planned prior to intervention. Supervisor will assist if/as needed during this intervention.

Strategy 4: Facilitate an individual intervention with elementary age children using evidenced based interventions. Discuss the outcome with your supervisor for immediate feedback and any additional actions that need to be taken. This should be an independent intervention.

Method of Evaluation: MUST BE MEASUREABLE: To complete this goal, I will discuss and practice each strategy with the agency supervisor. The agency supervisor will evaluate my ability to move to the next strategy during supervision. The agency supervisor will shadow me as I lead an intervention to provide immediate feedback and support. When deemed appropriate, I will lead an independent intervention and provide a case presentation to the agency supervisor for feedback, support, and growth. Core competencies will be discussed and analyzed during supervision.

Core Competency 1: Demonstrate Ethical and Professional Behavior

a. make ethical decisions by applying the standards of the National Association of Social Workers Code of Ethics, relevant laws and regulations, models for ethical decision making, ethical conduct of research, and additional codes of ethics within the profession as appropriate to the context;

b. demonstrate professional behavior; appearance; and oral, written, and electronic communication;

c. use technology ethically and appropriately to facilitate practice outcomes; and

- d. use supervision and consultation to guide professional judgment and behavior.

Core Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities

- a. apply knowledge of human behavior and person-in-environment, as well as interprofessional conceptual frameworks, to engage with clients and constituencies; and
- b. use empathy, reflection, and interpersonal skills to engage in culturally responsive practice with clients and constituencies.

Core Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities

- a. apply theories of human behavior and person-in-environment, as well as other culturally responsive and interprofessional conceptual frameworks, when assessing clients and constituencies; and
- b. demonstrate respect for client self-determination during the assessment process by collaborating with clients and constituencies in developing a mutually agreed-upon plan.

Core Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities

- a. engage with clients and constituencies to critically choose and implement culturally responsive, evidence-informed interventions to achieve client and constituency goals; and
- b. incorporate culturally responsive methods to negotiate, mediate, and advocate with and on behalf of clients and constituencies.

Mezzo Goal: Facilitate a psychoeducation group on coping skills

Strategy 1: Become familiar with the group interventions through reviewing group materials, shadowing, and discussing group intervention modalities during supervision.

Strategy 2: Observe a social worker run a group discussion or therapeutic group intervention and then review in supervision which modalities were used and why. Discuss and analyze evidenced based practices interventions used during the group facilitation.

Strategy 3: Prep and prepare to co-facilitate a group with an agency supervisor or approved colleague. Group interventions and experience should be discussed with supervisor. Supervisor

and/or approved colleague will assist if/as needed during this intervention to ensure best practices are met.

Strategy 4: Facilitate a group intervention. Discuss the outcome of your group with your supervisor for immediate feedback and any additional actions that need to be taken. This should be an independent intervention with support.

Method of Evaluation: MUST BE MEASURABLE

I will have my site supervisor and/or my co-facilitator observe me in learning how to lead a group. I will then have them observe and evaluate me facilitating or co-facilitating one of the groups. I will do this by following the core competencies and practice behaviors. The agency supervisor and the co-facilitator will then give me feedback on my progress with facilitating or co-facilitating a group to ensure continued growth and development.

Core Competency 3: Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice

- a. demonstrate anti-racist and anti-oppressive social work practice at the individual, family, group, organizational, community, research, and policy levels; and**
- b. demonstrate cultural humility by applying critical reflection, self-awareness, and self regulation to manage the influence of bias, power, privilege, and values in working with clients and constituencies, acknowledging them as experts of their own lived experiences.**

Core competency 4 Engage in Practice-Informed Research and Research-Informed Practice

- a. apply research findings to inform and improve practice, policy, and programs; and**
- b. identify ethical, culturally informed, anti-racist, and anti-oppressive strategies that address inherent biases for use in quantitative and qualitative research methods to advance the purposes of social work.**

Core Competency 9 Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

- a. select and use culturally responsive methods for evaluation of outcomes; and**
- b. critically analyze outcomes and apply evaluation findings to improve practice effectiveness with individuals, families, groups, organizations, and communities**

Macro Goal: I will attend and engage at organizational level meetings (D51 School Board) at a minimum of 3 times throughout the semester and write a report to my supervisor analyzing and connecting 2-3 policies that impact service delivery to clients.

Strategy 1: Discuss with my agency supervisor which meeting to ensure a macro perspective.

Strategy 2: Read policy and procedures associated with agency and the identified meetings to ensure greater understanding of the implementation and action plan of the board.

Strategy 3: Will attend the meetings for exposure to policy, procedures, and community engagement

Strategy 4: Will effectively write a policy perspective to supervisor which can be shared with relevant staff.

Method of Evaluation: The agency supervisor will assist with identifying a board to engage with this semester. During supervision discuss the policy and procedures of the board and how this impacts the ecological theory of social work. The agency supervisor will evaluate my ability to effectively communicate and will prepare me for strategy 4, independent practice of effective communication at the meeting.

I will follow all of the core competencies and practice behaviors to make sure that I am successful while achieving my macro goal. I will receive feedback from my agency supervisor on how I am doing during the process so that I can continue to develop for the meeting.

Core Competency 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice

- a. advocate for human rights at the individual, family, group, organizational, and community system levels; and**
- b. engage in practices that advance human rights to promote social, racial, economic, and environmental justice.**

Core Competency 5: Engage in Policy Practice

- a. use social justice, anti-racist, and anti-oppressive lenses to assess how social welfare policies affect the delivery of and access to social services; and**
- b. apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, racial, economic, and environmental justice.**