

## Steps to Take When Choosing a Major:

### Take the **Strong Interest Inventory** and/or the **College in Colorado Interest Profiler Assessments**

WHY? Find out how your interests relate to a career

HOW? <http://www.coloradomesa.edu/career> / Click on Students / Career Assessments

### Look at **CMU Catalog** for programs

WHY? Begin to think about majors and what interests you

HOW? <http://www.coloradomesa.edu/catalog/>

### Browse **Academic Program Overviews**

WHY? Discover the variety of majors offered at CMU and what each major is all about

HOW? <http://www.coloradomesa.edu/> Click Academics tab / Programs of Study

### Look at “**What to do with a major**” on Career Services website

WHY? See how a college major transfers into a job/career

HOW? <http://www.coloradomesa.edu/career> / Click on Students / Career/Major Exploration / What to do with a major?

### Look at **Program Sheets** for the majors you are considering

WHY? Find out if you want to take the classes required for this major

HOW? <http://www.coloradomesa.edu/> Click Academics Tab / Programs of Study / *(follow the link to the program sheet for the major(s) you are interested in)*

### Read the **class descriptions** in the catalog required for the major

WHY? Learn if you are interested in the classes required for this major

HOW? <http://www.coloradomesa.edu/catalog/>

### **Explore careers** related to the majors you are interested in

WHY? Know what the job outlook is

HOW? Use Occupational Handbooks

Browse the Occupational Outlook Handbook at the **U.S. Department of Labor** website: [www.bls.gov](http://www.bls.gov) / Choose A-Z Index (choose the first letter of the occupation you are researching) / You will see the “nature of the work”, “training”, “employment”, “job outlook”.

Browse O\*Net Online at: [www.onetonline.org](http://www.onetonline.org) / Enter the job title in the search box / follow the link to the job title that most closely matches what you are searching for / browse information related to the job including job tasks, skills, work styles, work values, required education, employment trends and wages.

**Declare your major** with the appropriate department!