## Curriculum Committee Proposal Summary 12/10/2015

## Department: Computer Science, Mathematics and Statistics

## Program Additions

## Cyber Security

Degree Type: Prof Cert
Abbreviated Name: Cyber Security

Proposed by: Ram B. Basnet
Director of Teacher Education Signature:
Expected Implementation: Fall 2016

Computer Science, Mathematics and Statistics
Cyber Security
b. Demonstration of compliance with CMU requirements related to student learning outcomes (SLOs):

1) Identify program student learning outcomes (SLOs)
2) Identify linkage of program SLOs to institutional SLOs
3) Illustrate relationship of SLOs to proposed curriculum using curriculum map format
4) Identify planned assessments for the program SLO.

| Program Outcomes | Course | Assessment Method |
| :---: | :---: | :---: |
| Outcome \#1: <br> Students will be able to identify strengths and weaknesses of competing cyber defense tools and defend a choice for a given situation. (Critical Thinking) | CSCI 420 Cyber Security <br> CSCI 465 Network and Application Security | Project will be assigned where students will choose appropriate software and technologies to defend computers and networks. |
| Outcome \#2: <br> Students will be able to write simple scripts in scripting languages. (Applied Learning) | CSCI 420 Cyber Security <br> CSCI 465 Network and Application Security | Projects will be assigned where students will choose a scripting language such as Bash and Python to write firewall rules and write script to generate denial of service attacks, e.g. |
| Outcome \#3: <br> Students will be able to evaluate the security of computer systems, networks, and applications. (Applied Learning) | CSCI 370 Computer Security <br> CSCI 420 Cyber Security | 1) Assignments will be designed to assess the security posture of computer networks and applications. <br> 2) Tests will assess student understanding of theories and principles behind securing data. |
| Outcome \#4: <br> Students will be able to demonstrate clear effective communication on the importance of cyber security. (Communication Fluency) | CSCI 370 Computer Security CSCI 420 Cyber Security CSCI 465 Network and Application Security | Assignments will require the preparation of reports assessing various security risks and the presentation of assessment findings. |
| Outcome \#5: <br> Students will be able to demonstrate independent learning and use new technologies in cyber security. (Specialized Knowledge) | CSCI 420 Cyber Security <br> CSCI 465 Network and Application Security | Assignments and projects will be required where students independently conduct research to find, learn, and use security tools and technologies to defend complex networks. |

c. Program goals as they pertain to Colorado Mesa University's goals and objectives and Colorado Mesa University's Role and Mission.

The program goal for the Cyber Security certification is to prepare students to meet the growing demand of cyber security professionals from national and international businesses and government institutions. To achieve this goal which aligns with Colorado Mesa University's goals, mission, and values, the CSMS department will leverage:

1. Adaptable and hands on approaches to learning in the dynamic and rapid changing fields for cyber security.
2. Highly qualified faculty that excels in teaching and interacting with students.
3. A curriculum that will bridge a liberal education with professional program to successfully prepare students for the 21st century in the areas of personal and social responsibility, and ethics in cyber security, and the computing industry.
d. Program strengths, special features, innovations, and/or unique elements.
i) Program courses are taught by security experts with strong academic and industry background in the field.
ii) Program compares well with that offered by the peer and top-ranked institutions.
iii) Program topics and knowledge units conform with the IEEE, ACM and NSA recommendations.
iv) Program provides a hands-on approach to security using state-of-the-art virtual lab infrastructure.
v) Program provides students opportunities to apply and participate in cyber security research experiences for undergraduates funded by various government agencies such as NSF, DoD, NSA, etc.
vi) Program provides students opportunities to apply for internship and hand-on learning with various industries and government agencies.
e. External agencies, such as program accreditations, professional associations, as well as licensing requirements that have helped shape the program's curriculum (i.e., effects such as length of the program, on program content or mode of delivery, etc.). Do faculty members anticipate seeking program accreditation at appropriate date?
The ultimate goal of the program is to apply for the National Center of Academic Excellence in Information Assurance Education designated by National Science Foundation (NSF) and Department of Defense (DoD) within the next two years.
f. Program admissions requirements (if any beyond admission to institution).

## NA

g. Rationale and justification for the program demonstrating the demand, as evidenced by:
(1) Employer need/demand as demonstrated by evidence such as:
(a) identification of several potential employers of program graduates;
(b) projected regional and/or statewide need for graduates from current labor market analyses and/or future workforce projections/studies (potential source: www.occsupplydemand.org/)
(c) surveys made by external agencies;
(d) letters of direct employer support may be used. Include letters indicating the availability of positions for graduates of the proposed programs, signed by individual in a senior position of authority.Page 27 of 41
(2) Student demand as demonstrated by evidence such as surveys of potential students to answer the question: "what is the student population served by program implementation?"

1) According to various reports and surveys, it is clearly evidenced that there's a big demand for cyber security professionals. For example, this article: http://www.nextgov.com/cio-briefing/wired-workplace/2015/04/calling-all-information-security-professionals-world-needs-you/110338/ states that "The federal government is not the only entity struggling to fill its ranks with talented information security professionals. The entire world appears to be in the same boat, according to a new study." Another similar source is: http://www.washingtonpost.com/wpadv/specialsales/exec education/where jobs are.html

The demand will continue to increase as more countries and businesses around the world rely on technologies to conduct their businesses, according to this The Wall Street Journal article:
http://blogs.wsj.com/cio/2013/03/04/demand-for-cyber-security-jobs-is-soaring/
2) In Fall 2013 a computer security class at CMU was polled and a majority of students (more than $50 \%$ out of 26 mostly graduating students) said they would be interested in pursuing a certification/concentration program. In Fall 2015, Dr. Basnet has 6 students in my Network and Application security course (the capstone course of the program, currently offered as a topic course) who are very interested in the program and are taking the courses mainly because of the certification program that was promised to be there before they graduate.
h. Relationship of the proposed program to existing programs on campus and to similar programs within the state, with a rationale reflecting that proposed program demand cannot be met by another program (i.e., program implementation is not an unnecessary duplication)

Cyber security is a new and emerging program that has a strong relationship with computer science and information technology programs. However, those programs are traditionally created to provide students with required knowledge and skills to build and maintain programs and networks that function but not necessarily securely. Even though there's a push from various governing bodies such as IEEE and ACM that oversee the computer science and information technology curriculum to include security modules and units into the existing curriculum, such an overhaul will require daunting effort and is not likely to be adopted anytime soon. As a result, colleges and universities across the country are providing more security focused courses and offering students certifications, minors, and even majors in cyber security education to meet the growing demands in this industry.
i. Curriculum, including identification of new courses and the numbers, names, and sequencing of all courses, as well as demonstration of compliance with CMU's Credit Hour Policy as required by the U.S. Department of Education and articulated by the Higher Learning Commission;

CSCI 370 Computer Security (3)
CSCI 420 Cyber Security (3)
CSCI 465 Network and Application Security (3)
j. List of faculty and their qualifications. (Is there a need for additional faculty?)

1. Ram B. Basnet, PhD, CEH

Dr. Basnet's PhD dissertation is in cybersecurity. He is a Certified Ethical Hacker (a well-regarded industry certification) and has several years of industry experience practicing cybersecurity. Dr. Basnet is the founder and chief consulting officer of a local cybersecurity firm. Even though all three courses are taught by Dr. Basnet at this time, CSMS department has other qualified faculty who can teach these security courses if need be.
2. Warren MacEvoy, PhD

Dr. MacEvoy has an extensive background in the field of Computer Science and Applied Mathematics including cryptography (coding or encrypting information).
k. Description of learning resources needed for implementation. Scope and quality of library holdings, laboratories, clinical facilities, and technological support as applicable. Department's recommendations for additions to the Library's collection.
A state-of-the-art virtual lab will be required. A subscription to a virtual lab will be required of the students in place of the purchase of a textbook.
I. Intended delivery mode for program. For programs delivering any of its coursework via 1) alternative formats, 2 ) outsourcing, and/or 3) a consortial relationship, the program proposal must demonstrate compliance with requirements as specified by the U.S. Department of Education and articulated in the Higher Learning Commission's policies. To demonstrate this compliance, the proposing department must submit a statement from the VPAA's office.
NA
m. For Professional, Technical or Other Programs, the justification must include:
(1) Rationale for program to be in the PTO category.
(2) Statement as to how the curriculum aligns to the requirements or recommendations of the nationally recognized accrediting, licensing, certifying or professional organization.
(3) Rationale for the program to exceed 60 credit hours, if applicable.
(4) Rationale for prescribing Applied Studies courses, if applicable.
(5) Explanation as to how a transfer student with an AA degree in the discipline of that program can graduate by completing only an additional 60 hours.

## TABLE 1: ENROLLMENT PROJECTIONS

Name of Program: Cyber Security
Degree Title: Professional Certificate

## Name of Institution: Colorado Mesa University

DEFINITIONS:
Academic year is the period beginning July 1 and concluding June 30.
Headcount projections represent an unduplicated count of those students officially admitted to the program and enrolled at the institution during the academic year.

FTE is defined as the full-time equivalent number of those students majoring in the program, regardless of the classes enrolled, during the academic year.

Program graduate is defined as a student who finishes all academic program requirements and graduates with a formal award within a particular academic year.

SPECIAL NOTES:
To calculate the annual headcount enrollment, add new enrollees to the previous year headcount and subtract the number who graduated in the preceding year. Adjust by the anticipated attrition rate.

To calculate FTE, multiply the number of students times the projected number of credit hours degree seeking students will be typically enrolled in per year and divide by 30.

The data in each column is the annual unduplicated number of declared program majors. Since this table documents program demand, course enrollments are not relevant and shall not be included in the headcount or FTE data.

|  |  | Yr 1 | Yr 2 | Yr 3 | Yr 4 | Yr 5 | Full <br> Implementation |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1 1-a | In-state <br> Headcount | 4 | 9 | 11 | 14 | 19 | 25 |
| 1-b | Out-of-State <br> Headcount | 1 | 3 | 5 | 7 | 9 | 11 |
| 2 | Program <br> Headcount | 5 | 12 | 16 | 21 | 28 | 36 |
| 3-a | In-state FTE | .8 | 1.4 | 1.7 | 2.2 | 3 | 3.9 |
| 3-b | Out-of-State FTE | .2 | .5 | .8 | 1.1 | 1.4 | 1.7 |
| 4 | Program FTE | 1.0 | 1.9 | 2.5 | 3.3 | 4.4 | 5.6 |
| 5 | Program Graduates | 0 | 5 | 7 | 9 | 12 | 16 |

Signature of Governing Board Officer
Date

TABLE 2: PHYSICAL CAPACITY ESTIMATES
Name of Program: Cyber Security Professional Certificate

## Name of Institution: Colorado Mesa University

Purpose: This table documents the physical capacity of the institution to offer the program and/or the plan for achieving the capacity. Complete A or B .
Part A
I certify that this proposed degree program can be fully implemented and accommodate the enrollment projections provided in this proposal without requiring additional space or renovating existing space during the first five years.

Governing Board Capital Construction Officer
Date

|  | Column 1 | Column 2 | Column 3 |  | Column 4 |  | Column $5$ | Column 6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ASSIGNABLE SQUARE FEET | TOTAL NEEDED | AVAILABLE | RENOVATION |  | NEW CONSTRUCTION |  | LEASE/ <br> RENT | REVENUE <br> SOURCE* |
| TYPE OF SPACE |  |  | Immed | Future | Immed | Future |  |  |
| Classroom | No new physical space is needed. |  |  |  |  |  |  |  |
| Instructional Lab |  |  |  |  |  |  |  |  |
| Offices |  |  |  |  |  |  |  |  |
| Study |  |  |  |  |  |  |  |  |
| Special/General Use |  |  |  |  |  |  |  |  |
| Other |  |  |  |  |  |  |  |  |
| TOTAL |  |  |  |  |  |  |  |  |

* Capital Construction Fund (CCF), Research Building Revolving Fund (RBRF), Gift (GIFT), Grant (GR), Auxiliary Fund (AUX)

Attach a narrative describing the institutional contingency plan that addresses the space requirements of the proposed program or alternative delivery options, in the event that the request for capital construction or renovation is not approved.

