# A Cautionary Tale: The Great Gatsby

As contender for the title "The Great American Novel" and a book you probably already read once upon a time, The Great Gatsby is worthy of a second look. We will explore the nuances of this seemingly simplistic love story, the American Dream, and other themes of the Roaring Twenties as exemplified by F. Scott Fitzgerald.

Students will need a personal copy of The Great Gatsby by F. Scott Fitzgerald. For those purchasing a new copy, you will find it helpful to use the ISBN 068416325X for discussion purposes. (Class limit: 25)

Mon 10/2/17, 10: 00am-12: 00pm Fri 10/6/17, 10: 00am-12: 00pm Mon 10/9/17, 10: 00am-12: 00pm

Unitarian Universalist Church 536 Ouray Avenue Grand Jct, CO 81501 Linda Malesich

Ordinary bibliophile, literary vagabond, and former secondary English teacher.

#### Air Force Museum Tour and Talk

The Air Force Museum at the Rocky Mountain Wing in Grand Junction honors the history of WWII, Korea and Vietnam. The Wing is one of many Commemorative Air Force units across the United States. The Grand Junction location not only has countless fascinating displays, but also has two operating WWII aircraft on site, the Avenger Navy torpedo bomber, largest WWII airplane, and the Piper J3 Cub, the smallest. (The museum is on gated airport property. Someone is scheduled to meet you at the gate to let you in, but if no one is there when you arrive, please call the following number on your cell phone to have someone open the gate: 256-0693)

Class on Wednesday, Oct 4, 2017 (Class limit: 15): Wed 10/4/17, 10:00-11:30am

780 Heritage Way (at the airport) Grand Jct, CO 81506

- OR -

Class on Wednesday, Oct 11, 2017 (Class limit: 15): Wed 10/11/17, 10:00-11:30am

780 Heritage Way (at the airport) Grand Junction, CO 81506

- OR -

Class on Wednesday, Oct 18, 2017 (Class limit: 15): Wed 10/18/17, 10:00-11:30am

780 Heritage Way (at the airport) Grand Junction, CO 81506

- OR -

Class on Wednesday, Oct 25, 2017 (Class limit: 15): Wed 10/25/17, 10:00-11:30am

780 Heritage Way (at the airport) Grand Junction, CO 81506 Dorothy Dutton



Dorothy Dutton has been a member of the CAF for 28 years and the Rocky Mountain Wing for 27 years. For many years now, giving tours at the Grand Junction Air Force Museum has been the main focus of her time.

### Alpacas - From Animal to Finished Textile

Alpaca expert, Mike McDermott, has led thousands of all ages on this interactive and educational tour, sharing his passion. With over 50 alpacas, Mike does it all, from breeding and raising them to shearing, and processing the fiber into yarn. Experience the alpacas up close and personal, learn interesting facts and tour the fiber mill.

Class on Tuesday, Oct 10, 2017 (Class limit: 25):

Tue 10/10/17, 10:00-11:30am

Suncrest Orchard Alpacas (East Orchard Mesa) 3608 E-1/4 Road Palisade, CO 81526

- OR -

Class on Tuesday, Oct 24, 2017 (Class limit: 25): Tue 10/24/17, 10:00-11:30am

Suncrest Orchard Alpacas (East Orchard Mesa) 3608 E-1/4 Road Palisade, CO 81526 Mike McDermott



Owner and operator of Suncrest Orchard Alpacas for 12 years

### An Intergenerational Class: The American Dream, Then and Now

To many, the American Dream epitomizes the ideals of the United States. But the American Dream means different things to different people, and is not without a dark side. In this class, we'll bring together students from different generations – from CMU and from New Dimensions – to discuss the American Dream and its various consequences. (Class limit: 40)

Tue 11/7/17, 2:00-3:30pm

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501 Brenda Wilhelm, PhD



Professor of Sociology, Colorado Mesa University

### Art on the Corner Walking Tour

Join artist and art professor, Don Meyers, on an educational walking tour of Art on the Corner, Grand Junction's permanent art collection. Many new pieces will be installed on October 7th. Learn about sculpture materials and processes, visual art form, and the interpretation, appreciation and evaluation of art. Meet on Main Street in front of the Avalon Theatre.

Class on Thursday, Oct 12, 2017 (Class limit: 15):

Thu 10/12/17, 10:00-11:30am

7th and Main Street (in front of the Avalon Theatre) Grand Junction, CO 81501

- OR -

Class on Friday, Oct 13, 2017 (Class limit: 15): Fri 10/13/17, 10: 00-11: 30am

7th and Main Street (in front of the Avalon Theatre) Grand Junction, CO 81501 Don Meyers



Emeritus Professor of Art at CMU, (taught 28 years full time and 12 years part time). Still a working artist.

#### Automotive 101 for Women!

In a "no grease" environment, this course is designed for any woman who wants a simple understanding of automobile operation and maintenance. We will discuss important ways to save you money and steer you clear of repair sales pressure. First hour is classroom style, second hour is "hands on" outside with an automobile. (Class limit: 20)

Mon 10/2/17, 1:00-3:00pm

First Presbyterian Church 3940 27-1/2 Road Grand Junction, CO 81506 Ted Boothroyd



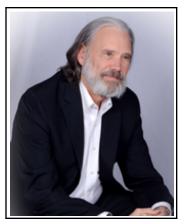
Ted is a retired public safety professional. His passions are planes, trucks and automobiles. When not busy with wheels, Ted is a published author and instructor of a variety of topics.

# Baseball as a Metaphor for Life

Not only is baseball our American pastime, it is also a wonderfully rich window into our very lives. We will use poetry, music, song, literature, photo, film, and story to help us unpack these larger truths as the annual Fall Classic once again unfolds in October. Bring your own popcorn. Three sessions. (Class limit: 30)

Thu 10/5/17, 6:30-7:30pm Thu 10/12/17, 6:30-7:30pm Thu 10/19/17, 6:30-7:30pm

CMU Escalante Hall Room 216 Rick MacArthur



History of Painting, Sculpture, and Architecture – St. Edwards University, Austin, TX (2002-2011). Player, coach, card collector, movie buff, and frustrated Mets fan since '62.

#### Basics of Buddhism

Buddhism is a religion and philosophy largely based on the teachings attributed to Siddartha Gautama (later known as the Buddha, meaning "the Awakened One"). It originated in Northern India over 2500 years ago. It has become a major world religion with over 495 million followers worldwide. The purpose of this class is to provide a brief introduction to Buddhist history, ideas, and practices. Buddhism is ultimately about the transformation of the mind through the practice of meditation.

Class starting on Monday, Oct 9, 2017 (Class limit: 20):

Mon 10/9/17, 10: 00-11: 30am Wed 10/11/17, 10: 00-11: 30am Fri 10/13/17, 10: 00-11: 30am

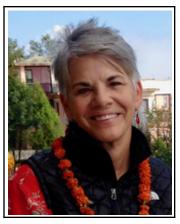
Koinonia Church 730 25 Road Grand Junction, CO 81505

- OR -

Class starting on Monday, Oct 30, 2017 (Class limit: 20):

Mon 10/30/17, 10: 00-11: 30am Wed 11/1/17, 10: 00-11: 30am Fri 11/3/17, 10: 00-11: 30am

Koinonia Church 730 25 Road Grand Junction, CO 81505 Anne Saunders



Anne became interested in Buddhism in college after taking a class in Eastern Religions. She became a serious practitioner about 25 years ago. For the past twelve years she has studied with Dr. Reginald Ray, a student of Chogyam Trungpa Rinpoche.

