



2018-2019 PROGRAM REQUIREMENTS

Degree: Bachelor of Arts

Major: Psychology

Concentration: Counseling Psychology

About This Major . . .

Students may pursue the Psychology B.A. degree with a concentration in Counseling Psychology or the Psychology B.A. degree. All majors are required to complete some laboratory coursework in which they conduct research in psychological science. Practica are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at provides a strong foundation for graduate study in psychology and related disciplines.

Many of CMU's psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Critically analyze the historical trends in psychology (Specialized Knowledge)
2. Compare basic research methodology in psychology, including research design, data analysis and interpretation (Applied Learning)
3. Communicate clearly in written and oral presentations in standard American Psychological Association format (Broad Integrative Knowledge /Applied Learning)
4. Apply statistical concepts to decision making and problem solving in areas of psychological application (Quantitative Fluency)
5. Think critically to solve problems in psychological areas of analysis using academic sources of information. (Critical)

Advising Process and DegreeWorks

This document is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

Graduation Process

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.

INSTITUTIONAL DEGREE REQUIREMENTS

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper-division credits (an alternative credit limit applies to the Bachelor of Applied Science degree).
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree; A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

PROGRAM-SPECIFIC DEGREE REQUIREMENTS

- 2.0 cumulative GPA or higher in coursework toward the major content area.
- Minimum grade of "C" or higher in foundation and major courses.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours)

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

- ENGL 111 - English Composition (3)
- ENGL 112 - English Composition (3)

Mathematics (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

- MATH 110 - College Mathematics (3) or higher

Humanities (3 semester hours)

- Select one Humanities course (3)

Social and Behavioral Sciences (6 semester hours)

- Select one Social and Behavioral Sciences course (3)
- Select one Social and Behavioral Sciences course (3)

Natural Sciences (7 semester hours, one course must include a lab)

- Select one Natural Sciences course (3)
- Select one Natural Sciences course with a lab (4)

History (3 semester hours)

- Select one History course (3)

Fine Arts (3 semester hours)

- Select one Fine Arts course (3)

OTHER LOWER-DIVISION REQUIREMENTS

Wellness Requirement (2 semester hours)

- KINE 100 - Health and Wellness (1)
- Select one Activity course (1)

Essential Learning Capstone (4 semester hours)

Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

- ESSL 290 - Maverick Milestone (3)
- ESSL 200 - Essential Speech (1)

FOUNDATION COURSES (6 semester hours, must earn a grade of "C" or higher in each course.)

Two consecutive classes in the same foreign language. FLAS 114 & 115 will NOT fulfill this requirement.

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BA, PSYCHOLOGY, COUNSELING PSYCHOLOGY REQUIREMENTS (51 semester hours)

To continue in the program and eventually graduate as a psychology major a student must earn, with no more than three attempts, at least a grade of "C" in the major requirements.

Psychology Core (20 semester hours)

- PSYC 150 - General Psychology (3)
- PSYC 201 - Orientation to the Psychology Major (3)
- STAT 215 - Statistics for Social and Behavioral Sciences (4)
- PSYC 216 - Research Methods in Psychology (3)
- PSYC 216L - Research Methods in Psychology Laboratory (1)
- PSYC 414 - History of Psychology (3)
- PSYC 416 - Memory and Cognition (3)

Counseling Core (31 semester hours)

- PSYC 320 - Social Psychology (3)
- PSYC 340 - Abnormal Psychology (3)
- PSYC 400 - Psychological Testing (3)
- PSYC 420 - Personality (3)
- PSYP 320 - Career Development (3)
- PSYP 420 - Counseling Processes and Techniques (3)
- PSYP 422 - Psychological Interviewing (3)
- PSYP 424 - Group Processes (3)
- PSYP 497 - Practicum (4)
- One of the following courses:
 - PSYC 370 - Cross-Cultural Psychology (3)
 - PSYP 322 - Multicultural Service Learning (3)

GENERAL ELECTIVES (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 26 semester hours)

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Recommended Electives: At least one course from each of the following three areas plus optional Practicum II.

PSYP 499 - Practicum II (4)

Developmental Area

PSYC 310 - Child Psychology (3)

PSYC 330 - Psychology of Adolescence & Emerging Adulthood (3)

PSYC 350 - Psychology of Adulthood (3)

Neuropsychological Area

PSYC 410 - Drugs and Human Behavior (3)

PSYC 422 - Sensation and Perception (3)

PSYC 430 - Biopsychology (3)

Topical Area

PSYC 300 - Health Psychology (3)

PSYC 314 - Psychology of Learning (3)

PSYC 335 - Psychology of Women (3)

PSYC 396/496 - Topics (1-3)

PSYC 401 - Sport Psychology (3)
PSYC 408 - Foundations of School Counseling (3)
PSYC 411 - Human Sexuality (3)
PSYC 412 - Industrial and Organizational Psychology (3)
PSYC 425 - Forensic Psychology (3)
PSYC 435 - Applied Social Psychology (3)
PSYP 305 - Suicide Intervention Training (1)
PSYP 306 - Applied Ethics in Mental Health and Counseling (1)
PSYP 410 - Introduction to Marriage and Family Counseling (3)
SOCI 390 - GRE Preparation (1)
SOCI 410 - Death, Dying, and Bereavement (3)
SOCI 497 - Structured Research (1-6)

SUGGESTED COURSE SEQUENCING

Freshman Year, Fall Semester: 13 credits

- ENGL 111 - English Composition (3)
- Essential Learning - Humanities (3)
- PSYC 150 - General Psychology (3)
- Essential Learning - Natural Science (3)
- KINE 100 - Health and Wellness (1)

Freshman Year, Spring Semester: 13 credits

- ENGL 112 - English Composition (3)
 - Essential Learning - History (3)
 - MATH 110 - College Mathematics (3) or higher
 - Essential Learning - Fine Arts (3)
 - KINA Activity (1)
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Sophomore Year, Fall Semester: 16 credits

- PSYC 201 - Orientation to the Psychology Major (3)
- Foundation Course - Foreign Language (3)
- Essential Learning - Social/Behavioral Science (3)
- Essential Learning - Social/Behavioral Science (3)
- STAT 215 - Statistics for Social and Behavioral Sciences (4)

Sophomore Year, Spring Semester: 18 credits

- ESSL 290 - Maverick Milestone (3)
 - ESSL 200 - Essential Speech (1)
 - Essential Learning - Natural Science with Lab (4)
 - Foundation Course - Foreign Language (3)
 - PSYC 216 - Research Methods in Psychology (3)
 - PSYC 216L - Research Methods in Psychology Laboratory (1)
 - General Elective (3)
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Junior Year, Fall Semester: 15 credits

- PSYP 320 - Career Development (3)
- PSYC 320 - Social Psychology (3)
- General Elective (3)
- PSYC 370 - Cross-Cultural Psychology (3) or PSYP 322 - Multicultural Service Learning (3)
- PSYC 340 - Abnormal Psychology (3)

Junior Year, Spring Semester: 15 credits

- General Electives (2 courses) (6)
 - PSYP 420 - Counseling Processes and Techniques (3)
 - PSYC 416 - Memory and Cognition (3)
 - PSYC 414 - History of Psychology (3)
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Senior Year, Fall Semester: 15 credits

- PSYP 424 - Group Processes (3)
- PSYC 400 - Psychological Testing (3)
- General Electives (3 courses) (9)

Senior Year, Spring Semester: 15 credits

- PSYC 420 - Personality (3)
 - PSYP 422 - Psychological Interviewing (3)
 - PSYP 497 - Practicum (4)
 - General Electives (2 courses) (5)
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