## Governing Board Capital Construction Officer

Approved Policy I-B-10

Date
June 5, 2003

TABLE 3 - PROJECTED EXPENSE AND REVENUE ESTIMATES
All cost and revenue projections should be in constant dollars (do not include an inflation factor).

|  | ESTIMATED AMOUNT IN DOLLARS (PV) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 |
| Operating Expenses: |  |  |  |  |  |
| 1 Faculty |  |  |  |  |  |
| 2 $\begin{array}{l}\text { Financial Aid specific to } \\ \text { program }\end{array}$ <br> 3 nst |  |  |  |  |  |
| 3 Instructional Materials |  |  |  |  |  |
| 4 Program Administration |  |  |  |  |  |
| 5 Rent/Lease |  |  |  |  |  |
| 6 Other Operating Costs |  |  |  |  |  |
| 77 Total Operating <br> Expenses |  |  |  |  |  |
| Program Start-Up Expenses |  |  |  |  |  |
| 8 Capital Construction |  |  |  |  |  |
| 9 Equipment Acquisitions |  |  |  |  |  |
| 10 Library Acquisitions |  |  |  |  |  |
| 11Total Program Start-Up <br> Exp. |  |  |  |  |  |
| TOTAL PROGRAM EXPENSES | There are no new expenses for the program. |  |  |  |  |
| Enrollment Revenue |  |  |  |  |  |
| 12 General Fund: State <br> Support <br> 1 Cash |  |  |  |  |  |
| 13 Cash Revenue: Tuition |  |  |  |  |  |
| 14 Cash Revenue: Fees |  |  |  |  |  |
| Other Revenue |  |  |  |  |  |
| 15 Federal Grants |  |  |  |  |  |
|  |  |  |  |  |  |
| 17 Other fund sources * |  |  |  |  |  |
| 18 年Institutional <br> Reallocation ** |  |  |  |  |  |
| TOTAL PROGRAM REVENUE |  |  |  |  |  |

** If revenues are projected in this line, please attach an explanation of the specific source of the funds. If reallocated, the specific departments and the impact the dollars will have on the departments that will provide the reallocated dollars.

Date

## 2016-2017 PETITION/PROGRAM SHEET <br> Award: Professional Certificate <br> Program of Study: Cyber Security


#### Abstract

About This Certificate . . . The certificate in Cyber Security is designed to provide students with the knowledge and skills needed to engage in activities pertaining to protecting computer systems, networks, applications, and data. The program also prepares students for successfully completing internationally recognized certifications such as Certified Information Systems Security Professional (CISSP), CEH (Certified Ethical Hacker), etc.

All CMU professional certificate recipients are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning.

Upon completion of this program, students will be able to: 1. Identify strengths and weaknesses of competing cyber defense tools and defend a choice for a given situation. (Critical Thinking) 2. Write simple scripts in scripting languages (e.g., to automate system administration tasks). (Applied Learning) 3. Evaluate the security of computer systems, networks, and applications. (Applied Learning) 4. Demonstrate clear effective communication on the importance of cyber security. (Communication Fluency) 5. Demonstrate independent learning and use of new technologies in cyber security. (Specialized Knowledge)


NAME: $\qquad$ STUDENT ID \# $\qquad$

LOCAL ADDRESS AND PHONE NUMBER: $\qquad$
$\qquad$

I, (Signature) $\qquad$ hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

|  | 20 |
| :---: | :---: |
| Signature of Advisor | Date |
|  | 20 |
| Signature of the Department Head | Date |
|  | 20 |

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration. Consult with a Computer Science faculty advisor regarding prerequisite classes that might be necessary to take.

## Degree Requirements:

- 2.00 cumulative GPA or higher in all CMU coursework and a "C" or better must be achieved in achieved in coursework toward major content area.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head. Courses related to teacher licensure must also be approved by the Teacher Education Dept.
- When filling out the program sheet a course can be used only once.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.


## CERTIFICATE: Cyber Security

9 semester hours

| Course No | Title | Sem.hrs | Grade | Term |
| :--- | :--- | ---: | :--- | :--- |
| *CSCI 370 | Computer Security | 3 | - | - |
| CSCI 420 | Cyber Security | 3 | - | - |
| CSCI 465 | Net/App Security | 3 | - | - |

*Consult with a Computer Science faculty advisor regarding prerequisite classes that might be necessary to take.

## SUGGESTED COURSE SEQUENCING FOR A CERTIFICATE IN CYBER SECURITY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

|  |  |  |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
| Fall Semester | Hours | Spring Semester | Hours |
| CSCI 370 Computer Security | 3 | CSCI 420 Cyber Security | 3 |

## SECOND YEAR

Fall Semester Hours $\quad$ Spring Semester Hours

CSCI 465 Network and Application Security 3

## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your final year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test).

Course Title:
Abbreviated Title: Net/App Security
Contact hours per week: Lecture 3 Lab
Type of Instructional Activity: Lecture

Student preparation minutes: 4500
Intended semesters for offering this course: Fall $\quad \downarrow$ J-Term $\square$ Spring $\square$ summer $\square$
Essential Learning Course: Yes $\square$ No
Prerequisites: Yes $\downarrow$ No
CSCI 420
Prerequisite for other course(s): Yes $\square$ No
Co-requisites: Yes $\square$ No
Requirement or listed choice for any program of study: Yes $\quad \checkmark$ No $\square$
Overlapping content with present courses offered on campus: Yes $\square$ No
Additional faculty FTE required: Yes $\square$ No
Additional equipment required: Yes $\square$ No
Additional lab facilities required: Yes $\square$ No

## Course description for catalog:

Exploration of advanced topics in network and web-based application security such as network vulnerability management, network monitoring, intrusion detection and prevention, government and industry security compliances, wireless security, most common web application security flaws, browser and database security principles, and authentication and authorization in web applications.

## Justification:

This is the third course in cyber security certification program that the Computer Science department will provide. The CSMS department has already offered this course in Fall 2015 with the goal of providing a certificate of completion to the students who have taken all three required courses.

There's a high demand for cyber security professionals in the current job market and this demand is projected to be grown significantly in the years to come. With the addition of this course, CMU will not only be able to offer well-rounded education with marketable skills to its students but also will be able to attract many new potential students who'd be interested in pursuing their career in the cyber security field.

## Topical course outline:

1. Network security importance
2. Wireless security
3. Various security regulations and compliances
4. Network security monitoring
5. Vulnerability management
6. Intrusion detection and prevention
7. Top 10 most common web application vulnerabilities
8. Browsers and database security principles
9. File security principles and secure development methodology

## Student Learning Outcomes:

1. Use tools and technology for successful network vulnerability management and monitoring.
2. Use tools and technology for network and host-based intrusion detection and prevention.
3. Write documentation and produce reports that will help organizations adhere to security compliances.
4. Detect and mitigate most common web application security vulnerabilities such as SQL injection, XSS, etc.
5. Demonstrate effective communication on the importance of browser and database security.

## Current

## Proposed

Course Prefix: KINE
Course No.: 240
Credit Hours 2
Course Title: Introduction to Clinical Athletic Training
Description for catalog:
Current: Introduction to basic athletic training skills, policies and procedures. Required for admission into the Athletic Training Education Program.
Proposed: Introduction to basic athletic training skills, policies, and procedures. Required for admission into the Athletic Training Program.

Requirement or listed choice for any program of study: Yes $\checkmark$ No

## Justification:

The word Education has been removed from the catalog description to align with accreditation documents as we prepare for an accreditation self study in 2016-2017.

## Student Learning Outcomes, current:

1. Identify the athletic training scope of practice as defined by the BOC Role Delineation Study, Standards of Professional Practice, NATA Position Statements and, and state practice acts
2. Explain the admission requirements to the Colorado Mesa University Athletic Training Program
3. Implement policies and procedures within the Colorado Mesa University Athletic Training Room
4. Operate the treatment and rehabilitation equipment located in the Colorado Mesa University Athletic Training Room
5. Understand the duties and activities associated with the field of Athletic Training

Student Learning Outcomes, proposed:
Proposed by: Jeremy Hawkins Expected Implemention: Fall 2016
KINE 253

Current
Proposed
Course Prefix: KINE
Course No.: 253
Credit Hours 2
Course Title: Fundamentals of Clinical Athletic Training Clinical Experiences in Athletic Training I
Abbreviated Fundamental Clinical Ath Clin Exp Athl Train I

## Prerequisites:

Current: Admission into the Athletic Training Education Program.
Proposed: Admission into the Athletic Training Program.
Requirement or listed choice for any program of study: Yes $\quad$ No
Kinesiology BS, Athletic Training: 3146

## Justification:

This course is the first of five clinical experience courses that athletic training students take. By naming it in the same manner as the other four clinical experience courses clarity is added to the type of course it is. The word Education has been removed from the prerequisite list to align with accreditation documents as we prepare for an accreditation self study in 2016-2017.

KINE 367

## Current <br> Proposed

## Course Prefix: KINE

Course No.: 367
Credit Hours 2
Course Title: Field Experiences in Athletic Training I
Prerequisites:
Current: Admission into the Athletic Training Education Program.
Proposed: KINE 253

## Co-requisites:

Current:
Proposed: KINE 368
Description for catalog:
Current: Athletic training field experiences. Concentration on Pre-Participation Considerations and Acute Injury Management.

Proposed: Exploration of athletic training field experiences. Concentration on pre-participation considerations, acute injury management, and environmental conditions.
Requirement or listed choice for any program of study: Yes $\downarrow$ No

## Justification:

The prerequisite was adjusted to reflect the fact that KINE 253 must be taken prior to taking this course and KINE 253 cannot be taken without being admitted into the Athletic Training Program. KINE 368 was added as a corequisite since the courses are taken in the same semester. The course description was changed to more clearly reflect how the course is being taught.

## Topical course outline, current:

Pre-participation exam
Acute injury management
Topical course outline, proposed:
Pre-participation exam
Acute injury management
Environmental conditions and their management
Student Learning Outcomes, current:

1. Inspect, fit, construct and/or apply protective equipment.
2. Assess and interpret findings from a physical examination that is based on the patient's clinical presentation.
3. Determine when the findings of an examination warrant referral of the patient.
4. Identify the athletic training scope of practice as defined by the BOC Role Delineation Study, Standards of Professional Practice, NATA Position Statements and, state practice acts
Student Learning Outcomes, proposed:
Proposed by: Jeremy Hawkins Expected Implemention: Fall 2016
KINE 368
Current
Proposed
Course Prefix: KINE

| Course Title: | Clinical Experiences in Athletic Training I | Clinical Experiences in Athletic Training II |
| :--- | :--- | :--- |
| Abbreviated | Clinic Exp in Athl Train | Clin Exp Athl Train II |

## Prerequisites:

Current: KINE 367 and admission into the Athletic Training Education Program.
Proposed: KINE 253

## Co-requisites:

Current:
Proposed: KINE 367
Requirement or listed choice for any program of study: Yes $\downarrow$ No
Kinesiology BS, Athletic Training: 3146

## Justification:

Changing the title of KINE 253 to align with the other clinical experience courses resulted in the need to change the title of this course. The prerequisites listed were dropped in favor of listing a corequisite because KINE 367 and KINE 368 are taken in the same semester and they cannot be registered for without having first taken KINE 253.

## Proposed by: Jeremy Hawkins

Expected Implemention: Fall 2016
KINE 378
Current Proposed
Course Prefix: ..... KINE
Course No.: ..... 378
Credit Hours ..... 2
Course Title: Clinical Experiences in Athletic Training II Clinical Experiences in Athletic Training III
Abbreviated Clinic Exp in Athl Train Clin Exp Athl Train III
Description for catalog:
Current: Athletic training clinical experiences. Concentration on injury rehabilitation, nutrition, and psychology.
Proposed: Exploration of athletic training clinical experiences. Concentration on psychology, injury prevention, care, and rehabilitation.
Requirement or listed choice for any program of study: Yes $\downarrow$ No
Kinesiology BS, Athletic Training: 3146

## Justification:

Changing the title of KINE 253 to align with the other clinical experience courses resulted in the need to change the title of this course. The catalog description adjustment was made to more fully reflect what is currently being taught in the course.