# Beginning American Style Mah Jongg

An introduction to the game and rules will be discussed. By the end of the course, participants will be able to build on their knowledge of the game. It is imperative that participants commit to being present for all four sessions. Participants will be expected to purchase the 2017 card of Mah Jongg hands. (Class limit: 16)

Tue 10/10/17, 2:00-3:00pm Tue 10/17/17, 2:00-3:00pm Tue 10/24/17, 2:00-3:00pm Tue 11/7/17, 2:00-3:00pm

Koinonia Church 730 25 Road Grand Junction, CO 81505 Kim Sutherland

Kim is an experienced player and instructor of Mah Jongg.

# Beginning Bridge

Come and learn how to play the most exciting and challenging card game. This class is for those who might not know the difference between a slam and a no-trump. For those who haven't played and want to learn. (Class limit: 12)

Thu 10/5/17, 10: 00am-12: 00pm Thu 10/12/17, 10: 00am-12: 00pm Thu 10/19/17, 10: 00am-12: 00pm Thu 10/26/17, 10: 00am-12: 00pm Thu 11/2/17, 10: 00am-12: 00pm Thu 11/9/17, 10: 00am-12: 00pm

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501

#### Jeff Phillips



Bridge enthusiast

#### Sharon Snyder



Bridge enthusiast.

### Behind the Scenes: CMU Theater

What does it take to put together a musical, play, or entire season of theater performances? Get a behind the scenes experience of live theater with the always entertaining Jeremy Franklin. Rehearsal for Thornton Wilder's "Our Town" will be in process. (Class limit: 100)

Mon 10/23/17, 6:00-8:00pm

Robinson Theater (Experimental Theater) 12th and North Avenue Grand Junction, CO 81501

(park in parking garage off 12th or across the street from Moss Performing Arts Center)

#### Jeremy Franklin



CMU Director of Musical Theatre; Bachelor of Music in Vocal Performance

# Being Mortal—How to have a Good Life and Good Ending

This class will focus on what each of us considers to be a good life and what we want as we age. The first session will be a movie about the book, Being Mortal by Atul Gawande, followed by a panel discussion. The second session will focus on what each person wants as they age, how to establish a plan and the resources available to help with the plan to have a good life as we age and a good end. (Class limit: 20)

Tue 10/24/17, 10:00am-12:00pm Tue 10/31/17, 10:00am-12:00pm

Hospice Care Center Room 102 3090 B North 12th Street Grand Junction, CO 81506 Kerri Mosinski, LCSW



Kerri is Senior Vice President of HopeWest, Clinical Operations

Mary Watson, MA



Mary is Community Project Coordinator, Advanced Care Planning Chair

# Bicycle Autopsy

Randy will completely take apart a bicycle so cyclists with no mechanical skills can see how their bicycle is put together and works. (Class limit: 20)

Wed 10/11/17, 2:00-4:00pm

Peach Room Fruita Community Center 324 North Coulson Fruita, CO 81521 Randy Keller

Randy is an experienced bike enthusiast and repair technician. Randy and his wife, Gini, have taken many extended bike trips around the US.

### Birding Fall Migration in the Grand Valley

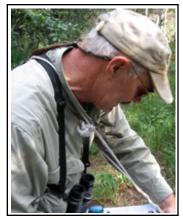
Class is open to both beginning and intermediate bird enthusiasts. Participants must have a pair of binoculars and be able to walk a mile on uneven trails. We will bird at a different location each week in search of migrating waterfowl, raptors, and songbirds. Fall migration is slower and more prolonged than spring migration, and October is a good month to find a variety of migrants. (Class limit: 12)

Thu 10/5/17, 8:00am-12:00pm Thu 10/12/17, 8:00am-12:00pm Thu 10/19/17, 8:00am-12:00pm Thu 10/26/17, 8:00am-12:00pm

Canyon View Park (parking lot on west side by softball fields) G Road and 24 Road Grand Junction, CO 81501

We'll take cars to various locations.

#### Mike Henwood



Retired educator with extensive birding experience leading field trips for Colorado Ornithologists, Denver Field Ornithologists, Audubon of Greater Denver and the Grand Valley Audubon Society

Kathleen McGinley



Kathleen is an avid birder who assists in many of the Grand Valley Audubon Society field

# Bridge Revisited: Haven't Played in Years and Need a Brush Up?

This class is for those who may have played bridge years ago and want to start again. The focus will be duplicate style and Standard American bidding. We will go over transfers, stayman, strong 2 club openings, and general play of the hand. (Class limit: 20)

Thu 10/5/17, 1:00-4:00pm Thu 10/12/17, 1:00-4:00pm Thu 10/19/17, 1:00-4:00pm Thu 10/26/17, 1:00-4:00pm Thu 11/2/17, 1:00-4:00pm Thu 11/9/17, 1:00-4:00pm

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501

Jeff Phillips



Bridge enthusiast

Sharon Snyder



Bridge enthusiast.

# Citizen CPR Training

Citizen CPR teaches lay responders what to do if they witness someone suffer sudden cardiac arrest. The course will teach individuals how to recognize the signs of sudden cardiac arrest, how to provide immediate care and how to access advanced medical care. It has been shown that the hands only CPR method is extremely effective in reducing death by heart attack if administered quickly and appropriately. (Class limit: 20)

Wed 10/18/17, 1: 30-2: 30pm

Julie Heartshorn

American Red Cross 506 Gunnison Avenue Grand Junction, CO 81501 She is a volunteer for the American Red Cross who has taught Citizen CPR classes.

### Citizenship: Could you Pass the Test?

How well do you know our country's form of government? Its geography? Its history? Here's a chance to test yourself and learn what immigrants have to learn to become citizens.

PLEASE! Do NOT study the Citizenship test! Do NOT prepare. Come have fun and see what you know. (Class limit: 100)

Fri 10/27/17, 10:00am-12:00pm

Mesa County Central Library Community Room 443 North 6th Street Grand Junction, CO 81501 Brian Davis



Brian Davis has been a volunteer for the Mesa County Library Literacy Program for seven years teaching and preparing people for their citizenship test. He has taught people from 19 different countries including Ukraine, Thailand, Nepal, Brazil, Russia and South Korea.

### Computer Programming for the ABSOLUTE Beginner

Eleven year old students in the UK receive a Micro: Bit to learn programming. It is a very small (pictured with instructor) computer which can be programmed by connecting it to any personal computer. Participants in this class will program their own Micro: Bit during class using simple and intuitive online tools developed for beginners. They can then take it home and program it using their home computer... perhaps even teaching what they've learned to the children in their lives! Along the way, participants will also get brief glimpses into the history and future of computers and programming. Fee for the class is \$16 for a Micro: Bit to keep. If you have programming experience, you'll want to wait for part 2. (Class limit: 20)

Wed 10/4/17, 6: 00-7: 00pm Wed 10/11/17, 6: 00-7: 00pm Tue 10/17/17, 6: 00-7: 00pm Wed 10/18/17, 6: 00-7: 00pm

CMU Dominguez Hall Room 304 Paul Van Camp



A retired teacher who spent 35 years in public schools teaching 5th grade and High School math, Paul first became interested in programming 40 years ago in college. Over the years, he has enjoyed learning and writing in many different programming languages and has taught programming to elementary students.

