CURRICULUM VITAE

PERSONAL

Karen L. Urban RN, MSN Maiden Name: Karen L. Evanish

372 Caprock Drive

Grand Junction, CO 81507

Place of Birth: Pittsburgh, PA
Date of Birth: November 23, 1957
Children: Alyssa & Trevor

Contact Information:

Cell Phone: 970-216-6836 Home Phone: 970-628-1443

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ACADEMIC QUALIFICATIONS

1975-1979 University of Pittsburgh BSN

School of Nursing

1986-1988 University of Pittsburgh MSN: Clinical Nurse Specialist

School of Nursing

1994-1996 University of Kentucky

Health Administration Select courses

2012-2014 University of Colorado

College of Nursing, Health Informatics Post-masters certificate in Health

Informatics

NURSING LICENSE

Pennsylvania 1979 to present RN230753L Colorado 1989 to present RN-89858

CERTIFICATIONS

BCLS: expires 09/2015 ACLS: expires 08/2015

WORK HISTORY

2012- Present ASSISTANT PROFESSOR Colorado Mesa University (CMU)

Department of Health Sciences Grand Junction, CO 81501

(970-248-1820)

Teaching Fundamentals & Clinical Lab for Level 1 BSN students, Professional Development to Level 2 BSN student, developed and teaching Health Informatics on-line course; also other service, academics & scholarship responsibilities.

2011-Present PACU prn Staff Nurse Family Health West Hospital

PACU

Fruita, Co 81521 (970) 858-2709

Staff nurse in pre-op and phase 1 & 2 recovery in a same day surgery center.

2009 – 2012 INSTRUCTOR, NURSING Colorado Mesa University (CMU)

CV for Karen Lee Urban

Department of Health Sciences Grand Junction, CO 81501 (970-248-1820)

Taught Pharmacology, Fundamentals Clinical Lab for Level 1 BSN students, Professional Development to Level 2 BSN students, Senior Specialty to Level 5 BSN students; have taught Pediatric Nursing to PN students.

1998-2011 PRACTICE MANAGER Aesthetic & Reconstructive Plastic Surgery PC

425 Patterson Road Suite 601 Grand Junction, CO 81506

(970)-255-1720

Duties included accounts payable, accounts receivable, payroll, staff performance appraisals, developed standardized physician orders, pre and post-operative orders, patient procedure specific teaching tools, maintained physician credentials, edited and administrated EMR, managed insurance contracts and marketing plans.

1996-1998 CASE MANAGER Rocky Mountain Health Plans

Grand Junction, CO 81506

(970) 244-7760

Develop disease specific case management programs, also participation in Quality Improvement, Utilization Review & DC planning.

1994-1996 STAFF NURSE Pediatric Intensive Care

University of Kentucky Medical Center

Lexington, KY 40536 (859) 323-5000

Care of patients in PICU.

1993-1994 STAFF NURSE Rush Memorial Hospital

Rushville, IL 46173 (765) 932-7506

Float Pool staff nurse on Med/Surg, CCU units & physician offices.

1989-1993 TRANSPLANT COORDINATOR UCHSC Anschutz Medical Campus

Transplant Surgery Aurora, CO 80045 (720) 848-0833

Primarily involved in Liver Transplant Surgery Coordination. Secondary involvement in Kidney, Heart & Lung Transplant Coordination. Developed Patient Education tools, Coordination Plan, Patient Evaluation & Follow-up, Interdisciplinary Committee Participation, Staff Nurse Education, attended Regional & National Conferences.

1981-1989 STAFF NURSE Pediatric Intensive Care

Children's Hospital Pittsburgh

Pittsburgh, PA 15224

(412) 692-7500

Care of patients in PICU, transport team, new staff orientation, oriented nurses to cardiac PICU patient care, charge nurse duties, attended regional and national Conferences, advanced to highest level of PICU nurse status on clinical ladder.

1979-1981 STAFF NURSE Neonatal Intensive Care Unit

Magee Women's Hospital Pittsburgh, PA 15213

(412)641-1000

Care of NICU patients, charge nurse duties, member of the transport team.

MASTERS THESIS:

Information needs of mothers during the intensive care phase of their children's liver transplant experience

Karen Lee Evanish. School of Nursing. Thesis (MSN)-University of Pittsburgh, 1988.

CV for Karen Lee Urban

OTHER AFFILIATIONS:

1996-2011 Mesa County Medical Society Alliance

2004-2006 Coach, Girls on the Run

2004-2006 Wingate Elementary School Advisory Council, (Chair, Co-Chair) 2007-present Redland Middle School Advisory Council (Chair 2007-2008) 2012-present Sigma Theta Tau, Nu Kappa Chapter (Webmaster), ANA

RECENT SERVICES/ACTIVITIES:

- Attended Boot Camp for Nurse Educators (July 2013)
- Affirmative Action representative for CMU (September 2013 to present)
- Student Nurse Association Faculty Advisor (August 2012 to 2014)
- CMU Health Science Department Journal Club participant & presenter (2012 to 2014)
- Reviewed Chapter 57, Maternal & Child Nursing Care (London Ladewig, Davidson, Ball, Bindler & Cowen) Fourth Ed. Pearson
- Office of the President CMU Merit Award May 2013
- CMU Student Showcase Facilitator May 2013
- CMU subcommittee for E Portfolios (2013 to 2014)
- CMU BSN Interview Committee member (2012 to 2014)

REFERENCES AVAILABLE UPON REQUEST