*STUDENT LEARNING OUTOCOMES / CONTRACT*

Student Name:

Agency Supervisor / Agency:

**Micro Goal:** Complete an assessment / intervention with palliative care patients.

Strategy 1: Become familiar with the assessment / individual intervention process through chart reviews, shadowing, and discussing intervention modalities during supervision.

Strategy 2: Observe a social worker during an assessment / individual intervention and then review in supervision which modalities were used and why. Discuss and analyze evidenced based interventions that would be effective to a current client and why, as you prepare to lead an intervention under supervision.

Strategy 3: Lead an assessment / individual intervention, under supervision, with a palliative care patient. Intervention should be discussed with supervisor, prepared, and planned prior to intervention. Supervisor will assist if/as needed during this intervention.

Strategy 4: Facilitate an individual intervention with palliative care patients using evidenced based interventions. Discuss the outcome with your supervisor for immediate feedback and any additional actions that need to be taken. This should be an independent intervention.

**ASSOCIATED CORE COMPETENCY / PRACTICE BEHAVIOR:**

**Core Competence 1: Demonstrate Ethical and Professional Behavior**

* make ethical decisions by applying the standards of the NASW Code of Ethics, relevant laws and regulations, models for ethical decision-making, ethical conduct of research, and additional codes of ethics as appropriate to context
* use reflection and self-regulation to manage personal values and maintain professionalism in practice situations
* demonstrate professional demeanor in behavior; appearance; and oral, written, and electronic communication;
* use technology ethically and appropriately to facilitate practice outcomes
* use supervision and consultation to guide professional judgment and behavior.

**Core Competency 2: Engage Diversity and Difference in Practice**

* apply and communicate understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels
* present themselves as learners and engage clients and constituencies as experts of their own experiences
* apply self-awareness and self-regulation to manage the influence of personal biases and values in working with diverse clients and constituencies

**Core Competency 3: Advance Human Rights and Social, Economic, and Environmental Justice**

* apply their understanding of social, economic, and environmental justice to advocate for human rights at the individual and system levels
* engage in practices that advance social, economic, and environmental justice

**Core Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities**

* apply knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks to engage with clients and constituencies
* use empathy, reflection, and interpersonal skills to effectively engage diverse clients and constituencies

**Core Competency 7: Assess Individuals, Families**

* collect and organize data, and apply critical thinking to interpret information from clients and constituencies
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in the analysis of assessment data from clients and constituencies
* develop mutually agreed-on intervention goals and objectives based on the critical assessment of strengths, needs, and challenges within clients and constituencies
* select appropriate intervention strategies based on the assessment, research knowledge, and values and preferences of clients and constituencies

**Core Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities**

* critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in interventions with clients and constituencies
* use inter-professional collaboration as appropriate to achieve beneficial practice outcomes
* negotiate, mediate, and advocate with and on behalf of diverse clients and constituencies
* facilitate effective transitions and endings that advance mutually agreed-on goals

**Competency 9: Evaluate Practice - Individuals, Families, Groups, Organizations, and Communities**

* select and use appropriate methods for evaluation of outcomes
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in the evaluation of outcomes
* critically analyze, monitor, and evaluate intervention and program processes and outcomes
* apply evaluation findings to improve practice effectiveness at the micro, mezzo, and macro levels

**Method of Evaluation: MUST BE MEASUREABLE:**

To complete this goal, I will discuss and practice each strategy with the agency supervisor. The agency supervisor will evaluate my ability to move to the next strategy during supervision. The agency supervisor will shadow me as I lead an intervention to provide immediate feedback and support. When deemed appropriate, I will lead an independent intervention and provide a case presentation to the agency supervisor for feedback, support, and growth. Each core competencies will be discussed and analyzed during supervision.

**Mezzo Goal**: Facilitate a psychoeducation group on coping skills

Strategy 1: Become familiar with the group interventions through reviewing group materials, shadowing, and discussing group intervention modalities during supervision.

Strategy 2: Observe a social worker run a psychoeducation or therapeutic group intervention and then review in supervision which modalities were used and why. Discuss and analyze evidenced based practices interventions used during the group facilitation.

Strategy 3: Prep and prepare to co-facilitate a group with an agency supervisor or approved colleague. Group interventions and experience should be discussed with supervisor. Supervisor and/or approved colleague will assist if/as needed during this intervention to ensure best practices are met.

Strategy 4: Facilitate a group intervention. Discuss the outcome of your group with your supervisor for immediate feedback and any additional actions that need to be taken. This should be an independent intervention with support.

**ASSOCIATED CORE COMPETENCY / PRACTICE BEHAVIORS**:

**Core Competence 1: Demonstrate Ethical and Professional Behavior**

* make ethical decisions by applying the standards of the NASW Code of Ethics, relevant laws and regulations, models for ethical decision-making, ethical conduct of research, and additional codes of ethics as appropriate to context
* use reflection and self-regulation to manage personal values and maintain professionalism in practice situations
* demonstrate professional demeanor in behavior; appearance; and oral, written, and electronic communication
* use technology ethically and appropriately to facilitate practice outcomes
* use supervision and consultation to guide professional judgment and behavior

**Core Competency 2: Engage Diversity and Difference in Practice**

* apply and communicate understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels
* present themselves as learners and engage clients and constituencies as experts of their own experiences
* apply self-awareness and self-regulation to manage the influence of personal biases and values in working with diverse clients and constituencies.

