



2018-2019 PROGRAM REQUIREMENTS

Degree: Bachelor of Arts

Major: Sociology

About This Major . . .

Sociology is the scientific study of social life, social change, social organization, and the complex social causes and consequences of human behavior. Since all human behavior is social, the subject matter of sociology covers a broad array of topics, including family, religion, crime, politics, life course, race, gender, and social class. Sociology provides many distinctive perspectives on the social world, as well as a range of research methodologies that can be applied to virtually any aspect of social life, from corporate downsizing to problems of peace and war to the expression of emotion and beyond. Because sociology addresses the most challenging issues of our time, it is an expanding field increasingly tapped by those who craft policies and create social programs. For more information on the subject matter of sociology, go to www.asanet.org/topics.

Sociology majors gain important skills in critical thinking, research methods and responsible citizenship. Sociology majors are prepared for future graduate work in sociology and related disciplines, as well as for a wide variety of careers in such sectors as business, the health professions, the criminal justice system, social services, human resources and government.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html> and www.asanet.org/career-center/careers-sociology

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, specialized knowledge, and applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Articulate the reciprocal relationship between individuals and society (Specialized Knowledge);
2. Interpret published statistical findings on social problems or issues (Quantitative Fluency);
3. Frame and answer complex questions about social issues using theoretical perspectives and the scholarship from the field of sociology (Specialized Knowledge, Critical Thinking);
4. Write a fully developed and empirically supported research paper in standard American Sociological Association (ASA) format (Communication Fluency);
5. Describe ways in which theories and research from the discipline of sociology are applied in real-world organizational and clinical settings (Applied Learning).

Advising Process and DegreeWorks

This document is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.

INSTITUTIONAL DEGREE REQUIREMENTS

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree; A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

PROGRAM-SPECIFIC DEGREE REQUIREMENTS

- 2.50 cumulative GPA or higher in coursework toward the major content area.
- No more than one "D" may be used in completing major requirements.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

- ☐ ENGL 111 - English Composition (3)
- ☐ ENGL 112 - English Composition (3)

Mathematics (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

- ☐ MATH 110 - College Mathematics (3) or higher

Humanities (3 semester hours)

- ☐ Select one Humanities course (3)

Social and Behavioral Sciences (6 semester hours)

- ☐ Select one Social and Behavioral Sciences course (3)
- ☐ Select one Social and Behavioral Sciences course (3)

Natural Sciences (7 semester hours, one course must include a lab)

- ☐ Select one Natural Sciences course (3)
- ☐ Select one Natural Sciences course with a lab (4)

History (3 semester hours)

- ☐ Select one History course (3)

Fine Arts (3 semester hours)

- ☐ Select one Fine Arts course (3)

OTHER LOWER-DIVISION REQUIREMENTS

Wellness Requirement (2 semester hours)

- ☐ KINE 100 - Health and Wellness (1)
- ☐ Select one Activity course (1)

Essential Learning Capstone (4 semester hours)

Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

- ☐ ESSL 290 - Maverick Milestone (3)
- ☐ ESSL 200 - Essential Speech (1)

FOUNDATION COURSES (12 semester hours)

- ☐ GEOG 102 - Human Geography (3)
- ☐ SOCO 264 - Social Problems (3)

Two consecutive classes in the same foreign language. FLAS 114 & 115 will NOT fulfill this requirement.

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- ☐ _____

BA, SOCIOLOGY REQUIREMENTS (46 semester hours)

Sociology Core (19 semester hours)

- ☐ SOCO 202 - Introduction to Sociological Inquiry (3)
- ☐ SOCO 260 - General Sociology (3)
- ☐ SOCO 303 - Sociological Research Methods (3)
- ☐ SOCO 400 - Classical Social Theory (3)
- ☐ SOCO 410 - Contemporary Social Theory (3)
- ☐ STAT 215 - Statistics for Social and Behavioral Science (4)

Sociology Electives (18 semester hours)

Select six of the following courses:

- SOCO 300 - Political Sociology (3)
 - SOCO 305 - Environmental Sociology (3)
 - SOCO 310 - Sociology of Religion (3)
 - SOCO 312 - Social Movements and Political Activism (3)
 - SOCO 314 - Population (3)
 - SOCO 316 - Social Inequality (3)
 - SOCO 318 - Sociology of Health and Illness (3)
 - SOCO 320 - Life Course and Aging (3)
 - SOCO 323 - Self and Society (3)
 - SOCO 325 - Race and Ethnic Relations (3)
 - SOCO 340 - Sociology of Gender (3)
 - SOCO 345 - Sociology of Sexuality
 - SOCO 351 - 21st Century Families
 - SOCO 396 - Topics (3)
 - SOCO 496 - Topics (3)
 - OR any other upper division Sociology elective approved by a Sociology Advisor.
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Restricted Electives (9 semester hours)

Select three of the following courses:

- CRMJ 311 - Victimology (3)
- CRMJ 330 - Domestic Violence (3)
- CRMJ 360 - Crime and Deviance (3)
- CRMJ 370 - Criminology (3)
- CRMJ 375 - Women and Crime (3)
- CRMJ 387 - Crime and Inequality (3)
- PHIL 340 - The Examined Life (3)
- PHIL 350 - The Roots of Western Thought (3)
- PSYC 310 - Child Psychology (3)
- PSYC 320 - Social Psychology (3)
- PSYC 330 - Psych of Adolescents and Emerging Adulthood (3)
- PSYC 335 - Psychology of Women (3)
- PSYC 350 - Psychology of Adulthood (3)
- PSYC 370 - Cross-Cultural Psychology (3)
- PSYC 411 - Human Sexuality (3)
- SOWK 301 - Child Welfare (3)
- SOWK 308 - Medical Social Work (3)

SOWK 344 - Legal Aspects of Social Work (3)

SOWK 377 - Spirituality and Social Work (3)

SOWK 381 - Gerontology and Social Work (3)

OR any upper division courses from History or Political Science.

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GENERAL ELECTIVES (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 25 semester hours; 4 hours of upper division may be needed)

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SUGGESTED COURSE SEQUENCING

Freshman Year, Fall Semester: 15 credits

- ENGL 111 - English Composition (3)
- Essential Learning - Humanities (3)
- Essential Learning - Social and Behavioral Sciences (3)
- Essential Learning - Natural Science (3)
- General Elective (3)

Freshman Year, Spring Semester: 15 credits

- ENGL 112 - English Composition (3)
 - Essential Learning - History (3)
 - MATH 113 - College Algebra (4)
 - Essential Learning - Fine Arts (3)
 - General Elective (3)
 - KINE 100 - Health and Wellness (1)
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Sophomore Year, Fall Semester: 16 credits

- Essential Learning - Natural Science with Lab (4)
- Foundation Course - Foreign Language (3)
- Essential Learning - Social and Behavioral Sciences (3)
- SOCO 260 - General Sociology (3)
- GEOG 102 - Human Geography (3)

Sophomore Year, Spring Semester: 14 credits

- ESSL 290 - Maverick Milestone (3)
 - ESSL 200 - Essential Speech (1)
 - Foundation Course - Foreign Language (3)
 - SOCO 264 - Social Problems (3)
 - STAT 215 - Statistics for Social and Behavioral Science (4)
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Junior Year, Fall Semester: 15 credits

- General Electives (2 courses) (6)
- Restricted Elective (3)
- Sociology Elective (3)
- SOCO 202 - Introduction to Sociological Inquiry (3)

Junior Year, Spring Semester: 16 credits

- SOCO 303 - Sociological Research Methods (3)
 - Sociology Electives (2 courses) (6)
 - Restricted Elective (3)
 - General Elective (3)
 - KINA Activity (1)
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Senior Year, Fall Semester: 15 credits

- SOCO 400 - Classical Social Theory (3)
- Sociology Electives (2 courses) (6)
- General Electives (2 courses) (6)

Senior Year, Spring Semester: 13 credits

- SOCO 410 - Contemporary Social Theory (3)
 - Electives (2 courses) (4)
 - Sociology Elective (3)
 - Restricted Elective (3)
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