

## Response Statistics of Spring 2014 Administration of Recreation Center Survey

### Affiliation to CMU:

	Frequency	Percent
Student	548	78.5%
Faculty/Staff	150	21.5%
Total	698	100.0%

### Please select the best option below in regards to your affiliation with the Hamilton Rec Center.

		Affiliation		Total
		Student	Fac/Staff	
Non-User	Count	78	50	128
	%	14.2%	33.3%	18.3%
Past User	Count	66	39	105
	%	12.0%	26.0%	15.0%
Current User	Count	404	61	465
	%	73.7%	40.7%	66.6%
Total	Count	548	150	698
	%	100.0%	100.0%	100.0%

### Non-Users

#### Why do you not utilize the rec center?

		Affiliation		Total
		Student	Fac/Staff	
Not aware of programs offered	Count	47	9	56
	%	60.3%	18.0%	43.8%
Cost too high	Count	4	26	30
	%	5.1%	52.0%	23.4%
Inconvenient	Count	14	5	19
	%	17.9%	10.0%	14.8%
Facilities not to my liking	Count	3	1	4
	%	3.8%	2.0%	3.1%
Equipment not to my liking	Count	3	1	4
	%	3.8%	2.0%	3.1%
Age demographic of majority of other users	Count	8	10	18
	%	10.3%	20.0%	14.1%
Particular group exercise class not offered	Count	0	1	1
	%	0.0%	2.0%	0.8%
Have membership to another gym	Count	9	8	17
	%	11.5%	16.0%	13.3%
No interest in activities offered	Count	6	3	9
	%	7.7%	6.0%	7.0%
Too crowded	Count	18	1	19
	%	23.1%	2.0%	14.8%
Other	Count	19	15	34
	%	24.4%	30.0%	26.6%

**Are you aware that the following programs are offered at the Hamilton Rec Center?**

		Affiliation			
		Student		Fac/Staff	
		Yes	No	Yes	No
Fitness Assessment	Count	22	55	37	13
	%	28.6%	71.4%	74.0%	26.0%
Group Exercise	Count	36	42	46	4
	%	46.2%	53.8%	92.0%	8.0%
Personal Training	Count	24	53	37	13
	%	31.2%	68.8%	74.0%	26.0%
Nutrition Counseling	Count	12	64	23	27
	%	15.8%	84.2%	46.0%	54.0%
Massage Therapy	Count	26	50	33	17
	%	34.2%	65.8%	66.0%	34.0%

**Past Users**

**Why do you not utilize the rec center currently?**

		Affiliation		Total
		Student	Fac/Staff	
Not aware of programs offered	Count	14	0	14
	%	21.2%	0.0%	13.3%
Cost too high	Count	2	20	22
	%	3.0%	51.3%	21.0%
Inconvenient	Count	5	4	9
	%	7.6%	10.3%	8.6%
Facilities not to my liking	Count	4	2	6
	%	6.1%	5.1%	5.7%
Equipment not to my liking	Count	3	1	4
	%	4.5%	2.6%	3.8%
Age demographic of majority of other users	Count	9	11	20
	%	13.6%	28.2%	19.0%
Particular group exercise class not offered	Count	2	3	5
	%	3.0%	7.7%	4.8%
Have membership to another gym	Count	11	7	18
	%	16.7%	17.9%	17.1%
No interest in activities offered	Count	4	0	4
	%	6.1%	0.0%	3.8%
Too crowded	Count	25	12	37
	%	37.9%	30.8%	35.2%
Other	Count	33	9	42
	%	50.0%	23.1%	40.0%

**Are you aware that the following programs are offered at the Hamilton Rec Center?**

		Affiliation			
		Student		Fac/Staff	
		Yes	No	Yes	No
Fitness Assessment	Count	34	30	34	5
	%	53.1%	46.9%	87.2%	12.8%
Group Exercise	Count	55	11	37	2
	%	83.3%	16.7%	94.9%	5.1%
Personal Training	Count	44	22	33	6
	%	66.7%	33.3%	84.6%	15.4%
Nutrition Counseling	Count	30	35	23	16
	%	46.2%	53.8%	59.0%	41.0%
Massage Therapy	Count	35	28	29	10
	%	55.6%	44.4%	74.4%	25.6%

**Do you plan on using the Hamilton Rec Center again?**

		Affiliation		Total
		Student	Fac/Staff	
Yes	Count	48	10	58
	%	72.7%	25.6%	55.2%
No	Count	0	4	4
	%	0.0%	10.3%	3.8%
Not Sure	Count	18	24	42
	%	27.3%	61.5%	40.0%

