

Nicole Mattocks, PhD, LMSW

EDUCATION

PhD	2019	University of Maryland, School of Social Work Dissertation: <i>Neighborhood Disorder and Mental Health Among a Sample of Baltimore City Residents: The Influence of Urban Parks, Social Cohesion, and Social Control</i>
MSW	2010	University of Maryland, School of Social Work Concentration: <i>Management and Community Organizing</i>
BSW	2007	University of North Carolina, Wilmington

ACADEMIC POSITIONS

2023 -	Assistant Professor Colorado Mesa University MSW Program
2021 – 2023	Research Assistant Professor University of Maryland, School of Social Work MSW Program Courses Taught SOWK 670: Social Work Research SOWK 708: Social Justice through an International and Interprofessional Lens: Environmental Justice, Critical Child Welfare Practice, and LGBTQ+ Advocacy
2019 – 2021	Postdoctoral Research Fellow University of Maryland, School of Social Work National Institute of Mental Health R44: Small Business Innovation Research Grant <i>Assessment of Medherent Medication Management Device and Adherence Platform</i> Mentor: Jay Unick Courses Taught SOWK 670: Social Work Research
2018 – 2021	Adjunct Instructor Boise State University, School of Social Work Online MSW Program Courses Taught SOCWRK 515: Foundation Social Work Practice III: Organizations and Communities SOCWRK 532: Advanced Research: Program and Practice Evaluation
2018 – 2021	Adjunct Instructor

Widener University
Online MSW Program
Courses Taught
SW 541: Social & Economic Justice II
SW 503: Interpersonal Processes
SW 501: Human Behavior and the Social Environment I

2014 – 2019

Graduate Research Assistant
University of Maryland, School of Social Work

2018

Graduate Teaching Assistant
University of Maryland, School of Social Work
MSW Program
Courses Taught
SWOA 704: Community Organization

2017

Part-time Instructor
University of North Carolina, Wilmington
School of Social Work
BSW Program
Courses Taught
SWK 235: Introduction to Social Work and the Social Welfare System
SWK 407: Statistics and Research Methods for Social Work Practice II

2012 – 2014

Assistant BSW Program Coordinator & Lecturer
University of North Carolina, Wilmington
School of Social Work
BSW Program
Courses Taught
SWK 335: Social Welfare Policies
SWK 355: Issues of Diversity in Generalist Practice
SWK 396: Pre-Field Seminar
SWK 442: Generalist Social Work Practice with Groups
SWK 491: Directed Individual Study, “Dimensions of Eating Disorders”

RESEARCH SUPPORT

PRINCIPAL INVESTIGATOR/LEAD EVALUATOR

2022 – 2024

Substance Abuse Mental Health Services Administration, (Subaward from Lower Shore Clinic Inc.), *Lower Shore Clinic, Inc. proposes to expand its service provision as Certified Community Behavioral Health Center*

2021 – 2023

Substance Abuse Mental Health Services Administration, (Subaward from Arundel Lodge, Inc.), *Arundel Lodge CCBHC Expansion and Behavioral Health Urgent Care Clinic Evaluation*

CO-INVESTIGATOR

- 2021 – 2024 National Institute of Mental Health R01, *Bringing Health Home: Evaluation of a Residential-based Telehealth Care Coordination Intervention*, Principal Investigator: Jay Unick
- 2020 – 2023 National Institute of Drug Abuse R24, *Innovations in Recovery through Infrastructure Support (IRIS)*, Principal Investigators: Michelle Tuten & Jay Unick
- 2019 – 2023 National Institute of Mental Health R44 Small Business Innovation Research Grant, *Assessment of Medherent Medication Management Device and Adherence Platform*, Principal Investigator: Jay Unick