# Creating Your Own Personal Bucket List

Mike has years of experience traveling and coordinating travel for small groups. Mike's previous topics have included Creating Your Personal Bucket List, Traveling Smart, Travel in Cuba, Iceland, Greenland and travel in Spain and Morocco. Mike will again be presenting "Creating Your Own Personal Bucket List" this session. Creating a (better) bucket list becomes a blueprint for living your best life. Mike will talk about finding your priorities for adventure in the years ahead. (Class limit: 25)

Wed 10/25/17, 9: 30-11: 00am

Universalist Unitarian Church 536 Ouray Avenue Grand Junction, CO 81501 Mike Perry



Retired Executive Director Museum of Western Colorado.

### Creative/Spontaneous Travel

How authentic are your travel experiences? Interstate rest stops, gas stations, chain hotels/restaurants? How about a little time in some communities along the way to gain a sense of place? This class will explore techniques for having authentic local experiences when traveling while identifying some interesting places along travel routes. (Class limit: 30)

Tue 10/24/17, 9: 30-11: 30am

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501 Kent Brown



Kent is a Grand Junction Sentinel columnist and maintains a Facebook page (Hints for the Hurrying Traveler) dedicated to identifying local experiences while traveling. He and his wife have authored two Kindle books about the region and are at work on a third.

# Crime Fiction from Classic to Contemporary

This class will discuss 1) trends in crime fiction publishing, 2) types of mysteries, 3) the impact of detective partners and sidekicks, and 4) personal favorites. A reading list will be provided in advance but is not a requirement. (Class limit: 20)

Tue 10/3/17, 1:00-2:30pm Tue 10/10/17, 1:00-2:30pm

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501 Lyn Fraser



Mystery author, avid mystery reader, retired faculty CMU and Texas A&M University

#### Criminal Justice Issues: Use/Misuse of Force

This course will examine the controversial issue of use of force by police officers, including legal considerations, the use of force continuum, agency policy, law enforcement training, the role of the media, public perception, and community impact. The course will also include discussion and critical analysis of recent cases. (Class limit: 50)

Tue 11/7/17, 6: 30-8: 30pm

CMU Location To Be Announced Jane Quimby



Former Special Agent of the FBI, with 20 years of professional investigative experience on the front lines. She is currently the Director of the Department of Public Safety and a professor of criminal justice at Colorado Mesa University, teaching courses on criminal investigation and counterterrorism.

John Camper



John is the Grand Junction Police Department Chief of Police. He is a graduate of CSU, the Embry-Riddle Aeronautical University, and the Police Executive Research Forum's Senior Management Institute for Police. He has served on many community boards and is presently an officer of the CO Assoc. of Chiefs of Police.

# Daily Sentinel Unmasked: A Discussion with the Publisher

Jay will discuss editorial decision-making. (Class limit: 80)

Wed 11/1/17, 9: 30-11: 30am

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501 Jay Seaton



Publisher, The Daily Sentinel

# Echo Canyon Hike

This hike is a round trip of almost 4 miles to a box canyon to explore plants, birds, and geology along the way. The return trip will travel through a mini-riparian area back to the trailhead. (Class limit: 14)

Wed 10/18/17, 8:15-10:45am

Devil's Kitchen parking area, just inside the east entrance to Colorado National Monument.

Cary Atwood

Cary is a former teacher, avid hiker and cyclist, and a birder who loves the worlds both large and small of the great outdoors.

# Enjoying the Met Live Opera Simulcast of "Norma" by Vincenzo Bellini

Mr Arnos will provide an overview of the opera "Norma" a tragedy composed by Vincenzo Bellini that premiered in Milan in 1831. "Norma" portrays the passion, jealousy and rage of a scorned lover's betrayal and loss. "Norma" is considered to be one of the finest examples of the bel canto (beautiful singing) genre.

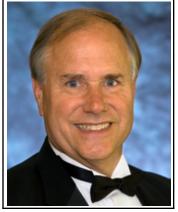
Class members are encouraged to buy tickets and attend a Metropolitan Opera simulcast performance of "Norma" at the Regal Theatre. Tickets are usually \$22.00 for seniors. More information will be given about the showing at the first class meeting. (Class limit: 50)

Tue 10/3/17, 10:00-11:30am

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501

Sat 10/7/17, 10: 55am-2: 00pm

Regal Canyon View Theater 648 Market Street Grand Junction, CO 81505 Ed Arnos



Opera fan since 1964 and has seen operas all over the world and in Grand Junction. He has also studied and sung large choral works for 40 years.

# Everything You Need to Know Before Your Next Mammogram

The learning objective is to provide eligible women with balanced information about the pros and cons of screening mammography. (Class limit: 18)

Wed 11/1/17, 9:00-10:30am

Primary Care Partners Garden Level 3150 North 12th Street Grand Junction, CO 81506 Phil Mohler, MD

Family Practice Physician: Medical Issues for all of us.

### Expect the Unexpected - Preparing and Preventing Emergencies

Do you have a plan in place if emergency strikes? Are you taking steps to prevent emergencies in your own life? This one hour class will give you the basics of emergency preparedness and prevention. (Class limit: 100)

Wed 10/4/17, 4:00-5:00pm

Grand Junction Fire Administration Building 625 Ute Avenue Grand Junction, CO 81501

#### Ellis Thompson-Ellis



Ellis comes to the fire service from the world of education. With her experience connecting different audiences, building educational programs, and collecting data from feedback loops the transition into public education was natural. She has worked at the Grand Junction Fire Department for just over a year re-imagining programs like Juvenile Firesetters, Hands-Only CPR, and school outreach programs

#### Dirk Clingman



Dirk was a dispatcher for eight years before transitioning to the Grand Junction Fire Department as a Community Outreach Specialist. Prior to finding his passion in public safety Dirk focused on visual and performing arts, and now brings his creativity and innovation to creating original content for public education.

# Exploring School District 51

A lot happens behind the scenes in a school district. In the four sessions, you'll learn about some of the inner workings of our local district. School Finance & Budget will explore where it gets and spends its money. In Facilities & Operations you'll learn about the "Physical Plant" of the school district. District 51 Learning Systems will give you an eye into the classroom. And the final session on Technology will provide an overview of how it is used throughout the District. Sessions will be taught by various district leaders who are specialists in the topic being presented. (Class limit: 100)

Tue 10/3/17, 1:00-3:00pm Tue 10/10/17, 1:00-3:00pm Tue 10/17/17, 1:00-3:00pm Tue 10/24/17, 1:00-3:00pm

Redlands United Methodist 527 Village Way Grand Junction, CO 81507 Catherine Foster

Communication Specialist for Mesa County School District 51

# Fly Fishing Casting

This class includes a presentation of equipment used for fly fishing, rigging of equipment, technical discussion of mechanics of casting a fly rod and using a rod to make casts. Equipment will be provided but if a person has equipment they can use it.