## Topical course outline, current:

Upper extremity injury management: head, face, cervical spine, shoulder, elbow, wrist, and hand Nutrition considerations
Strength training and conditioning
Topical course outline, proposed:
Upper extremity injury management: head, face, cervical spine, shoulder, elbow, wrist, and hand Nutrition considerations
Strength training and conditioning

Pschological conditions and management
Student Learning Outcomes, current:
o Identify and describe the signs, symptoms, physiological, and psychological responses of clients/patients with disordered eating or eating disorders.
o Identify which therapeutic drugs, supplements, and performance-enhancing substances are banned by sport and/or workplace organizations in order to properly advise clients/patients about possible disqualification and other consequences.
o Describe the role of various mental healthcare providers (psychiatrists, psychologists, counselors, social workers) that may comprise a mental health referral network
o Identify and refer clients/patients in need of mental healthcare
o Identify the symptoms and clinical signs of substance misuse/abuse, the psychological and sociocultural factors associated with such misuse/abuse, its impact on an individual's health and physical performance, and the need for proper referral to a healthcare professional
o Formulate a referral for an individual with a suspected mental health or substance abuse problem o Evaluate and care for athletic injuries and illnesses based on an understanding of anatomy, physiology, biomechanics, and abnormal social, emotional, and mental behaviors, while maintaining patient privacy.
Student Learning Outcomes, proposed:

Proposed by: Jeremy Hawkins Expected Implemention: Fall 2016
KINE 467

|  | Current | Proposed |
| :--- | :--- | :--- |
| Course Prefix: | KINE |  |
| Course No.: | 467 |  |
| Credit Hours | 2 |  |
| Course Title: | Field Experiences in Athletic Training II |  |
| Prerequisites: |  |  |

Current: KINE 378 and admission into the Athletic Training Education Program
Proposed: KINE 378

## Co-requisites:

Current:
Proposed: KINE 468
Requirement or listed choice for any program of study: Yes $\quad$ No

## Justification:

The prerequisites were adjusted because admittance to the Athletic Training Program is covered in simply listing KINE 378. KINE 468 was added as a corequisite because the two courses are taken in the same semester.

## Proposed by: Jeremy Hawkins

Expected Implemention: Fall 2016
KINE 468

|  | Current | Proposed |
| :--- | :--- | :--- |
| Course Prefix: | KINE |  |
| Course No.: | 468 |  |
| Credit Hours | 2 |  |
| Course Title: | Clinical Experiences in Athletic Training III | Clinical Experiences in Athletic Training IV |
| Abbreviated | Clin Exp in Athl Trainin | Clin Exp Athl Train IV |

## Co-requisites:

Current:
Proposed: KINE 467

## Description for catalog:

Current: Athletic training clinical experiences. Concentration on injury illness and evaluation.
Proposed: Exploration of athletic training clinical experiences. Concentration on administration and professional development.
Requirement or listed choice for any program of study: Yes $\quad$ No

## Kinesiology BS, Athletic Training: 3146

## Justification:

Changing the title of KINE 253 to align with the other clinical experience courses resulted in the need to change the title of this course. The prerequisite was changed to a corequisite because the two courses are taken in the same semester. The course description changed because we have chosen to teach the information that has historically been taught in KINE 478 a semester earlier in order to better prepare the athletic training students for the certification exam. As such, the content of the last two clinical experience courses has flip flopped.

Topical course outline, current:

## Pharmacology

Management of injuries to the lower extremity
Management of injuries to the upper extremity
Management of injuries to the head, spine, and thorax
Psychological techniques and treatment strategies
Topical course outline, proposed:
Risk Management in Athletic Training
Regulation of Athletic Training - Role of state governing bodies, NATA, BOC
Professional development
Recruiting and hiring
Billing and insurance
Documentation
Facility design and management
Policy and procedure creation and implementation
Student Learning Outcomes, current:
Demonstrate clinical integrated proficiency with respect to selection, application, evaluation, and mofification of protective equipment.
Demonstrate clinical integrated proficiency in the ability develop, implement, and monitor prevention strategies for at risk individuals.
Demonstrate clinical integrated proficiency to perform a comprehensive clinical evaluation of a patient with an upper extremity, lower extremity, head, neck, thorax, and/or spine injury or condition.
Demonstrate clinical integrated proficiency to perform a comprehensive clinical examination that includes appropriate clinical reasoning to formulate a differential diagnosis and/or diagnosis.
Demonstrate clinical integrated proficiency to select and integreat appropriate psychological techniques into a patient's treatment or rehabilitation program.
Demonstrate clinical integrated proficiency to recognize and refer at-risk individuals with psychological disorders and/or mental health emergencies.
Student Learning Outcomes, proposed:
Demonstrate clinical integrated proficiency in administration of testing procedures to obtain baseline data regarding a client's/patient's level of general health.
Demonstrate clinical integrated proficiency in the utilization of documentation strategies to effectively
communicate with all party associated with athlete care.
Determine the athletic training scope of practice as defined by the Board of Certification Role Delineation Study, Standards of Professional Practice, NATA Position Statements, and state practice acts.
Develop policies and procedures to aid in the prevention of athletic injuries and illnesses.
Differentiate between risk management practices, health care delivery mechanisms, insurance and reimbursement options, forms of documentations, and facility management strategies.

Proposed by: Jeremy Hawkins
Expected Implemention: Fall 2016

KINE 478

|  | Current | Proposed |
| :--- | :--- | :--- |
| Course Prefix: | KINE |  |
| Course No.: | 478 |  |
| Credit Hours | 2 |  |
| Course Title: | Clinical Experiences in Athletic Training IV | Clinical Experiences in Athletic Training V |
| Abbreviated | Clin Exp in Athl Trainin | Clin Exp Athl Train V |

Description for catalog:
Current: Athletic training clinical experiences. Concentrations on administration and professional development. Capstone course for the Athletic Training Education Program.
Proposed: Exploration of athletic training clinical experiences. Concentration on injury and illness evaluation and rehabilitation. Capstone course for the Athletic Training Program.
Requirement or listed choice for any program of study: Yes $\square$ No

## Kinesiology BS, Athletic Training: 3146

## Justification:

Changing the title of KINE 253 to align with the other clinical experience courses resulted in the need to change the title of this course. The course description changed because we have chosen to teach the information that has historically been taught in KINE 468 a semester later in order to better prepare the athletic training students for the certification exam. As such, the content of the last two clinical experience courses has flip flopped.

Topical course outline, current:
Risk Management in Athletic Training
Regulation of Athletic Training - Role of state governing bodies, NATA, BOC
Professional development
Recruiting and hiring
Billing and insurance
Documentation
Facility design and management
Policy and procedure creation and implementation
Topical course outline, proposed:
Pharmacology
Management of injuries to the lower extremity
Management of injuries to the upper extremity
Management of injuries to the head, spine, and thorax
Psychological techniques and treatment strategies
Student Learning Outcomes, current:
Demonstrate clinical integrated proficiency in administration of testing procedures to obtain baseline data regarding a client's/patient's level of general health.
Demonstrate clinical integrated proficiency in the utilization of documentation strategies to effectively communicate with all party associated with athlete care.

Determine the athletic training scope of practice as defined by the Board of Certification Role Delineation Study, Standards of Professional Practice, NATA Position Statements, and state practice acts.
Develop policies and procedures to aid in the prevention of athletic injuries and illnesses.
Differentiate between risk management practices, health care delivery mechanisms, insurance and reimbursement options, forms of documentations, and facility management strategies.
Student Learning Outcomes, proposed:
Demonstrate clinical integrated proficiency with respect to selection, application, evaluation, and mofification of protective equipment.
Demonstrate clinical integrated proficiency in the ability develop, implement, and monitor prevention strategies for at risk individuals.
Demonstrate clinical integrated proficiency to perform a comprehensive clinical evaluation of a patient with an upper extremity, lower extremity, head, neck, thorax, and/or spine injury or condition.
Demonstrate clinical integrated proficiency to perform a comprehensive clinical examination that includes appropriate clinical reasoning to formulate a differential diagnosis and/or diagnosis.
Demonstrate clinical integrated proficiency to select and integreat appropriate psychological techniques into a patient's treatment or rehabilitation program.
Demonstrate clinical integrated proficiency to recognize and refer at-risk individuals with psychological disorders and/or mental health emergencies.

Proposed by: Jeremy Hawkins
Expected Implemention: Fall 2016

## Program Modification

## Athletic Training: 3146

Degree Type: BS
Revision to program sheet: Yes $\downarrow$ No $\square$ Description of modification:
The following changes are being proposed:

1. KINE 240 -adjust the course description
2. KINE 253 - name change; adjust prerequisite language
3. KINE 367 - adjust prerequisite; add corequisite; change catalog description; update to course outline
4. KINE 368 - name change; adjust prerequisite; add corequisite
5. KINE 378 - name change; change catalog description; update to course outline
6. KINE 467 - adjust prerequisite; add corequisite
7. KINE 468 - name change; adjust prerequisite; add corequisite; change catalog description; update to course outline and SLOs
8. KINE 478 - name change; change catalog description; update to course outline and SLOs
9. Update program sheet accordingly

## Justification:

The Athletic Training Program will complete a self-study during 2016-2017 as part of a compresensive review to maintain accreditation through the Commission on Accreditation of Athletic Training Education. The proposed changes are meant to clean some programmatic things up in preparation for this self study. The renaming of courses will provide clarity to the order in which the clinical experience courses take place. Several of the courses have unnecessary language in either the catalog descriptions or prerequisites that has been removed. Lastly, the content in the final two clinical experience courses has flip flopped to allow athletic training students to have exposure to specific content sooner. This change was made in response to graduate feedback from the last few years. All of the changes are all delivery based in nature. As such, programmatic SLOs have not changed.

| Revision to SLOs: | Yes $\square$ | No $\square$ |
| :--- | :--- | :--- |
| Other changes: | Yes $\square$ | No $\square$ |

Discussions with affected departments:

Proposed by: Jeremy Hawkins
Director of Teacher Education Signature:
Expected Implementation: Fall 2016


#### Abstract

About This Major . . . The Athletic Training Program (ATP) is a five semester clinical program, usually completed from the spring of the sophomore through the senior year, and is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Admission into the ATP is competitive and admission into Colorado Mesa University does not guarantee admission into the ATP. The ATP ensures the highest quality of education by offering collective learning experiences that enable the student to successfully challenge the Board of Certification examination and pursue numerous career paths as a certified athletic trainer. Certified athletic trainers gain employment in a variety of settings including but not limited to: high school/college athletic programs, professional sport programs, outpatient physical therapy/sports medicine clinics, industrial/corporate settings, and even the US military.


Transfer students are encouraged to contact the ATP at least 1 semester prior to application/ transfer to assure that they have time to develop the required skills and knowledge pre-requisites.

Application deadline is December 1 for admission into the clinical program for the following spring semester.
For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html
All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Select appropriate prevention and health promotion strategies. (Critical Thinking)
2. Evaluate pathologies common to an athletic population in a correct and efficient manner. (Critical Thinking)
3. Design therapeutic intervention to maximize a patient's participation and health-related quality of life. (Critical Thinking, Quantitative Fluency)
4. Select and integrate appropriate psychosocial techniques into a patient's treatment program, recognizing when and how to refer where necessary. (Specialized Knowledge, Communication Fluency)
5. Demonstrate the ability to clearly communicate specialized knowledge. (Specialized Knowledge, Communication Fluency)

NAME: $\qquad$ STUDENT ID \# $\qquad$

## LOCAL ADDRESS AND PHONE NUMBER:

$\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

| Signature of Advisor | Date | 20 |
| :---: | :---: | :---: |
|  |  |  |
|  |  | 20 |
| Signature of Department Head | Date |  |
|  |  | 20 |
| Signature of Registrar | Date |  |

## DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- A 2.75 GPA is required in the major courses. A "C" or higher is required in all major courses.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2 ) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours) See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title
Sem.hrs Grade Term/Trns
English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)
ENGL 111 English Composition 3
ENGL 112 English Composition
3
Math MATH 113 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)
MATH 113 College Algebra 4* $^{*}$
*3 credits apply to the Essential Learning requirements and 1 credit applies to elective credit

Humanities (3 semester hours)

| $\overline{S o c i a l}$ and Behavioral Sciences (6 semester hours) | - |  |
| :--- | :--- | :--- | :--- |
| PSYC $150 \quad$ General Psychology | 3 | - |

Natural Sciences (7 semester hours, one course must include a lab) PHYS 111, 111L suggested*


Fine Arts (3 semester hours)

WELLNESS REQUIREMENT (3 semester hours)

| KINE 100 | Health and Wellness | 1 | - |
| :--- | :--- | :--- | :--- |
| KINA 1__ |  | 1 | - |
| KINA 1-_ | - | 1 | - |

ESSENTIAL LEARNING CAPSTONE (4 semester hours)
ESSL 290 Maverick Milestone
(see English \& math pre-reqs) 3
ESSL 200 Essential Speech (co-requisite) 1


FOUNDATION COURSE (11 semester hours)
STAT 200 Probability and Stats 3
BIOL 209 Human Anat \& Phys I 3
BIOL 209L Human Anat \& Phys I Lab 1
BIOL 210 Human Anat \& Phys II 3
BIOL 210L Human Anat and Phys II Lab 1