ACADEMIC RESEARCH EXPERIENCE

- 2021 – Co-Principal Investigator, *Bringing Health Home: Evaluation of a Residential-based Telehealth Care Coordination Intervention*, University of Maryland School of Social Work, Co-PI: Jay Unick
- 2021 – Principal Investigator, *Environmental Social Work Course Availability*, University of Maryland School of Social Work
- 2021 – Co-Investigator, *Innovations in Recovery through Infrastructure Support (IRIS)*, University of Maryland School of Social Work, PIs: Michelle Tuten & Jay Unick
- 2017 – Principal Investigator, *Neighborhood Disorder and Mental Health Among a Sample of Baltimore City Residents*, University of Maryland School of Social Work
- 2017 – Collaborator, *Examining Health Outcomes from the Healthy Aging in Neighborhoods of Diversity Across the Lifespan Study (HANDLS)*, University of Maryland School of Social Work, PIs: Amanda Lehning & Christine Mair
- 2019 – 2021 Postdoctoral Fellow, *Assessment of Medherent Medication Management Device and Adherence Platform*, University of Maryland School of Social Work, PI: Jay Unick
- 2017 – 2019 Graduate Research Assistant, *Exploring Neighborhood Effects with the National Health and Aging Trends Study (NHATS)*, University of Maryland School of Social Work, PIs: Amanda Lehning & Rick Smith
- 2016 – 2018 Graduate Research Assistant, *Environmental Social Work Practice: A Global Perspective*, University of Maryland School of Social Work, PIs: Caroline Burry & Carolyn Tyce

- 2014 – 2017 Graduate Research Assistant, *Baltimore Community Foundation Targeted Neighborhood Initiative*, University of Maryland School of Social Work, PI: Amy Cohen-Callow
- 2014 – 2017 Graduate Research Assistant, *Expanding the Bench in Performance Management*, University of Maryland School of Social Work, PI: Karen Hopkins
- 2015 – 2016 Collaborator, *Social Workers' Engagement in Social Action*, University of Maryland School of Social Work, PI: Bethany Lee

PRACTICE EXPERIENCE

- 2022 – *Psychotherapist (part-time)*
Guiding Insight, LLC.
- 2022 – *Program Evaluation and Data Manager (part-time)*
Nature Worx, Inc.
- 2014 – 2018 *SSWR Annual Conference Volunteer Coordinator (part-time)*
Society for Social Work and Research, Fairfax, VA
- 2011 – 2012 *Head Start Family and Community Partnership Specialist (full-time)*
Coastal Community Action, Inc., Newport, NC
- 2010 – 2011 *Community School Coordinator, August Fells Savage Institute of Visual Arts High School (full-time)*
University of Maryland School of Social Work, Social Work Community Outreach Service (SWCOS), Baltimore, MD
- 2009 – 2010 *Community Outreach Coordinator (full-time)*
Neighborhoods of Greater Lauraville, Inc., Baltimore, MD

HONORS AND AWARDS RECEIVED

- 2022 Sustainability Champion, *University of Maryland Office of Sustainability*
- 2021 Dean's Teaching Award, *University of Maryland School of Social Work*
- 2018 – 2019 PhD Program Dissertation Award, *University of Maryland School of Social Work*
- 2017 – 2018 Champion of Excellence, *University of Maryland*
- 2016 Global Learning Opportunity (GLO) Program Award, *University of Maryland, Baltimore Center for Global Education Initiatives*

- 2014 Deb Bowen Faculty Service Award, *University of North Carolina, Wilmington*
- 2010 Civic Works Service Award, *AmeriCorps*
- 2009 Baltimore Healthy Neighborhood Fellowship, *University of Maryland Social Work Community Outreach Services (SWCOS)*
- 2006 Chancellor's Achievement Award, *University of North Carolina, Wilmington*

PUBLICATIONS

ARTICLES IN PEER-REVIEWED JOURNALS

- Meyer, M., Hopkins, K., Lee, J., & **Mattocks, N.** (2023). Looking for impact in all the wrong places: Setting realistic expectations and measurable outcomes for small-scale community-building initiatives. *Journal of Community Practice, 31*(2), 215-234. <https://doi.org/10.1080/10705422.2023.2214547>
- Gilgoff, J., Park, E., Price, J., Scott, T., Moyd, T., Rouse, K., Knighton, G., Frey, J., **Mattocks, N.**, Shook, E., Tuten, M., Unick, J., & Wagner, F.A. (2022). Building equitable community academic partnerships for opioid recovery research: Lessons learned from stakeholder engagement with peer and provider organizations. *Journal of Community Engagement and Scholarship*.
- Smith, R. J., Baik, S., Lehning, A. J., **Mattocks, N.**, Cheon, J. H., & Kim, K. (2022). Residential segregation, social cohesion, and aging in place: Health and mental health inequities (Editor's Choice). *The Gerontologist*. Advance online publication. <https://doi.org/10.1093/geront/gnac076>
- Meyer, M., Goering, E., Hopkins, K., **Mattocks, N.**, Hyde, C., & Denlinger, J. (2021). Walking the talk in participatory philanthropy. *The Foundation Review*.
- Lehning, A.J., **Mattocks, N.**, Smith, R.J., Kim, K., & Cheong, J.H. (2020). Neighborhood age composition and self-rated health: Findings from a nationally representative study. *Journal of Gerontological Social Work, 64*(3).
- Brisson, D., Lechuga Peña, S., **Mattocks, N.**, & Plassmeyer, M., & McCune, S. (2019). Effects of the Your Family, Your Neighborhood (YFYN) intervention on neighborhood social processes. *Social Work Research, 43*(4), 235-246. <https://doi.org/10.1093/swr/svz020>
- Hopkins, K., Meyer, M., Cohen-Callow, A., **Mattocks, N.** & Afkinich, J. (2019). Implementation and impact of Results-Based Accountability: Successes and challenges with human service professionals and urban agencies [Special Issue, Accountability Matters: Addressing Racial Inequity with Results-Based Accountability]. *Race and Justice*.