Class on Tuesday, Oct 3, 2017 (Class limit: 2):

Tue 10/3/17, 10:00am-12:00pm

Canyon View Park (East of the city shops across from the dog park. Look for a silver Toyota.) G Road and 24 Road Grand Junction, CO

- OR -

Class on Thursday, Oct 5, 2017 (Class limit: 2):

Thu 10/5/17, 10:00am-12:00pm

Canyon View Park (East of the city shops across from the dog park. Look for a silver Toyota.) G Road and 24 Road Grand Junction, CO

- OR -

Class on Tuesday, Oct 10, 2017 (Class limit: 2):

Tue 10/10/17, 10:00am-12:00pm

Canyon View Park (East of the city shops across from the dog park. Look for a silver Toyota.) G Road and 24 Road Grand Junction, CO

- OR -

Class on Thursday, Oct 12, 2017 (Class limit: 2):

Thu 10/12/17, 10:00am-12:00pm

Canyon View Park (East of the city shops across from the dog park. Look for a silver Toyota.) G Road and 24 Road Grand Junction, CO Greg Dillon

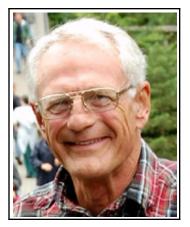
Greg has been fly fishing for over 70 years. He completed the study of demonstration casting and the process to teach casting. He also runs a fly casting school called Zencasters. Greg also has years of building boats, airplanes, models, buildings, and flutes.

# Genealogy: The Psychological Benefits of Exploring Your Family History

As a psychologist, there are many theories about the endpoint of our development, for happier and healthier lives. I believe that living fully means we have to know and appreciate our family history, and I want to share with you how researching my ancestry made all the difference in how I perceive my world and how I chose to live in it. This class will hopefully allow you to do the same. (Class limit: 75)

Mon 10/23/17, 12:00-2:00pm

Unitarian Universal Church 536 Ouray Ave. Grand Junction, CO 81501 John Rodwick



John is a former university dean, college vice president. He is also a licensed clinical/organizational psychologist and board certified executive coach. His wife, Jean, is a former university professor and genealogist. Together, they have traveled the world searching out their family roots.

# Geology: Ancient Landscapes in the Grand Valley and Bringing Fossils to Life

Becky's passion and knowledge of the Grand Valley's geology and fossils has wowed her students for years. History was written through the geology of colorful beds of extraordinary rocks. Learn about the formation of the Colorado National Monument, Bookcliffs, Colorado Plateau, Redlands Fault and San Juan Mountains. (Class limit: 40)

Mon 11/6/17, 1:00-4:00pm

First Presbyterian Church 3940 27-1/2 Road Grand Junction, CO 81506 Becky Warren

Seven year seasonal Interpretive Park Ranger at Colorado National Monument and visitor assistant.

### Healthy Eating: Plant Foods are Super Foods

The new feature-length documentary, "Eating You Alive," will be shown during the first session. Learn about the connection of our current food to the deaths of millions of Americans each year. The film features a local cardiologist, Dr. Maria Anderson, along with many leading medical experts and researchers. It takes a scientific look at the reasons we're so sick, who's responsible for feeding us the wrong information and how we can use whole-food, plant-based nutrition to take control of our health - one bite at a time. The film is being being viewed by thousands across the country with life changing results. The second session will be a follow-up discussion with Rhonda to discuss the film and how to get on board to eating a plant-based cuisine. Film license costs require an additional \$5 fee for this class. (\$5 will be assessed for the film at the time of registration.) (Class limit: 25)

Wed 10/4/17, 9: 30-11: 30am Wed 10/11/17, 9: 30-11; 30am

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501 Rhonda Dunlap



Author of "Guide to Super Raw Foods" and radio host of "The Fresh Cafe" on KAFM. Raw Food and Holistic Nutrition Certified.

# Hidden Gems of Our Region

It's great to live in the West, but we can take parts of it for granted. This class will identify hidden gems that make our region special. Concentrating on Colorado, Utah, New Mexico, Wyoming, Idaho, and Arizona, Kent will highlight his favorite gems to help you have more fun traveling and creating your own special experiences. The class will be interactive, with participants sharing their gems of places to eat, shop, see, tour, and savor. (Class limit: 30)

Fri 10/20/17, 10:00-11:30am

Unitarian Universalist Church 536 Ouray Avenue Grand Junction, CO 81501 Kent Brown



Kent is a Grand Junction Sentinel columnist and maintains a Facebook page (Hints for the Hurrying Traveler) dedicated to identifying local experiences while traveling. He and his wife have authored two Kindle books about the region and are at work on a third.

# Hidden Gems of the Grand Valley

You can live in the Grand Valley, but do you enjoy it to the max? This class will share hidden gems that make our valley special: how to have more fun, eat tastier food, dazzle your friends. Kent will highlight some of his favorites and will encourage participants to share theirs. A combined list of gems from the class will be emailed to class participants after the class. (Class limit: 30)

Tue 10/10/17, 2:00-3:30pm

American Lutheran Church 631 26 1/2 Road Grand Junction, CO 81506 Kent Brown



Kent is a Grand Junction Sentinel columnist and maintains a Facebook page (Hints for the Hurrying Traveler) dedicated to identifying local experiences while traveling. He and his wife have authored two Kindle books about the region and are at work on a third.

# Historical Walking Tour of Churches and Fires in early Palisade--"Fire and Brimstone"

This is a ten block, one and a half hour guided walking tour in Palisade's downtown area. You'll see examples of triumphs and tragedies and learn interesting stories about the buildings, churches, and people of Palisade's past. (Class limit: 14)

Thu 10/5/17, 1:00-2:30pm

Information Kiosk Corner of 3rd and Kluge Downtown Palisade, CO 81526 Priscilla Walker



Priscilla grew up in Palisade. Her father was a fruit grower and employed German POWs to help harvest peaches in World War II. Priscilla is the founding chair of the Palisade Historical Society, founded in March 2010.

# History of Fruit and Wine in Palisade

A summary of Palisade's interesting agricultural history, including details of its world-famous fruit which continues to make Colorado the seventh largest peach growing state in the U.S. Palisade is also the heart of the state's wine industry and the only commercial wine grape growing region in the world at 4,800 feet and more than a thousand miles from an ocean. (Class limit: 100)

Wed 10/25/17, 1:00-2:30pm

First Baptist Church 103 West 5th Street Palisade, CO 81526 Barbara Hampton



Barb grew up working in the fruit industry and is a board member of the Palisade Historical Society.

### Human Growth and Potential; a Humanistic Perspective

The goal is to learn about Humanism, Humanistic Psychology, ways to become higher achieving with better mental health and becoming more aware. There will be an opportunity to have an experiential "happening" by presenting and/or writing poetry at the second meeting, which would include a hike with the poetry readings. The hike will be determined by the class at the first meeting. (Class limit: 20)

Thu 10/12/17, 10:00am-12:00pm

Koinonia Church 730 25 Road Grand Junction, CO 81505

Fri 10/13/17, -

Place and time determined at 1st class meeting.