## ATHLETIC TRAINING MAJOR REQUIREMENTS

Required Courses ( 60 semester hours)
KINE 200 History \& Philosophy of Sport
KINE $213 \begin{array}{ll}\text { \& Physical Education } \\ \text { Applications of Physical Fitness }\end{array}$
\& Physical Education 3
KINE 234 Prevention \& Care of Athletic Injuries 3
KINE 240 Introduction to Clinical Athletic Training

$\qquad$



Training $\mathrm{IV} \quad 2$
Electives (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. (11 semester hours) - BIOL 409, 409L suggested


## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN ATHLETIC TRAINING

This is a recommended sequence of course work. Certain courses may have prerequisites or are offered only during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.


| Fall Semester |  | JUNIOR YEAR |  | Hours |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Hours | Spring Semester |  |  |
| Essential Learning | Natural Science with Lab | 4 | KINE 303 | Exercise Physiology | 3 |
| KINE 309 | Anatomical Kinesiology | 3 | KINE 303L | Exercise Physiology Lab | 1 |
| KINE 367 | Field Exp. in Athletic Training I | 2 | KINE 373 | Upper Body Assessment | 3 |
| KINE 368 | Clinical Experiences in AT II | 2 | KINE 378 | Clinical Experiences in AT II | 2 |
| KINE 374 | Lower Body Injury Assessment | 3 | KINE 410 | Rehabilitative Exercises | 3 |
| KINE 309 | Anatomical Kinesiology | 3 | KINE 430 | Med. Cond. \& Pharmacology | orts 3 |
| KINE 368 | Clinical Experiences I | 2 | KINE 303 | Exercise Physiology | 3 |
| KINE 420 | Therapeutic Modalities | $\underline{3}$ | KINE 303L | Exercise Physiology Lab | $\underline{1}$ |
|  |  | 17 |  |  | 15 |
|  |  | SENIOR YEAR |  |  |  |
| Fall Semester |  | Hours | Spring Semester |  | Hours |
| KINE 405 | Sports Nutrition | 3 | KINE 370 | Biomechanics | 3 |
| KINE 467 | Field Exp. in Athletic Training II | 2 | KINE 370L | Biomechanics Lab | 1 |
| KINE 468 | Clinical Experiences in AT HIV | 2 | KINE 478 <br> KINE 370 | Clinical Experiences in AT ${ }^{\text {I }}$ | 2 |
| KINA | Activity | 1 |  | Biomechanics | 3 |
| KINE 405 | Sports Nutrition | 3 | KINE 370L | Biomechanics Lab | 1 |
| Electives |  | 4 | Electives |  | $\underline{6}$ |
|  |  | 12 |  |  | 12 |

## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March $\mathbf{1}$ for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
Bachelor of Science: Athletic Training
Posted May 2015
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test)

## Degree Type: BS

Revision to program sheet: Yes $\checkmark$ No
Description of modification:
List KINA 128 Intermediate Weight Training as a suggested course to help fulfill the Wellness requirement.
Justification:
KINA 128 is a prerequisite course for KINE 403. Listing KINA 128 as a suggested course will ensure students are taking the necessary courses needed for successful completion of the degree.

| Revision to SLOs: | Yes $\square$ | No |
| :--- | :--- | :--- |
| Other changes: | Yes $\square$ | No |

Discussions with affected departments:
NA
Proposed by: Jeremy Hawkins
Director of Teacher Education Signature:
Expected Implementation: Fall 2016


#### Abstract

About This Major . . . Students enrolled in this concentration should have a strong interest in the sciences as this program applies science to human function. The student will begin studies with science courses such as physics, general chemistry, and human anatomy \& physiology. Continued studies will include courses such as: exercise physiology, anatomical kinesiology, biomechanics, physical activity and aging, medical conditions and pharmacology, and sports nutrition, among other subject areas. This major is designed to prepare students for graduate programs such as: physical therapy, physician's assistant, occupational therapy, and exercise physiology.

Colorado Mesa students frequently continue their study for graduate or professional degrees at universities widely recognized as top programs in exercise physiology, physical therapy, occupational therapy, physical education and public health.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html. All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to: 1. Evaluate the functions of the individual body systems. (Specialized Knowledge) 2. Identify risk factors associated with chronic disease. (Specialized Knowledge) 3. Identify the scope and definitions of health, fitness, and human performance with the ability to analyze the data critically. (Applied Learning, Quantitative Fluency) 4. Describe procedures and/or statistical analyses for physiological assessments. (Quantitative Fluency) 5. Apply biomechanical principles to movement and be able to communicate and formulate conclusions about the results. (Critical Thinking) 6. Demonstrate the ability to clearly communicate specialized knowledge. (Communication Fluency)


NAME:

## STUDENT ID \#

## LOCAL ADDRESS AND PHONE NUMBER:

I, (Signature) $\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

| Signature of Advisor | Date | 20 |
| :---: | :---: | :---: |
|  |  |  |
| Signature of Department Head | Date |  |
|  |  | 20 |
| Signature of Registrar | Date |  |

## DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher)
- 40 upper division credits (A minimum of 15 taken within the major at CMU)
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours): See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term
English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)
ENGL 111 English Composition
ENGL 112 English Composition 3 -
Math MATH 113 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)
MATH 113 College Algebra 4*
*3 credits apply to the Essential Learning requirements and additional credit(s) will apply to elective credit

Humanities (3 semester hours)

Social and Behavioral Sciences (6 semester hours) - PSYC 233 Human Growth and Development (suggested)*


Natural Sciences (7 semester hours, one course must include a lab) PHYS 111, 111L General Physics and Lab, PHYS 112, 112L General Physics and Lab (suggested)*


[^0]Sem.hrs Grade Term
Fine Arts (3 semester hours)

WELLNESS REQUIREMENT (3 semester hours)- KINA 128
Intermediate Weight Training suggested*

| KINE 100 | Health and Wellness |  | 1 | - |
| :--- | :--- | :--- | :--- | :--- |
| KINA 1 |  | 1 | - |  |
| KINA $1-$ |  | 1 | - |  |
| *This course is | - |  |  |  |

*This course is suggested because it is a prerequisite for KINE 403.
ESSENTIAL LEARNING CAPSTONE (4 semester hours)

| ESSL 290 | Maverick Milestone <br> (see English \& math pre-reqs) | 3 |
| :--- | :--- | :--- |
| ESSL 200 | Essential Speech (co-requisite) | 1 |

FOUNDATION COURSES (17-20 Semester Hours)
STAT 200 Probability and Statistics 3
BIOL 209 Human Anatomy and Phys 3
BIOL 209L Human Anatomy \& Phys Lab 1
CHEM 131 General Chemistry 4
CHEM 131L General Chemistry Lab 1
CHEM 132 General Chemistry 4
CHEM 132L General Chemistry Lab 1
KINE 265 First Aid \& CPR/AED for the Health Care Provider OR Current Card 3
$\qquad$ 3 -

EXERCISE SCIENCE MAJOR REQUIREMENTS (48-53 semester hours) Must pass all courses with a grade of "C" or higher.
KINE 200 History and Phil of Sport \& PE 3
KINE 213 Appl of Phy Fit \& Ex Presc 3
KINE 234 Prevention \& Care of Ath Inj 3
KINE 301 Health and Fitness Assessment 3
KINE 303 Ex Physiology
KINE 303L Ex Physiology Lab
KINE 309 Anatomical Kinesiology
KINE 370 Biomechanics
KINE 370L Biomechanics Lab
KINE 403 Advanced Strength and Conditioning
**OR**


KINE 404 Clinical Exercise Physiology and Advanced Exercise Prescription
$\begin{array}{ll} & 3 \\ \text { KINE } 405 & \text { Sport Nutrition }\end{array}$
KINE 415 Physical Activity \& Aging 3
KINE 494 Senior Seminar 1
KINE 499 Internship 3


## Restricted Electives:

Select four courses from the list below. Courses listed with a lecture and lab are counted as one course. If you choose 200 level courses, make sure you choose 300 and above courses for electives to ensure having 40 hours of upper division courses for graduation.

BIOL 210 and 210L Human Anatomy and Physiology II (3) \& (1)
BIOL 241 Pathophysiology (4)
BIOL 301 and 301L Genetics (3) \& (1)
BIOL 341 and 341L General Physiology (3) \& (1)
BIOL 409 and 490L Gross and Developmental Human Anatomy (2) \&
(2)

CHEM 311 and 311L Organic Chemistry (4) \& (1)
CHEM 312 and 312L Organic Chemistry (4) \& (1)

CHEM 315 and 315L Biochemistry (3) \& (1)
KINE 401 Organization/Admin/Legal Considerations in PE \& Sports (3) KINE 403 Advanced Strength and Conditioning* (3)
KINE 404 Clinical Exer Phys \& Adv Exer Prescriptions* (3)
KINE 410 Rehabilitative Exercises (3)
KINE 420 Therapeutic Modalities (3)
KINE 487 Structured Research (1-3)
PSYC 340 Abnormal Psychology (3)
*NOTE: Do not double count KINE 403/404 from the list of major requirements.

Restricted Electives (12-15 semester hours):


Electives (11-18 semester hours) All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours)

| *MATH 113 | College Algebra | 1 |
| :---: | :---: | :---: |
| - |  | - |
|  |  | - |
|  |  |  |

Graduate or Professional Schools in Exercise Science and Professional Schools in Medicine (MD) Physical Therapy (PT), Occupational Therapy (OT), and Physician Assistant (PA), and Chiropractic programs often have their own unique prerequisites that are not part of the exercise science major requirements. For example, two semesters of General Physics are required for most MD, PT and Chiropractic programs. Because prerequisites vary significantly from school to school, students need to check specific requirements for schools where they are planning to apply for admission.

General Recommendations for graduate programs:
Exercise Physiology:
BIOL 409, 409L Gross and Developmental Human Anatomy
CHEM 311, 311L, 312, 312L Organic Chemistry
KINE 487 Structured Research
Biomechanics:
BIOL 409, 409L Gross and Developmental Human Anatomy
PHYS 111, 111L, 112, 112L General Physics
MATH 151 Calculus I
KINE 487 Structured Research
General Recommendations for Graduate Professional Programs:
Medicine:
CHEM 311, 311L, 312, 312L Organic Chemistry
PHYS 111, 111L, 112, 112L General Physics
MATH 151 Calculus I
SOCO 260 General Sociology
Physician's Assistant:
BIOL 341, 341L General Physiology and BIOL 409, 409L Gross and Developmental Human Anatomy
or
BIOL 209, 209L Human Anatomy and Physiology and BIOL 210, 210L
Human Anatomy and Physiology II
CHEM 311, 311L, 312, 312L Organic Chemistry
KINE 499 Internship
Upper level lab-based Biology courses
Additional Psychology course
Physical Therapy:
BIOL 341, 341L General Physiology and BIOL 409, 409L Gross and Developmental Human Anatomy
or
BIOL 209, 209L Human Anatomy and Physiology and BIOL 210, 210L
Human Anatomy and Physiology II
PHYS 111, 111L, 112, 112L General Physics
PSYC 233 Human Growth and Development
PSYC 310 Child Psychology or PSYC 340 Abnormal Psychology
KINE 499 Internship
Occupational Therapy:
BIOL 409, 409L Gross and Developmental Human Anatomy
PHYS 111, 111L General Physics
PSYC 233 Human Growth and Development
PSYC 340 Abnormal Psychology
KINE 499 Internship
Sociology and/or Anthropology courses
Medical Terminology
Chiropractic:
CHEM 311, 311L, 312, 312L Organic Chemistry
PHYS 111, 111L, 112, 112L General Physics
Social Science and Humanities courses

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN EXERCISE SCIENCE

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.


| Fall Semester |  | SOPHOMORE YEAR |  |  | Hours |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Hours | Spring Semester |  |  |
| KINE 234 | Prevention \& Care of Ath Injuries | 3 | Essential Learning | Soc \& Beh Science | 3 |
| BIOL 209 | Human Anatomy | 3 | Essential Learning | Humanities | 3 |
| BIOL 209L | Human Anatomy Lab | 1 | Essential Learning | Fine Arts | 3 |
| STAT 200 | Probability and Statistics | 3 | KINE 265 | First Aid \& CPR/AED for the |  |
| CHEM 131 | General Chemistry | 4 |  | Health Care Provider OR |  |
| CHEM 131L | General Chemistry Lab | 1 |  | Current Card | 3 |
|  |  | 15 | CHEM 132 | General Chemistry | 4 |
|  |  |  | CHEM 132L | General Chemistry Lab | 1 |
|  |  |  |  |  | 14-17 |



## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test).