**Core Competency 3: Advance Human Rights and Social, Economic, and Environmental Justice**

* apply their understanding of social, economic, and environmental justice to advocate for human rights at the individual and system levels
* engage in practices that advance social, economic, and environmental justice.

**Core Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities**

* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks to engage with clients and constituencies
* use empathy, reflection, and interpersonal skills to effectively engage diverse clients and constituencies.

**Core Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities**

* collect and organize data, and apply critical thinking to interpret information from clients and constituencies
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in the analysis of assessment data from clients and constituencies
* develop mutually agreed-on intervention goals and objectives based on the critical assessment of strengths, needs, and challenges within clients and constituencies
* select appropriate intervention strategies based on the assessment, research knowledge, and values and preferences of clients and constituencies.

**Core Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities**

* critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in interventions with clients and constituencies
* use inter-professional collaboration as appropriate to achieve beneficial practice outcomes
* negotiate, mediate, and advocate with and on behalf of diverse clients and constituencies
* facilitate effective transitions and endings that advance mutually agreed-on goals

**Competency 9: Evaluate Practice- Individuals, Families, Groups, Organizations, and Communities**

* select and use appropriate methods for evaluation of outcomes
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in the evaluation of outcomes
* critically analyze, monitor, and evaluate intervention and program processes and outcomes
* apply evaluation findings to improve practice effectiveness at the micro, mezzo, and macro levels.

**Method of Evaluation: MUST BE MEASUREABLE**

I will have my field supervisor and my co-facilitator observe me in learning how to lead a group. I will then have them observe and evaluate me facilitating or co-facilitating one of the groups. I will do this by following the core competencies and practice behaviors. The agency supervisor and the co-facilitator will then give me feedback on my progress with facilitating or co-facilitating a group to ensure continued growth and development.

**Macro Goal:** I will be an active board member on a multidisciplinary and multiagency treatment team in Mesa County.

Strategy 1: Discuss with my agency supervisor which community board engages with multidisciplinary and multiagency engagement to ensure a macro perspective.

Strategy 2: Read policy and procedures associated with the identified board. Read the MOU of the board to ensure greater understanding of the implementation and action plan of the board.

Strategy 3: Will attend the monthly board meeting for exposure to policy, procedures, and community engagement to better serve Mesa County.

Strategy 4: Will effectively communicate an agency perspective to the board. This will be done with the agency supervisor or approved colleague to ensure compliance with NASW Code of Ethics and policies of the agency.

**ASSOCIATED CORE COMPETENCY / PRACTICE BEHAVIORS:**

**Core Competency 3: Advance Human Rights and Social, Economic, and Environmental Justice**

* apply their understanding of social, economic, and environmental justice to advocate for human rights at the individual and system levels
* engage in practices that advance social, economic, and environmental justice.

**Core Competency 4: Engage In Practice-informed Research and Research-informed Practice**

* use practice experience and theory to inform scientific inquiry and research
* apply critical thinking to engage in analysis of quantitative and qualitative research methods and research findings
* use and translate research evidence to inform and improve practice, policy, and service delivery.

**Core Competency 5: Engage in Policy Practice**

* Identify social policy at the local, state, and federal level that impacts well-being, service delivery, and access to social services
* assess how social welfare and economic policies impact the delivery of and access to social services
* apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, economic, and environmental justice.

**Core Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities**

* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks to engage with clients and constituencies
* use empathy, reflection, and interpersonal skills to effectively engage diverse clients and constituencies.

**Core Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities**

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* develop mutually agreed-on intervention goals and objectives based on the critical assessment of strengths, needs, and challenges within clients and constituencies
* select appropriate intervention strategies based on the assessment, research knowledge, and values and preferences of clients and constituencies.

**Core Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities**

* critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in interventions with clients and constituencies
* use inter-professional collaboration as appropriate to achieve beneficial practice outcomes
* negotiate, mediate, and advocate with and on behalf of diverse clients and constituencies
* facilitate effective transitions and endings that advance mutually agreed-on goals

**Competency 9: Evaluate Practice- Individuals, Families, Groups, Organizations, and Communities**

* select and use appropriate methods for evaluation of outcomes
* apply knowledge of human behavior and the social environment, person-in environment, and other multidisciplinary theoretical frameworks in the evaluation of outcomes
* critically analyze, monitor, and evaluate intervention and program processes and outcomes
* apply evaluation findings to improve practice effectiveness at the micro, mezzo, and macro levels

**Method of Evaluation: Must be MEASUREABLE**

The agency supervisor will assist with identifying a multidisciplinary board to engage with this semester. During supervision discuss the policy and procedures of the board and how this impacts the ecological theory of social work. The agency supervisor will evaluate my ability to effectively communicate and will prepare me for strategy 4, independent practice of effective communication with the board.

I will follow all of the core competencies and practice behaviors to make sure that I am successful while achieving my macro goal. I will receive feedback form my agency supervisor on how I am doing during the process so that I can continue to develop for the next meeting.