Curriculum Committee Proposal Summary

12/10/2015

Department: Computer Science, Mathematics and Statistics

Program Additions

Cyber Security

Degree Type: Prof Cert Abbreviated Name: Cyber Security

Proposed by: Ram B. Basnet

Director of Teacher Education Signature:

Expected Implementation: Fall 2016

b. Demonstration of compliance with CMU requirements related to student learning outcomes (SLOs):

- 1) Identify program student learning outcomes (SLOs)
- 2) Identify linkage of program SLOs to institutional SLOs
- 3) Illustrate relationship of SLOs to proposed curriculum using curriculum map format
- 4) Identify planned assessments for the program SLO.

Program Outcomes	Course	Assessment Method
Outcome #1: Students will be able to identify strengths and	CSCI 420 Cyber Security	Project will be assigned where students will choose appropriate software and
weaknesses of competing cyber defense tools and defend a choice for a given situation. (Critical Thinking)	CSCI 465 Network and Application Security	technologies to defend computers and networks.
Outcome #2: Students will be able to write simple scripts in scripting languages. (Applied Learning)	CSCI 420 Cyber Security CSCI 465 Network and Application Security	Projects will be assigned where students will choose a scripting language such as Bash and Python to write firewall rules and write script to generate denial of service attacks, e.g.
Outcome #3: Students will be able to evaluate the security of computer systems, networks, and applications. (Applied Learning)	CSCI 370 Computer Security CSCI 420 Cyber Security	 Assignments will be designed to assess the security posture of computer networks and applications. Tests will assess student understanding of theories and principles behind securing data.
Outcome #4: Students will be able to demonstrate clear effective communication on the importance of cyber security. (Communication Fluency)	CSCI 370 Computer Security CSCI 420 Cyber Security CSCI 465 Network and Application Security	Assignments will require the preparation of reports assessing various security risks and the presentation of assessment findings.
Outcome #5: Students will be able to demonstrate independent learning and use new technologies in cyber security. (Specialized Knowledge)	CSCI 420 Cyber Security CSCI 465 Network and Application Security	Assignments and projects will be required where students independently conduct research to find, learn, and use security tools and technologies to defend complex networks.

c. Program goals as they pertain to Colorado Mesa University's goals and objectives and Colorado Mesa University's Role and Mission.

The program goal for the Cyber Security certification is to prepare students to meet the growing demand of cyber security professionals from national and international businesses and government institutions. To achieve this goal which aligns with Colorado Mesa University's goals, mission, and values, the CSMS department will leverage:

- 1. Adaptable and hands on approaches to learning in the dynamic and rapid changing fields for cyber security.
- 2. Highly qualified faculty that excels in teaching and interacting with students.
- 3. A curriculum that will bridge a liberal education with professional program to successfully prepare students for the 21st century in the areas of personal and social responsibility, and ethics in cyber security, and the computing industry.

d. Program strengths, special features, innovations, and/or unique elements.

- i) Program courses are taught by security experts with strong academic and industry background in the field.
- ii) Program compares well with that offered by the peer and top-ranked institutions.
- iii) Program topics and knowledge units conform with the IEEE, ACM and NSA recommendations.
- iv) Program provides a hands-on approach to security using state-of-the-art virtual lab infrastructure.
- v) Program provides students opportunities to apply and participate in cyber security research experiences for undergraduates funded by various government agencies such as NSF, DoD, NSA, etc.
- vi) Program provides students opportunities to apply for internship and hand-on learning with various industries and government agencies.

e. External agencies, such as program accreditations, professional associations, as well as licensing requirements that have helped shape the program's curriculum (i.e., effects such as length of the program, on program content or mode of delivery, etc.). Do faculty members anticipate seeking program accreditation at appropriate date?

The ultimate goal of the program is to apply for the National Center of Academic Excellence in Information Assurance Education designated by National Science Foundation (NSF) and Department of Defense (DoD) within the next two years.

f. Program admissions requirements (if any beyond admission to institution).

g. Rationale and justification for the program demonstrating the demand, as evidenced by:

- (1) Employer need/demand as demonstrated by evidence such as:
 - (a) identification of several potential employers of program graduates;
 - (b) projected regional and/or statewide need for graduates from current labor market analyses and/or future workforce projections/studies (potential source: www.occsupplydemand.org/)
 - (c) surveys made by external agencies;
 - (d) letters of direct employer support may be used. Include letters indicating the availability of positions for graduates of the proposed programs, signed by individual in a senior position of authority.Page 27 of 41
- (2) Student demand as demonstrated by evidence such as surveys of potential students to answer the question: "what
- is the student population served by program implementation?"
- According to various reports and surveys, it is clearly evidenced that there's a big demand for cyber security professionals. For example, this article: <u>http://www.nextgov.com/cio-briefing/wired-workplace/2015/04/calling-allinformation-security-professionals-world-needs-you/110338/</u> states that "The federal government is not the only entity struggling to fill its ranks with talented information security professionals. The entire world appears to be in the same boat, according to a new study." Another similar source is: <u>http://www.washingtonpost.com/wpadv/specialsales/exec_education/where_jobs_are.html</u>

The demand will continue to increase as more countries and businesses around the world rely on technologies to conduct their businesses, according to this The Wall Street Journal article: http://blogs.wsj.com/cio/2013/03/04/demand-for-cyber-security-jobs-is-soaring/

2) In Fall 2013 a computer security class at CMU was polled and a majority of students (more than 50% out of 26 mostly graduating students) said they would be interested in pursuing a certification/concentration program. In Fall 2015, Dr. Basnet has 6 students in my Network and Application security course (the capstone course of the program, currently offered as a topic course) who are very interested in the program and are taking the courses mainly because of the certification program that was promised to be there before they graduate.

h. Relationship of the proposed program to existing programs on campus and to similar programs within the state, with a rationale reflecting that proposed program demand cannot be met by another program (i.e., program implementation is not an unnecessary duplication)

Cyber security is a new and emerging program that has a strong relationship with computer science and information technology programs. However, those programs are traditionally created to provide students with required knowledge and skills to build and maintain programs and networks that function but not necessarily securely. Even though there's a push from various governing bodies such as IEEE and ACM that oversee the computer science and information technology curriculum to include security modules and units into the existing curriculum, such an overhaul will require daunting effort and is not likely to be adopted anytime soon. As a result, colleges and universities across the country are providing more security focused courses and offering students certifications, minors, and even majors in cyber security education to meet the growing demands in this industry.

i. Curriculum, including identification of new courses and the numbers, names, and sequencing of all courses, as well as demonstration of compliance with CMU's Credit Hour Policy as required by the U.S. Department of Education and articulated by the Higher Learning Commission;

CSCI 370 Computer Security (3) CSCI 420 Cyber Security (3) CSCI 465 Network and Application Security (3)

j. List of faculty and their qualifications. (Is there a need for additional faculty?)

1. Ram B. Basnet, PhD, CEH

Dr. Basnet's PhD dissertation is in cybersecurity. He is a Certified Ethical Hacker (a well-regarded industry certification) and has several years of industry experience practicing cybersecurity. Dr. Basnet is the founder and chief consulting officer of a local cybersecurity firm. Even though all three courses are taught by Dr. Basnet at this time, CSMS department has other qualified faculty who can teach these security courses if need be.

 Warren MacEvoy, PhD Dr. MacEvoy has an extensive background in the field of Computer Science and Applied Mathematics including cryptography (coding or encrypting information).

k. Description of learning resources needed for implementation. Scope and quality of library holdings, laboratories, clinical facilities, and technological support as applicable. Department's recommendations for additions to the Library's collection.

A state-of-the-art virtual lab will be required. A subscription to a virtual lab will be required of the students in place of the purchase of a textbook.

I. Intended delivery mode for program. For programs delivering any of its coursework via 1) alternative formats, 2) outsourcing, and/or 3) a consortial relationship, the program proposal must demonstrate compliance with requirements as specified by the U.S. Department of Education and articulated in the Higher Learning Commission's policies. To demonstrate this compliance, the proposing department must submit a statement from the VPAA's office.

NA

- m. For Professional, Technical or Other Programs, the justification must include:
 - (1) Rationale for program to be in the PTO category.

(2) Statement as to how the curriculum aligns to the requirements or recommendations of the nationally recognized accrediting, licensing, certifying or professional organization.

- (3) Rationale for the program to exceed 60 credit hours, if applicable.
- (4) Rationale for prescribing Applied Studies courses, if applicable.

(5) Explanation as to how a transfer student with an AA degree in the discipline of that program can graduate by completing only an additional 60 hours.

NA

TABLE 1: ENROLLMENT PROJECTIONS

Name of Program:	Cyber Security
Degree Title:	Professional Certificate

Name of Institution: Colorado Mesa University

DEFINITIONS:

Academic year is the period beginning July 1 and concluding June 30.

Headcount projections represent an unduplicated count of those students officially admitted to the program and enrolled at the institution during the academic year.

FTE is defined as the full-time equivalent number of those students majoring in the program, regardless of the classes enrolled, during the academic year.

Program graduate is defined as a student who finishes all academic program requirements and graduates with a formal award within a particular academic year.

SPECIAL NOTES:

To calculate the annual headcount enrollment, add new enrollees to the previous year headcount and subtract the number who graduated in the preceding year. Adjust by the anticipated attrition rate.

To calculate FTE, multiply the number of students times the projected number of credit hours degree seeking students will be typically enrolled in per year and divide by 30.

The data in each column is the annual **unduplicated** number of declared program majors. Since this table documents program demand, course enrollments are not relevant and shall not be included in the headcount or FTE data.

		Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Full
							Implementation
1-a	In-state	4	9	11	14	19	25
	Headcount						
1-b	Out-of-State	1	3	5	7	9	11
	Headcount						
2	Program	5	12	16	21	28	36
	Headcount						
3-a	In-state FTE	.8	1.4	1.7	2.2	3	3.9
3-b	Out-of-State FTE	.2	.5	.8	1.1	1.4	1.7
4	Program FTE	1.0	1.9	2.5	3.3	4.4	5.6
5	Program Graduates	0	5	7	9	12	16

Signature of Governing Board Officer

Date

TABLE 2: PHYSICAL CAPACITY ESTIMATES

Name of Program: Cyber Security Professional Certificate

Name of Institution: Colorado Mesa University

Purpose: This table documents the physical capacity of the institution to offer the program and/or the plan for achieving the capacity. Complete A or B.

Part A

I certify that this proposed degree program can be fully implemented and accommodate the enrollment projections provided in this proposal without requiring additional space or renovating existing space during the first five years.

Governing Board Capital Construction Officer

Date

Part B

	Column 1	Column 2	Column	3	Column 4	4	Column 5	Column 6
ASSIGNABLE SQUARE FEET	TOTAL NEEDED	AVAILABLE	RENOV	ATION	NEW CONSTF	RUCTION	LEASE/ RENT	REVENUE SOURCE*
TYPE OF SPACE			Immed	Future	Immed	Future		
Classroom	No new phy	vsical space is ne	eded.					
Instructional Lab								
Offices								
Study								
Special/General Use								
Other								
TOTAL								

* Capital Construction Fund (CCF), Research Building Revolving Fund (RBRF), Gift (GIFT), Grant (GR), Auxiliary Fund (AUX)

Attach a narrative describing the institutional contingency plan that addresses the space requirements of the proposed program or alternative delivery options, in the event that the request for capital construction or renovation is not approved.

Governing Board Capital Construction Officer

Date

Approved Policy

I-B-10

June 5, 2003

TABLE 3 – PROJECTED EXPENSE AND REVENUE ESTIMATES

All cost and revenue projections should be in constant dollars (do not include an inflation factor).

			ESTIMATED	AMOUNT IN DO	DLLARS (PV)			
		Year 1	Year 2	Year 3	Year 4	Year 5		
Ope	erating Expenses:							
1	Faculty							
2	Financial Aid specific to							
	program							
3	Instructional Materials							
4	Program Administration							
5	Rent/Lease							
6	Other Operating Costs							
7	Total Operating							
	Expenses							
Prog	gram Start-Up Expenses							
8	Capital Construction							
9	Equipment Acquisitions							
10	Library Acquisitions							
11	Total Program Start-Up							
	Exp.							
TO	ΓAL PROGRAM							
EXI	PENSES	There are no	new expenses f	or the program.				
Enre	ollment Revenue							
12	General Fund: State							
	Support							
13	Cash Revenue: Tuition							
14	Cash Revenue: Fees							
Oth	er Revenue							
15	Federal Grants							
16	Corporate							
	Grants/Donations							
17	Other fund sources *							
18	Institutional							
	Reallocation **							
TOT	AL PROGRAM REVENUE							

** If revenues are projected in this line, please attach an explanation of the specific source of the funds. If reallocated, the specific departments and the impact the dollars will have on the departments that will provide the reallocated dollars.

Signature of Governing Board Financial Officer

Title

Date

June 5, 2003



About This Certificate ...

The certificate in Cyber Security is designed to provide students with the knowledge and skills needed to engage in activities pertaining to protecting computer systems, networks, applications, and data. The program also prepares students for successfully completing internationally recognized certifications such as Certified Information Systems Security Professional (CISSP), CEH (Certified Ethical Hacker), etc.

All CMU professional certificate recipients are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning.

Upon completion of this program, students will be able to:

- 1. Identify strengths and weaknesses of competing cyber defense tools and defend a choice for a given situation. (Critical Thinking)
- 2. Write simple scripts in scripting languages (e.g., to automate system administration tasks). (Applied Learning)
- 3. Evaluate the security of computer systems, networks, and applications. (Applied Learning)
- 4. Demonstrate clear effective communication on the importance of cyber security. (Communication Fluency)
- 5. Demonstrate independent learning and use of new technologies in cyber security. (Specialized Knowledge)

I, (Signature)_______, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

		20
Signature of Advisor	Date	
		20
Signature of the Department Head	Date	
		20
Signature of Registrar	Date	

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration. Consult with a Computer Science faculty advisor regarding prerequisite classes that might be necessary to take.