Mattocks, N., Hopkins, K., Cohen-Callow, A., & Meyer, M. (2019). Clean and green organizing in urban neighborhoods: Measuring perceived and objective outcomes [Special Issue, Ecosocial Work and Social Change]. *Journal of Community Practice, 27*(3-4).

Mattocks, N. (2017). Social action among social work practitioners: Examining the micro-macro divide. *Social Work, 63*(1), 7-16.

Cornelius, L.J., Afkinich, J., Hoffler, E., Keyser, D., Klumpner, S., **Mattocks, N.** & Nam, B. (2015). Reflecting on engaging in social action against social injustice, while developing a survey to study it: Restorative social justice as a lived experience. *Reflections, 21*(3), 26-33.

MANUSCRIPTS IN PROCESS

Mattocks, N., Swenson, N., & Unick, J. Evaluation of a telemedicine intervention to improve adherence outcomes among individuals with severe mental illness.

Mattocks, N. & Lehning, A.J. Contextual factors and mental health: The social environment mediates the relationship between neighborhood disorder and anxiety and depression.

Postan-Aizik, D., **Mattocks, N.,** & Shdaimah, C. Collaborating across boundaries: Environmental justice organizing in Baltimore.

Swenson, N., **Mattocks, N.,** Siegel, J., & Unick, J. The intersection of technology and social work: a cost-effectiveness study of the Medherent™ device and its impact on medication monitoring labor costs for persons with severe mental illness.

Mattocks, N., Cohen-Callow, A., Hopkins, K. & Meyer, M. Confirmatory Factor Analysis of University of Minnesota's Social Capital Model: Testing the validity of the factor structure with an urban sample.

BOOK CHAPTERS

Shiladitya, D., Gunther, K., Canty, T., Gilden, R., Gupta, S., **Mattocks, N.,** Patel, S., & Piermattie, W. (in process) Creating an Interprofessional Consortium on Climate and health for Higher Education. In *World Sustainability Series: North American and European Perspectives on Sustainability in Higher Education*. Springer Nature.

Mattocks, N., Singh, M., Smith, L., Dolan-Reilly, G., Powers, M., & Smith, K. (2023). Re-envisioning the Social Work Curricula: Eco Social Work is Everybody's Thing. In *EcoSocial Work and Learning Text* (In Press). Springer Nature.

REPORTS FOR GRANTS AND CONTRACTS

Drummond, M. & **Mattocks, N. (2022).** *SAMHSA CCBHC Expansion Grant Mid-year Report*. Arundel Lodge, Inc. and University of Maryland School of Social Work.

Unick, G.J., Tuten, M., **Mattocks, N.** & Gilgoff, J. (2021). *Innovations in Recovery through Infrastructure Support (IRIS) Annual Report*. University of Maryland, Baltimore.

Cohen-Callow, A., Hopkins, K., Meyer, M., **Mattocks, N.** & Iyer, S., (2017). *Evaluation: Baltimore Community Foundation Target Neighborhood Initiative, Final Report*. University of Maryland School of Social Work.

CONFERENCES AND INVITED PRESENTATIONS

Mattocks, N. & Hosmer, P. (January, 2024). Early Findings from a Mindfulness-based Therapeutic Nature Intervention for Supporting Individuals with Substance Use Disorder. *Society for Social Work and Research (SSWR) Annual Meeting*. Washington, DC.