## Degree Type: <br> BA

Revision to program sheet: Yes $\downarrow$ No
Description of modification:
List KINA 128 Intermediate Weight Training as a suggested course to help fulfill the Wellness requirement. Justification:
KINA 128 is a prerequisite course for KINE 403. Listing KINA 128 as a suggested course will ensure students are taking the necessary courses needed for successful completion of the degree if they choose to take KINE 403.

Revision to SLOs:
YesNo
Other changes: Yes $\square$ No
Discussions with affected departments:
NA
Proposed by: Jeremy Hawkins
Director of Teacher Education Signature:
Expected Implementation: Fall 2016

## 20152016-2016-2017 PETITION/PROGRAM SHEET <br> COLORADO MESA <br> U N I VERS I T Y <br> Degree: Bachelor of Arts <br> Major: Kinesiology <br> Concentration: Fitness and Health Promotion


#### Abstract

About This Major . . . Students enrolled in this concentration should have a strong interest in the sciences as this program applies science to human function. The student will explore exercise physiology, anatomical kinesiology, community health, physical activity and aging, worksite health promotion, and sports nutrition, among other subject areas. Career opportunities include: sports and wellness program instructors and directors; strength coaches for college, university and professional sports* programs; managers and exercise leaders in corporate wellness programs; nutritionist*; occupational therapist*; and personal trainer. *Career requires additional post-baccalaureate studies.


Colorado Mesa students frequently continue their study for graduate or professional degrees at universities widely recognized as top programs in exercise physiology, occupational therapy, physical education and public health.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html.
All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Evaluate the functions of the individual body systems. (Specialized Knowledge)
2. Identify risk factors associated with chronic disease. (Specialized Knowledge)
3. Identify exercise cautions and other safety concerns. (Critical Thinking)
4. Identify the scope and definitions of health, fitness, and human performance, with the ability to analyze the data critically. (Applied Learning, Quantitative Fluency)
5. Describe and communicate how physical activity relates to health. (Communication Fluency)

NAME:
STUDENT ID \#:

## LOCAL ADDRESS AND PHONE NUMBER:

## ( )

I, (Signature) $\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

| Signature of Advisor | Date |  |
| :--- | :--- | :--- |
| Signature of Department Head | Date |  |
| Signature of Registrar | $20 \quad 1$ |  |

Signature of Registrar
Date

Bachelor of Arts: Kinesiology - Fitness and Health Promotion

## DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2 ) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours): See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term/Trns
English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)
ENGL 111 English Composition 3
ENGL 112 English Composition $3 \quad$
Math MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)
MATH 1
Humanities (3 semester hours)
$\qquad$
Social and Behavioral Sciences (6 semester hours)


Natural Sciences (7 semester hours, one course must include a lab)


Course No Title Sem.hrs Grade Term/Trns

WELLNESS REQUIREMENT (3 semester hours) - KINA 128
Intermediate Weight Training suggested*
KINE $100 \quad$ Health and Wellness 1
KINA 1
KINA 1 $\qquad$ — 1
*This course is suggested because it is a prerequisite for KINE 403.
ESSENTIAL LEARNING CAPSTONE (4 semester hours)
ESSL 290 Maverick Milestone
(see English \& math pre-reqs) 3
ESSL 200 Essential Speech (co-requisite) 1


FOUNDATION COURSES (10-13 semester hours)
BIOL 203 Human Nutrition 3
BIOL 209 Human Anat and Physiology 3
BIOL 209L Human Anat \& Physiology Lab 1
KINE 234 Prevention and Care of Athletic Injuries 3

Student must have current First Aid/CPR or take one of the following: Current CPR Card? Yes / No (If yes, provide a copy of the card.) Or take one of the following: KINE 265 or KINE 250
KINE
3

## KINESIOLOGY MAJOR - FITNESS \& HEALTH PROMOTION CONCENTRATION REQUIREMENTS <br> (52-53 semester hours)

Required Core Courses ( 17 semester hours)

| KINE 200 |  <br>  <br>  <br> Physical Education |  |  |
| :--- | :--- | :--- | :--- |
| KINE 213 | Applications of Physical Fitness | - |  |
|  | and Exercise Prescription | 3 | - |
| KINE 303 | Exercise Physiology | 3 | - |
| KINE 303L | Exercise Physiology Lab | 1 | - |
| KINE 309 | Anatomical Kinesiology | - | - |
| KINE 401 | Org/Ad/Legal Considerations of | - |  |
|  | PE and Sports |  |  |
| KINE 494 | Senior Seminar (Capstone) | 1 | - |


| Required Concentration Courses (35-36 Semester Hours) |  |  |  |  |
| :--- | :--- | :--- | :--- | :---: |
| KINE 297 | Practicum | 2 |  |  |
| KINE 301 | Health and Fitness Assessment | 3 | - |  |
| KINE 310 | Methods of Exercise Instruction 3 |  |  |  |
| KINE 333 | Community Health | 3 | - |  |
| KINE 405 | Sports Nutrition | 3 | - |  |
| KINE 411 | Worksite Health Promotion | 3 | - |  |
| KINE 415 | Physical Activity \& Aging | 3 | - |  |
| KINE 480 | Inclusive Physical Activity | 3 | - |  |
| KINE 499 | Internship | 6 | - |  |

Select the-three courses from the list below Courses with a lecture and lab are counted as one course. ( $69-7 \underline{10}$ Semester Hours)


## RESTRICTED ELECTIVES:

BIOL 315 Epidemiology
KINE 310 Methods of Exercise Instruction (3)
KINE 370 \& 370L Biomechanics (3) / Lab (1)
KINE 403 Advanced Strength and Conditioning (3)
KINE 404 Clinical Exercise Physiology and Advanced Exercise Prescription (3)
KINE 430 Medical Conditions and Pharmacology in Sports (3)
KINE 487 Structured Research (3)
KINE 396 or KINE 496 Topics (3)
PSYC 401 Sport Psychology (3)

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN KINESIOLOGY - FITNESS AND HEALTH PROMOTION

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.


*KINE 250 OR KINE 265 - If no current First Aid/CPR
Certification


|  | SENIOR YEAR |  |  |  |
| :--- | :--- | :--- | :--- | ---: |
| Fall Semester |  | Hours | Spring Semester | Hours |
| KINE 401 | Org/Ad/Legal of PE/Sport | 3 | KINE 494 | Senior Seminar |
| KINE 405 | Sports Nutrition | 3 | KINE | Option |
| KINE 480 | Inclusive Physical Activity | 3 | KINE 499 | Internship |
| Electives | OR KINE Option | $\underline{3-4}$ | Elective or Minor | (if needed) |

## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test).

Revision to program sheet: Yes $\square$ No
Description of modification:
Add in the requirement of proof of registration and payment to take a certification exam as a graduation requirement.

Justification:
The Personal Training Certificate as currently offered prepares students to practice as a personal trainer, but does not qualify them to do so. Graduates of the program have listed this certificate on job applications as if it qualifies them to work as a personal trainer. Adding in the requirement to sit for a certifcation exam, as documented with proof of payment and registration, will ensure graduates are not only prepared to practice, but also qualified to do so.

| Revision to SLOs: | Yes $\square$ | No $\downarrow$ |
| :--- | :--- | :--- |
| Other changes: | Yes $\square$ | No $\downarrow$ |

Discussions with affected departments:
NA
Proposed by: Jeremy Hawkins
Director of Teacher Education Signature:
Expected Implementation: Fall 2016

## COLORADO MESA <br> U N I VERS I T Y <br> 20152016-2016-2017 PETITION/PROGRAM SHEET

About This Certificate . . .
Students enrolled in the Personal Training certificate program should have a strong interest in fitness, health promotion, and personal training. Students will engage in practical experiences that will help them with the possibility of a future career in personal training. Students will explore subject areas that include: anatomy, physiology, kinesiology, nutrition, applications of physical fitness, and exercise physiology. This program is designed to provide the student with the knowledge required to pass national certification examinations to be become a such as the-National Strength and Conditioning Association - Certified Personal Trainer (MSCANSCA-CPT), National Strength and Conditioning Association Certified Strength and Conditioning Specialist (NSCA-CSCS), the-American Academy-College of Sports Medicine Certified Personal Trainer (ACSM-CPT), and/or the National Academy of Sports Medicine Certified Personal Trainer (NASM-CPT) or Performance Enhancement Specialist (NASM-PES) American College of Sports Medicine Certified Exercise Physiologist (ACSM c-EP).

All CMU certificate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Evaluate the functions of the individual body systems.
2. Identify risk factors associated with chronic disease.
3. Identify exercise cautions and other safety concerns.
4. Describe procedures for physiological assessments.
5. Demonstrate the ability to clearly communicate specialized knowledge.

NAME: $\qquad$ STUDENT ID \# $\qquad$

LOCAL ADDRESS AND PHONE NUMBER: $\qquad$ ( ) $\qquad$

I, (Signature) $\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

## Signature of Advisor

Signature of the Department Head

## Signature of Registrar

Date

## Date

Date

## Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.

## CERTIFICATE REQUIREMENTS:

- 2.00 cumulative GPA or higher in the certificate is required
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- At least 33 percent of the credit hours required for the certificate must be in courses numbered 300 or above.
- CPR/First Aid Certification is a graduation requirement for this certificate.
- Students are expected to provide documentation (proof of payment and scheduled date) that they are registered to take one of the following exams:
o American College of Sports Medicine Certified Personal Trainer (ACSM-CPT)
o American College of Sports Medicine Certified Exercise Physiologist (ACSM c-EP)*
o National Strength and Conditioning Association Certified Personal Trainer (NSCA-CPT)
o National Strength and Conditioning Association Certified Strength and Conditioning Specialist (NSCA-CSCS)*
* *Both of these certificates require the student to be in their final semester of the baccalaureate degree.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.


## PROFESSIONAL CERTIFICATE: PERSONAL TRAINING

(32 semester hours) Must pass all courses with a C or higher

| Course No | Title | Sem.hrs | Grade Term/Trns |
| :--- | :--- | :---: | :---: |
|  |  |  |  |
| BIOL 209 | Human Anat \& Physiology | 3 | - |
| BIOL 209L | Human Anat \& Physiology Lab | 1 | - |
| KINA 128 | Int. Weight Training | 1 | - |
| KINE 213 | App. of Phys. Fitness |  |  |
|  | \& Exercise Pres |  |  |
| KINE 234 | Prevent. \& Care of Athletic Injuries 3 | - |  |
| KINE 297 | Practicum | 2 | - |
| KINE 301 | Health \& Fitness Assessment | 3 | - |
| KINE 303 | Physiology of Exercise | 3 | - |
| KINE 303L | Physiology of Exercise Lab | 1 | - |
| KINE 309 | Anatomical Kinesiology | 3 | - |
| KINE 310 | Methods of Exercise Instruction | 3 | - |
| KINE 405 | Sperts Nutrition | - |  |
| KINE 403 | Adv. Strength \& Conditioning | 3 | - |
| KINE 405 | Sports Nutrition | - |  |

## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October $\mathbf{1}$ for spring graduates, no later than March $\mathbf{1}$ for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your final year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test).
6. NOTE: Students should consult the Financial Aid Office for eligibility requirements for undergraduate and graduate certificates

## Degree Type: Minor

## Modified Program Name: Exercise Science

## Modified Program Name: Ex Sci

Revision to program sheet: Yes $\downarrow$ No
Description of modification:
The title of the minor will change from Personal Training to Exercise Science. Options in what courses can be taken to fulfill requirements will be added.

Justification:
The title of this minor will change from Personal Training to Exercise Science to more accurately depict what is taught within the minor and to make a more clear distinction between this program and the Personal Training Certificate. The addition of options will allow students to customize the program to their individual interests.

| Revision to SLOs: | Yes $\square$ | No $\downarrow$ |
| :--- | :--- | :--- |
| Other changes: | Yes $\square$ | No $\downarrow$ |

Discussions with affected departments:
NA
Proposed by: Jeremy Hawkins
Director of Teacher Education Signature:
Expected Implementation: Fall 2016

## 2015-20162016-2017 PETITION/PROGRAM SHEET <br> Minor: Personal TrainingExercise Science <br> COLORADO MESA <br> U N I V E R S I T Y


#### Abstract

About This Minor . . . Students enrolled in the Personal TrainingExercise Science minor should have a strong interest in fitness, health promotion, and personal trainingexercise science. Students will engage in practical experiences that will help them with the possibility of a future career in personal training. Students will explore subject areas that include: anatomy, physiology, kinesiology, applications of physical fitness, and exercise physiology.


## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March $\mathbf{1}$ for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test)

NAME: $\qquad$ STUDENT ID \# $\qquad$

## LOCAL ADDRESS AND PHONE NUMBER:

$\qquad$
$\qquad$
I, (Signature) $\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

| Signature of Personal Training Advisor |  | Date |
| :--- | :--- | :--- |


$\overline{\text { Signature of Department Head }} \quad$| Date |
| :--- |

Signature of Registrar
Date

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration. See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

Minor Requirements:

- At least 33 percent of the credit hours required for the minor must be in courses numbered 300 or above.
- 2.00 cumulative GPA or higher in the minor is required
- The number of minors a student may receive at Colorado Mesa University shall not exceed two.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2 ) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.


## REQUIRED COURSES ( 24 Semester Hours)

See the current catalog for a list of courses that fulfill the requirements below.

| Course No |  | Sem.hrs | Grade | Term/Trns |
| :---: | :---: | :---: | :---: | :---: |
| BIOL 209 | Human Anat \& Physiology | 3 |  |  |
| BIOL 209L | Human Anat \& Physiology |  |  |  |
|  | Lab | 1 |  |  |
| KINE 213 | Applications of Physical Fit |  |  |  |
|  | \& Exercise Prescription | 3 |  |  |
| KINE 234 | Prevention \& Care of Athle Iniuries |  |  |  |

Sem.hrs Grade Term/Trns

| KINE 297 | Practicum | 1 |  |
| :--- | :--- | :--- | :--- |
| KINE 301 | Fitness and Health Assessment | 3 | - |
| KINE 303 | Physiology of Exercise | 3 | - |
| KINE 303L | Physiology of Exercise Lab | 1 | - |
| KINE 309 | Anatomical Kinesiology | 3 | - |
| KINE 405 | Sports Nutrition | 3 | - |
| Restricted Electives |  |  |  |
| Select two courses from the list below. Courses listed with a lecture and |  |  |  |
| lab are counted as one course. |  |  |  |

KINE 234 Prevention and Care of Athletic Injuries (3)
KINE 310 Methods of Exercise Instruction (3)
KINE 370 and 370L Biomechanics (3) \& (1)
KINE 403 Advanced Strength and Conditioning (3)
KINE 404 Clinical Exercise Physiology and Advance Exercise Prescription (3)
KINE 405 Sports Nutrition
Restricted Electives ( 6 semester hours):
Student must have current First Aid/CPR or take one of the
following:
Current CPR Card? Yes / No (If yes, provide a copy of the card.)
Or take one of the following: KINE 265 or KINE 250
KINE _-

## following:

Current CPR Card? Yes No (If yes, provide a copy of the card.)
KINE
3
Contact hours per week: Lecture 3 Lab Field Other

Type of Instructional Activity: Lecture
Academic engagement minutes: 2250 Student preparation minutes: 4500


Prerequisites: Yes $\square$ No

## Prerequisite for other course(s): Yes $\square$ No

Co-requisites: Yes $\square$ No
Requirement or listed choice for any program of study: Yes $\square$ No
Overlapping content with present courses offered on campus: Yes $\downarrow$ No
Same course as ENTR 343, hence the cross-listing

| Additional faculty FTE required: | Yes | $\square$ | No | $\downarrow$ |
| :--- | :--- | :--- | :--- | :--- |
| Additional equipment required: | Yes | $\square$ | No | $\downarrow$ |
| Additional lab facilities required: | Yes | $\square$ | No | $\downarrow$ |

## Course description for catalog:

Introduction to innovation and opportunity recognition, including development of business ideas, business model validation and business feasibility analysis.

## Justification:

Not new course, addition of cross-listing for engineering.

## Topical course outline:

I. Introduction to Entrepreneurship
a. Explore definitions
b. Entrepreneurial behavior
c. Look at Entrepreneurship locally and globally
d. The Entrepreneurship - Innovation connection
II. Opportunity Recognition
a. Ideation - source for business ideas
b. Do something better
c. Do something new
III. Development of the Business Model
a. Creation of value
b. The customer
c. Competitive advantage and differentiation
d. How money is made
IV. Feasibility
a. Preparation of feasibility analysis
b. Financial projections
c. Breakeven analysis

Student Learning Outcomes:

1. Knowledge of Entrepreneurship and its role in the global economy.
2. Understand the sources for business ideas.
3. Ability to develop a business model.
4. Perform feasibility analysis of business model.

Discussions with affected departments:
The business department initiated the requested cross-listing.

## Instructions to Registrar:

This course is a cross-list with ENTR 343, Exploring Entrepreneur Oppportunities. It is our intent to allow engineering students to use the course as a technical elective if desired and as such needs an ENGR prefix, particularly our CU-Boulder partnership students.

Proposed by: Scott Kessler
Expected Implementation: Fall 2016

## Course Modifications

## ENGR 345

## Current

## Proposed

## Course Prefix: ENGR

## Course No.: <br> 345

## Credit Hours 3

## Course Title: Engineering Integration I

Prerequisites:
Current: ENGR 224, ENGR 263, MAMT 106
Proposed: ENGR 224, ENGR 263, MAMT 106, CSCI 130
Requirement or listed choice for any program of study: Yes $\downarrow$ No

## Justification:

ENGR 345, Engineering Integration I is a "design-and-build" course. It has been determined that the skills taught (e.g., programming logic) in CSCI 130, Introduction to Engineering Computer Science, are necessary for sucessful completion of the types of projects ENGR 345 carries out.
Proposed by: Scott Kessler

## Course Deletions

## ENGR 105

## Credit Hours

3Type of Change
Course Title:

ENGR 111 Engineering Graphics and Design
Co-requisite for other course(s): Yes $\square$ No

## Justification:

The course has not ever been taught and as such should not be listed in the catalog. There is no plan to teach the course in the future.
Proposed by: Scott Kessler Expected Implementation: Fall 2016
Type of Change Deletion
Course Title: Engineering Graphics and Design
Essential Learning Course: Yes
No
Requirement or listed choice for any program of study: Yes ..... No
Prerequisite for other course(s): Yes
No
Co-requisite for other course(s): Yes ..... No
Justification:
The course has not ever been taught and as such should not be listed in the catalog. There is no plan to
teach the course in the future.
Proposed by: Scott KesslerExpected Implementation:Fall 2016

## Type of Change <br> Deletion

## Course Title: <br> Circuit Analysis I

Essential Learning Course: Yes $\square$ No
Requirement or listed choice for any program of study: Yes $\square$ No
Prerequisite for other course(s): Yes $\quad \downarrow$ No
ENGR 252 Circuit Analysis II, ENGR 252L Circuit Analysis II Laboratory
Co-requisite for other course(s): Yes $\quad \checkmark$ No
ENGR 251L Circuit Analysis I Laboratory

## Justification:

The course has not ever been taught and as such should not be listed in the catalog. There is no plan to teach the course in the future.
Proposed by: Scott Kessler
Expected Implementation:
Fall 2016

## Type of Change

Deletion
Course Title:
Circuit Analysis I Laboratory
Essential Learning Course:
Yes
No
Requirement or listed choice for any program of study: Yes $\square$ No
Prerequisite for other course(s): Yes $\downarrow$ No
ENGR 252 Circuit Analysis II, ENGR 252L Circuit Analysis II Laboratory
Co-requisite for other course(s): Yes $\quad$ No
ENGR 251
Justification:
The course has not ever been taught and as such should not be listed in the catalog. There is no plan to teach the course in the future.

Proposed by: Scott Kessler Expected Implementation: Fall 2016
Type of Change Deletion
Course Title: Circuit Analysis II
Essential Learning Course: Yes ..... No
Requirement or listed choice for any program of study: Yes ..... No
Prerequisite for other course(s): Yes
No
Co-requisite for other course(s): Yes ..... No
ENGR 252L Circuit Analysis II Laboratory
Justification:
The course has not ever been taught and as such should not be listed in the catalog. There is no plan toteach the course in the future.Fall 2016
Proposed by: Scott Kessler
Type of Change Deletion
Course Title: Circuit Analysis II Laboratory
Essential Learning Course: Yes ..... No
Requirement or listed choice for any program of study: Yes ..... No
Prerequisite for other course(s): Yes ..... No
Co-requisite for other course(s): Yes ..... No
ENGR 252 Circuit Analysis II
Justification:
The course has not ever been taught and as such should not be listed in the catalog. There is no plan toteach the course in the future.
Proposed by: Scott Kessler

Department: Theatre Arts

## Course Additions

## THEA 490

| Course Title: | Honors Seminar |
| :--- | :--- |
| Abbreviated Title: | Honors Seminar |

Contact hours per week: Lecture 3 Field Studio Other

Type of Instructional Activity: Recitation: Discussion/Seminar
Academic engagement minutes: 2250 Student preparation minutes: 4500
Intended semesters for offering this course: Fall $\quad \square$ J-Term $\square$ Spring $\square$ summer $\square$
Essential Learning Course: Yes $\square$ No
Prerequisites: Yes $\downarrow$ No
Acceptance into the Theatre Arts Honors Program.
Prerequisite for other course(s): Yes $\square$ No
Co-requisites: Yes $\square$ No
Requirement or listed choice for any program of study: Yes $\square$ No
Overlapping content with present courses offered on campus: Yes $\square$ No
Additional faculty FTE required: Yes $\square$ No
Additional equipment required: Yes $\square$ No
Additional lab facilities required: Yes $\quad \square$ No

## Course description for catalog:

Advanced study of the creative process for students accepted into the Theatre Arts Honors Program. Topics will include commonalities to all creative processes and the interface between the artist, their work, and their community.

## Justification:

This course is the defining course of the new Honors Program within the Department of Theatre Arts. It is in many ways comparable to a first graduate course in creative process. The texts covered are not normally covered in typical undergraduate programs, but only undertaken at the graduate level.

## Topical course outline:

What is Art?
The Magic Moment
The Visual Moment
The Artistic Moment
The Expression of Emotion through Dance
Semiotics
The Deadly Theatre
The Holy Theatre
The Rough Theatre
The Immediate Theatre
Composition
Viewpoints
Practice in Actionn
Student Learning Outcomes:

1. Demonstrate familiarity with a wide range of seminal texts in theatre and dance.
2. Analyze major theories in technical theatre, theatre performance and dance.
3. Synthesize a personal statement of the value of the arts to a community.

Discussions with affected departments:
NONE
Instructions to Registrar: NONE

Proposed by: Timothy D Pinnow


This course is an individualized course where students will work directly with a faculty member to investigate and synthesize information at an advanced undergraduate level on a topic of interest.

## Student Learning Outcomes:

1.Synthesize ideas, theory, and trends concerning current issues in the disciplines of Theatre and Dance.
2.Produce a well-written document concerning the issue in \#1 at an advanced undergraduate level.

## Discussions with affected departments:

NONE
Instructions to Registrar:
NONE
Proposed by: Timothy Pinnow Expected Implementation:

## SPCH 101

## Current

## Proposed

## Course Prefix: SPCH

Course No.:
101
Credit Hours 3

Course Title: Interpersonal Communication
Description for catalog:
Current: Language, listening, response, defense of statement, and nonverbal communication between two or more people.
Proposed: Exploration of multiple aspects of human behavior including the communication process, perception, verbal and nonverbal communication, diversity and adapting to others, conflict, culture, and relationships in personal/professional contexts.

Requirement or listed choice for any program of study: Yes $\downarrow$ No

## Justification:

More detail added to allow students to achieve a better understanding of the course content when making decisions based on catalog descriptions.
Proposed by: Paula Casey Expected Implemention: Fall 2016

## Program Modification

Theatre Arts-Acting/Directing: 3260
Degree Type: BFA
Revision to program sheet: Yes $\downarrow$ No
Description of modification:
This modification will shift two advanced acting classes,THEA 353: Advanced Acting: Styles in Acting and THEA 454 Advanced Acting: Elizabethan Acting Techniques, from a list of options to the required classes category.

Justification:
Through the assessment process, the acting/directing faculty has determined that our students are somewhat deficient in dealing with complex language when performing. In addition, acting/directing students seem to be not using any of their electives for additional acting classes. Because the program now is a BFA program, these deficiences need to be eliminated by requiring additional acting courses of each student.

| Revision to SLOs: | Yes $\square$ | No |
| :--- | :--- | :--- |
| Other changes: | Yes $\square$ | No |

## Discussions with affected departments:

NA
Proposed by: Timothy Pinnow
Director of Teacher Education Signature:
Expected Implementation: Fall 2016

# -2015-20162016-2017 PETITION/PROGRAM SHEET <br> Degree: Bachelor of Fine Arts <br> Major: Theatre Arts <br> Concentration: Acting/Directing 


#### Abstract

About This Major . . . The Department of Theatre Arts offers one of the most successful theatre training degree programs in Colorado. Theatre Arts majors choose from two distinct concentrations in the Bachelor of Fine Arts degree in Theatre Arts (Acting/Directing or Music Theatre), 2 concentrations of the BA (Theatre Arts or Design/Technology) or the BFA in Dance and acquire a sound understanding of the performing arts in state-of-the-art facilities.