Degree Requirements:

- 2.00 cumulative GPA or higher in all CMU coursework and a "C" or better must be achieved in achieved in coursework toward major content area.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head. Courses related to teacher licensure must also be approved by the Teacher Education Dept.
- When filling out the program sheet a course can be used only once.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

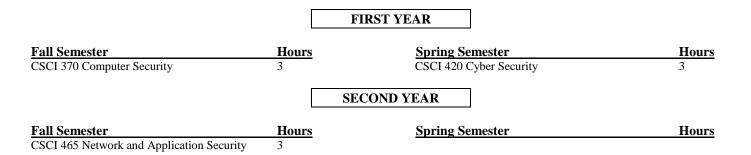
CERTIFICATE: Cyber Security

9 semester hours				
Course No	Title	Sem.hrs	Grade	Term
*CSCI 370	Computer Security	3		
CSCI 420	Cyber Security	3		
CSCI 465	Net/App Security	3		

*Consult with a Computer Science faculty advisor regarding prerequisite classes that might be necessary to take.

SUGGESTED COURSE SEQUENCING FOR A CERTIFICATE IN CYBER SECURITY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.



POLICIES:

- 1. Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of** graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your final year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).

Course Additions

CSCI 465	Credit Hours	3			
Course Title: Ne	etwork and App	olication Secu	irity		
Abbreviated Title: Ne	et/App Security	/			
Contact hours per week: Lec	ture 3	Lab	Field	Studio	Other
Type of Instructional Activity:	Lecture				
Academic engagement minutes	s: 2250	Student p	reparation mir	nutes: 450	0
Intended semesters for offering	g this course:	Fall 🗸	J-Term	Spring	Summer
Essential Learning Course:	′es 🗌 No				
Prerequisites: Yes 🗹 M	No 🗆				
CSCI 420					
Prerequisite for other course(s): Yes 🗌	No			
Co-requisites: Yes 🗌 No					
Requirement or listed choice for	or any program	of study: N	res 🔽 No		
Overlapping content with prese	ent courses off	ered on cam	ous: Yes	□ No	✓
Additional faculty FTE required	: Yes 🗆	No 🔽			
Additional equipment required	: Yes 🗆	No			
Additional lab facilities required	d: Yes 🗆	No 🗸			

Course description for catalog:

Exploration of advanced topics in network and web-based application security such as network vulnerability management, network monitoring, intrusion detection and prevention, government and industry security compliances, wireless security, most common web application security flaws, browser and database security principles, and authentication and authorization in web applications. Justification:

This is the third course in cyber security certification program that the Computer Science department will provide. The CSMS department has already offered this course in Fall 2015 with the goal of providing a certificate of completion to the students who have taken all three required courses.

There's a high demand for cyber security professionals in the current job market and this demand is projected to be grown significantly in the years to come. With the addition of this course, CMU will not only be able to offer well-rounded education with marketable skills to its students but also will be able to attract many new potential students who'd be interested in pursuing their career in the cyber security field.

Topical course outline:

- 1. Network security importance
- 2. Wireless security
- 3. Various security regulations and compliances
- 4. Network security monitoring
- 5. Vulnerability management
- 6. Intrusion detection and prevention
- 7. Top 10 most common web application vulnerabilities
- 8. Browsers and database security principles
- 9. File security principles and secure development methodology

Student Learning Outcomes:

1. Use tools and technology for successful network vulnerability management and monitoring.

- 2. Use tools and technology for network and host-based intrusion detection and prevention.
- 3. Write documentation and produce reports that will help organizations adhere to security compliances.

4. Detect and mitigate most common web application security vulnerabilities such as SQL injection, XSS, etc.

5. Demonstrate effective communication on the importance of browser and database security.

Proposed by: RAM BASNET

Expected Implementation: Fall 2016

Department: Kinesiology

Course Modifications

KINE 240

KINE 240							
	Current	Proposed					
Course Prefix:	KINE						
Course No.:	240						
Credit Hours	2						
Course Title:	Introduction to Clinical Athletic Training						
Current: Intr the Athletic Proposed: Ir	 Description for catalog: Current: Introduction to basic athletic training skills, policies and procedures. Required for admission into the Athletic Training Education Program. Proposed: Introduction to basic athletic training skills, policies, and procedures. Required for admission into the Athletic Training Program. 						
Requirement or listed choice for any program of study: Yes 🗹 No 🗌							
Justification:							
	cation has been removed from the catalog de for an accreditation self study in 2016 - 2017	escription to align with accreditation documents 7.					
<u>Student Learni</u>	ing Outcomes, current:						
Professional P 2. Explain the 3. Implement 4. Operate the Training Room 5. Understand	 Identify the athletic training scope of practice as defined by the BOC Role Delineation Study, Standards of Professional Practice, NATA Position Statements and, and state practice acts Explain the admission requirements to the Colorado Mesa University Athletic Training Program Implement policies and procedures within the Colorado Mesa University Athletic Training Room Operate the treatment and rehabilitation equipment located in the Colorado Mesa University Athletic Training Room Understand the duties and activities associated with the field of Athletic Training Student Learning Outcomes, proposed: 						
Proposed by:	Jeremy Hawkins	Expected Implemention: Fall 2016					
KINE 253							
	Current	Proposed					
Course Prefix:	KINE						
Course No.:	253						
Credit Hours	2						
Course Title:	Fundamentals of Clinical Athletic Training	Clinical Experiences in Athletic Training I					

Abbreviated Fundamental Clinical Ath Prerequisites:

Current: Admission into the Athletic Training Education Program.

Proposed: Admission into the Athletic Training Program.

Requirement or listed choice for any program of study: Yes \checkmark No \Box

Kinesiology BS, Athletic Training: 3146

Justification:

This course is the first of five clinical experience courses that athletic training students take. By naming it in the same manner as the other four clinical experience courses clarity is added to the type of course it is. The word Education has been removed from the prerequisite list to align with accreditation documents as we prepare for an accreditation self study in 2016 - 2017.

Clin Exp Athl Train I

KINE 367

	Current	Proposed	
Course Prefix:	KINE		
Course No.:	367		
Credit Hours	2		
Course Title:	Field Experiences in Athletic Training I		
Prerequisites:			
Current: Admission into the Athletic Training Education Program.			
Proposed: Kl	NE 253		
Co-requisites:			
Current:			
Proposed: KI	NE 368		
Description for	catalog:		
Current: Athletic training field experiences. Concentration on Pre-Participation Considerations and Acute Injury Management.			
Proposed: Ex	ploration of athletic training field experiences.	Concentration on pre-participation	

Proposed: Exploration of athletic training field experiences. Concentration on pre-participation considerations, acute injury management, and environmental conditions.

Requirement or listed choice for any program of study: Yes 🗹 No 🗌

Justification:

The prerequisite was adjusted to reflect the fact that KINE 253 must be taken prior to taking this course and KINE 253 cannot be taken without being admitted into the Athletic Training Program. KINE 368 was added as a corequisite since the courses are taken in the same semester. The course description was changed to more clearly reflect how the course is being taught.

Topical course outline, current:

Pre-participation exam Acute injury management Topical course outline, proposed:

Pre-participation exam Acute injury management Environmental conditions and their management

Student Learning Outcomes, current:

1. Inspect, fit, construct and/or apply protective equipment.

2. Assess and interpret findings from a physical examination that is based on the patient's clinical presentation.

3. Determine when the findings of an examination warrant referral of the patient.

4. Identify the athletic training scope of practice as defined by the BOC Role Delineation Study, Standards of Professional Practice, NATA Position Statements and, state practice acts Student Learning Outcomes, proposed:

Proposed by: Jeremy Hawkins

Expected Implemention: Fall 2016

KINE 368

Current

Proposed

Course Prefix: KINE

Course No.:	368	
Credit Hours	2	
Course Title: Abbreviated Prerequisites:	Clinical Experiences in Athletic Training I Clinic Exp in Athl Train	Clinical Experiences in Athletic Training II Clin Exp Athl Train II
Current: KINI Proposed: KI	E 367 and admission into the Athletic Training NE 253	Education Program.
Co-requisites: Current: Proposed: KI	NE 267	
Requirement o	or listed choice for any program of study: Yes S, Athletic Training: 3146	s 🗹 No 🗆
Justification:		
change the title		•
Proposed by:	Jeremy Hawkins	Expected Implemention: Fall 2016
KINE 378		
	Current	Proposed
Course Prefix:	KINE	
Course No.:	378	
Credit Hours	2	
Course Title: Abbreviated	Clinical Experiences in Athletic Training II Clinic Exp in Athl Train	Clinical Experiences in Athletic Training III Clin Exp Athl Train III
Description for Current: Ath	- catalog: letic training clinical experiences. Concentrati	on on injury rehabilitation, nutrition, and
psychology. Proposed: Ex	ploration of athletic training clinical experience	ces. Concentration on psychology injury
•	care, and rehabilitation.	ces. concentration on psychology, injury
	or listed choice for any program of study: Yes S, Athletic Training: 3146	s 🗹 No 🗆
Justification:		
change the title	itle of KINE 253 to align with the other clinical e of this course. The catalog description adjus g taught in the course.	experience courses resulted in the need to stment was made to more fully reflect what is
Topical course	outline, current:	
Nutrition consi Strength traini	ty injury management: head, face, cervical spi iderations ng and conditioning <u>outline, proposed:</u>	ine, shoulder, elbow, wrist, and hand
Nutrition consi	ty injury management: head, face, cervical spi iderations ng and conditioning	ine, shoulder, elbow, wrist, and hand

Pschological conditions and management

Student Learning Outcomes, current:

o Identify and describe the signs, symptoms, physiological, and psychological responses of clients/patients with disordered eating or eating disorders.

o Identify which therapeutic drugs, supplements, and performance-enhancing substances are banned by sport and/or workplace organizations in order to properly advise clients/patients about possible disgualification and other consequences.

o Describe the role of various mental healthcare providers (psychiatrists, psychologists, counselors, social workers) that may comprise a mental health referral network

o Identify and refer clients/patients in need of mental healthcare

o Identify the symptoms and clinical signs of substance misuse/abuse, the psychological and sociocultural factors associated with such misuse/abuse, its impact on an individual's health and physical performance, and the need for proper referral to a healthcare professional

o Formulate a referral for an individual with a suspected mental health or substance abuse problem o Evaluate and care for athletic injuries and illnesses based on an understanding of anatomy, physiology, biomechanics, and abnormal social, emotional, and mental behaviors, while maintaining patient privacy. <u>Student Learning Outcomes, proposed:</u>

Proposed by:	Jeremy Hawkins	Expected Implemention:	Fall 2016

KINE 467

	Current	Proposed
Course Prefix:	KINE	
Course No.:	467	
Credit Hours	2	
	Field Experiences in Athletic Training II E 378 and admission into the Athletic Training	g Education Program
Proposed: KI Co-requisites: Current: Proposed: KI		
Requirement o	r listed choice for any program of study: Ye	s 🗹 No 🗆
Justification:		
	tes were adjusted because admittance to the 3. KINE 468 was added as a corequisite becau	Athletic Training Program is covered in simply use the two courses are taken in the same
Proposed by:	Jeremy Hawkins	Expected Implemention: Fall 2016
KINE 468		
	Current	Proposed
Course Prefix:	KINE	
Course No.:	468	
Credit Hours	2	
Course Title: Abbreviated	Clinical Experiences in Athletic Training III Clin Exp in Athl Trainin	Clinical Experiences in Athletic Training IV Clin Exp Athl Train IV

Prerequisites:

Current: KINE 467

Proposed: KINE 378

Co-requisites:

Current:

Proposed: KINE 467

Description for catalog:

Current: Athletic training clinical experiences. Concentration on injury illness and evaluation. Proposed: Exploration of athletic training clinical experiences. Concentration on administration and professional development.

Requirement or listed choice for any program of study: Yes \checkmark No \Box

Kinesiology BS, Athletic Training: 3146

Justification:

Changing the title of KINE 253 to align with the other clinical experience courses resulted in the need to change the title of this course. The prerequisite was changed to a corequisite because the two courses are taken in the same semester. The course description changed because we have chosen to teach the information that has historically been taught in KINE 478 a semester earlier in order to better prepare the athletic training students for the certification exam. As such, the content of the last two clinical experience courses has flip flopped.

Topical course outline, current:

Pharmacology

Management of injuries to the lower extremity Management of injuries to the upper extremity Management of injuries to the head, spine, and thorax Psychological techniques and treatment strategies <u>Topical course outline, proposed:</u>

Risk Management in Athletic Training Regulation of Athletic Training - Role of state governing bodies, NATA, BOC Professional development Recruiting and hiring Billing and insurance Documentation Facility design and management Policy and procedure creation and implementation

Student Learning Outcomes, current:

Demonstrate clinical integrated proficiency with respect to selection, application, evaluation, and mofification of protective equipment.

Demonstrate clinical integrated proficiency in the ability develop, implement, and monitor prevention strategies for at risk individuals.

Demonstrate clinical integrated proficiency to perform a comprehensive clinical evaluation of a patient with an upper extremity, lower extremity, head, neck, thorax, and/or spine injury or condition.

Demonstrate clinical integrated proficiency to perform a comprehensive clinical examination that includes appropriate clinical reasoning to formulate a differential diagnosis and/or diagnosis.

Demonstrate clinical integrated proficiency to select and integreat appropriate psychological techniques into a patient's treatment or rehabilitation program.

Demonstrate clinical integrated proficiency to recognize and refer at-risk individuals with psychological disorders and/or mental health emergencies.

Student Learning Outcomes, proposed:

Demonstrate clinical integrated proficiency in administration of testing procedures to obtain baseline data regarding a client's/patient's level of general health.

Demonstrate clinical integrated proficiency in the utilization of documentation strategies to effectively

communicate with all party associated with athlete care.

Determine the athletic training scope of practice as defined by the Board of Certification Role Delineation Study, Standards of Professional Practice, NATA Position Statements, and state practice acts. Develop policies and procedures to aid in the prevention of athletic injuries and illnesses. Differentiate between risk management practices, health care delivery mechanisms, insurance and reimbursement options, forms of documentations, and facility management strategies.