Steve Clark



Steve has a Masters Degree in Counseling from the Humanist Psychology School at the University of West Georgia in Carrollton, Georgia. Humanistic psychology is about helping people with their growth, supporting each other, and realizing your potential.

# In the Know at MCPL: Finding Great Reads with NoveList & RBDigital

Finding your next good read with Novelist-Author read-alikes, book recommendations, and more.

Zinio-downloadable magazines you keep as long as you like. (Only 12 computers available. Couples can register as one.) (Class limit: 12)

Wed 10/25/17, 1:00-2:30pm

Central Library Computer Lab 443 North 6th Street Grand Junction, CO 81501 Jennifer Murrell



Jennifer is a librarian who worked at the Tattered Cover Book Store for almost 10 years developing her skills at recommending reading for all ages before coming to MCL.

# In the Know at MCPL: Genealogy

Learn how to research your family tree using Ancestry Library Edition and other genealogy resources. This class is for beginning genealogists. Must have computer skills. (Only 12 computers available Couples can register as one.) (Class limit: 12)

Wed 10/18/17, 1:00-2:30pm

Central Library Computer Lab 443 North 6th Street Grand Junction, CO 81501 Noel Kalenian



Noel is a librarian who worked previously in the Western History and Genealogy Department of the Denver Public Library, where he gained familiarity with all manner of genealogy resources.

#### In the Know at MCPL: Learn to Use Your IPhone/iPad

Learn how to get the most out of your Apple phone or tablet. This class will cover the basic operations as well as some more advanced features. Feel free to bring your device/s.

(Only 12 computers available. Couples can register as one.) (Class limit: 12)

Wed 11/1/17, 1:00-2:30pm

Central Library Computer Lab 443 North 6th Street Grand Junction, CO 81501 Ike Rakiecki



Ike is a librarian who is responsible for the Rashleigh Regional History Room at the Central Library.

### In the Know at MCPL: Local History Resources

Learn about local history resources. Visit the Rashleigh Regional History Room at the Central Library.

(Only 12 computers available. Couples can register as one.) (Class limit: 12)

Wed 10/11/17, 1:00-2:30pm

Central Library Computer Lab 443 North 6th Street Grand Junction, CO 81501 Ike Rakiecki



Ike is a librarian who is responsible for the Rashleigh Regional History Room at the Central Library.

# In the Know at MCPL: Using Lynda and Universal Class for Work and Play

Lynda-is an educational site that includes over 3.000 courses. Universal Class has over 500 online non-college credit continuing education courses covering hobbies, interests and work skills. (Only 12 computers available. Couples can register as one.) (Class limit: 12)

Wed 11/8/17, 1:00-2:30pm

Central Library Computer Lab 443 North 6th Street Grand Junction, CO 81501 Jennifer Murrell



Jennifer is a librarian who worked at the Tattered Cover Book Store for almost 10 years developing her skills at recommending reading for all ages before coming to MCL.

#### Mad About Film

We will be showing films from several different genres. Films will mainly be selected from American Film Institute's 100 greatest American movies of all time. Most of the films shown are considered "classics" and have earned this designation based on critical analysis and acclaim, not necessarily popularity. In addition, this term, films will be selected from the New York Times 25 Best Films of the 21st century. The presenter will preview the film and facilitate a brief discussion following the showing. The New Dimensions film license prohibits publishing or marketing film titles in advance of showing. (Class limit: 100)

Fri 10/13/17, 6: 00-9: 00pm Fri 10/20/17, 6: 00-9: 00pm Fri 10/27/17, 6: 00-9: 00pm Fri 11/3/17, 6: 00-9: 00pm

Colorado Mesa University Dominguez Hall Room 111

#### Dick Arnold

Dick is an New Dimensions enthusiast and has participated in our film class since we started. He is surprised to learn of the many facets of movie-making and wants to share with us a few of his discoveries in the creation and production of this special art form.

Jan Henwood

Jan studied film as part of communication major. She enjoys learning about the technical aspects of film making and the influence of media on culture.

# Masterpieces of Renaissance Art

This class will look at the rebirth of art in Western Civilization after the period of the Dark Ages. We will study the origins of this Renaissance Era, its paintings, sculpture, and architecture and its significance for us today. Highlights will include Giotto, Ghiberti, Leonardo, Michelangelo, and Raphael in Italy followed by Van Eyck, Durer, and Peter Bruegel the Elder in Northern Europe. (Class limit: 30)

Mon 10/2/17, 6: 30-8: 00pm Mon 10/9/17, 6: 30-8: 00pm Mon 10/16/17, 6: 30-8: 00pm Mon 10/23/17, 6: 30-8: 00pm

CMU Escalante Hall Room 216

#### Rick MacArthur



History of Painting, Sculpture, and Architecture – St. Edwards University, Austin, TX (2002-2011). Player, coach, card collector, movie buff, and frustrated Mets fan since '62.

#### Meditation

A class to learn the why and how of a simple but powerful awareness meditation practice that you can begin using right away. It is a proven method for calming the mind, relieving stress, and dealing effectively with the continuous challenges of everyday life.

Class starting on Tuesday, Oct 24, 2017 (Class limit: 10):

Tue 10/24/17, 10:00-11:30am Wed 10/25/17, 10:00-11:30am Thu 10/26/17, 10:00-11:30am

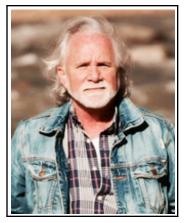
Koinonia Church 730 25 Road Grand Jct, CO 81505

- OR -

Class starting on Tuesday, Nov 7, 2017 (Class limit: 10):

Tue 11/7/17, 10:00-11:30am Wed 11/8/17, 10:00-11:30am Thu 11/9/17, 10:00-11:30am

Koinonia Church 730 25 Road Grand Jct, CO 81505 Tom Sawyer



During Tom's 25 years of the study of meditation he has been actively engaged as a successful business owner, technology entrepreneur, inventor and author.

### Memories Not Masterpieces - Sketching Out and About

Capture visual memories with sketching skills. This class is for all levels with instruction in basic drawing and sketching skills. Indoor and outdoor sketching will be included. \$8.00 supply fee payable to instructor at first class. All supplies provided. (Class limit: 8)

Tue 10/3/17, 8: 30-11: 00am Fri 10/6/17, 8: 30-11: 00am

131 South 6th Street (behind Main Street Bagels, upstairs loft) Grand Junction, CO 81501 Betsy McLoughlin



Betsy's devotion to sketching has been a lifelong pursuit. Primarily, self-taught, she enjoys sharing her joy of sketching.

Sue Samuelson

Sue works in many mediums: pastel, oil, acrylic, and watercolor. She began her art experience with a class at the Art Center and discovered a new world of expression through art.

### Moose on the Mesa - 2017 Update

A review of how it is going with the Moose reintroduction to the Grand Mesa. (Class limit: 40)

Wed 11/8/17, 9:00-10:30am

Primary Care Partners 3150 North 12th Street Garden Level Conference Room Grand Junction, CO 81501 Stephanie Durno

Colorado Parks and Wildlife Biologist. Initiated introduction of moose on Grand Mesa. Roger C. Shenkel. M.D.

