### Smoothies

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>$5.00</td>
</tr>
<tr>
<td>Large</td>
<td>$6.00</td>
</tr>
</tbody>
</table>

- **Energizer**
  - peach/mango juice, mango, peach, pineapple, raspberry
- **Immune Boost**
  - peach/mango juice, banana, strawberry, pineapple, peach
- **Lean Machine**
  - pomegrante/blueberry juice, blueberry, banana, mango, yogurt, honey, chia seeds
- **Antioxidant Boost**
  - pomegrante/blueberry juice, strawberry, raspberry, blueberry, banana
- **Green Machine**
  - almond milk, pineapple, peach, banana, spinach, chia seeds

### Protein Shakes

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
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</tr>
<tr>
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<td>$7.50</td>
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</tbody>
</table>

- **Banana Berry**
  - apple juice, strawberry, banana, yogurt, vanilla protein
- **Mav Muscle**
  - almond milk, blueberry, banana, spinach, peanut butter, vanilla protein
- **Chunky Monkey**
  - almond milk, banana, yogurt, peanut butter, chocolate, vanilla protein
- **Mocha Freeze**
  - almond milk, banana, cappuccino, chocolate, yogurt, vanilla protein

### Add Ons

- **Protein Powder**
  - $1.50
  - *all protein shakes include one scoop*
- **Fruit**
  - banana, peach, mango, pineapple
- **Other**
  - yogurt, spinach, honey, chia seeds

### Snacks

- **Chips**
  - $1.00
- **Banana**
  - $1.00
- **Clif Bar**
  - $2.00
- **Trail Mix**
  - $1.00
- **Fruit Snacks**
  - $1.00
- **Complete Cookie**
  - $2.50

### Other Drinks

- **Bottled Water**
  - $2.00
- **Powerade**
  - $2.35
- **BodyArmor**
  - $2.35
- **Reign Fuel**
  - $3.00

### J.J. Hours

- **Monday - Thursday**
  - 11:00 a.m. - 8:00 p.m.
- **Friday**
  - 11:00 a.m. - 2:00 p.m.