The Acting/Directing concentration is constructed to help students meet the rigorous demands of a professional acting career and provide a strong foundation and practical experience for future directors. Beginning with the first semester, students enroll in performance courses taught by academically and professionally experienced faculty. Unlike larger institutions, acting opportunities in all productions at Colorado Mesa University are open to motivated and talented freshmen. In acting courses, students are exposed to techniques and approaches that are industry standards today. Training is grounded in Stanislavski, Meisner Cohen, and Chekhov. Voice and movement courses are complemented by performance opportunities in student and faculty directed productions. Acting students also audition for one act plays directed by the directing students each year. Experimental and other challenging productions are offered at the Mesa Experimental Theatre.

Colorado Mesa is strategically located at the hub of a circle of important entertainment centers such as Aspen, Telluride, Moab, and Park City, Utah. There are regional theatres of international repute within driving distance, such as the Utah Shakespeare Festival, the Denver Center for the Performing Arts, and the Colorado Shakespeare Festival. There is a thriving theatrical scene in Grand Junction that offers opportunities for summer employment, including CMUs own Mesa Repertory Theatre. At Colorado Mesa, we are committed to the philosophy of training theatrical entrepreneurs. We offer low teacher-to-student ratios so that personal attention and mentoring are possible. Our many graduates in the industry have informed us that Colorado Mesa's approach was invaluable. For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html.


All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Communicate verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication)
2. Communicate non-verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication)
3. Create progressively more challenging projects through the use of intellectual and/or practical skills. (Applied Learning)
4. Demonstrate teamwork and problem solving skills through collaboration and cooperation on creative projects. (Critical Thinking)
5. Demonstrate the knowledge, skills, and versatility of the discipline from conceptualization to application. (Applied Learning)

NAME: $\qquad$ STUDENT ID \#:

## LOCAL ADDRESS AND PHONE NUMBER:

$\qquad$

## ( )

I, (Signature) $\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

## Signature of Advisor

$\square$
Date
$\square$ 20
Date

20
Date

## DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.00 cumulative GPA or higher in coursework toward the major content area.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours): See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term/Trns
English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)
ENGL 111 English Composition 3
ENGL 112 English Composition 3
Math MATH 110 or higher ( 3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)
MATH 1
Humanities (3 semester hours)

Social and Behavioral Sciences (6 semester hours)


Natural Sciences (7 semester hours, one course must include a lab)


Fine Arts (3 semester hours)

History (3 Semester Hours)

WELLNESS REQUIREMENT (2 semester hours)

| KINE 100 | Health and Wellness | 1 | - |
| :--- | :--- | :--- | :--- |
|  |  | 1 | - |
| KINA 1___ |  |  |  |

ESSENTIAL LEARNING CAPSTONE (4 semester hours)
ESSL 290 Maverick Milestone
(see English \& math pre-reqs) 3
ESSL 200 Essential Speech (co-requisite) 1
FOUNDATION COURSES (18 semester hours)
Students must take these Theatre courses prior to their Junior Year
THEA $130 \quad 3$
THEA 153 Acting I: Beginning Acting 3
THEA 243 Theatre Practice: Scene Const. 3
THEA 260 Costume Construction I 3
SPCH 112 Voice and Diction 3

One class in a foreign language. Must receive a grade of " C " or better. FLAS 114 \& 115 will NOT fulfill this requirement.
FLA__
3

## THEATRE ARTS - ACTING/DIRECTING MAJOR

REQUIREMENTS (52 semester hours)
Acting/Directing Emphasis (52 Semester Hours)

| THEA _ |  | 1 |
| :---: | :---: | :---: |
| THEA 142 | Make-Up or |  |
| THEA 143 C | ostuming | 3 |
| THEA 145 | Intro to Dramatic Literature | 3 |
| THEA 156 | Acting II: Cont. Scenework | 3 |
| Select 1 semester hour from THEA 217 or 218: |  |  |
| THEA |  | 1 |
| THEA 253 | Acting III: Stage Movement | 3 |
| THEA 256 | Acting IV: Auditions | 3 |
| Select 1 semester hour from THEA 317 or 318: |  |  |
| THEA _ 1 |  |  |
| THEA 331 | Theatre History I: 400 B.C. to 1642 | 3 |
| THEA 332 | Theatre History II: |  |
|  | 1642-Present | 3 |
| THEA 381 | Directing I | 3 |
| Select 1 semester hour from THEA 417 or 418: |  |  |
| THEA |  | 1 |
| THEA 401 | Career Preparation | 3 |
| THEA 494 | Perf. Seminar (Capstone) | 3 |
| THEA 353 | Adv Acting: Styles in Acting | 3 |
| THEA 454 | Adv Acting: Elizabethan | 3 |

Select 9 semester hours from the following Advanced Acting
Options THEA 300, $353, \mathbf{3 5 4}, \mathbf{3 5 6}, 369,453,-454,459$ :

| THEA $-\square$ | 3 |
| :--- | :--- |
| THEA $-\square$ | 3 |
| THEA $-\square$ | 3 |

## Select 6 semester hours from the following Theatre Options: <br> THEA, 322, 345, 380, 382, 411, 412 or ENGL 355:

THEA __ 3
THEA - -3
THEA $\qquad$

Select 3 semester hours from THEA 119, THEA 120, THEA 219,
| THEA 220 or THEA 147, THEA 148, THEA 247, THEA 248, or DANC 156, DANC 256, DANC 356:

| $\square-\square-$ | 1 |
| :--- | :--- | :--- |
| $\square-$ | - |
| 1 | - |
| 1 | - |
| $\square$ | $=$ |

Electives (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours.) (13-7 semester hours; additional upper division hours may be needed.)


## THEATRE ARTS - Acting/Directing Concentration (52 Hours)

THEA 117 or 118 Play Production (1)
THEA 142 Make-Up or THEA 143 Costuming (3)
| THEA 145 Introduction to Dramatic Literature (3)
THEA 156 Acting II: Contemporary Scenework (3)
THEA 217 or 218 Play Production (1)
THEA 253 Acting III: Stage Movement (3)
THEA 256 Acting IV: Auditions (3)
Adv.Acting: Elizabethan Acting Techniques (3)
THEA 317 or 318 Play Production (1)
THEA 331 Theatre History I: 400 BC to 1642 (3)
THEA 332 Theatre History II: 1642-Present (3)
THEA 381 Directing I (3)
THEA 417 or 418 Play Production (1)
THEA 401 Career Preparation (3)
THEA 494 Performance Seminar (Capstone) (3)

Select 9 semester hours from the following Advanced

## Acting options:

THEA 353 Advanced Acting: Styles in Acting (3)
THEA 354 Advanced Acting: The Meisner Approach (3)
THEA 356 Advanced Acting: Dialects (3)
THEA 300 Advanced Acting: Stage Combat (2)
THEA 453 Advanced Acting: Acting for the Camera
THEA 459 Advanced Acting: Chekhov Technique (3)
THEA 369 Improvisation (2) THE 454
THEA 459 Advanced Acting: Chekhov Technique (3)
Select 6 semester hours from the following Theatre Options:
THEA 322 Stage Management (3)
THEA 345 World Drama (3)
THEA 380 Playwriting (3)
THEA 382 Directing II (3)
THEA 411 American Drama (3)
THEA 412 Contemporary Drama (3)
ENGL 355 Shakespeare (3)
Select 3 semester hours from the following Performance Options:
THEA 119, 120, 219, 220 Tech Performance (1) or THEA 147, 148, 247, 248 Drama Performance (1-2) or DANC156, 256, 356 Dance Performance (1)

Students are required to participate in exit examinations or other programs deemed necessary to comply with the college accountability requirement. All degree requirements must be completed as described above. Any exceptions or substitutions must be recommended in advance by the Faculty Advisor and approved by the Department Head.

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN THEATRE ARTS ACTING/DIRECTING

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.


## JUNIOR YEAR

| Fall Semester |  | Hours |
| :--- | :--- | ---: |
| Essential Learning | Social and Behavioral Sciences | 3 |
| THEA 317 | Play Production -fall or spring | $(1)$ |
| THEA 331 | Theatre History I | 3 |
| THEA 381 | Directing I | 3 |
| Theatre Option |  | 3 |
| THEA 353 | Advanced Acting: Styles | 3 |
| Performance Option (THEA 247 recommended) | $\underline{1}$ |  |
|  |  | $\mathbf{1} \underline{\mathbf{6}} \mathbf{3}-\mathbf{1} \underline{4}$ |


| Spring Semester | Hours |  |
| :--- | :--- | ---: |
| Essential Learning | Social and Behavioral Sciences | 3 |
| THEA 142 | Make-up OR |  |
| THEA 143 | Costuming |  |
| 3 |  |  |
| THEA 318 | Play Production -fall or spring | $(1)$ |
| THEA 332 | Theatre History II | 3 |
| THEA XXX | Advanced Acting Option | 3 |
| Theatre Option (THEA 411 or 412 recommended) | $\underline{3}$ |  |
|  | $\mathbf{1 5 - 1 6}$ |  |

## SENIOR YEAR

| Fall Semester |  | Hours | Spring Semester |  | Hours |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Essential Learning | Natural Science with Lab | 4 | THEA 418 | Play Production - fall or spring | (1) |
| THEA 401 | Career Preparation | 3 | THEA 494 | Performance Seminar (Capstone) | 3 |
| THEA 417 | Play Production- fall or spring | (1) | THEA XXX | Advanced Acting Option | 3 |
| THEA XXX | Advanced Acting Option | 3 | THEA 454 | Advanced Acting: Elizabethan | 3 |
| Elective or Minor |  | $\underline{6}$ | Elective or Minor |  | $\underline{7}$ |
|  |  | 16-17 |  |  | 163-174 |

Performance Options: THEA 119, 120, 219, 220 or THEA 147, 148, 247, 248 or DANC156, 256, 356
Theatre Options: THEA 322, 345, 380, 382,411, 412, or ENGL 355

## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test).

Degree Type: BFA
Revision to program sheet: Yes $\square$ No

## Description of modification:

This modification will remove MUSP choir ensemble requirements (4 credit hours) and replace them with an equal amount of credits in Music Theate Workshop (THEA 116, 216, 316, 416).

Justification:
In the past two decades, the music theatre profession has continued to develop away from fine art literature and toward Contemporary Commercial Music (CCM) styles. In addition, the emphasis of the three music theatre skillsets (music, theatre, and dance) have shifted to place dance skills of higher importance than music in the professional theatrical world. Music Theatre Workshop focuses on ensemble work in both singing and movement allowing us to focus the needs of the student to the standard and contemporary repertoires of the genre.

| Revision to SLOs: | Yes $\square$ | No $\square$ |
| :--- | :--- | :--- |
| Other changes: | Yes $\checkmark$ | No $\square$ |

As mentioned above, the contemporary professional music theatre world requires students to have strong dance and acting skills that work in tandem with music skills. By requiring Music Theatre Workshop rather than choir, our program is strengthened to better equip our students for the reality of current professional trends.

## Discussions with affected departments:

Music Department - Timothy Pinnow (Theatre Department Head) and Dr. Calvin Hofer (Music Department Head) discussed the situation and came to an agreement that this was the best course of action.

Proposed by: Jeremy R. Franklin
Director of Teacher Education Signature:
Expected Implementation: Fall 2016


#### Abstract

About this Major . . . The Department of Theatre Arts offers one of the most successful theatre training degree programs in Colorado. Theatre Arts majors choose from two distinct concentrations in the Bachelor of Fine Arts degree in Theatre Arts (Acting/Directing or Music Theatre), 2 concentrations of the BA (Theatre Arts or Design/Technology) or the BFA in Dance and acquire a sound understanding of the performing arts in state-of-the-art facilities.

The Music Theatre concentration provides strong technical foundations in Music, Theatre, and Dance. This approach is to create "triple threats" and enhance the young performer's potential for an exciting career in Musical Theatre. Students begin training with music theory and ear training, private voice instruction, choir and class piano. Acting I and II, Ballet and Tap are also included to complete first year academic requirements. To complement technical courses, students also participate in a wide variety of performance related assignments which include two Main stage productions, Experimental Theatre productions, choral ensembles, dance concerts, student directed one-acts, and technical crew assignments.