Postan-Aizik, D., Shdaimah, C., & **Mattocks, N.** (January, 2024). Clean Air and Water are Human Rights: Organizing for Environmental Justice in Diverse Communities in Baltimore. *Society for Social Work and Research (SSWR) Annual Meeting*. Washington, DC.

Mattocks, N. & Zhao, L. (October, 2023). Student-Driven Curriculum Development: An Alternative Model for Building an Ecosocial Work Program. *Council on Social Work Education Annual Program Meeting*. Atlanta, GA.

Mattocks, N. (March, 2023). Developing, Implementing, and Evaluating Intervention Studies (Guest Lecturer). *University of Maryland School of Social Work, PhD Program, Intervention Research course*. Baltimore, MD.

Mattocks, N., Singh, M., Smith, L., Dolan-Reilly, G., Powers, M. & Smith, K. (January, 2023). Re-envisioning Social Work curricula: Eco social work is everybody's thing. *Society for Social Work and Research (SSWR) Annual Meeting*. Phoenix, AZ.

Park, E., **Mattocks, N., & Garzon Hampton, A.,** (January, 2023). Association of Medicaid and the Receipt of Medication-Assisted Treatment for Individuals with Opioid Use Disorder. *Society for Social Work and Research (SSWR) Annual Meeting*. Phoenix, AZ.

Mattocks, N. & Smith, L. (April, 2022). Prevalence of ecosocial work courses in U.S. MSW programs. *Ecological Justice and Social Work Conference: Fostering Resilience and Cultivating Impact, Adelphi University School of Social Work*. Virtual.

Mattocks, N. & Unick, G.J. (March, 2022). Measuring what matters: Using data to evaluate, develop, and improve programs. *University of Maryland Office of Continuing Professional Education*. Baltimore, Maryland.

Mattocks, N., Siegel, J., & Unick, G.J. (January, 2022). Self-report medication adherence and clinical outcomes after implementing a telemedicine intervention to individuals with severe mental illness. In **Mattocks, N.** (Chair), Evaluation of a telemedicine intervention to improve adherence outcomes among individuals with severe mental illness [Symposium]. *Society for Social Work and Research (SSWR) Annual Meeting*. Washington, DC.

Mattocks, N. & Unick, G.J. (2021). Self-Report Medication Adherence Trends After Implementing a Telemedicine Intervention to Individuals with SPMI. *University of Maryland School of Social Work Postdoctoral Poster Session*. Virtual.

- Mattocks, N.,** Waites, S., Alexander, I., & Unick, J. (January, 2021). Feasibility and Acceptability of a Telemedicine Device to Improve Adherence Outcomes Among Individuals with Severe Mental Illness. *Society for Social Work and Research (SSWR) Annual Meeting*. Virtual.
- Mattocks, N.,** Unick, J., & Waites, S. (April, 2020). Medherent: Evaluating Medication Adherence Outcomes from a Machine Dispensing Medication to Individuals with SPMI. *School of Social Work Postdoctoral Poster Session*. University of Maryland, Baltimore.
- Mattocks, N.,** Smith, R.J., Kim, K., & Lehning, A.J. (January, 2020). Aging in Place and Residential Segregation: An Analysis of Health and Well-Being Inequities. *Society for Social Work and Research (SSWR) Annual Meeting*. San Francisco, California.
- Mattocks, N.,** Smith, R.J., Kim, K., & Lehning, A. (November, 2019). Residential segregation and social policy: An analysis of health and well-being inequities. *Association for Public Policy Analysis and Management (APPAM) Annual Fall Research Conference*. Denver, Colorado.
- Mair, C., Lehning, A., **Mattocks, N.,** Kim, K., Millar, R., Evans, M.K., Zonderman, A.B., & Waldstein, S. (September, 2019). Neighborhood environments and cardiovascular disease: Exploring pathways of risk in Baltimore. *Gerontological Society of America (GSA) Annual Meeting*. Phoenix, Arizona.
- Mattocks, N.,** Lehning, A., Mair, C., Kim, K., Baik, S., Zonderman, A., Evans, M., & Waldstein, S. (January, 2019). Identifying pathways from neighborhood environments to hypertension in Baltimore City. *Society for Social Work and Research (SSWR) Annual Meeting*. San Francisco, California.
- Cohen-Callow, A., Hopkins, K., Meyer, M., & **Mattocks, N.** (January, 2018). Keeping it Real: Helping Foundations and Nonprofits Develop Realistic Expectations and Measurable Outcomes for Community Change Initiatives. *Society for Social Work and Research (SSWR) Annual Meeting*. Washington, D.C..
- Cohen-Callow, A., Hopkins, K., Meyer, M., & **Mattocks, N.** (November, 2017). Keeping it Real: Helping Foundations and Nonprofits Develop Realistic Expectations and Measurable Outcomes for Community Change Initiatives. *Association for Research on Nonprofit Organization and Voluntary Action (ARNOVA) Conference*. Grand Rapids, Michigan.
- Brisson, D., Pena, S.L., **Mattocks, N.,** & Plassmeyer, M. (April, 2017). The Effects of the Your Family, Your Neighborhood (YFYN) Intervention on Neighborhood Social Cohesion and Informal Social Control. *Urban Affairs Association Conference*. Minneapolis, Minnesota..
- Mattocks, N.** (January, 2017). Social Workers' Engagement in Social Action: Examining the Micro/Macro Divide. *Society for Social Work and Research (SSWR) Annual Meeting*. New Orleans, Louisiana.
- Mattocks, N.** (October, 2016). Environmental Health and Justice in India. *University of Maryland Center for Global Education Initiatives "Mat Chats"*. Baltimore, Maryland.