Proposed by:	Jeremy Hawkins	Expected Implemention:	Fall 2016	

KINE 478

	Current	Proposed
Course Prefix:	KINE	
Course No.:	478	
Credit Hours	2	
Course Title: Abbreviated	Clinical Experiences in Athletic Training IV Clin Exp in Athl Trainin	Clinical Experiences in Athletic Training V Clin Exp Athl Train V

Description for catalog:

Current: Athletic training clinical experiences. Concentrations on administration and professional development. Capstone course for the Athletic Training Education Program.

Proposed: Exploration of athletic training clinical experiences. Concentration on injury and illness evaluation and rehabilitation. Capstone course for the Athletic Training Program.

Requirement or listed choice for any program of study: Yes 🗹 No 🗌

Kinesiology BS, Athletic Training: 3146

Justification:

Changing the title of KINE 253 to align with the other clinical experience courses resulted in the need to change the title of this course. The course description changed because we have chosen to teach the information that has historically been taught in KINE 468 a semester later in order to better prepare the athletic training students for the certification exam. As such, the content of the last two clinical experience courses has flip flopped.

Topical course outline, current:

Risk Management in Athletic Training Regulation of Athletic Training - Role of state governing bodies, NATA, BOC Professional development Recruiting and hiring Billing and insurance Documentation Facility design and management Policy and procedure creation and implementation <u>Topical course outline, proposed:</u>

Pharmacology

Management of injuries to the lower extremity Management of injuries to the upper extremity Management of injuries to the head, spine, and thorax Psychological techniques and treatment strategies

Student Learning Outcomes, current:

Demonstrate clinical integrated proficiency in administration of testing procedures to obtain baseline data regarding a client's/patient's level of general health.

Demonstrate clinical integrated proficiency in the utilization of documentation strategies to effectively communicate with all party associated with athlete care.

Determine the athletic training scope of practice as defined by the Board of Certification Role Delineation Study, Standards of Professional Practice, NATA Position Statements, and state practice acts. Develop policies and procedures to aid in the prevention of athletic injuries and illnesses. Differentiate between risk management practices, health care delivery mechanisms, insurance and reimbursement options, forms of documentations, and facility management strategies.

Student Learning Outcomes, proposed:

Demonstrate clinical integrated proficiency with respect to selection, application, evaluation, and mofification of protective equipment.

Demonstrate clinical integrated proficiency in the ability develop, implement, and monitor prevention strategies for at risk individuals.

Demonstrate clinical integrated proficiency to perform a comprehensive clinical evaluation of a patient with an upper extremity, lower extremity, head, neck, thorax, and/or spine injury or condition.

Demonstrate clinical integrated proficiency to perform a comprehensive clinical examination that includes appropriate clinical reasoning to formulate a differential diagnosis and/or diagnosis.

Demonstrate clinical integrated proficiency to select and integreat appropriate psychological techniques into a patient's treatment or rehabilitation program.

Demonstrate clinical integrated proficiency to recognize and refer at-risk individuals with psychological disorders and/or mental health emergencies.

Proposed by: Jeremy Hawkins Expected Implemention: Fall 2016

Program Modification

Athletic Training: 3146

Degree Type: BS

Revision to program sheet: Yes ☑ No □

Description of modification:

The following changes are being proposed:

- 1. KINE 240 adjust the course description
- 2. KINE 253 name change; adjust prerequisite language
- 3. KINE 367 adjust prerequisite; add corequisite; change catalog description; update to course outline
- 4. KINE 368 name change; adjust prerequisite; add corequisite
- 5. KINE 378 name change; change catalog description; update to course outline
- 6. KINE 467 adjust prerequisite; add corequisite

7. KINE 468 - name change; adjust prerequisite; add corequisite; change catalog description; update to course outline and SLOs

- 8. KINE 478 name change; change catalog description; update to course outline and SLOs
- 9. Update program sheet accordingly

Justification:

The Athletic Training Program will complete a self-study during 2016 - 2017 as part of a compresensive review to maintain accreditation through the Commission on Accreditation of Athletic Training Education. The proposed changes are meant to clean some programmatic things up in preparation for this self study. The renaming of courses will provide clarity to the order in which the clinical experience courses take place. Several of the courses have unnecessary language in either the catalog descriptions or prerequisites that has been removed. Lastly, the content in the final two clinical experience courses has flip flopped to allow athletic training students to have exposure to specific content sooner. This change was made in response to graduate feedback from the last few years. All of the changes are all delivery based in nature. As such, programmatic SLOs have not changed.

Revision to SLOs:	Yes	No	✓
Other changes:	Yes	No	

Discussions with affected departments: NA Proposed by: Jeremy Hawkins

Director of Teacher Education Signature:

Expected Implementation: Fall 2016



About This Major ...

The Athletic Training Program (ATP) is a five semester clinical program, usually completed from the spring of the sophomore through the senior year, and is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Admission into the ATP is competitive and admission into Colorado Mesa University does not guarantee admission into the ATP. The ATP ensures the highest quality of education by offering collective learning experiences that enable the student to successfully challenge the Board of Certification examination and pursue numerous career paths as a certified athletic trainer. Certified athletic trainers gain employment in a variety of settings including but not limited to: high school/college athletic programs, professional sport programs, outpatient physical therapy/sports medicine clinics, industrial/corporate settings, and even the US military.

Transfer students are encouraged to contact the ATP at least 1 semester prior to application/ transfer to assure that they have time to develop the required skills and knowledge pre-requisites.

Application deadline is December 1 for admission into the clinical program for the following spring semester.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- 1. Select appropriate prevention and health promotion strategies. (Critical Thinking)
- 2. Evaluate pathologies common to an athletic population in a correct and efficient manner. (Critical Thinking)
- 3. Design therapeutic intervention to maximize a patient's participation and health-related quality of life. (Critical Thinking, Quantitative Fluency)
- 4. Select and integrate appropriate psychosocial techniques into a patient's treatment program, recognizing when and how to refer where necessary. (Specialized Knowledge, Communication Fluency)
- 5. Demonstrate the ability to clearly communicate specialized knowledge. (Specialized Knowledge, Communication Fluency)

NAME: ______ STUDENT ID # _____

LOCAL ADDRESS AND PHONE NUMBER:

)_____ _(

_, hereby certify that I have completed (or will complete) all the courses listed I, (Signature) on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

		20
Signature of Advisor	Date	
		20
Signature of Department Head	Date	
		20
Signature of Registrar	Date	

DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- A 2.75 GPA is required in the major courses. A "C" or higher is required in all major courses.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours) See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title	Sem.hrs	Grade	Term/Trns
English (6 semester hours, must receive must be completed by the time the studer ENGL 111 English Composition ENGL 112 English Composition		ester ho	
Math MATH 113 or higher (3 semester "C" or better, must be completed by the t hours.) MATH 113 College Algebra *3 credits apply to the Essential Learning applies to elective credit	time the stude 4*	ent has (50 semester
Humanities (3 semester hours)			
Social and Behavioral Sciences (6 seme	ester hours)		
PSYC 150 General Psychology	3		
Natural Sciences (7 semester hours, one PHYS 111, 111L suggested*		include	a lab) –
History (3 semester hours)			

Course No Title **Fine Arts** (3 semester hours)

BIOL 210

BIOL 210L

Sem.hrs Grade Term/Trns

WELLNESS REQUIREMENT (3 semester hours)

KINE 100	Health and Wellness	1	
KINA 1		1	
KINA 1		1	

ESSENTIAL LEARNING CAPSTONE (4 semester hours)

ESSL 290	Maverick Milestone		
ESSL 200	(see English & math pre-reqs) Essential Speech (co-requisite		
FOUNDATI	ON COURSE (11 semester ho	urs)	
STAT 200	Probability and Stats	3	
BIOL 209	Human Anat & Phys I	3	
BIOL 209L	Human Anat & Phys I Lab	1	

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ATHLETIC TRAINING MAJOR REQUIREMENTS

Human Anat and Phys II Lab

Human Anat & Phys II

Poquired Co	urses (60 semester hours)		
KINE 200			
KINE 200	History & Philosophy of Sport	2	
VINE 212	& Physical Education	3	
KINE 213	Applications of Physical Fitness		
KDE 224	& Physical Education Prevention & Care of Athletic	3	
KINE 234		2	
KINE 240	Injuries	3	
KINE 240	Introduction to Clinical Athletic		
KINE 252	Training	2	
KINE 252	Principles of Evaluation and	2	
WD IE 0.50	Assessment	3	
KINE 253	Fundamentals of Clinical		
	Athletic TrainingClinical Exper	iences i	in Athletic
<u>Training I</u>	2		
KINE 265	First Aid & CPR/AED for the		
Health Care F	Provider		
OR		_	
EMTS 115	Medical First Responder	3	
KINE 303	Exercise Physiology	3	
KINE 303L	Exercise Physiology Lab	1	
KINE 309	Anatomical Kinesiology	3	
KINE 367	Field Experiences in Athletic		
	Training I	2	
KINE 368	Clinical Experiences in Athletic		
	Training I <u>I</u>	2	
KINE 370	Biomechanics	3	
KINE 370L	Biomechanics Lab	1	
KINE 373	Upper Body Injury Assessment		
KINE 374	Lower Body Injury Assessment		
KINE 378	Clinical Experiences in Athletic	;	
	Training II <u>I</u>	2	
KINE 405	Sports Nutrition	3	
KINE 410	Rehabilitative Exercises	3	
KINE 420	Therapeutic Modalities	3	
KINE 430	Medical Conditions and		
	Pharmacology in Sports	3	
KINE 467	Field Experiences in Athletic		
	Training II	2	
KINE 468	Clinical Experiences in Athletic	:	
	Training <mark>III<u>IV</u></mark>	2	
KINE 478	Clinical Experiences in Athletic	;	

HIST

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 Training IV
 2

 Electives (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours.

 (11 semester hours) – BIOL 409, 409L suggested

Course No Title	Sem.hrs	Grade	Term/Trns
*MATH 113 College Algebra	1		

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN ATHLETIC TRAINING

This is a recommended sequence of course work. Certain courses may have prerequisites or are offered only during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

		FRESHMA	AN YEAR		
Fall Semester		Hours	Spring Seme	ester	Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
KINE 100	Health and Wellness	1	KINE 213	Appl. Of Phys. Fitness and Ex. Presc.	3
KINE 200	History and Phil. of Sport & PE	3	KINE 234	Prevention & Care of Athletic Injuries	3
Essential Learning	Soc./Behavioral Science	3	MATH 113	College Algebra	4
Essential Learning	Fine Arts	3	KINE 265	First Aid & CPR/AED for the Health Care F	Provider
Essential Learning	History	<u>3</u>	OR		
-		16	EMTS 115	Medical Responder	<u>3</u>
	_				16

		SOPHOMOR	E YEAR		
Fall Semester		Hours	Spring Semester	H	ours
KINE 240	Intro to Clinical Athletic Training	2	ESSL 290	Maverick Milestone	3
Essential Learning	Natural Science	3	ESSL 200	Essential Speech	1
Essential Learning	Soc/Beh Science (PSYC 150)	3	BIOL 210	Human Anatomy & Physiology II	3
BIOL 209	Human Anatomy and Physiology	3	BIOL 210L	Human Anatomy & Physiology II Lab) 1
BIOL 209L	Human Anatomy and Physiology	Lab 1	Essential Learning	Humanities	3
STAT 200	Probability & Statistics	3	KINE 252	Principles of Evaluation and Assessment	3
KINA	Activity	<u>1</u>	KINE 253	Fundamentals of Clinical Athletic	
		16	TrainingClinical Exp	eriences in AT I 2	

16

Hours	a • a	
	Spring Semester	Hours
4	KINE 303	Exercise Physiology 3
3	KINE 303L	Exercise Physiology Lab 1
2	KINE 373	Upper Body Assessment 3
2	KINE 378	Clinical Experiences in AT III 2
3	KINE 410	Rehabilitative Exercises 3
3	KINE 430	Med. Cond. & Pharmacology in Sports 3
2	KINE 303	Exercise Physiology 3
<u>3</u>	KINE 303L	Exercise Physiology Lab <u>1</u>
17		15
SENIOR Y	TEAR	
Hours	Spring Semester	Hours
3	KINE 370	Biomechanics 3
2	KINE 370L	Biomechanics Lab 1
2	KINE 478	Clinical Experiences in AT IV 2
1	KINE 370	Biomechanics 3
3	KINE 370L	Biomechanics Lab 1
<u>4</u>	Electives	<u>6</u>
12		12
-	Hours 3 2 2 1 3 4	3 KINE 303L 2 KINE 373 2 KINE 378 3 KINE 378 3 KINE 410 -3 KINE 430 -2 KINE 303 3 KINE 303 3 KINE 303L 17 SENIOR YEAR Hours Spring Semester 3 KINE 370 2 KINE 370L 2 KINE 370L 3 KINE 370L 3 KINE 370L 4 Electives

POLICIES:

- 1. Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.

5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test)

Exercise Science: 3138

Degree Type: BS

Revision to program sheet: Yes ☑ No □

Description of modification:

List KINA 128 Intermediate Weight Training as a suggested course to help fulfill the Wellness requirement.

Justification:

KINA 128 is a prerequisite course for KINE 403. Listing KINA 128 as a suggested course will ensure students are taking the necessary courses needed for successful completion of the degree.

Revision to SLOs:YesNoImage: Constraint of the second sec

Director of Teacher Education Signature:

Expected Implementation: Fall 2016



About This Major . . .

Students enrolled in this concentration should have a strong interest in the sciences as this program applies science to human function. The student will begin studies with science courses such as physics, general chemistry, and human anatomy & physiology. Continued studies will include courses such as: exercise physiology, anatomical kinesiology, biomechanics, physical activity and aging, medical conditions and pharmacology, and sports nutrition, among other subject areas. This major is designed to prepare students for graduate programs such as: physical therapy, physician's assistant, occupational therapy, and exercise physiology.

Colorado Mesa students frequently continue their study for graduate or professional degrees at universities widely recognized as top programs in exercise physiology, physical therapy, occupational therapy, physical education and public health.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html.

