Steps to Take When Choosing a Major:

Take the Strong Interest Inventory and/or the College in Colorado Interest Profiler Assessments

WHY? Find out how your interests relate to a career
HOW?  [http://www.coloradomesa.edu/career](http://www.coloradomesa.edu/career) / Click on Students / Career Assessments

Look at CMU Catalog for programs

WHY? Begin to think about majors and what interests you
HOW? [http://www.coloradomesa.edu/catalog/](http://www.coloradomesa.edu/catalog/)

Browse Academic Program Overviews

WHY? Discover the variety of majors offered at CMU and what each major is all about
HOW? [http://www.coloradomesa.edu/career](http://www.coloradomesa.edu/career) / Click Academics tab / Programs of Study

Look at “What to do with a major” on Career Services website

WHY? See how a college major transfers into a job/career
HOW? [http://www.coloradomesa.edu/career](http://www.coloradomesa.edu/career) / Click on Students / Career/Major Exploration / What to do with a major?

Look at Program Sheets for the majors you are considering

WHY? Find out if you want to take the classes required for this major
HOW? [http://www.coloradomesa.edu](http://www.coloradomesa.edu) / Click Academics Tab / Programs of Study / (follow the link to the program sheet for the major(s) you are interested in)

Read the class descriptions in the catalog required for the major

WHY? Learn if you are interested in the classes required for this major
HOW? [http://www.coloradomesa.edu/catalog/](http://www.coloradomesa.edu/catalog/)

Explore careers related to the majors you are interested in

WHY? Know what the job outlook is
HOW? Use Occupational Handbooks

Browse the Occupational Outlook Handbook at the U.S. Department of Labor website: [www.bls.gov](http://www.bls.gov) / Choose A-Z Index (choose the first letter of the occupation you are researching) / You will see the “nature of the work”, “training”, “employment”, “job outlook”.

Browse O*Net Online at: [www.onetonline.org](http://www.onetonline.org) / Enter the job title in the search box / follow the link to the job title that most closely matches what you are searching for / browse information related to the job including job tasks, skills, work styles, work values, required education, employment trends and wages.

Declare your major with the appropriate department!