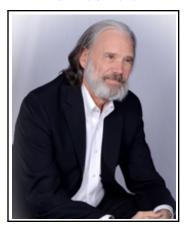
Retired Family Physician. Initiated introduction of moose on Grand Mesa.

# Native American Architecture of the Southwest

This four-week class will be a conversation about the rich architectural traditions and cultural implications the Navajo and Aztec left behind in the four corners area. Sites include Chaco Canyon, Mesa Verde, and Canyon de Chelly, among others. Which ones are your favorites? Why? (Class limit: 30)

Wed 10/4/17, 6: 30-7: 30pm Wed 10/11/17, 6: 30-7: 30pm Wed 10/18/17, 6: 30-7: 30pm Wed 10/25/17, 6: 30-7: 30pm

CMU Escalante Hall Room 216 Rick MacArthur



History of Painting, Sculpture, and Architecture – St. Edwards University, Austin, TX (2002-2011). Player, coach, card collector, movie buff, and frustrated Mets fan since '62.

### Native American Flute Building and History

There will be a brief description of flutes from across the globe focusing on Native American type flutes with some history and the presentation of approximately thirty flutes. Playing a flute will be included.

Class on Monday, Oct 2, 2017 (Class limit: 3):

Mon 10/2/17, 10:00am-12:00pm

575 Meadowlark Lane Grand Junction, CO 81507 (on the Redlands opposite the Church on the Rock, second house on the right)

- OR -

Class on Wednesday, Oct 4, 2017 (Class limit: 3):

Wed 10/4/17, 10:00am-12:00pm

575 Meadowlark Lane Grand Junction, CO 81507 (on the Redlands opposite the Church on the Rock, second house on the right)

- OR -

Class on Friday, Oct 6, 2017 (Class limit: 3):

Fri 10/6/17, 10:00am-12:00pm

575 Meadowlark Lane Grand Junction, CO 81507 (on the Redlands opposite the Church on the Rock, second house on the right) **Greg Dillon** 

Greg has been fly fishing for over 70 years. He completed the study of demonstration casting and the process to teach casting. He also runs a fly casting school called Zencasters. Greg also has years of building boats, airplanes, models, buildings, and flutes.

# Navigating the Mangled Medical Milieu

This class addresses how to be an active participant in your own health care, the questions to ask your physician, and information you need to know. Subtopics include the nature of American medicine, dilemma involved in the use of medications and screening tests, decisions that make a difference.

SESSION 1: American medicine: The most expensive in the world and sadly not the best. How to pick a doctor. Why doctors make mistakes.

SESSION 2: Screening tests, which ones you really want to do and a bunch you don't want to do. Immunizations, not just for kids.

SESSION 3: Everything you wanted to know about your medicines and the pharmaceutical industry exposed.

SESSION 4: The end of life, how to navigate becoming old and dying. We will spend the last hour talking about some fun science in modern medicine.

ALL FOUR SESSIONS RECOMMENDED. (Class limit: 18)

Tue 10/10/17, 9:00-11:00am Tue 10/17/17, 9:00-11:00am

Tue 10/24/17, 9:00-11:00am

Tue 10/31/17, 9:00-11:00am

Primary Care Partners Garden Level 3150 North 12th Street Grand Junction, CO 81506 Phil Mohler, MD

Family Practice Physician: Medical Issues for all of us.

### Our Town - A visit with Grand Junction's City Manager

Greg will talk about the role of a City Manager and discuss current issues and goals for the City of Grand Junction. (Class limit: 80)

Fri 10/13/17, 9: 30-11: 00am

Unitarian Universalist Church 536 Ouray Avenuev Grand Junction, CO 81501 **Greg Caton** 



Before becoming the city manager of Grand Junction in June 2016, Greg served as the town manager of Oro Valley, AZ. He has received the Credentialed Manager designation which is the premier municipal government leadership and management organization.

# Padre Explorers - Dominguez and Escalante

Two hundred forty years ago, 10 men left Santa Fe under the direction of Franciscan Fathers Dominguez and Escalante, supposedly looking for an overland route to Monterey, Calif. They returned five months later with much valuable information, but not the path to the Pacific. It's likely that was never really their goal to begin with. In fact, a lot of what we thought we knew about the 1776 expedition is being re-evaluated now. (Class limit: 80)

Tue 10/10/17, 9: 30-11: 00am

Unitarian Universalist Church Church 536 Ouray Avenue Grand Junction, CO 81501 **Bob Silbernagel** 



Author and retired journalist

### Pickleball Clinic for Beginners

This clinic is designed to teach the rules and basic strategy of the fun and challenging game of pickleball. Participants will play several games under supervision using the rules and techniques they have learned. Information will be provided to players who wish to pursue the sport as to the locations and time of play as well as where they may purchase equipment. Equipment for this clinic will be provided by the Grand Junction Parks and Rec Department.

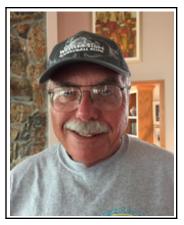
Class on Tuesday, Oct 17, 2017 (Class limit: 20): Tue 10/17/17, 2:00-4:00pm

Lincoln Park Pickleball Courts (near Lincoln Park Pool) 12th Street and Gunnison Grand Junction, Co 81501

- OR -

Class on Thursday, Oct 19, 2017 (Class limit: 20): Thu 10/19/17, 2:00-4:00pm

Lincoln Park Pickleball Courts (near Lincoln Park Pool) 12th Street and Gunnison Grand Junction, Co 81501 George Gerson



George Gerson has been playing pickleball since the sport was introduced in Grand Junction in 2009. He has been conducting pickleball clinics for new and intermediate level players for several years. He plays pickleball almost every day and participates in four annual Grand Junction tournaments. He is on the board of directors of the Western Slope Pickleball Club

# Plant Propagation

A class on plant propagation and seeding. (Class limit: 12)

Thu 11/2/17, 10:00am-12:00pm

354 Martello Court Grand Junction, CO 81507 Debra Foster

Former houseplant specialist for Echter's Garden Center Denver, President of the High Desert Orchid Society, GJ; Founding Member of the GJ African Violet Society

# Pollock Canyon Hike

This is a moderate activity level hike of 7.4 miles in Pollock Canyon in the McInnis Canyons National Conservation Area. You can expect to gain about 350 feet of elevation for each mile you walk. Participants should bring water and snack or lunch. (Class limit: 12)

Wed 10/4/17, 9:00am-1:00pm

Pollock Canyon (directions will be sent to participants)

Mark Schmalz



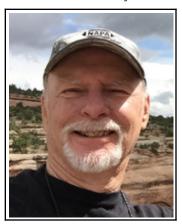
Avid climber and hiker.

# Public Safety - What you get for your dollar

This course is for inquiring minds and covers how public safety agencies conduct business. Topics will include: what police officers and firefighters are trained to do, and discussions on civil and criminal issues, response times, and hiring standards for public agencies. (Class limit: 75)

Mon 11/6/17, 9: 30-11: 30am

First Presbyterian Church 3940 27-1/2 Road Grand Junction, CO 81506 Ted Boothroyd



Ted is a retired public safety professional. His passions are planes, trucks and automobiles. When not busy with wheels, Ted is a published author and instructor of a variety of topics.