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- 1. Evaluate the functions of the individual body systems. (Specialized Knowledge)
- 2. Identify risk factors associated with chronic disease. (Specialized Knowledge)
- 3. Identify the scope and definitions of health, fitness, and human performance with the ability to analyze the data critically. (Applied Learning, Quantitative Fluency)
- 4. Describe procedures and/or statistical analyses for physiological assessments. (Quantitative Fluency)
- 5. Apply biomechanical principles to movement and be able to communicate and formulate conclusions about the results. (Critical Thinking)
- 6. Demonstrate the ability to clearly communicate specialized knowledge. (Communication Fluency)

NAME:______STUDENT ID #_____

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LOCAL ADDRESS AND PHONE NUMBER:

____, hereby certify that I have completed (or will complete) all the courses listed I, (Signature) on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

		20
Signature of Advisor	Date	
		20
Signature of Department Head	Date	
		20
Signature of Registrar	Date	

DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher)
- 40 upper division credits (A minimum of 15 taken within the major at CMU)
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours): See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, <u>you must use it to fulfill the major requirement</u> and make a different selection for the Essential Learning requirement.

Course No Title	Sem.hrs	Grade	Term
English (6 semester hours, must receive a g must be completed by the time the student h ENGL 111 English Composition ENGL 112 English Composition			
Math MATH 113 or higher (3 semester how "C" or better, must be completed by the tim hours.) MATH 113 College Algebra *3 credits apply to the Essential Learning re- credit(s) will apply to elective credit	e the stude 4*	ent has 6	50 semester
Humanities (3 semester hours)			
Social and Behavioral Sciences (6 semester Growth and Development (suggested)*	er hours) -	PSYC 2	233 Human
Natural Sciences (7 semester hours, one co PHYS 111, 111L General Physics and Lab, Physics and Lab (suggested)*			
 L			
*Although these are suggested courses for H courses are required as prerequisites for the programs in physical therapy.			
History (3 semester hours) HIST			

Fine Arts (3 semester hours)

WELLNESS REQUIREMENT (3 semester hours) – KINA 128

Intermediate	Weight Training suggested*	,	
KINE 100	Health and Wellness	1	
KINA 1		1	
KINA 1		1	
*This course	is suggested because it is a r	rerequisite	for KINE 403

ESSENTIAL LEARNING CAPSTONE (4 semester hours)

ESSL 290	Maverick Milestone		
	(see English & math pre-reqs)	3	
ESSL 200	Essential Speech (co-requisite)	1	
FOUNDATI	ON COURSES (17-20 Semeste	r Hours)	
STAT 200	Probability and Statistics	3	
BIOL 209	Human Anatomy and Phys	3	
BIOL 209L	Human Anatomy & Phys Lab	1	
CHEM 131	General Chemistry	4	
CHEM 131L	General Chemistry Lab	1	
CHEM 132	General Chemistry	4	
CHEM 132L	General Chemistry Lab	1	
KINE 265	First Aid & CPR/AED for the		
	Health Care Provider		
	OR Current Card	3	

EXERCISE SCIENCE MAJOR REQUIREMENTS (48-53 semester

hours) Must pass all courses with a grade of "C" or higher.

nouis) wius	i pass an courses with a grade of	C Of III	igner.
KINE 200	History and Phil of Sport & PE	3	
KINE 213	Appl of Phy Fit & Ex Presc	3	
KINE 234	Prevention & Care of Ath Inj	3	
KINE 301	Health and Fitness Assessment	3	
KINE 303	Ex Physiology	3	
KINE 303L	Ex Physiology Lab	1	
KINE 309	Anatomical Kinesiology	3	
KINE 370	Biomechanics	3	
KINE 370L	Biomechanics Lab	1	
KINE 403	Advanced Strength and Condition	oning	
OR		3	
KINE 404	Clinical Exercise Physiology		
	and Advanced Exercise Prescrip	tion	
		3	
KINE 405	Sport Nutrition	3	
KINE 415	Physical Activity & Aging	3	
KINE 494	Senior Seminar	1	
KINE 499	Internship	3	

Restricted Electives:

Select four courses from the list below. Courses listed with a lecture and lab are counted as one course. If you choose 200 level courses, make sure you choose 300 and above courses for electives to ensure having 40 hours of upper division courses for graduation.

BIOL 210 and 210L Human Anatomy and Physiology II (3) & (1)
BIOL 241 Pathophysiology (4)
BIOL 301 and 301L Genetics (3) & (1)
BIOL 341 and 341L General Physiology (3) & (1)
BIOL 409 and 490L Gross and Developmental Human Anatomy (2) &
(2)
CHEM 311 and 311L Organic Chemistry (4) & (1)
CHEM 312 and 312L Organic Chemistry (4) & (1)

CHEM 315 and 315L Biochemistry (3) & (1)	
KINE 401 Organization/Admin/Legal Considerations in PE & Sports (3)	General Recommendations for graduate programs:
KINE 403 Advanced Strength and Conditioning* (3) KINE 404 Clinical Exer Phys & Adv Exer Prescriptions* (3)	Exercise Physiology: BIOL 409, 409L Gross and Developmental Human Anatomy
KINE 410 Rehabilitative Exercises (3)	CHEM 311, 311L, 312, 312L Organic Chemistry
KINE 420 Therapeutic Modalities (3) KINE 487 Structured Research (1-3)	KINE 487 Structured Research
PSYC 340 Abnormal Psychology (3)	Biomechanics: BIOL 409, 409L Gross and Developmental Human Anatomy
	PHYS 111, 111L, 112, 112L General Physics
*NOTE: Do not double count KINE 403/404 from the list of major requirements.	MATH 151 Calculus I KINE 487 Structured Research
-	General Recommendations for Graduate Professional Programs:
	Medicine:
Restricted Electives (12-15 semester hours):	CHEM 311, 311L, 312, 312L Organic Chemistry PHYS 111, 111L, 112, 112L General Physics
	MATH 151 Calculus I
	SOCO 260 General Sociology
	Physician's Assistant: BIOL 341, 341L General Physiology and BIOL 409, 409L Gross and
	Developmental Human Anatomy
	or BIOL 209, 209L Human Anatomy and Physiology and BIOL 210, 210L
Electives (11-18 semester hours) All college level courses appearing	Human Anatomy and Physiology II
on your final transcript, not listed above that will bring your total semester hours to 120 hours)	CHEM 311, 311L, 312, 312L Organic Chemistry KINE 499 Internship
*MATH 113 College Algebra 1	Upper level lab-based Biology courses
	Additional Psychology course
	Physical Therapy: BIOL 341, 341L General Physiology and BIOL 409, 409L Gross and
	Developmental Human Anatomy
	or BIOL 209, 209L Human Anatomy and Physiology and BIOL 210, 210L
Graduate or Professional Schools in Exercise Science and Professional	Human Anatomy and Physiology II
Schools in Medicine (MD) Physical Therapy (PT), Occupational Therapy (OT), and Physician Assistant (PA), and Chiropractic programs	PHYS 111, 111L, 112, 112L General Physics PSYC 233 Human Growth and Development
often have their own unique prerequisites that are not part of the	PSYC 310 Child Psychology or PSYC 340 Abnormal Psychology
exercise science major requirements. For example, two semesters of General Physics are required for most MD, PT and Chiropractic	KINE 499 Internship
programs. Because prerequisites vary significantly from school to school, students need to check specific requirements for schools where	Occupational Therapy: BIOL 409, 409L Gross and Developmental Human Anatomy
they are planning to apply for admission.	PHYS 111, 111L General Physics
	PSYC 233 Human Growth and Development
	PSYC 340 Abnormal Psychology KINE 499 Internship
	Sociology and/or Anthropology courses Medical Terminology
	Chiropractic: CHEM 311, 311L, 312, 312L Organic Chemistry
	PHYS 111, 111L, 112, 112L General Physics

Social Science and Humanities courses

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN EXERCISE SCIENCE

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

		FRESH	MAN YEAR		
Fall Semester		Hours	Spring Semester		Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
KINE 100	Health and Wellness	1	KINE 213	Appl of Phys Fitness and Ex Presc	3
KINE 200	History and Phil of Sport and PE	3	Essential Learning	Soc & Beh Science	
KINA 1XX	Activity	1		**OR**	
PHYS 111	Gen Physics and	4	PSYC 233	Human Growth and Development	3
PHYS 111L	Gen Physics Lab	1	Essential Learning	History	3
OR Essential Lea	arning Natural Science with Lab	4	PHYS 112	Gen Physics and	4
MATH 113	College Algebra	4	PHYS 112L	Gen Physics Lab	1
		16-17	OR	Essential Learning Nat. Science	<u>3</u>
					15-17

		SOPHOM	IORE YEAR		
Fall Semester		Hours	Spring Semester		Hours
KINE 234	Prevention & Care of Ath Injuries	3	Essential Learning	Soc & Beh Science	3
BIOL 209	Human Anatomy	3	Essential Learning	Humanities	3
BIOL 209L	Human Anatomy Lab	1	Essential Learning	Fine Arts	3
STAT 200	Probability and Statistics	3	KINE 265	First Aid & CPR/AED for the	
CHEM 131	General Chemistry	4		Health Care Provider OR	
CHEM 131L	General Chemistry Lab	<u>1</u>		Current Card	3
	-	15	CHEM 132	General Chemistry	4
			CHEM 132L	General Chemistry Lab	<u>1</u>
				-	14-17

		JUNIO	R YEAR		
Fall Semester		Hours	KINE 415	Physical Activity & Aging	3
KINE 303	Exercise Physiology	3	KINE 301	Hlth & Fitness Assessment	3
KINE 303L	Exercise Physiology Lab	1	KINE 370	Biomechanics	3
KINE 309	Anatomical Kinesiology	3	KINE 370L	Biomechanics Lab	1
Restricted Elect	tive Choice	3-5	KINA XXX — <u>1</u>	28 Intermediate Weig	<u>ht Training or</u>
ESSL 290	Maverick Milestone	3	Another Activit	y <u>Course</u> -	1
ESSL 200	Speech	<u>1</u>	Restricted Elect	ive Choice	<u>3-5</u>
		14-16			14-16

Hours

		SENIO	OR YEAR		
Fall Semester		Hours	Spring Semester		Hours
KINE 403	Advanced Strength & Cond	3	KINE 404	Clinical Ex Phys and Adv Ex Prescript	3
	(If not planning on taking KINE 40	94)		(If not planning on taking KINE 403)	
KINE 405	Sports Nutrition	3	KINE 487	Structured Research	3
Restricted Elect	ive Choice	3-5	KINE 494	Senior Seminar	1
Electives	(if needed)	<u>6</u>	KINE 499	Internship	3
		15-17	Restricted Electiv	re Choice	3-5
			Electives	(if needed)	<u>3</u>
					16-18

Spring Semester

POLICIES:

- 1. Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of** graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).

Kinesiology-Fitness and Health Promotion: 3149

Degree Type: BA

Revision to program sheet: Yes 🔽 No 🗌

Description of modification:

List KINA 128 Intermediate Weight Training as a suggested course to help fulfill the Wellness requirement.

Justification:

KINA 128 is a prerequisite course for KINE 403. Listing KINA 128 as a suggested course will ensure students are taking the necessary courses needed for successful completion of the degree if they choose to take KINE 403.

Revision to SLOs:	Yes 🗌 No 🗹				
Other changes:	Yes 🗌 No 🗹				
Discussions with affected departments:					
NA					
Proposed by: Jeremy Hawkins					
Director of Teacher Education Signature:					
Expected Implementation: Fall 2016					



20152016-2016 2017 PETITION/PROGRAM SHEET

Degree: Bachelor of Arts Major: Kinesiology Concentration: Fitness and Health Promotion

About This Major ...

Students enrolled in this concentration should have a strong interest in the sciences as this program applies science to human function. The student will explore exercise physiology, anatomical kinesiology, community health, physical activity and aging, worksite health promotion, and sports nutrition, among other subject areas. Career opportunities include: sports and wellness program instructors and directors; strength coaches for college, university and professional sports* programs; managers and exercise leaders in corporate wellness programs; nutritionist*; occupational therapist*; and personal trainer.

*Career requires additional post-baccalaureate studies.

Colorado Mesa students frequently continue their study for graduate or professional degrees at universities widely recognized as top programs in exercise physiology, occupational therapy, physical education and public health.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html.

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- 1. Evaluate the functions of the individual body systems. (Specialized Knowledge)
- 2. Identify risk factors associated with chronic disease. (Specialized Knowledge)
- 3. Identify exercise cautions and other safety concerns. (Critical Thinking)
- 4. Identify the scope and definitions of health, fitness, and human performance, with the ability to analyze the data critically. (Applied Learning, Quantitative Fluency)
- 5. Describe and communicate how physical activity relates to health. (Communication Fluency)

NAME:______STUDENT ID #:_____

_____()_____

LOCAL ADDRESS AND PHONE NUMBER:

____, hereby certify that I have completed (or will complete) all the courses listed I, (Signature) on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

		20
Signature of Advisor	Date	
		20
Signature of Department Head	Date	
		20
Signature of Registrar	Date	

DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours): See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, <u>you must use it to fulfill the major requirement</u> and make a different selection for the Essential Learning requirement.

