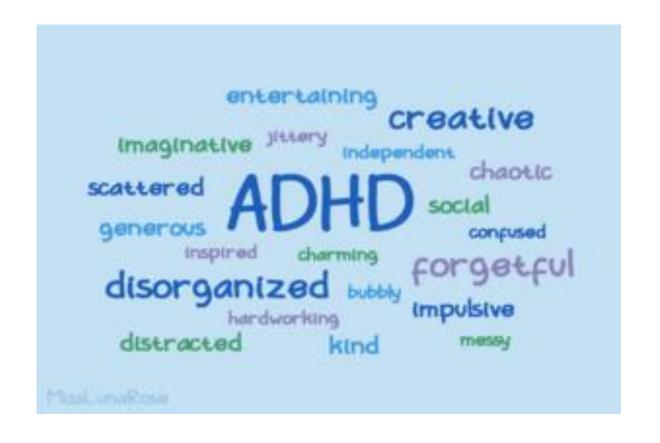


# Attention Deficit Hyperactive Disorder

ADHD by megan miller



## What is ADHD?

- "A condition, usually in children, characterized by inattention, hyperactivity, and impulsiveness."
- One of the most common disorders found among children.
- A condition that involves problems with inattention and hyperactivityimpulsivity.

### Activity

 You have a student that is asking to get up and go to the bathroom multiple times a day. The student is also leaving their desk or the group to play with things in the classroom. The student cannot summarize a story that was just read to them and cannot answer questions about a book that he has been reading for a week. The student is continually interrupting you as the teacher during instruction time. What can you, as the teacher, do to help this student focus on his school work?

#### Common Behaviors



- Have difficulty maintaining attention
- Exhibit excessive motor movement
- Have difficulty adjusting behavior to situational demands
- Appear fidgety
- Have difficulty staying seated or being quiet.
- Blurting
- Often lack fine motor control
- Etc.

#### More information

- If a student has these behaviors they do not necessarily have ADHD.
- 1/3 of children with ADHD have learning disabilities.
- The cause is unknown but researchers suspect that the cause of ADHD is genetic or biological. But the student's environment helps with specific behaviors.



#### How to identify ADHD

- The behavior must occur more frequently in the student than in other students at the same age.
- The symptoms must be present for at least 6 months before diagnosed.
- The symptoms must have a negative impact on the student's academic or social life.
- The symptoms must be present in multiple settings.
- Very difficult to identify in Preschoolers.

#### How teachers can identify ADHD

- Student becomes easily distracted. An example would be failing to finish assignments on time.
- Student fidgets, gets out of assigned seat, running around classroom, or hitting another student.
- Student blurts out answers or interrupts teacher or other students.
- Student can have severe aggression or may have disruptive behavior.

### My student

- Jacob
- Had Jacob in Preschool Sunday school and in 3<sup>rd</sup>-5<sup>th</sup> Sunday School.
- Was hard to identify if he had ADHD in Preschool Sunday School.
- Jacob's home life: Stays with his grandparents most of the time but stays with his mom every other weekend. When he stays with his mom he does not take his medication.
- I wanted to learn more about ADHD because I wanted to learn how to help students with ADHD like Jacob.

### How can we help?

#### Seating

- Seat the student away from windows and away from the door.
- Could put the student right in front of your desk but that may also be a distraction.
- Set up seats in rows.
- Have a quiet area

#### Information delivery

- \* Give instructions one at a time
- Work on most difficult material early in the day.
- Visuals!
- Have outlines for note-taking

### More helpful hints

#### Student work

- Create worksheets and tests with fewer questions.
- Give short quizzes that are not timed.
- Test students with ADHD in the way that is the best for them.
- Accept late work and give some credit for work that is not completed.

#### Organization

- Provide the student with a big binder to put all of their papers in and have the binder sectioned for each subject. (For the older grades)
- Make sure the student has something to tell them when assignments are due and other important dates.

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