Paul Frey

Retired Grand Junction Police sergeant, and recently retired again after being the Director of the Delta Police Academy.

# Radio-controlled Flying: Drones, Quads, Planes and Jets in the Sky

This isn't your father's hobby anymore. Radio controlled flying has been around for almost 80 years, but it has changed with the times. New technologies and materials have made this growing sport more and more popular, challenging, and rewarding. Drones and multi rotor equipment have added an extra element with recreational and commercial-quality video and even drone racing! See what it's all about at our flying field and visit our website at gjmodeleers.com Members will be available longer than class time. (Class limit: 20)

Sat 10/14/17, 9: 30-10: 30am

3320 Whitewater Hill Grand Junction, CO

There's plenty of parking and an easy road for driving to the field.

Directions to flying club: From Hwy 50 on Orchard Mesa, turn north onto 32 Road, travel app. 1/4 mile, turn turn east (right) at 115 32 Road, follow road through the gate and signs past the dragway (stay to the left), pass shooting range, to flying field.

From Clifton area: travel south on 32 Road app. 5 miles, turn east (left) at 115 32 Road, follow road through the gate and signs past the dragway (stay to the left), pass shooting range, to flying field.

Vicki Felmlee



Vicki has a degree in Geology and has been employed as an Environmental Scientist for a DOE contractor. She has also flown drones (quads) for two years, is a published author and blogger about FAA and drone issues.

# Secrets of St. Catherine's Monastery in the Sinai: How Two Scottish Lady Adventurers Discovered The Hidden Gospels

The history of St. Catherine's Monastery dates to the rule of the Byzantine Emperor Justinian (527-565 BCE) This is one of the richest monasteries in the remote location of the Sinai with icons and one of the greatest collections of manuscripts in their library that biblical scholars have ever found. In 1886, two Scottish ladies, Agnes and Margaret Smith, discovered one of the earliest Christian texts of the four gospels written on vellum. The adventures of these Victorian ladies and others of this period are amazing to study. Recent documents found in 1975 have added to the secrets of Mt. Sinai. (Class limit: 30)

Thu 10/12/17, 2:00-4:00pm Fri 10/13/17, 2:00-4:00pm

American Lutheran Church Fellowship Hall 631 26 1/2 Road Grand Junction, CO 81506

#### Jackie Walker



Jackie is retired but she taught history and religion for 32 years at Lovett School in Atlanta.

#### Nancy Keddy



Associate Degree in Arts & Science. Served as Dental Assistant. Traveled to Middle East to Petra in Jordan, Egypt, Turkey, Greece, Morocco, and an

### The Old Spanish Trail: Centuries of Travel History in Our Backyard

Through pictures and stories, we'll learn about 2000 years of travel history in our valley focusing on the Old Spanish Trail which was used by Native Americans, Europeans, Fur Trappers, and the U.S. Military to get from here to there. (Class limit: 50)

Mon 10/16/17, 9: 30-10: 30am

Unitarian Universalist Church 536 Ouray Grand Jct. CO 81501 Vicki Felmlee



Vicki has a degree in Geology and has been employed as an Environmental Scientist for a DOE contractor. She has also flown drones (quads) for two years, is a published author and blogger about FAA and drone issues.

# The Old Spanish Trail: Walking Mesa County's Segment of the Trail

We will walk the trail segment, approximately 1.8 miles, pointing out the geographic landmarks that made the trail so accessible to the early travelers who used horses and mules for transport and trade. This walk is desert terrain with some steep rocky slopes. Hiking shoes/boots and walking sticks highly recommended, on a scale of 1-5, this is about a 3 challenge. (Class limit: 20)

Mon 10/23/17, 1:00-3:00pm

Directions: Orchard Mesa Access From U.S. Highway 50, turn south at 28 1/2 Road (there is a light), then turn left (going east) on the Frontage Road about 200 feet; take the next right at the Old Spanish Trail Traihead sign.

Vicki Felmlee



Vicki has a degree in Geology and has been employed as an Environmental Scientist for a DOE contractor. She has also flown drones (quads) for two years, is a published author and blogger about FAA and drone issues.

### Tour of CMU Campus

Tour of the new and expanded facilities of the CMU campus. Get a good look at the new buildings, the growth of the campus, with an orientation to the programs offered at CMU. The tour will be led by CMU Ambassadors and a retired administrator. Please wear comfortable walking shoes and appropriate attire for walking outside on the day of the tour. (Class limit: 15)

Wed 10/18/17, 9: 30-11: 30am

Valerie Dobbs

CMU Campus

Retired CMU Director of Educator Preparation

Meet at Admissions Office on campus, off 12th Avenue. Directions and parking instructions will be sent to participants.

# Tourism and Our Economy - Marketing the Grand Valley

Tour the Visitor Center for an eye opening experience into the great information it offers for both locals and visitors. Learn how Grand Junction is marketed around the United States and the world, and how tourism affects our economy.

Class on Thursday, Nov 2, 2017 (Class limit: 20):

Thu 11/2/17, 9: 30-11: 00am

Grand Junction Visitor and Convention Bureau 740 Horizon Drive Grand Junction, CO 81506

- OR -

Class on Monday, Nov 6, 2017 (Class limit: 20):

Mon 11/6/17, 2:00-3:30pm

Grand Junction Visitor and Convention Bureau 740 Horizon Drive Grand Junction, CO 81506

#### Mistalynn Meyeran



Grand Junction Visitor and Convention Bureau Marketing Director

#### Katharina Morrison



Visitor Services Specialist-Visitor and Convention Bureau

### Trees, Trees and More Trees!

Trees. Most everyone loves the look and shady benefits of a beautiful tree. But which is the best variety for our dry, hot climate? Learn from gardening and plant expert Dennis Hill which trees will thrive in your yard for years to come. (Class limit: 35)

Fri 10/13/17, 10:00-11:30am

Bookcliff Gardens 755 26 Road Grand Junction, CO 81506 Dennis Hill



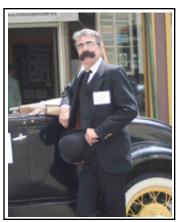
Part owner and manager of Bookcliff Gardens

# Walking Tour in Palisade - "An Hour with Colonel Bower"

This is a four block, one hour guided walking tour along Palisade's Third Street, featuring buildings and stories about the businesses and people in Palisade history, including one of Palisade's founders, Colonel Bower. (Class limit: 12)

Thu 10/12/17, 1:00-2:00pm

Information Kiosk Corner of 3rd and Kluge Palisade, CO 81526 Dave Cecuga, aka "Colonel Bower"



Served as a Palisade Historical Society Tour Guide since 2012.

### Walt Whitman Stops Somewhere Waiting For You

Zephyr Stage, hometown Fruita, Colorado, presents an original work written by Valerie and Kim Nuzzo. "Multitudes" is a one-man show about the great father of American poetry Walt Whitman! The play addresses death, sexuality, slavery, the Civil War and Whitman's poetic vision of democratic ideals. The Zephyr Stage specializes in original performance pieces. There will be a \$10 fee for the class. (Class limit: 80)

Thu 10/26/17, 7:00-9:00pm

Universal Unitarian Church 536 Ouray Grand Junction, CO 81501 Kim Nuzzo



The Zephyr Stage has presented original performances across the United States and internationally.