Course No Title	Sem.hrs	Grade	Term/Trns		
English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.) ENGL 111 English Composition 3 ENGL 112 English Composition 3					
Math MATH 110 or higher (3 semester he "C" or better, must be completed by the tin hours.) MATH 1	ne the stude	ent has 6	0 semester		
Humanities (3 semester hours)					
Social and Behavioral Sciences (6 semest					
Natural Sciences (7 semester hours, one co		include	a lab)		
L					
History (3 semester hours) HIST					
Fine Arts (3 semester hours)					

Course No Title

Sem.hrs Grade Term/Trns

WELLNESS REQUIREMENT	(3	semester hours) – KINA 128	
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Intermediate V	Weight Training suggested*			
KINE 100	Health and Wellness	1		
KINA 1		1		
KINA 1		1		
	s suggested because it is a prerec	<u>juisite fo</u>	or KINE 403.	
		-		
ESSENTIAL	LEARNING CAPSTONE (4 s	emester	hours)	
ESSL 290	Maverick Milestone			
	(see English & math pre-reqs)	3		
ESSL 200	Essential Speech (co-requisite)	1		
FOUNDATIO	ON COURSES (10-13 semester	hours)		
BIOL 203	Human Nutrition	3		
BIOL 209	Human Anat and Physiology	3		
BIOL 209L	Human Anat & Physiology Lab	1		
KINE 234	Prevention and Care of Athletic			
	Injurie	s 3		
Student must	have current First Aid/CPR or tal	ke one o	f the following:	
Current CPR	Card? Yes / No (If yes, provid	le a copy	y of the card.)	
Or take one of the following: KINE 265 or KINE 250				

KINESIOLOGY MAJOR – FITNESS & HEALTH PROMOTION CONCENTRATION REQUIREMENTS (52-53 semester hours)

3

(52-53 semester hours)

KINE

Required (Core Co	urses (17	semester	hours)

Required Co	re Courses (17 semester nours	<u>Required Core Courses</u> (17 semester nours)				
KINE 200	History & Philosophy of Spor	rt &				
	Physical Education	3				
KINE 213	Applications of Physical Fitne	ess				
	and Exercise Prescription	3				
KINE 303	Exercise Physiology	3				
KINE 303L	Exercise Physiology Lab	1				
KINE 309	Anatomical Kinesiology	3				
KINE 401	Org/Ad/Legal Considerations	of				
	PE and Sports	3				
KINE 494	Senior Seminar (Capstone)	1				

Required Concentration Courses (35-36 Semester Hours)

KINE 297	Practicum	2	
KINE 301	Health and Fitness Assessment	3	
KINE 310	Methods of Exercise Instruction	n 3	
KINE 333	Community Health	3	
KINE 405	Sports Nutrition	3	
KINE 411	Worksite Health Promotion	3	
KINE 415	Physical Activity & Aging	3	
KINE 480	Inclusive Physical Activity	3	
KINE 499	Internship	6	
	1		

Course No Title	Sem.hrs Grade Term/Trns	Course No Title	Sem.hrs Grade Term/Trns
Select two-three courses from the and lab are counted as one course.	te list below Courses with a lecture . (<u>69</u> -7- <u>10</u> Semester Hours)		ourses appearing on your final transcript, g your total semester hours to 120 hours.)
RESTRICTED ELECTIVES:			

BIOL 315 Epidemiology <u>KINE 310 Methods of Exercise Instruction (3)</u> KINE 370 & 370L Biomechanics (3) / Lab (1) KINE 403 Advanced Strength and Conditioning (3) KINE 404 Clinical Exercise Physiology and Advanced Exercise Prescription (3) KINE 430 Medical Conditions and Pharmacology in Sports (3) KINE 487 Structured Research (3) KINE 396 or KINE 496 Topics (3) PSYC 401 Sport Psychology (3)

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN KINESIOLOGY – FITNESS AND HEALTH PROMOTION

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

	Γ	FRESHMAN	N YEAR		
Fall Semester		Hours	Spring Semester	Но	urs
ENGL 111	English Composition	3	ENGL 112	English Composition	3
KINE 100	Health and Wellness	1	KINE 213	Appl.Of Phys. Fitness and Ex. Presc.	3
KINE 200	History and Phil. of Sport & PE	3	MATH 110 or high	· · ·	3
Essential Learning	History	3	Essential Learning	Social and Beh Science	3
Essential Learning	Fine Arts	3	BIOL 209	Human Anatomy and Physiology	3
Essential Learning	Natural Science	<u>3</u>	BIOL 209L	Human Anatomy and Physiology Lab	1
		16			16

SOPHOMORE YEAR								
Fall Semester		Hours	Spring Semester		Hours			
KINE 234	Prevention and Care of Athletic I	njuries 3	Essential Learning	Social/Behavioral Science	3			
*KINE 265	First Aid & CPR/AED for the He	alth	BIOL 203	Human Nutrition	3			
	Care Provider		KINA XXX	Activity	1			
OR			KINE 297	Practicum	2			
*KINE 250	Lifeguard Training	3	ESSL 290	Maverick Milestone	3			
Essential Learnin	ng Natural Science with Lab	4	ESSL 200	Speech	1			
Essential Learnin	ng Humanities	3	Electives		<u>3</u>			
Electives		<u>3</u>			16			
		13-16						

*KINE 250 OR KINE 265 - If no current First Aid/CPR Certification

		JUNIOR	R YEAR		
Fall Semester		Hours	Spring Semes	ster	Hours
KINE 301	Health and Fitness Assessment	3	KINE 310	Methods of Exercise Instruction	3
KINE 303	Exercise Physiology	3	KINE 415	Physical Activity & Aging	3
KINE 303L	Exercise Physiology Lab	1	KINE Option	OR ELECTIVES	<u>36</u> -4 <u>7</u>
KINE 309	Anatomical Kinesiology	3	Electives or N	linor	3
KINE 333	Community Health	3	KINE 411	Worksite Health Promotion	<u>3</u>
KINA <u>XXX128</u>	Intermediate Weight Training of	r Another Acti	vity		15-16
Course		1			
Electives or Min	or (if needed)	<u>2</u>			
		16			

SENIOR YEAR						
Fall Semester		Hours	Spring Semester		Hours	
KINE 401	Org/Ad/Legal of PE/Sport	3	KINE 494	Senior Seminar	1	
KINE 405	Sports Nutrition	3	KINE	Option	3-4	
KINE 480	Inclusive Physical Activity	3	KINE 499	Internship	6	
Electives	OR KINE Option	<u>3-4</u>	Elective or Minor	(if needed)	4-6	
	-	12-13			12-17	

POLICIES:

- 1. Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of** graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).

Personal Training: 1145

Degree Type: Prof Cert

Revision to program sheet: Yes 🖌 No 🗌

Description of modification:

Add in the requirement of proof of registration and payment to take a certification exam as a graduation requirement.

Justification:

The Personal Training Certificate as currently offered prepares students to practice as a personal trainer, but does not qualify them to do so. Graduates of the program have listed this certificate on job applications as if it qualifies them to work as a personal trainer. Adding in the requirement to sit for a certification exam, as documented with proof of payment and registration, will ensure graduates are not only prepared to practice, but also qualified to do so.

Revision to SLOs:	Yes 🗌	No 🔽				
Other changes:	Yes 🗌	No 🗹				
Discussions with affected departments:						
NA						
Proposed by: Jeremy Hawkins						
Director of Teacher Education Signature:						
Expected Implementation: Fall 2016						



20152016-2016-2017 PETITION/PROGRAM SHEET SA Award: Professional Certificate Program of Study: Personal Training

About This Certificate . . .

Students enrolled in the Personal Training certificate program should have a strong interest in fitness, health promotion, and personal training. Students will engage in practical experiences that will help them with the possibility of a future career in personal training. Students will explore subject areas that include: anatomy, physiology, kinesiology, nutrition, applications of physical fitness, and exercise physiology. This program is designed to provide the student with the knowledge required to pass national certification examinations to be become a such as the National Strength and Conditioning Association – Certified Personal Trainer (MSCANSCA-CPT), National Strength and Conditioning Association – Certified Strength and Conditioning Specialist (NSCA-CSCS), the-American Academy College of Sports Medicine Certified Personal Trainer (ACSM-CPT), and/or the National Academy of Sports Medicine Certified Personal Trainer (NASM CPT) or Performance Enhancement Specialist (NASM-PES) American College of Sports Medicine Certified Exercise Physiologist (ACSM c-EP).

All CMU certificate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- 1. Evaluate the functions of the individual body systems.
- 2. Identify risk factors associated with chronic disease.
- 3. Identify exercise cautions and other safety concerns.
- 4. Describe procedures for physiological assessments.
- 5. Demonstrate the ability to clearly communicate specialized knowledge.

NAME:	STUDENT ID #
LOCAL ADDRESS AND PHONE NUMBER:	
	()
on the Program Sheet. I have read and understand the p	, hereby certify that I have completed (or will complete) all the courses listed licies listed on the last page of this program sheet. I further certify that the grade listed for or the courses in which I am currently enrolled and the courses which I complete next complete these courses.
Signature of Advisor	2020

		20
Signature of the Department Head	Date	
		20
Signature of Registrar	Date	

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.

CERTIFICATE REQUIREMENTS:

- 2.00 cumulative GPA or higher in the certificate is required
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- At least 33 percent of the credit hours required for the certificate must be in courses numbered 300 or above.
- **CPR**/First Aid Certification is a graduation requirement for this certificate.
- Students are expected to provide documentation (proof of payment and scheduled date) that they are registered to take one of the following exams:
 - o American College of Sports Medicine Certified Personal Trainer (ACSM-CPT)
 - o American College of Sports Medicine Certified Exercise Physiologist (ACSM c-EP)*
 - o National Strength and Conditioning Association Certified Personal Trainer (NSCA-CPT)
 - o National Strength and Conditioning Association Certified Strength and Conditioning Specialist (NSCA-CSCS)*
 - *<u>*Both of these certificates require the student to be in their final semester of the baccalaureate degree.</u>
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

PROFESSIONAL CERTIFICATE: PERSONAL TRAINING

(32 semester hours) Must pass all courses with a C or higher

Course No	Title	Sem.hrs	Grade Term/Trns
BIOL 209	Human Anat & Physiology	3	
BIOL 209L	Human Anat & Physiology Lab	1	
KINA 128	Int. Weight Training	1	
KINE 213	App. of Phys. Fitness		
	& Exercise Pres	3	
KINE 234	Prevent. & Care of Athletic Inju	ries 3	
KINE 297	Practicum	2	
KINE 301	Health & Fitness Assessment	3	
KINE 303	Physiology of Exercise	3	
KINE 303L	Physiology of Exercise Lab	1	
KINE 309	Anatomical Kinesiology	3	
KINE 310	Methods of Exercise Instruction	3	
KINE 405	Sports Nutrition	3	
KINE 403	Adv. Strength & Conditioning	3	
<u>KINE 405</u>	Sports Nutrition	3	

POLICIES:

- 1. Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior** to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your final year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).
- 6. NOTE: Students should consult the Financial Aid Office for eligibility requirements for undergraduate and graduate certificates

Personal Training: M102

Degree Type: Minor

Modified Program Name: Exercise Science

Modified Program Name: Ex Sci

Revision to program sheet: Yes ☑ No □

Description of modification:

The title of the minor will change from Personal Training to Exercise Science. Options in what courses can be taken to fulfill requirements will be added.

Justification:

The title of this minor will change from Personal Training to Exercise Science to more accurately depict what is taught within the minor and to make a more clear distinction between this program and the Personal Training Certificate. The addition of options will allow students to customize the program to their individual interests.

Revision to SLOs:				No	✓		
Other changes:				No	✓		
Discussions with affected departments:							
NA							
Proposed by:	Jeremy Hawl	kins					

Director of Teacher Education Signature:

Expected Implementation: Fall 2016



2015-20162016-2017 PETITION/PROGRAM SHEET

Minor: Personal TrainingExercise Science

About This Minor ...

Students enrolled in the Personal TrainingExercise Science minor should have a strong interest in fitness, health promotion, and personal training exercise science. Students will engage in practical experiences that will help them with the possibility of a future career in personal training. Students will explore subject areas that include: anatomy, physiology, kinesiology, applications of physical fitness, and exercise physiology.

POLICIES:

- Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, 3. the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent 4 to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test)

NAME: ______ STUDENT ID # _____

_____()_____

LOCAL ADDRESS AND PHONE NUMBER:

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Personal Training Advisor	Date	20
Signature of Department Head	Date	20
Signature of Registrar	Date	20

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration. See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

Minor Requirements:

- At least 33 percent of the credit hours required for the minor must be in courses numbered 300 or above.
- 2.00 cumulative GPA or higher in the minor is required
- The number of minors a student may receive at Colorado Mesa University shall not exceed two.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.

See the curre below.	nt catalog for a list of courses th	at fulfill	the requ	uirements	Course No T		Sem.hrs	Grade	Term/Trns
					KINE 297	Practicum	1		
Course No	Fitle	Sem.hrs	Grade	Term/Trns	KINE 301	Fitness and Health Assess	ment 3		
					KINE 303	Physiology of Exercise	3		
BIOL 209	Human Anat & Physiology	3			KINE 303L	Physiology of Exercise L	ab 1		
BIOL 209L	Human Anat & Physiology				KINE 309	Anatomical Kinesiology	3		
	Lab	1			KINE 405	Sports Nutrition	3		
KINE 213	Applications of Physical Fitne & Exercise Prescription	ss 3			Destricted F	le etterne			
KINE 234	Prevention & Care of Athletic				Restricted E	lecuves			
	Injuries	_3			Select two co	urses from the list below.	Courses liste	d with a	lecture and
					lab are counte	ed as one course.			
					KINE 234 Pr	evention and Care of Athle	tic Injuries (3	3)	
						ethods of Exercise Instructi		_	
						d 370L Biomechanics (3) &			
						lvanced Strength and Cond			
					KINE 404 Cl	inical Exercise Physiology	and Advance	e Exercis	se
					Prescription (
					<u>KINE 405 Sp</u>	orts Nutrition			
					Restricted E	lectives (6 semester hours):			
									<u> </u>
						t have current First Aid/(CPR or take	one of t	he
					following:	Card? Yes / No (If yes	nrovide a c	onv of t	he card)
					Or take one of	of the following: KINE 265	or KINE 25	00 y 01 t	ne caru.)
								0	
							5		

Department: Physical and Environmental Sciences

Course Additions

ENGR 353	Credit Hours	3			
Course Title: Exp	loring Entrep	reneur Opp	portunities		
Contact hours per week: Lect	ure 3	Lab	Field	Studio	Other
Type of Instructional Activity:	Lecture				
Academic engagement minutes	2250	Student	preparation mi	nutes: 450	0
Intended semesters for offering Essential Learning Course: Y	this course: es 🔲 No	Fall 🗸	J-Term 🗆	Spring 🔽	Summer 🗆
Prerequisites: Yes 🗆 N	0				
Prerequisite for other course(s) Co-requisites: Yes 🗆 No		No			
Requirement or listed choice fo	r any program	n of study:	Yes 🗆 No	0	
Overlapping content with prese Same course as ENTR 343, he			npus: Yes	✓ No	
Additional faculty FTE required:	Yes 🗌	No			
Additional equipment required:	Yes 🗌	No			
Additional lab facilities required	: Yes 🗆	No			

Course description for catalog:

Introduction to innovation and opportunity recognition, including development of business ideas, business model validation and business feasibility analysis. Justification:

Not new course, addition of cross-listing for engineering. Topical course outline:

- I. Introduction to Entrepreneurship
- a. Explore definitions
- b. Entrepreneurial behavior
- c. Look at Entrepreneurship locally and globally
- d. The Entrepreneurship Innovation connection
- II. Opportunity Recognition
- a. Ideation source for business ideas
- b. Do something better
- c. Do something new
- III. Development of the Business Model
- a. Creation of value
- b. The customer
- c. Competitive advantage and differentiation
- d. How money is made
- IV. Feasibility
- a. Preparation of feasibility analysis
- b. Financial projections
- c. Breakeven analysis

Student Learning Outcomes:

- 1. Knowledge of Entrepreneurship and its role in the global economy.
- 2. Understand the sources for business ideas.
- 3. Ability to develop a business model.
- 4. Perform feasibility analysis of business model.