**Past and Current Users**

**If you have used the following areas at the Hamilton Rec Center, please rate how well they met your needs.**

		1-Not at all		2		3		4		5-Completely		NA		Mean
		#	%	#	%	#	%	#	%	#	%	#	%	
Fitness Area	Student	7	1.5%	25	5.4%	89	19.1%	179	38.5%	147	31.6%	18	3.9%	3.97
	Fac/Staff	0	0.0%	4	4.2%	17	17.7%	35	36.5%	31	32.3%	9	9.4%	4.07
Indoor track	Student	14	3.0%	14	3.0%	55	11.8%	138	29.6%	199	42.6%	47	10.1%	4.18
	Fac/Staff	2	2.1%	4	4.2%	11	11.5%	32	33.3%	25	26.0%	22	22.9%	4.00
Climbing Wall	Student	38	8.3%	31	6.7%	36	7.8%	60	13.0%	63	13.7%	232	50.4%	3.35
	Fac/Staff	3	3.2%	7	7.4%	7	7.4%	6	6.3%	6	6.3%	66	69.5%	3.17
Group exercise spaces	Student	15	3.2%	28	6.0%	74	15.9%	107	23.0%	112	24.0%	130	27.9%	3.81
	Fac/Staff	4	4.2%	4	4.2%	12	12.6%	16	16.8%	11	11.6%	48	50.5%	3.55
Basketball courts	Student	22	4.7%	11	2.4%	36	7.7%	91	19.6%	104	22.4%	201	43.2%	3.92
	Fac/Staff	2	2.1%	1	1.1%	9	9.6%	12	12.8%	6	6.4%	64	68.1%	3.63
Racquetball courts	Student	25	5.4%	13	2.8%	32	7.0%	54	11.7%	89	19.3%	247	53.7%	3.79
	Fac/Staff	1	1.0%	1	1.0%	11	11.5%	8	8.3%	12	12.5%	63	65.6%	3.88
El Pomar Natatorium	Student	18	3.9%	10	2.2%	25	5.4%	71	15.4%	145	31.5%	192	41.6%	4.17
	Fac/Staff	2	2.2%	2	2.2%	9	9.7%	16	17.2%	25	26.9%	39	41.9%	4.11

Have you participated in or used any of the following programs/services at the Hamilton Rec Center: fitness assessment, group exercise, personal training, nutrition counseling, or massage therapy?

		Affiliation		Total
		Student	Fac/Staff	
Yes	Count	235	53	288
	%	50.0%	53.0%	50.5%
No	Count	235	47	282
	%	50.0%	47.0%	49.5%

### Past and Current Users Who Use Programs/Services

If you have participated in the following programs, please rate how well they met your needs.

		1-Not at all		2		3		4		5-Completely		NA		Mean
		#	%	#	%	#	%	#	%	#	%	#	%	
Fitness Assessment	Student	6	2.7%	3	1.3%	10	4.5%	25	11.2%	26	11.7%	153	68.6%	3.89
	Fac/Staff	0	0.0%	4	8.2%	7	14.3%	8	16.3%	8	16.3%	22	44.9%	3.74
Group Exercise	Student	3	1.3%	3	1.3%	19	8.3%	84	36.5%	96	41.7%	25	10.9%	4.30
	Fac/Staff	0	0.0%	2	4.0%	5	10.0%	16	32.0%	9	18.0%	18	36.0%	4.00
Personal Training	Student	9	4.1%	1	0.5%	5	2.3%	12	5.5%	10	4.5%	183	83.2%	3.35
	Fac/Staff	1	2.2%	0	0.0%	3	6.5%	7	15.2%	3	6.5%	32	69.6%	3.79
Nutrition Counseling	Student	7	3.1%	2	0.9%	6	2.7%	10	4.5%	5	2.2%	193	86.5%	3.13
	Fac/Staff	2	4.1%	1	2.0%	3	6.1%	1	2.0%	0	0.0%	42	85.7%	2.43
Massage Therapy	Student	8	3.6%	1	0.5%	7	3.2%	19	8.6%	29	13.1%	158	71.2%	3.94
	Fac/Staff	1	2.1%	0	0.0%	2	4.2%	8	16.7%	11	22.9%	26	54.2%	4.27

If you choose to participate in the following programs, please select why. Select all that apply, and if you have not participated, leave blank.

Data represents the number of times a box was checked.

		Lose or Maintain Weight	Improve or maintain fitness	Reduce or Manage Stress	Improve health concern/c condition	Have fun	Meet New People	Other
Fitness Assessment	Student	20	28	15	20	11	4	22
	Fac/Staff	11	13	3	6	3	0	6
Group Exercise	Student	91	142	106	61	126	52	12
	Fac/Staff	13	22	15	13	16	5	1
Personal Training	Student	9	16	7	10	7	2	28
	Fac/Staff	8	9	3	6	1	0	0
Nutrition Counseling	Student	7	7	5	8	4	1	24
	Fac/Staff	3	4	1	2	0	0	5
Massage Therapy	Student	3	5	39	16	7	1	25
	Fac/Staff	1	2	16	7	1	0	9

**If you have participated in the following programs, would you participate again? If you have not participated, leave blank.**

		Affiliation			
		Student		Fac/Staff	
		Yes	No	Yes	No
Fitness Assessment	Count	65	8	22	6
	%	89.0%	11.0%	78.6%	21.4%
Group Exercise	Count	196	3	31	3
	%	98.5%	1.5%	91.2%	8.8%
Personal Training	Count	36	7	13	3
	%	83.7%	16.3%	81.3%	18.8%
Nutrition Counseling	Count	31	6	4	4
	%	83.8%	16.2%	50.0%	50.0%
Massage Therapy	Count	63	6	22	2
	%	91.3%	8.7%	91.7%	8.3%