Students continue interdisciplinary course work in audition techniques and resume writing, as well as preparing and performing Vocal/Acting auditions and specialty performances throughout their next three years. The Music Theatre concentration offers highly personalized instruction from skilled professors who are seasoned performers, coaches, directors, teachers, and technicians; working graduates cite this as the prime reason for their success in gaining employment in both local and national venues. Music Theatre graduates currently work on Broadway, OffBroadway, in National Broadway tours, Regional Theatres, dinner theatres, cruise ships, and with Disney and Universal Studios.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html. All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to: 1. Communicate verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication Fluency) 2. Communicate non-verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication Fluency) 3. Create progressively more challenging projects through the use of intellectual and/or practical skills. (Applied Learning) 4. Demonstrate teamwork and problem solving skills through collaboration and cooperation on creative projects. (Critical Thinking) 5. Demonstrate the knowledge, skills, and versatility of the discipline from conceptualization to application. (Applied Learning)


LOCAL ADDRESS AND PHONE NUMBER: $\qquad$ ( )

I, (Signature) $\qquad$ , hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

| Signature of Advisor | Date |  |
| :--- | :--- | :--- |
| Signature of Department Head |  |  |
| Sate |  |  |

Signature of Registrar

## DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.00 cumulative GPA or higher in coursework toward the major content area.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours) See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term/Trns
English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)
ENGL 111 English Composition 3
ENGL 112 English Composition
3
$\square-\square$
Math MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)
MATH 1
Humanities (3 semester hours)

Social and Behavioral Sciences (6 semester hours)


Natural Sciences (7 semester hours, one course must include a lab)


Course No Title Sem.hrs Grade Term/Trns
WELLNESS REQUIREMENT (2 semester hours)
KINE $100 \quad$ Health and Wellness 1
KINA $1 \_$___ 1

ESSENTIAL LEARNING CAPSTONE (4 semester hours)

| ESSL 290 | Maverick Milestone <br> (see English \& math pre-reqs) | 3 |
| :--- | :--- | :--- |
| ESSL 200 | Essential Speech (co-requisite) | 1 |

FOUNDATION COURSES (12 semester hours)

| THEA 142 | Make-Up | 3 |
| :--- | :--- | :--- |
| THEA 153 | Acting I: Beginning Acting | 3 |

SPCH 112 Voice and Diction 3
One class in a foreign language. Must receive a grade of " C " or better. FLAS 114 \& 115 will NOT fulfill this requirement.
FLA 3

| THEATRE ARTS - MUSIC THEATRE MAJOR |  |  |
| :---: | :---: | :---: |
| REQUIREMENTS (58 semester hours) |  |  |
| Select 1 semester hour from THEA 117 or THEA 118: |  |  |
| THEA |  | 1 |
| THEA 156 | Acting II: Cont. Scenework | 3 |
| THEA 253 | Acting III: Stage Movement | 3 |
| THEA 255 | Music Theatre Techniques | 3 |
| THEA 341 | Musical Theatre History and Literature | 3 |
| THEA 355 | Music Theatre Repertoire | 3 |
| THEA 401 | Career Preparation | 3 |
| THEA 494 | Perf. Seminar (Capstone) | 3 |
| MUSA 114 | Theory I | 3 |
| MUSA 116 | Ear Training/Sight Singing I | 2 |
| MUSL 137 | Voice Lessons | 1 |
| MUSL 137 | Voice Lessons | 1 |
| MUSL 237 | Voice Lessons | 1 |
| MUSL 237 | Voice Lessons | 1 |
| MUSL 337 | Voice Lessons | 1 |
| MUSL 337 | Voice Lessons | 1 |
| MUSL 437 | Voice Lessons | 1 |
| MUSL 437 | Voice Lessons | 1 |


| Select 4 lower division semester hours from MUSP - choir |  |
| :---: | :---: |
| ensembles: |  |
| MUSPTHEA 116 | Music Theatre |
| Workshop-_ |  |
| $\overline{\text { THEA } 216 \text { Music Theatre Workhop } 11}$ |  |
| THEA 216 Music Theatre Workshop 1 |  |
| MUSP _ - |  |
| THEA 316 Music Theatre Workshop 1 |  |
| MUSP __ |  |
| THEA 416 Music Theatre Workshop 1 |  |
| MUSP $=1-\square$ |  |
| Gourse No Title Semhrs Grade Term/Tens |  |
| Select 4 semester hours from list on pg 43. (Ballet Technique |  |
| Courses): |  |
| DANC |  |
| DANC |  |
| DANC |  |

## Select 4 semester hours from list on pg 43. (Jazz Technique <br> Courses): <br> DANC

DANC
DANC $\qquad$
$\qquad$
$\qquad$
$\qquad$ $\longrightarrow$

Select 4 semester hours from list on pg 3 . from DANC $177 \&-177 \mathrm{~L}_{\text {; }}$ DANC 236, 237, 336, 337, 436,437(Tap Technique Courses):
DANC
DANC
$\qquad$ $\square$ DANC __ -

Course No Title Sem.hrs Grade Term/Trns

## Three Semester Hours chosen from the following Performance Options (3)

THEA 119,120, 219, 220 Technical Performance or THEA 147,148,247, 248 Drama Performance or DANC 155, 256, 356 Dance Performance

|  | 1 |  |  |
| :--- | :--- | :--- | :--- |
|  | 1 |  |  |
|  | 1 |  |  |
|  | - | 1 |  |
|  | - | - |  |

Four Semester Hours chosen from the following Music
Theatre Support Courses: (4)
ANY Theatre, Music or Dance Course


Theatre Arts: Music Theatre Concentration (58 semester hours)
THEA 117 or 118 _Play Production (1)
THEA 142 2-Make-up Foundations Course (3)
THEA 153_-Acting I-Foundations Course (3)
THEA 156_-Acting II -Contemporary Scenework (3)
THEA 255_-Music Theatre Techniques (3)
THEA 341_-Music Theatre History and Literature (3)
THEA 355_-Music Theatre Repertoire (3)
THEA 401_-Career Preparation (3)
THEA 494_-Performance Seminar (Capstone) (3)
MUSA 114_-Theory 1 (3)

Select 4 semester hours from Ballet Technique Courses:
DANC 181 -Ballet I (2)
DANC 234 -Ballet IIA (2)
DANC 235_—Ballet IIB (2)

## Select 4 semester hours from Jazz Technique Courses:

DANC 182_-Jazz I (2)
DANC 232_-Jazz IIA (2)
DANC 273_3-Jazz IIB (2)
DANC 332_—Jazz IIIA (2)

Students deficient in Piano skills will be required to complete MUSA 130 Class Piano I (2) \& MUSA 131 Class Piano II (2) (May take as lower division electives or MT Support Courses)

Students deficient in theory skills will be required to complete MUSA 113 Fundamentals of Theory before taking MUSA 114. (MUSA 113 may be taken as a lower division elective or MT Support Course)

MT Majors are required to take SPCH 112 to fulfill their Essential Learning Applied Studies requirement

Electives (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours.) ( 13 semester hours; additional hours of upper division may be needed.)
Course No Title Sem.hr Grade Term/Trns


MUSA 116_-Ear Training/Sight Singing (2)
MUSL 137_-Voice Lessons (1)
MUSL 237_-Voice Lessons (1)
MUSL 337_-Voice Lessons (1)
MUSL 437_-Voice Lessons (1)
THEA 116 Music Theatre Workshop (1)
THEA 216 Music Theatre Workshop (1)
THEA 316 Music Theatre Workshop (1)
THEA 416 Music Theatre Workshop (1)Select 4 lower division semester hours from MUSP choir ensembles
MUSP courses

DANC 334_-Ballet IIIA (2)

DANC 335_-Ballet IIIB (2)
DANC 434 Ballet IVA (2)
DANC 435 Ballet IVB (2)

DANC 333 Jazz IIIB (2)
DANC 432_-Jazz IVA (2)
DANC 433_-Jazz IVB (2)

# Select 3 Semester Hours chosen from the following Performance Options 

THEA 119,120, 219, 220 -Technical Performance OR
THEA 147,148,247, 248 _Drama Performance OR
DANC 156, 256, 356 _Dance Performance

Select 4 Semester Hours chosen from the following Music Theatre Support Courses:
ANY Theatre, Music or Dance Course
Students deficient in Piano skills will be required to complete MUSA 130-Glass Piano I (2) \& MUSA 131 Glass Piano II (2) (May take as lower division elective or MT Support Gourse)

Students deficient in theory skills will be required to complete MUSA 113 Fundamentals of Theory before taking MUSA 114. (MUSA 113 may be taken as a lower division elective or MT Support Course)

## General Electives: 13 Semester Hours; additional upper division hours may be needed.

Students are required to participate in exit examinations and other programs deemed necessary to comply with the college accountability requirement. All degree requirements must be completed as described above. Any exceptions or substitutions must be recommended in advance by the Faculty Advisor and approved by the Department Head.

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN THEATRE ARTS MUSIC THEATRE CONCENTRATION

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

## FRESHMAN YEAR



## SOPHOMORE YEAR

| Fall Semester |  | Hours |
| :--- | :--- | ---: |
| ESSL | Social/Behavioral Sciences | 3 |
| MATH XXX | (110 or higher) | 3 |
| MUSL 237 | Voice Lessons | 1 |
| MUSP XXX | Choral Ensemble | 1 |
| THEA 253 | Acting III: Stage Movement | 3 |
| THEA 255 | Music Theatre Techniques | 3 |
| DANC | Tap/Jazz/Ballet | $\underline{2} \underline{165}$ |


| Spring Semester |  | Hours |
| :--- | :--- | ---: |
| ESSL | Social/Behavioral Science | 3 |
| ESSL | Natural Science w/lab | 4 |
| KINE 100 | Health and Wellness | 1 |
| MUSL 237 | Voice Lessons | 1 |
| MUSP XXXTHEA | 216Choral EnsembleMusic Theatre | Workshop |
| THEA 341 | Musical Theatre History \& Lit | 3 |
| Performance Option |  | 1 |
|  |  |  |
| DANC | Tap/Jazz/Ballet | $\underline{2}$ |
|  |  | $\mathbf{1 5 1 6}$ |

## JUNIOR YEAR

| Fall Semester | Hours | ESSL | Natural Sciences | 3 |
| :--- | :--- | :--- | :--- | :--- |
| FLA_Foreign Language Req. | 3 | ESSL 290 | Maverick Milestone | 3 |
| SPCH 112 | Voice and Diction | 3 | ESSL 200 | Essential Speech |
| MUSL 337 | Voice Lessons | 1 | ESSL | Humanities |
| THEA 142 | Make-Up | 3 | MT Support Course |  |
| THEA 355 | Music Theatre Repertoire | 3 | DANC | Tap/Jazz/Ballet |
| DANC | Tap/Jazz/Ballet | $\underline{2}$ | MUSL 337 | -Voice Lessons |
|  | $\mathbf{1 5}$ | THEA 316 | Music Theatre Workshop | 3 |
|  |  |  |  | 2 |
|  |  |  |  | 1 |
|  |  |  | $\mathbf{1 6}$ |  |

Spring Semester Hours

## SENIOR YEAR

| Fall Semester |  | Hours |
| :--- | :--- | ---: |
| ESSL | Fine Arts | 3 |
| MUSL 437 | Voice Lessons | 1 |
| THEA 401 | Career Preparation | 3 |
| Elective or minor |  | $\mathbf{6}$ |
|  |  | $\mathbf{1 3}$ |


| Spring Semester |  | Hours |
| :--- | :--- | ---: |
| KINA | Activity | 1 |
| THEA 494 | Performance Seminar (MT Capstone) | 3 |
| THEA 416 | Music Theatre Workshop | 1 |
| MT Support Course | 2 |  |
| Elective or minor | 7 |  |
|  |  |  |
| MUSL 437 | Voice Lessons | $\underline{1}$ |
|  |  | $\mathbf{1 5}$ |

Performance Option: Select 3 credits from: THEA 119, 120, 219, 220 OR THEA 147, 148, 247, 248 OR DANC 156, 256, 356

## POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g,, Major Field Achievement Test).

[^0]:    *Although these are suggested courses for Essential Learning, these courses are required as prerequisites for the majority of graduate programs in physical therapy.

    History (3 semester hours)
    HIST $\qquad$