Discussions with affected departments:

The business department initiated the requested cross-listing.

Instructions to Registrar:

This course is a cross-list with ENTR 343, Exploring Entrepreneur Oppportunities. It is our intent to allow engineering students to use the course as a technical elective if desired and as such needs an ENGR prefix, particularly our CU-Boulder partnership students.

Proposed by: Scott Kessler

Expected Implementation: Fall 2016

Course Modifications

ENGR 345				
	Current	Propo	sed	
Course Prefix:	ENGR			
Course No.:	345			
Credit Hours	3			
Course Title:	Engineering Integration I			
Prerequisites:				
Current: ENG	GR 224, ENGR 263, MAMT 106			
Proposed: EN	NGR 224, ENGR 263, MAMT 106, CSCI 130			
Requirement o	r listed choice for any program of study: Yes	5 🖌	No	
Justification:				
FNGR 345, Eng	ineering Integration Lis a "design-and-build" o	ourse. It	has b	een

ENGR 345, Engineering Integration I is a "design-and-build" course. It has been determined that the skills taught (e.g., programming logic) in CSCI 130, Introduction to Engineering Computer Science, are necessary for successful completion of the types of projects ENGR 345 carries out.

Proposed by: Scott K	essler	Expected Implemention: Fall 2016
Course Deletions		
ENGR 105	Credit Hours 3	
Type of Change	Deletion	
Course Title:	Basic Engineering Drawing	
Essential Learning Cou	rse: Yes 🗆 No 🗹	
Requirement or listed	choice for any program of study: Ye	es 🗆 No 🗹
Prerequisite for other	course(s): Yes 🔽 No 🗌	
ENGR 111 Engine	ering Graphics and Design	
Co-requisite for other	course(s): Yes 🗆 No 🗹	
Justification:		
The course has not events teach the course in the	0	t be listed in the catalog. There is no plan to
Proposed by: Scott K	essler	Expected Implementation: Fall 2016

ENGR 111	Credit Hours 3
Type of Change	Deletion
Course Title:	Engineering Graphics and Design
Essential Learning Course:	Yes No 🗹
Requirement or listed choi	ce for any program of study: Yes 🗆 No 🗹
Prerequisite for other cour	se(s): Yes 🗆 No 🗹
Co-requisite for other cour	se(s): Yes 🗆 No 🗹
Justification:	
	en taught and as such should not be listed in the catalog. There is no plan to
teach the course in the fut	ure. Fall 2016
Proposed by: Scott Kessle	r Expected Implementation:

ENGR 251	Credit Hours	3				
Type of Change	Deletion					
Course Title:	Circuit Analysis I					
Essential Learning Course:	Yes 🗌 No	\checkmark				
Requirement or listed choic	e for any program	of study: Ye	es 🗆	No	✓	
Prerequisite for other cours	e(s): Yes 🔽	No 🗆				
ENGR 252 Circuit Analy	sis II, ENGR 252L C	ircuit Analysi	s II Labora	atory		
Co-requisite for other cours	e(s): Yes 🔽	No 🗆				
ENGR 251L Circuit Anal	ysis I Laboratory					
Justification:						
The course has not ever been teach the course in the future fute fute fute fute future future future future	0	ich should no	t be listec	l in the	catalog. The	ere is no plan to
Proposed by: Scott Kessle	-		Expected	Impler	nentation:	Fall 2016

ENGR 251L	Credit Hours 1
Type of Change	Deletion
Course Title:	Circuit Analysis I Laboratory
Essential Learning Course:	Yes 🗆 No 🗹
Requirement or listed choic	e for any program of study: Yes 🔲 No 🗹
Prerequisite for other cours	e(s): Yes 🔽 No 🗆
ENGR 252 Circuit Analy	sis II, ENGR 252L Circuit Analysis II Laboratory
Co-requisite for other cours	e(s): Yes 🔽 No 🗌
ENGR 251	
Justification:	
The course has not ever been teach the course in the future fute fute fute fute future future future future	en taught and as such should not be listed in the catalog. There is no plan to Ire.
Proposed by: Scott Kessle	r Expected Implementation: Fall 2016

ENGR 252	Credit Hours	3			
Type of Change	Deletion				
Course Title:	Circuit Analysis II				
Essential Learning Course:	Yes 🗌 No	✓			
Requirement or listed choi	ce for any program o	of study: Ye	s 🗆 No	✓	
Prerequisite for other cour	se(s): Yes 🗆 r	No 🔽			
Co-requisite for other cour	se(s):Yes 🗹 🏻	No 🗆			
ENGR 252L Circuit Ana	Ilysis II Laboratory				
Justification:					
The course has not ever be	0	ch should not	t be listed in the	e catalog. The	re is no plan to
teach the course in the fut	ure.				Fall 2016
Proposed by: Scott Kessle	er		Expected Imple	mentation:	2010

ENGR 252L	Credit Hours 1
Type of Change	Deletion
Course Title:	Circuit Analysis II Laboratory
Essential Learning Course:	Yes 🗆 No 🗹
Requirement or listed choic	e for any program of study: Yes 🗆 No 🗹
Prerequisite for other cours	se(s): Yes 🗆 No 🗹
Co-requisite for other cours	se(s): Yes 🔽 No 🗌
ENGR 252 Circuit Analy	/sis II
Justification:	
The course has not ever been teach the course in the future fute fute fute fute future future future future	en taught and as such should not be listed in the catalog. There is no plan to Ire.
Proposed by: Scott Kessle	r Expected Implementation: Fall 2016

Department: Theatre Arts

Course Additions

THEA 490	Credit Hours	3			
Course Title: H	onors Seminar				
Abbreviated Title: H	onors Seminar				
Contact hours per week: Lee	cture 3 I	Lab	Field	Studio	Other
Type of Instructional Activity:	Recitation: Dis	scussion/Sem	ninar		
Academic engagement minute	es: 2250	Student pr	eparation mir	utes: 450	0
Intended semesters for offerir	ng this course:	Fall	J-Term	Spring 🔽	Summer
Essential Learning Course:	Yes 🗆 No	✓			
Prerequisites: Yes 🔽	No				
Acceptance into the Thea	tre Arts Honors	Program.			
Prerequisite for other course(s	s): Yes 🗆	No 🗸			
Co-requisites: Yes 🗆 N	0				
Requirement or listed choice f	or any program	of study: Y	es 🗆 No	✓	
Overlapping content with pres	ent courses offe	ered on camp	ous: Yes	□ No	✓
Additional faculty FTE required	d: Yes 🗆	No 🔽			
Additional equipment required	d: Yes 🗆	No			
Additional lab facilities require	ed: Yes 🗆	No			

Course description for catalog:

Advanced study of the creative process for students accepted into the Theatre Arts Honors Program. Topics will include commonalities to all creative processes and the interface between the artist, their work, and their community.

Justification:

This course is the defining course of the new Honors Program within the Department of Theatre Arts. It is in many ways comparable to a first graduate course in creative process. The texts covered are not normally covered in typical undergraduate programs, but only undertaken at the graduate level. Topical course outline:

What is Art? The Magic Moment The Visual Moment The Artistic Moment The Expression of Emotion through Dance Semiotics The Deadly Theatre The Deadly Theatre The Holy Theatre The Rough Theatre The Immediate Theatre Composition Viewpoints Practice in Actionn Student Learning Outcomes:

1. Demonstrate familiarity with a wide range of seminal texts in theatre and dance.

2. Analyze major theories in technical theatre, theatre performance and dance.

3. Synthesize a personal statement of the value of the arts to a community.

...

Discussions with affected departments:

NONE

Instructions to Registrar:

NONE

Proposed by: Timothy D Pinnow

Expected Implementation: Fall 2016

THEA 498	Credit Hours	3			
Course Title: He	onors Project/T	hesis			
Abbreviated Title: H	onors Project/T	hesis			
Contact hours per week: Leo	ture 3	Lab	Field	Stud	io Other
Type of Instructional Activity:	Thesis/Disser	tation			
Academic engagement minute	s: 2250	Stude	nt preparatio	n minutes:	4500
Intended semesters for offerin	g this course:	Fall	✓ J-Term	□ Spring	Summer
Essential Learning Course:	Yes 🗌 No	✓			
Prerequisites: Yes 🗹	No 🗆				
Acceptance into the Thea	tre Arts Honors	Program	n		
Prerequisite for other course(s): Yes 🗆	No	✓		
Co-requisites: Yes 🗆 N	0				
Requirement or listed choice f	or any program	of study	v: Yes 🗆	No 🔽	
Overlapping content with pres	ent courses off	ered on	campus: Y	′es 🗆 No	
Additional faculty FTE required	: Yes 🗆	No	✓		
Additional equipment required	l: Yes 🗆	No			
Additional lab facilities require	d: Yes 🗆	No	\checkmark		

Course description for catalog:

Development of individualized research and writing for the student accepted into the Department of Theatre Arts Honors program.

Justification:

This course is designed as the individualized component of the Theatre Arts Honors designation. It is designed to guide students through advanced research and writing within the discipline. Students will produce a 20+ page document, which is greater than we typically expect for a non-honors independent study.

Topical course outline:

This course is an individualized course where students will work directly with a faculty member to investigate and synthesize information at an advanced undergraduate level on a topic of interest. <u>Student Learning Outcomes:</u>

1.Synthesize ideas, theory, and trends concerning current issues in the disciplines of Theatre and Dance.

2.Produce a well-written document concerning the issue in #1 at an advanced undergraduate level.

Discussions with affected departments:

NONE Instructions to Registrar:

NONE

Proposed by: Timothy Pinnow

Expected Implementation:

Course Modifications

SPCH 101

	Current	Proposed
Course Prefix:	SPCH	
Course No.:	101	
Credit Hours	3	
Course Title:	Interpersonal Communication	
Description for	catalog:	
Current: Lan two or more	guage, listening, response, defense of stateme people.	ent, and nonverbal communication between
perception, \	ploration of multiple aspects of human behaver verbal and nonverbal communication, diversit in personal/professional contexts.	vior including the communication process, y and adapting to others, conflict, culture, and
Requirement o	r listed choice for any program of study: Yes	s 🗹 No 🗆
Justification:		
	ded to allow students to achieve a better und d on catalog descriptions.	erstanding of the course content when making
Proposed by:	Paula Casey	Expected Implemention: Fall 2016

Program Modification

Theatre Arts-Acting/Directing: 3260

Degree Type: BFA

Revision to program sheet: Yes ☑ No □

Description of modification:

This modification will shift two advanced acting classes,THEA 353: Advanced Acting: Styles in Acting and THEA 454 Advanced Acting: Elizabethan Acting Techniques, from a list of options to the required classes category.

Justification:

Through the assessment process, the acting/directing faculty has determined that our students are somewhat deficient in dealing with complex language when performing. In addition, acting/directing students seem to be not using any of their electives for additional acting classes. Because the program now is a BFA program, these deficiences need to be eliminated by requiring additional acting courses of each student.

Revision to SLOs:	Yes 🗌	No	✓

Other changes:	Yes 🗌	No	✓
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Discussions with affected departments:

NA

Proposed by: Timothy Pinnow

Director of Teacher Education Signature:

Expected Implementation: Fall 2016



-2015-2016-2017 PETITION/PROGRAM SHEET **Degree: Bachelor of Fine Arts Major: Theatre Arts Concentration: Acting/Directing**

About This Major ...

The Department of Theatre Arts offers one of the most successful theatre training degree programs in Colorado. Theatre Arts majors choose from two distinct concentrations in the Bachelor of Fine Arts degree in Theatre Arts (Acting/Directing or Music Theatre), 2 concentrations of the BA (Theatre Arts or Design/Technology) or the BFA in Dance and acquire a sound understanding of the performing arts in state-of-the-art facilities.

The Acting/Directing concentration is constructed to help students meet the rigorous demands of a professional acting career and provide a strong foundation and practical experience for future directors. Beginning with the first semester, students enroll in performance courses taught by academically and professionally experienced faculty. Unlike larger institutions, acting opportunities in all productions at Colorado Mesa University are open to motivated and talented freshmen. In acting courses, students are exposed to techniques and approaches that are industry standards today. Training is grounded in Stanislavski, Meisner Cohen, and Chekhov. Voice and movement courses are complemented by performance opportunities in student and faculty directed productions. Acting students also audition for one act plays directed by the directing students each year. Experimental and other challenging productions are offered at the Mesa Experimental Theatre.

