2020-21 COLORADO MESA UNIVERSITY BACCALAUREATE AND ASSOCIATE (AA/AS) DEGREE REQUIREMENTS

Please check the program sheet for your major before selecting courses below as some majors require specific essential learning courses.

ESSENTIAL LEARNING CORE – 31 CREDIT HOURS

All CMU essential learning core courses are approved by the Colorado Department of Higher Education for statewide guaranteed transfer except courses marked with + which are not yet approved.

English* - Pick Option 1 or 2

Option 1
ENGL 111 English Composition I (3)
ENGL 112 English Composition II (3) *A grade of “C” or higher is required for graduation.

Option 2
ENGL 112 English Composition II (3)
ENGL 219 Introduction to Professional Writing (3)

Mathematics* - Pick 1 class

MATH 110 College Mathematics (3)
MATH 113 College Algebra (4)
MATH 119 Pre-Calculus Mathematics (5) *A grade of “C” or higher is required for graduation.
MATH 149 Honors Mathematics (3)
MATH 151 Calculus I (5)
MATH 205 Elements of Mathematics II (3)

Social and Behavioral Sciences - Pick 2 classes

ANTH 202 Introduction to Anthropology (3)
ANTH 231/231L+ Survey of Biological Anthropology and Lab (3+1)
ARKE 205 Principles of Archaeology (3)
CSCI 100+ Computers in Our Society (3)
ECON 201 Principles of Macroeconomics (3)
ECON 202 Principles of Microeconomics (3)
GEOG 102 Human Geography (3)
GEOG 103 World Regional Geography (3)
POLS 101 American Government (3)
POLS 151+ Introduction to Political Ideas (3)
POLS 261 Comparative Politics (3)
POLS 270+ World Politics (3)
PSYC 150 General Psychology (3)
PSYC 233 Human Growth and Development (3)
SOCI 101 Introduction to LGBT Studies (3)
SOCI 120 Technology and Society (3)
SOCO 144 Marriage and Families (3)
SOCO 260 General Sociology (3)
SOCO 264 Social Problems (3)
SPCH 101+ Interpersonal Communication (3)

Physical Sciences - Pick 1 class

CHEM 101 Principles of Chemistry and Lab (4+1)

Non-Laboratory Natural Sciences - Pick 1 class

ENVS 101 Introduction to Environmental Science (3)
GEOG 101 Concepts of Physical Geology and Lab (3+1)
GEOG 108 Water, People, and Environment (3)
PHYS 101 Elementary Astronomy (3)
PHYS 105/105L Physics and Lab (4+1)
PHYS 106/106L General Physics and Lab (4+1)

Music Appreciation (3)
Fine Arts - Pick 1 class

ART 101 Two-Dimensional Design (3)
ART 102 Three-Dimensional Design (3)
ART 115 Art Appreciation (3)
ART 118 Survey of Art History, Prehistory – Renaissance (3)
ART 119 History of Art, Renaissance to Present (3)
DANC 115 Dance Appreciation (3)
FINE 101 The Living Arts (3)
MUSA 220 Music Appreciation (3)
MUSA 266 History of Popular Music (3)
MUSA 267+ Jazz History and Literature (3)
THEA 141 Theatre Appreciation (3)
THEA 145 Introduction to Dramatic Literature (3)

History** - Pick 1 class

HIST 101 Western Civilization I (3) **An additional History course may be chosen to fulfill Humanities.
HIST 102 Western Civilization II (3)
HIST 131 United States History I (3)
HIST 132 United States History II (3)

English** - Pick 1 class

ART 101 Two-Dimensional Design (3)
ART 102 Three-Dimensional Design (3)
ART 115 Art Appreciation (3)
ART 118 Survey of Art History, Prehistory – Renaissance (3)
ART 119 History of Art, Renaissance to Present (3)
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HIST 101 Western Civilization I (3) **An additional History course may be chosen to fulfill Humanities.
HIST 102 Western Civilization II (3)
HIST 131 United States History I (3)
HIST 132 United States History II (3)

English** - Pick 1 class

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ART 102 Three-Dimensional Design (3)
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MUSA 267+ Jazz History and Literature (3)
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THEA 145 Introduction to Dramatic Literature (3)

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HIST 101 Western Civilization I (3) **An additional History course may be chosen to fulfill Humanities.
HIST 102 Western Civilization II (3)
HIST 131 United States History I (3)
HIST 132 United States History II (3)

Non-Laboratory Natural Sciences*** - Pick 1 class

CHEM 100 Chemistry and Society (3) ***An additional Natural Science with a Lab may be taken to fulfill this requirement.
CHEM 101 Principles of Chemistry and Lab (4+1)
CHEM 121/122L Principles of Organic Chemistry and Lab (4+1)
CHEM 131/132L General Chemistry and Lab (4+1)
CHEM 132/132L General Chemistry and Lab (4+1)
ENVS 103/103L Field-Based Intro to Environ. Science (3+1)
GEOG 111/111L Principles of Physical Geology and Lab (3+1)
GEOG 112/112L Principles of Historical Geology and Lab (3+1)
GEOG 113/113L Field-Based Intro. to Physical Geology and Lab (3+1)
PHYS 101/101L General Human Biology and Lab (3+1)
PHYS 105/105L Attributes of Living Systems and Lab (3+1)
PHYS 108/108L Diversity of Organisms (3+1)
PHYS 250/250L Introduction to Microbiology and Lab (3+1)
CHEM 121/121L Principles of Chemistry and Lab (4+1)
CHEM 122/122L Principles of Organic Chemistry and Lab (4+1)
CHEM 131/131L General Chemistry and Lab (4+1)
CHEM 132/132L General Chemistry and Lab (4+1)
ENVS 103/103L Field-Based Intro to Environ. Science (3+1)
GEOG 111/111L Principles of Physical Geology and Lab (3+1)
GEOG 112/112L Principles of Historical Geology and Lab (3+1)
GEOG 113/113L Field-Based Intro. to Physical Geology and Lab (3+1)
PHYS 105/105L Physics by Inquiry and Lab (2+1)
PHYS 111/111L General Physics and Lab (4+1)
PHYS 112/112L General Physics and Lab (4+1)
PHYS 131/131L Fundamental Mechanics and Lab (4+1)
PHYS 132/132L Electromagnetism and Optics and Lab (4+1)

Wellness Requirements - Must take both classes

KINE 100 Health and Wellness (1)
KINA ___ 100-level Kinesiology Activity *(1)

* Some majors require two KINA activities. Consult your program requirements. Fulfilled by any KINA course, DANC 160, 169, 174, 177, 180, or MUSP 147. Only one varsity sport course may be used to meet the activity requirement.

Essential Learning Capstone - Must take both classes

APPLIES TO BACHELOR’S DEGREES ONLY

ESSL 290 Maverick Milestone (3)
ESSL 200 Essential Speech (1)

ESSL 200 and 290 are co-requisites and must be taken together in the same semester. The Essential Learning Capstone must be completed between 45 and 75 credits hours.