Cohen-Callow, A., Goering, E., **Mattocks, N.**, Hopkins, K., & Meyer, M. (June, 2016). Social Capital in Community Interventions and Collaborations. *Network for Social Work Management Annual Management (NSWM) Conference*. Los Angeles, California.

Mattocks, N. & Hopkins, K. (January, 2016). Predictors of Social Capital in Urban Neighborhoods. *Society for Social Work and Research (SSWR) Annual Meeting*. Washington, D.C..

Cohen-Callow, A., Hopkins, K., Meyer, M., **Mattocks, N.**, Denlinger, J., & Goering, E.S. (June, 2015). Elusive Outcomes in Community Transformation: The Blending of Rational and Emerging Planning. *Network for Social Work Management Annual Management Conference*. Washington, D.C..

Heckman, B., & **Mattocks, N.** (March, 2012). The Family Partnership Agreement. *North Carolina Head Start Association Conference*. Raleigh, North Carolina.

Caldwell, R., Hourigan, A., Plyler, K., **Mattocks, N.**, & Dennis, W. (March, 2007). Why gender matters: effective gender-based interventions that address high-risk drinking. *National Meeting on Alcohol and Other Drug Abuse and Violence Prevention in Higher Education*. Washington, D.C..

PROFESSIONAL ACTIVITIES

Academic Service:

- 2023 – Guest Editor, Special Issue on Environmental Justice, *Ethics and Social Welfare*
- 2022 - BHWELL Lab, Faculty Associates, Affiliates and Community Partners Working Group, *University of Maryland School of Social Work*
- 2022 - 2023 IRIS Recovery Research Fellowship Coach, *University of Maryland School of Social Work*
- 2022 – 2023 Faculty Advisor for ECO-Social Work Student Organization, *University of Maryland School of Social Work*
- 2022 – 2023 Faculty Search Committee for Research Assistant Professor, *University of Maryland School of Social Work*
- 2022 – 2023 Faculty Representative for Campus Tree Advisory Committee, *University of Maryland School Office of Sustainability*
- 2022 Abstract Reviewer, *SSWR Annual Conference 2023*
- 2022 Ad-hoc Reviewer, *Social Work Research*
- 2022 Panelist for PhD Program Professional Development Seminar, *University of Maryland School of Social Work*

- 2022 Faculty Representative at Science and Environmental Studies Grad Fair,
University of Maryland School of Social Work
- 2021 – 2023 Member of Sustainability Committee Working Group on Reduction, *University
of Maryland Office of Sustainability*
- 2021 – 2023 Member of Sustainability Committee Working Group on Education, *University
of Maryland Office of Sustainability*
- 2021 Co-Organizer and Facilitator for Thursz Social Justice Lecture on Environmental
Justice, *University of Maryland School of Social Work*

Professional Affiliations:

National Association of Social Workers (NASW)
Society for Social Work and Research (SSWR)
Council on Social Work Education (CSWE)
Association for Experiential Education (AEE)

LICENSURE AND CERTIFICATIONS

Licensed Masters Social Worker – State of Maryland (LMSW #28704)
EMDR Basic Training, EMDRIA Certified, 2023
Motivational Interviewing, 2022
Mental Health First Aid, 2021

Updated November 2023

Nicole Mattak