Colorado Mesa is strategically located at the hub of a circle of important entertainment centers such as Aspen, Telluride, Moab, and Park City, Utah. There are regional theatres of international repute within driving distance, such as the Utah Shakespeare Festival, the Denver Center for the Performing Arts, and the Colorado Shakespeare Festival. There is a thriving theatrical scene in Grand Junction that offers opportunities for summer employment, including CMUs own Mesa Repertory Theatre. At Colorado Mesa, we are committed to the philosophy of training theatrical entrepreneurs. We offer low teacher-to-student ratios so that personal attention and mentoring are possible. Our many graduates in the industry have informed us that Colorado Mesa's approach was invaluable. For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html.

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- 1. Communicate verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication)
- 2. Communicate non-verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication)
- 3. Create progressively more challenging projects through the use of intellectual and/or practical skills. (Applied Learning)
- 4. Demonstrate teamwork and problem solving skills through collaboration and cooperation on creative projects. (Critical Thinking)
- 5. Demonstrate the knowledge, skills, and versatility of the discipline from conceptualization to application. (Applied Learning)

NAME:

STUDENT ID #:

)___

LOCAL ADDRESS AND PHONE NUMBER:

_, hereby certify that I have completed (or will complete) all the courses listed I, (Signature) on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

		20
Signature of Advisor	Date	
		20
Signature of Department Head	Date	
		20
Signature of Registrar	Date	

DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.00 cumulative GPA or higher in coursework toward the major content area.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours): See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

			1 NEA 143
Course No Title	Sem.hrs	Grade Term/Trns	THEA 156
			Select 1 sen
English (6 semester hours, must received			THEA
must be completed by the time the stud	dent has 60 sem	ester hours.)	THEA 253
ENGL 111 English Composition	3		THEA 256
ENGL 112 English Composition	3 3		Select 1 sem
			THEA
Math MATH 110 or higher (3 semest	ter hours, must	receive a grade of	THEA 331
"C" or better, must be completed by th	e time the stude	ent has 60 semester	
hours.)			THEA 332
MATH 1			
			THEA 381
Humanities (3 semester hours)			Select 1 sem
·			THEA
			THEA 401
Social and Behavioral Sciences (6 set	mester hours)		THEA 494
			THEA 353
			THEA 454
Natural Sciences (7 semester hours, o	one course must	include a lab)	Select 9 sen
			Options TH
			THEA
L			THEA
			THEA
Fine Arts (3 semester hours)			
			Select 6 sen
			THEA , 322
History (3 Semester Hours)			THEA

Course No Title

SPCH 112

Sem.hrs Grade Term/Trns

WELLNESS REQUIREMENT (2 semester hours)

KINE 100	Health and Wellness	1	
KINA 1		1	
ESSENTIAL	LEARNING CAPSTONE (4 se	emester	hours)
ESSL 290	Maverick Milestone		
	(see English & math pre-reqs)	3	
ESSL 200	Essential Speech (co-requisite)	1	
FOUNDATIO	ON COURSES (18 semester hou	rs)	
Students must	take these Theatre courses prior	to their	Junior Year
THEA 130	Script Analysis	3	
THEA 153	Acting I: Beginning Acting	3	
THEA 243	Theatre Practice: Scene Const.	3	
THEA 260	Costume Construction I	3	

One class in a foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will NOT fulfill this requirement. FLA___ 3

3

THEATRE ARTS - ACTING/DIRECTING MAJOR **REQUIREMENTS** (52 semester hours)

Acting/Directing Emphasis (52 Semester Hours)

Voice and Diction

Select 1 semester hour from THEA 117 or THEA 118: THEA 1 THEA 142 Make-Up or THEA 143 Costuming 3 THEA 145 Intro to Dramatic Literature 3 Acting II: Cont. Scenework 3 nester hour from THEA 217 or 218: -1 Acting III: Stage Movement 3 Acting IV: Auditions 3 nester hour from THEA 317 or 318: 1 Theatre History I: 400 B.C. to 1642 3 Theatre History II: 3 1642-Present Directing I 3 nester hour from THEA 417 or 418: 1 Career Preparation 3 Perf. Seminar (Capstone) 3 Adv Acting: Styles in Acting Adv Acting: Elizabethan 3

Select 9 semester hours from the following	Advance	ed Acting	
Options THEA 300, 353, 354, 356, 369, 453	, <mark>454,</mark> 45	9:	
ТНЕА	3		
THEA	3		
THEA	3		
	T	0.0	

Select 6 semester hours	from the following Theatr	e Options:
THEA, 322, 345, 380, 3	82, 411, 412 or ENGL 355:	
THEA	3	
THEA	3	

Select 3 semester hours from THEA 119, THEA 120, THEA 219, THEA 220 or THEA 147, THEA 148, THEA 247, THEA 248, or DANC 156, DANC 256, DANC 356:

 	1	
 	1	
 	1	

Electives (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours.) (13-7 semester hours; additional upper division hours may be needed.)

THEA 380 Playwriting (3) THEA 382 Directing II (3) THEA 411 American Drama (3) THEA 412 Contemporary Drama (3) ENGL 355 Shakespeare (3)

Options:

Select 3 semester hours from the following Performance

THEA 119, 120, 219, 220 Tech Performance (1) <u>or</u> THEA 147, 148, 247, 248 Drama Performance (1-2) <u>or</u>

DANC156, 256, 356 Dance Performance (1)

THEATRE ARTS – Acting/Directing Concentration (52 Hours)

THEA 117 or118 Play Production (1)THEA 142Make-Up or THEA 143 Costuming (3)	Select 9 semester hours from the following Advanced Acting options:
THEA 142 Marcop <u>of</u> THEA 145 Costuming (3) THEA 145 Introduction to Dramatic Literature (3)	THEA 353 Advanced Acting: Styles in Acting (3)
THEA 156 Acting II: Contemporary Scenework (3)	THEA 354 Advanced Acting: The Meisner Approach (3)
	THEA 356 Advanced Acting: Dialects (3)
THEA 217 or 218 Play Production (1)	THEA 300 Advanced Acting: Stage Combat (2)
THEA 253 Acting III: Stage Movement (3)	THEA 453 Advanced Acting: Acting for the Camera
THEA 256 Acting IV: Auditions (3)	THEA 459 Advanced Acting: Chekhov Technique (3)
	THEA 369 Improvisation (2) THEA 454
Adv.Acting: Elizabethan Acting Techniques (3)	
THEA 317 or 318 Play Production (1)	THEA 459 Advanced Acting: Chekhov Technique (3)
THEA 331 Theatre History I: 400 BC to 1642 (3)	
THEA 332 Theatre History II: 1642-Present (3)	Select 6 semester hours from the following Theatre
THEA 381 Directing I (3)	Options:
THEA 417 or 418 Play Production (1)	THEA 322 Stage Management (3)
THEA 401 Career Preparation (3)	THEA 345 World Drama (3)

THEA 401 Career Preparation (3) THEA 494 Performance Seminar (Capstone) (3)

201<u>6</u>5-201<u>7</u>6 Program Sheet, Page 3 of 5

Students are required to participate in exit examinations or other programs deemed necessary to comply with the college accountability requirement. All degree requirements must be completed as described above. Any exceptions or substitutions must be recommended in advance by the Faculty Advisor and approved by the Department Head.

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN THEATRE ARTS -**ACTING/DIRECTING**

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

FRESHMAN YEAR

Fall Semester		Hours	Spring Semest	er	Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
MATH XXX (11	0 or higher)	3	THEA 118	Play Production – fall or spring	(1)
Essential Learnin	g History	3	THEA 130	Script Analysis (Foundation)	3
THEA 117	Play Production – fall or spring	(1)	THEA 145	Introduction to Dramatic Literature	3
THEA 153	Acting I: Beginning Acting (Found	ation) 3	THEA 156	Acting II: Contemporary Scenework	3
THEA 243	Thea Practice: Scene Construction	<u>3</u>	THEA 260	Costume Construction	3
		15-16			15-16
		SOPHOM	IORE YEAR		

Fall Semester		Hours	Spring Semester		Hours
SPCH 112	Voice and Diction	3	Essential Learning	Natural Science	3
Essential Learning	Fine Arts	3	Essential Learning	Humanities	3
FLA XXX	Foreign Language Req (Foundation	ı) 3	ESSL 290	Maverick Milestone	3
KINE 100	Health and Wellness	1	ESSL 200	Essential Speech	1
THEA 217	Play Production –fall or spring	(1)	KINA XXX	Activity	1
THEA 253	Acting III: Stage Movement	3	THEA 218	Play Production –fall or spring	(1)
Performance Optio	n (THEA 147 Recommended)	<u>1</u>	THEA 256	Acting IV: Auditions	3
		14-18	Performance Option	(THEA 148 Recommended)	<u>1</u>
					15-16

		JUNIO	R YEAR		
Fall Semester		Hours	Spring Semester		Hours
Essential Learning	Social and Behavioral Sciences	3	Essential Learning	Social and Behavioral Sciences	3
THEA 317	Play Production -fall or spring	(1)	THEA 142	Make-up OR	
THEA 331	Theatre History I	3	THEA 143	Costuming	
THEA 381	Directing I	3	3		
Theatre Option		3	THEA 318	Play Production –fall or spring	(1)
THEA 353	Advanced Acting: Styles	3	THEA 332	Theatre History II	3
Performance Option	(THEA 247 recommended)	<u>1</u>	THEA XXX	Advanced Acting Option	3
		1 <u>6</u> 3-1 <u>7</u> 4	Theatre Option (TI	HEA 411 or 412 recommended)	<u>3</u>
					15-16

SENIOR YEAR

Fall Semester		Hours	Spring Semeste	r	Hours
Essential Learning	Natural Science with Lab	4	THEA 418	Play Production – fall or spring	(1)
THEA 401	Career Preparation	3	THEA 494	Performance Seminar (Capstone)	3
THEA 417	Play Production- fall or spring	(1)	THEA XXX	Advanced Acting Option	3
THEA XXX	Advanced Acting Option	3	THEA 454	Advanced Acting: Elizabethan	3
Elective or Minor		<u>6</u>	Elective or Mine	or	<u>7</u>
		16-17			1 <u>6</u> 3-1 <u>7</u> 4

Performance Options: THEA 119, 120, 219, 220 or THEA 147, 148, 247, 248 or DANC156, 256, 356 Theatre Options: THEA 322, 345, 380, 382,411, 412, or ENGL 355

Advanced Acting Options: THEA 353, 354, 356. 369, 453, 454, 459

POLICIES:

- 1. Please see the catalog for a complete list of graduation requirements.
- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of** graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).

Theatre Arts-Music Theatre: 3263

Degree Type: BFA

Revision to program sheet: Yes 🖌 No 🗌

Description of modification:

This modification will remove MUSP choir ensemble requirements (4 credit hours) and replace them with an equal amount of credits in Music Theate Workshop (THEA 116, 216, 316, 416).

Justification:

In the past two decades, the music theatre profession has continued to develop away from fine art literature and toward Contemporary Commercial Music (CCM) styles. In addition, the emphasis of the three music theatre skillsets (music, theatre, and dance) have shifted to place dance skills of higher importance than music in the professional theatrical world. Music Theatre Workshop focuses on ensemble work in both singing and movement allowing us to focus the needs of the student to the standard and contemporary repertoires of the genre.

Revision to SLOs:	Yes 🗌	No 🔽
Other changes:	Yes 🖌	No 🗌

As mentioned above, the contemporary professional music theatre world requires students to have strong dance and acting skills that work in tandem with music skills. By requiring Music Theatre Workshop rather than choir, our program is strengthened to better equip our students for the reality of current professional trends.

Discussions with affected departments:

Music Department - Timothy Pinnow (Theatre Department Head) and Dr. Calvin Hofer (Music Department Head) discussed the situation and came to an agreement that this was the best course of action.

Proposed by: Jeremy R. Franklin

Director of Teacher Education Signature:

Expected Implementation: Fall 2016



2015-20162016-2017 PETITION/PROGRAM SHEET

Degree: Bachelor of Fine Arts Major: Theatre Arts Concentration: Music Theatre

About this Major ...

The Department of Theatre Arts offers one of the most successful theatre training degree programs in Colorado. Theatre Arts majors choose from two distinct concentrations in the Bachelor of Fine Arts degree in Theatre Arts (Acting/Directing or Music Theatre), 2 concentrations of the BA (Theatre Arts or Design/Technology) or the BFA in Dance and acquire a sound understanding of the performing arts in state-of-the-art facilities.

The Music Theatre concentration provides strong technical foundations in Music, Theatre, and Dance. This approach is to create "triple threats" and enhance the young performer's potential for an exciting career in Musical Theatre. Students begin training with music theory and ear training, private voice instruction, choir and class piano. Acting I and II, Ballet and Tap are also included to complete first year academic requirements. To complement technical courses, students also participate in a wide variety of performance related assignments which include two Main stage productions, Experimental Theatre productions, choral ensembles, dance concerts, student directed one-acts, and technical crew assignments.

Students continue interdisciplinary course work in audition techniques and resume writing, as well as preparing and performing Vocal/Acting auditions and specialty performances throughout their next three years. The Music Theatre concentration offers highly personalized instruction from skilled professors who are seasoned performers, coaches, directors, teachers, and technicians; working graduates cite this as the prime reason for their success in gaining employment in both local and national venues. Music Theatre graduates currently work on Broadway, Off-Broadway, in National Broadway tours, Regional Theatres, dinner theatres, cruise ships, and with Disney and Universal Studios.

For more information on what you can do with this major, go to http://www.coloradomesa.edu/career/whatmajor.html. All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

- 1. Communicate verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication Fluency)
- 2. Communicate non-verbally contemporary and enduring concepts concerning Human Culture through participation and/or observation of the performing arts and speech. (Specialized Knowledge/ Communication Fluency)
- 3. Create progressively more challenging projects through the use of intellectual and/or practical skills. (Applied Learning)
- 4. Demonstrate teamwork and problem solving skills through collaboration and cooperation on creative projects. (Critical Thinking)
- 5. Demonstrate the knowledge, skills, and versatility of the discipline from conceptualization to application. (Applied Learning)

NAME:

_____ STUDENT ID #:_____

LOCAL ADDRESS AND PHONE NUMBER: _____

I, (Signature)

____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

		20
Signature of Advisor	Date	
		20
Signature of Department Head	Date	
		20
Signature of Registrar	Date	

DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.00 cumulative GPA or higher in coursework toward the major content area.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- When filling out the program sheet a course can be used only once.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours) See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, <u>you must use it to fulfill the major requirement</u> and make a different selection for the Essential Learning requirement.