# Water Rights - Whiskey is for Drinking, Water is for Fighting Over

Attorney Mark Hermundstad has been working on Western Slope water issues for over 30 years. He will enlighten you with a history of Western Slope water from our Grand Valley canal systems to the formation of Ute Water, acquiring water rights, transmountain diversions, major water projects, and how the Colorado River is used from its inception near Rocky Mountain National Park through Lake Powell and Lake Mead to its final destination in the Gulf of California. What does the future hold for Western Slope water? (Class limit: 100)

Mon 10/30/17, 2: 00-4: 00pm Mon 11/6/17, 2: 00-4: 00pm

American Lutheran Church Fellowship Hall 631 26-1/2 Road (North 7th St.) Grand Junction, CO 81506 Mark Hermundstad



Water Rights Attorney for over 30 years

#### What Art Is - For Better or Worse

In this illustrated lecture, we will examine the primal motivations that make humans unique in the animal world. We will discover the value of clean definitions in the ever-changing confusion of communication. Hopefully we will come to know why so many humans are inexorably drawn to make art and why any of it has value.

After the lecture, we will have a Q & A discussion and then view a RMBS documentary that demonstrates how it is possible to take the confidence gained in mastering one art skill and use it to develop others. the video is an example of how the confidence in drawing skill was used to gain that same confidence in printmaking, photography, poetry, prose, script-writing, music, voice acting, and film. All of these skills were used to aesthetically answer the question: How did we in 21st century Colorado come to be who we are? (Class limit: 25)

Mon 10/16/17, 6:00-9:00pm

CMU Escalante Hall Room 131 Malcolm Childers

Malcolm is a fine arts photographer, artist, writer, poet, and composer who has published books, had many juried exhibitions, led workshops internationally, wrote and directed a documentary, and taught college-level writing and art. He continues to create.

# What's Up? You Might be Down with Slang and Unconventional English

As in life, so too in language: one person's trash is another person's treasure. In this brief look at slang and other forms of unconventional English, we'll examine both historical and contemporary examples of slang and its surprising role in shaping the English language. From "OK" to "jazz" to "smarmy" to "far out" to "as if" to "way cool" to "my bad," this study of slang will be a "gobsmacking" compendium of linguistic variety, adaptability, and, change. (Class limit: 25)

Mon 10/2/17, 6: 00-8: 00pm Mon 10/9/17, 6: 00-8: 00pm

CMU Campus Dominguez Hall Room 112 Maureen Neal



Professor of English: CMU (retired), former high school teacher.

### Who What Where When Why How of Weed Management

Students will learn the basics of why some plant species are regulated, which agencies and organizations work on noxious weed management, how to identify noxious weeds (and just the plain "obnoxious" weeds too), how to manage them on your property, and how to prevent and reduce invasive species populations where you live, work and play. (Class limit: 50)

Mon 10/9/17, 1:00-2:30pm

Unitarian Universalist 536 Ouray Avenue Grand Junction, CO 81501 Teresa Nees



Teresa is the coordinator for Mesa County's noxious weed and pest management.

# Why Fruita? Play Like a Native!

Fruita has become a a recreational destination as well as a great place to live and work. Mike Bennett, Fruita City Manager, will talk about the role of a city manager, Fruita's changing image, and what's ahead for this active community. www.fruita.org and www.gofruita.com. (Class limit: 80)

Mon 10/16/17, 10:00-11:30am

City Council Room 325 East Aspen Avenue Fruita, CO 81521

Mike Bennett

Mike Bennett is the Fruita City Manager. Mike is a member of the International City/County Management Association, graduate of Leadership ICMA and the Senior Executive Institute at the Weldon Cooper Center for Public Service at the University of Virginia.

#### Wild Horses of the Little Book Cliffs

The Little Book Cliffs Wild Horse Range just north of Grand Junction is right in our back yard and accessible on BLM land. Learn about the history and management of the wild horse range. Included will be a slide presentation and discussion on the wild horses present, necessary facilities, methods to maintain genetic diversity, actions to limit population growth and adoption process. limit: 75)

Tue 10/24/17, 10:00-11:30am

First Presbyterian Church 3940 27-1/2 Road Grand Junction, CO 81506 Bureau of Land Management, Range Land Management Specialist

Jim Dollerschell

# Wine Journey: History, Varieties, Wine Making, and Tasting

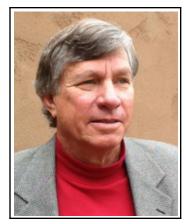
Take this exciting journey through world and local history with wine expert Pat Kennedy. Fascinating history of wine making and regional differences that influence grape varieties. The third class will be a field trip to Grande River Vineyards in Palisade. Cheers! There will be a \$4 charge for wine tasting assessed at registration. (Class limit: 25)

Fri 10/20/17, 2: 00 -4: 00pm Mon 10/23/17, 2: 00-4: 00pm

First Presbyterian Church 3940 27-1/2 Road Grand Junction, CO 81506

Fri 10/27/17, 2:00-4:00pm

Grande River Vineyards Exit 42 and I-70 Palisade, CO 81526 Pat Kennedy



Wine and Beverage Educator, Winery Consultant

# Writing to Discover How We Learn

Why do we remember some things and forget others? How do we differ in the ways we learn? Why is it important to understand how we learn as we age and want to learn new things? Through exercises focusing on ideas and content we can become aware of our own learning and thinking processes (metacognition.) This interactive writing workshop will help us develop an understanding of our own unique ways of thinking and learning and discover how to apply that awareness to our everyday lives.. (Class limit: 20)

Tue 10/17/17, 9: 30-12: 00am Mon 10/23/17, 9: 30-11: 00am

Unitarian Universalist 536 Ouray Ave Grand Junction, CO 81501 Pam Childers

Award-winning writer and teacher of writing, Pam has taught high school, undergraduate, graduate students and lifelong learners. She has presented keynotes and workshops internationally, and currently serves as Executive Editor of a professional journal while working on her fifth book.

# Writing to See and Seeing to Write

At least a third of us are primarily visual learners, while others are verbal or aural learners. Learning to "see" as a writer can help us develop a better understanding of what we "see" with our eyes as well as what we think and learn as human beings. Through a series of activities in this workshop, we will hone our own senses, write to discover, and develop a better understanding of ourselves and the world around us. (Class limit: 25)

Tue 10/3/17, 6: 00-8: 00pm Wed 10/11/17, 6: 00-8: 00pm

CMU Escalante Hall Room 131

#### Pam Childers

Award-winning writer and teacher of writing, Pam has taught high school, undergraduate, graduate students and lifelong learners. She has presented keynotes and workshops internationally, and currently serves as Executive Editor of a professional journal while working on her fifth book.

#### Malcolm Childers

Malcolm is a fine arts photographer, artist, writer, poet, and composer who has published books, had many juried exhibitions, led workshops internationally, wrote and directed a documentary, and taught college-level writing and art. He continues to create.