WHAT YOU’LL LEARN

The M*A*S*H Camps are designed to introduce middle and high school students to health careers and develop basic skills common to health careers. Each level builds new information and skills to prepare students for health careers.

Level I - Learn how to take vital signs and achieve CPR certificate. Explore careers in the health care field. (5th/6th graders)

Level II – Learn how to provide basic first aid and survival skills. Apply sciences to health problems including disease identification and investigation. We prefer that the camper has completed Level I or be at least 7th grade standing for the upcoming school year. (6th/7th graders)

Level III – Learn basic assessment skills, explore illnesses through case studies, mini-lectures and diagnostic procedures. Identify important high school courses to prepare for health careers. CPR certificate. We prefer that the camper has completed Level II or be at least 8th grade standing for the upcoming school year. (7th/8th graders)

Level IV – Learn advanced physical assessment skills, leadership development leading to first responder skills, exercise science and living a healthy life. There will also be field trips to medical facilities within our community. We prefer that the camper has completed Level III or be at least 9th grade standing for the upcoming school year. (8th/9th graders)

WHAT ELSE SHOULD I KNOW?

M*A*S*H Camp is held at the Colorado Mesa University campus each summer. Lunch, snacks and M*A*S*H gear will be provided. All materials and certificate costs are included at each level. Camps are taught by health science faculty and local professionals.

M*A*S*H Camp Details

M*A*S*H Camp meets every day, Tuesday–Friday, from 9:00am–3:00pm in the Department of Health Sciences Building, located on the corner of 12th Street and Walnut Avenue on the Colorado Mesa University campus. Campers may be dropped off and picked up each day at the east side of Health Sciences Building. Campers will be supervised at all times by Health Sciences Faculty. Campers should wear comfortable clothing in layers prepared for both indoor and outdoor activities. A parent permission form to participate will be sent to all campers upon acceptance into the Camp.

Costs are kept low for this camp thanks to generous funding from many agency sponsors.

For more information:
Contact the Department of Health Sciences at 248-1398 or visit our website: www.coloradomesa.edu/health-sciences/mash.html

Mesa Academy Summer Health
June 23-26, 2020

Join us for a fun filled, action-packed week at M*A*S*H Camp at Colorado Mesa University.

Learn important skills you’ll need for a career in the health field.

To register, please go to the following website: http://www.coloradomesa.edu/health-sciences/mash.html
M*A*S*H Camp is designed to build new skills and knowledge at each level.

LEVEL I:
* Overview of health careers
* Vital signs: pulse, blood pressure, respiration, blood glucose, and pulse oximetry
* Infection control, survival skills
* American Heart Association CPR certificate

LEVEL II: Students who have completed Level I (or at least 7th grade) are eligible for Level II.
* Basic first aid treatment of burns, sprains, bleeding, and minor acute illnesses
* Basic first aid skills: care of injured until help arrives, bandaging, splints, dressings
* Preparing a personal first aid kit
* More information on health careers

LEVEL III: Students who have completed Level II (or at least 8th grade) are eligible for Level III.
* American Heart Association CPR certificate
* Basic physical assessment skills
* Practice drawing blood (on mannequin), blood typing
* Case studies in cancer, heart, and lung disease
* First responder skills

LEVEL IV: Students who have completed Level III (or at least 9th grade) are eligible for Level IV.
* Exercise science
* Living a healthy life
* First responder skills
* Field trips to medical facilities
* Advanced physical assessment skills
* Leadership development