Course No Title	Sem.hrs	Grade Term/Trns
English (6 semester hours, must receive a must be completed by the time the student ENGL 111 English Composition ENGL 112 English Composition		
Math MATH 110 or higher (3 semester h "C" or better, must be completed by the tin hours.) MATH 1	ne the stud	
Humanities (3 semester hours)		
Social and Behavioral Sciences (6 semes	ter hours)	
Natural Sciences (7 semester hours, one c	course must	include a lab)
History (3 semester hours) HIST		
Fine Arts (3 semester hours)		

SPCH 112 Voice and Diction 3 One class in a foreign language. Must receive a grade of "C" or betr FLAS 114 & 115 will NOT fulfill this requirement. FLA 3 THEATRE ARTS – MUSIC THEATRE MAJOR REQUIREMENTS (58 semester hours) Select 1 semester hour from THEA 117 or THEA 118: THEA 1 THEA 253 Acting II: Cont. Scenework THEA 255 Music Theatre Techniques THEA 341 Musical Theatre History and Literature 3 THEA 355 Music Theatre Repertoire THEA 401 Career Preparation 3	Course No 7			Grade Term/Trm
KINA 1	WELLNESS	<u>REQUIREMENT</u> (2 semeste		
ESSENTIAL LEARNING CAPSTONE (4 semester hours) ESSL 290 Maverick Milestone (see English & math pre-reqs) 3 ESSL 200 Essential Speech (co-requisite) 1 FOUNDATION COURSES (12 semester hours) THEA 142 Make-Up 3 THEA 142 Make-Up 3			-	<u> </u>
ESSL 290 Maverick Milestone (see English & math pre-reqs) 3	KINA 1		_ 1	
ESSL 290 Maverick Milestone (see English & math pre-reqs) 3	ESSENTIAI	L LEARNING CAPSTONE (4	semeste	r hours)
ESSL 200 Essential Speech (co-requisite) 1				,
FOUNDATION COURSES (12 semester hours) THEA 142 Make-Up 3		(see English & math pre-reqs)) 3	
THEA 142 Make-Up 3	ESSL 200	Essential Speech (co-requisite	e) 1	
THEA 142 Make-Up 3	FOUNDATI	ON COURSES (12 semester h	ours)	
THEA 153 Acting I: Beginning Acting 3				
SPCH 112 Voice and Diction 3				
One class in a foreign language. Must receive a grade of "C" or bet FLAS 114 & 115 will NOT fulfill this requirement. FLA				
THEATRE ARTS – MUSIC THEATRE MAJOR REQUIREMENTS Select 1 semester hour from THEA 117 or THEA 118: THEA THEA THEA THEA 156 Acting II: Cont. Scenework 3 THEA 253 Acting III: Stage Movement 3 THEA 341 Musical Theatre Techniques 3 THEA 355 Music Theatre Repertoire 3 THEA 401 Career Preparation 3 THEA 494 Perf. Seminar (Capstone)				
REQUIREMENTS (58 semester hours) Select 1 semester hour from THEA 117 or THEA 118: 1 THEA 1 THEA 156 Acting II: Cont. Scenework 3 THEA 253 Acting III: Stage Movement 3 THEA 255 Music Theatre Techniques 3 THEA 341 Musical Theatre History and	FLA		3	
REQUIREMENTS (58 semester hours) Select 1 semester hour from THEA 117 or THEA 118: 1 THEA 1 THEA 156 Acting II: Cont. Scenework 3 THEA 253 Acting III: Stage Movement 3 THEA 255 Music Theatre Techniques 3 THEA 341 Musical Theatre History and	THEATDE	ADTO MUSIC THEATDE N		
Select 1 semester hour from THEA 117 or THEA 118: THEA 1 THEA 156 Acting II: Cont. Scenework 3 THEA 253 Acting III: Stage Movement 3 THEA 255 Music Theatre Techniques 3 THEA 341 Musical Theatre History and			MAJOK	
THEA			118.	
THEA 156 Acting II: Cont. Scenework 3				
THEA 253 Acting III: Stage Movement 3				
THEA 253 Acting III: Stage Movement 3	THEA 156	Acting II: Cont. Scenework	3	
THEA 255 Music Theatre Techniques 3 THEA 341 Musical Theatre History and Literature 3 THEA 355 Music Theatre Repertoire 3 THEA 401 Career Preparation 3				
THEA 341Musical Theatre History and Literature3THEA 355Music Theatre Repertoire3THEA 401Career Preparation3THEA 494Perf. Seminar (Capstone)3				
Literature3THEA 355Music Theatre Repertoire3THEA 401Career Preparation3THEA 494Perf. Seminar (Capstone)3			2	
THEA 355Music Theatre Repertoire3THEA 401Career Preparation3THEA 494Perf. Seminar (Capstone)3		-	3	
THEA 401Career Preparation3THEA 494Perf. Seminar (Capstone)3	THEA 355			
THEA 494 Perf. Seminar (Capstone) 3				
MUNATIA Theory 3	MUSA 114	Theory I	3	

Select 4 lower division semester hours from MUSP	<u>choir</u>

Ear Training/Sight Singing I

Voice Lessons

2

1

1

1

1

1

1

1

MUSP THEA	116	Music Theatre
Workshop-	=	
	Music Theatre Workshop	<u> </u>
THEA 316	Music Theatre Workshop	
	Music Theatre Workshop	1
Course No 7	Fitle	Sam hra Grada Tarm/Trna
Course 110		Seminis Grade Ferris Frid
Select 4 sem Courses):	<u>ester hours from list on pg 43</u>	. (Ballet Technique
D 1 1 1 G		
D 1110		
DANC		

<u>Courses):</u> DANC __

MUSA 116

MUSL 137

MUSL 137

MUSL 237

MUSL 237

MUSL 337

MUSL 337

MUSL 437

MUSL 437

DANC DANC	
Select 4 semester hours from list DANC 236, 237, 336, 337, 436, 4 DANC DANC DANC DANC DANC DANC	
Course No Title	Sem.hrs Grade Term/Trns
Three Semester Hours chose	n from the following
Performance Options (3)	
THEA 119,120, 219, 220 Tech	
THEA 147,148,247, 248 Dram	
DANC 155, 256, 356 Dance P	erformance
	1
	1
	<u> </u>
	1
Four Semester Hours chosen Theatre Support Courses: (4 ANY Theatre, Music or Dance	D e Course
Theatre Arts: Music Theatre Co	oncentration (58 semester hours)
THEA 117 or 119 Dlay Drody at	on (1)
THEA 117 or 118Play Production THEA 142_2-Make-up Foundation	
THEA $142 \pm \text{whate-up Foundation}$	

THEA 142_2-Make-up Foundations Course (3) THEA 153_-Acting I-Foundations Course (3) THEA 156_-Acting II –Contemporary Scenework (3) THEA 255_-Music Theatre Techniques_(3) THEA 341_-Music Theatre History and Literature (3) THEA 355_-Music Theatre Repertoire (3) THEA 401_-Career Preparation (3)

THEA 494_-Performance Seminar (Capstone) (3) MUSA 114_-Theory 1 (3)

Select 4 semester hours from Ballet Technique Courses:

DANC 181 –Ballet I (2) DANC 234 –Ballet IIA (2) DANC 235_—Ballet IIB (2)

Select 4 semester hours from Jazz Technique Courses:

DANC 182_—Jazz I (2) DANC 232_—Jazz IIA (2) DANC 273_3-Jazz IIB (2) DANC 332_—Jazz IIIA (2) Students deficient in Piano skills will be required to complete MUSA 130 Class Piano I (2) & MUSA 131 Class Piano II (2) (May take as lower division electives or MT Support Courses)

Students deficient in theory skills will be required to complete MUSA 113 Fundamentals of Theory before taking MUSA 114. (MUSA 113 may be taken as a lower division elective or MT Support Course)

MT Majors are required to take SPCH 112 to fulfill their Essential Learning Applied Studies requirement

<u>Electives</u> (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours.) (13 semester hours; additional hours of upper division may be needed.)

Course No Title

Sem.hr Grade Term/Trns

MUSA 116_-Ear Training/Sight Singing (2) MUSL 137_-Voice Lessons (1) MUSL 237_-Voice Lessons (1) MUSL 337_-Voice Lessons (1) MUSL 437_-Voice Lessons (1) <u>THEA 116 Music Theatre Workshop (1)</u> <u>THEA 216 Music Theatre Workshop (1)</u> <u>THEA 316 Music Theatre Workshop (1)</u> <u>THEA 416 Music Theatre Workshop (1)</u> <u>Select 4 lower division</u> <u>semester hours from MUSP_choir ensembles</u> <u>MUSP courses</u>

DANC 334_-Ballet IIIA (2)

DANC 335_Ballet IIIB (2) DANC 434 Ballet IVA (2) DANC 435 Ballet IVB (2)

DANC 333 Jazz IIIB (2) DANC 432_-Jazz IVA (2) DANC 433_-Jazz IVB (2)

Select 4 semester hours from Tap Technique Courses:

DANC184_—Tap I (2) DANC 235 —Tap IIA (2) DANC 237 —Tap IIB (2) DANC 335 —Tap IIIA (2) DANC 336 -Tap IIIB (2) DANC 435 -Tap IVA (2) DANC 436 -Tap IVB (2)

Select 3 Semester Hours chosen from the following Performance Options

THEA 119,120, 219, 220_-Technical Performance **OR** THEA 147,148,247, 248 _Drama Performance **OR** DANC 156, 256, 356 _Dance Performance

Select 4 Semester Hours chosen from the following Music Theatre Support Courses:

ANY Theatre, Music or Dance Course

Students deficient in Piano skills will be required to complete MUSA 130 Class Piano I (2) & MUSA 131 Class Piano II (2) (May take as lower division elective or MT Support Course)

Students deficient in theory skills will be required to complete MUSA 113 Fundamentals of Theory before taking MUSA 114. (MUSA 113 may be taken as a lower division elective or MT Support Course)

General Electives: 13 Semester Hours; additional upper division hours may be needed.

Students are required to participate in exit examinations and other programs deemed necessary to comply with the college accountability requirement. All degree requirements must be completed as described above. Any exceptions or substitutions must be recommended in advance by the Faculty Advisor and approved by the Department Head.

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN THEATRE ARTS – MUSIC THEATRE CONCENTRATION

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

FRESHMAN YEAR

Fall Semester

Hours ENGL 111

MUSA 114	Theory I 3	;	Spring Semester		Hours
MUSA 116	Ear Training/Sight Singing I 2	2	ENGL 112	English Composition	3
MUSL 137	Voice Lessons 1		ESSL	History	3
MUSP XXX	Choral Ensemble1 THEA 117 or 118 Play Pro	oduction	MUSL 137	Voice Lessons	1
THEA 153	Acting I: Beginning Acting 3		MUSP XXX THEA	<u>116Choral EnsembleMusic Theatre</u>	Workshop
DANC	Tap/Jazz/Ballet 2	2	THEA 118	Play Production	1
Performance Op	otion <u>1</u>	<u>.</u>	THEA 156	Acting II: Contemporary Scenework	k 3
	16	,	DANC	Tap/Jazz/Ballet	2
			Performance Option	n	<u>1</u>
			-		15

SOPHOMORE YEAR

Fall Semester		Hours	Spring Semeste	er	Hours
ESSL	Social/Behavioral Sciences	3	ESSL	Social/Behavioral Science	3
MATH XXX	(110 or higher)	3	ESSL	Natural Science w/lab	4
MUSL 237	Voice Lessons	1	KINE 100	Health and Wellness	1
MUSP XXX	Choral Ensemble		MUSL 237	Voice Lessons	1
THEA 253	Acting III: Stage Movement	3	MUSP XXXTH	EA 216Choral EnsembleMusic Theatre	Worksho
THEA 255	Music Theatre Techniques	3	THEA 341	Musical Theatre History & Lit	3
DANC	Tap/Jazz/Ballet	<u>2</u>	Performance Op		1
	L	16 15	·		
			DANC	Tap/Jazz/Ballet	2
				1.	15 16
		JUNIOR	R YEAR		
Fall Semester		Hours	ESSL	Natural Sciences	3
FLA_Foreign I	anguage Reg.	3	ESSL 290	Maverick Milestone	3
SPCH 112	Voice and Diction	3	ESSL 200	Essential Speech	1
MUSL 337	Voice Lessons	1	ESSL 200	Humanities	3
THEA 142	Make-Up	3	MT Support Cor		2
THEA 355	Music Theatre Repertoire	3	DANC	Tap/Jazz/Ballet	2
DANC	Tap/Jazz/Ballet	2	MUSL 337	-Voice Lessons	1
Dinte	Tup/Jul2/Bullet	<u>2</u> 15	THEA 316	Music Theatre Workshop	1
		10	Performance Op	*	1
			i entonnance op		16
Spring Semeste	er	Hours			
		SENIOR	R YEAR		
Fall Semester		Hours	Spring Semeste		Hours
ESSL	Fine Arts	3	KINA	Activity	1
MUSL 437	Voice Lessons	1	THEA 494	Performance Seminar (MT Capstone)) 3
THEA 401	Career Preparation	3	THEA 416	Music Theatre Workshop	1
Elective or mine	or and the second se	<u>6</u>	MT Support Cor	urse	2
		13	Elective or mino	DI	7
			MUSL 437	Voice Lessons	<u>1</u> 154
				ption: Select 3 credits from: THEA 11 IEA 147, 148, 247, 248 OR DANC 15	9, 120,

POLICIES:

1. Please see the catalog for a complete list of graduation requirements.

- 2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of** graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
- 3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
- 4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
- 5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).