



**2018-2019 PROGRAM REQUIREMENTS**  
**Degree: Bachelor of Arts**  
**Major: History**

**About This Major . . .**

The study of history prepares the student for understanding present society and culture through a study of the past. The history program familiarizes students with the great historical civilizations and issues that have shaped our present world. History teaches students how to critically analyze information and make a compelling argument; skills that everyone needs to be successful in all their endeavors. Internships are available through museums, historical societies and public agencies. CMU history graduates pursue careers in teaching and public history, as well as private employment, and have also been very successful in gaining entrance to graduate study and law school.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Formulate the relationships of cause and effect (Specialized Knowledge/Applied Learning);
2. Assess the importance of historical context (Specialized Knowledge/Applied Learning);
3. Critically analyze an argument based on secondary sources (Critical Thinking);
4. Critically analyze primary sources (Critical Thinking);
5. Formulate a clear and persuasive argument based on evidence (Communication Fluency);
6. Construct a clear thesis with strong topic sentences (Communication Fluency).

**Advising Process and DegreeWorks**

This document is intended for informational purposes to help determine what courses and associated requirements are needed to earn a degree. The suggested course sequencing outlines how students could finish degree requirements. Some courses are critical to complete in specific semesters, while others may be moved around. Meeting with an academic advisor is essential in planning courses and altering the suggested course sequencing. It is ultimately the student's responsibility to understand and fulfill the requirements for her/his intended degree(s).

DegreeWorks is an online degree audit tool available in MAVzone. It is the official record used by the Registrar's Office to evaluate progress towards a degree and determine eligibility for graduation. Students are responsible for reviewing their DegreeWorks audit on a regular basis and should discuss questions or concerns with their advisor or academic department head. Discrepancies in requirements should be reported to the Registrar's Office.

**Graduation Process**

Students must complete the following in the first two months of the semester prior to completing their degree requirements:

- Review their DegreeWorks audit and create a plan that outlines how unmet requirements will be met in the final semester.
- Meet with their advisor and modify their plan as needed. The advisor must approve the final plan.
- Submit the "Intent to Graduate" form to the Registrar's Office to officially declare the intended graduation date and commencement ceremony plans.
- Register for all needed courses and complete all requirements for each degree sought.

Submission deadlines and commencement details can be found at <http://www.coloradomesa.edu/registrar/graduation.html>.

If a student's petition for graduation is denied, it will be her/his responsibility to consult the Registrar's Office regarding next steps.

### **INSTITUTIONAL DEGREE REQUIREMENTS**

The following institutional degree requirements apply to all CMU baccalaureate degrees. Specific programs may have different requirements that must be met in addition to institutional requirements.

- 120 semester hours minimum.
- Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher.
- 40 upper division credits.
- 2.00 cumulative GPA or higher in all CMU coursework.
- A course may only be used to fulfill one requirement for each degree/certificate.
- No more than six semester hours of independent study courses can be used toward the degree.
- Non-traditional credit, such as advanced placement, credit by examination, credit for prior learning, cooperative education and internships, cannot exceed 30 semester credit hours for a baccalaureate degree; A maximum of 15 of the 30 credits may be for cooperative education, internships, and practica.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Capstone exit assessment/projects (e.g., Major Field Achievement Test) requirements are identified under Program-Specific Degree Requirements.
- The Catalog Year determines which program sheet and degree requirements a student must fulfill in order to graduate. Visit with your advisor or academic department to determine which catalog year and program requirements you should follow.
- See "Requirements for Undergraduate Degrees and Certificates" in the catalog for a complete list of graduation requirements.

### **PROGRAM-SPECIFIC DEGREE REQUIREMENTS**

- 2.0 cumulative GPA or higher in coursework toward the major content area.

**ESSENTIAL LEARNING REQUIREMENTS (31 semester hours)**

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

- ENGL 111 - English Composition (3)
- ENGL 112 - English Composition (3)

**Mathematics** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

- MATH 110 - College Mathematics (3) or higher

**Humanities** (3 semester hours)

- Select one Humanities course (3)

**Social and Behavioral Sciences** (6 semester hours)

- Select one Social and Behavioral Sciences course (3)
- Select one Social and Behavioral Sciences course (3)

**Natural Sciences** (7 semester hours, one course must include a lab)

- Select one Natural Sciences course (3)
- Select one Natural Sciences course with a lab (4)

**History** (3 semester hours)

- HIST 131 - United States History (3)

**Fine Arts** (3 semester hours)

- Select one Fine Arts course (3)

**OTHER LOWER-DIVISION REQUIREMENTS**

**Wellness Requirement** (2 semester hours)

- KINE 100 - Health and Wellness (1)
- Select one Activity Course (1)

**Essential Learning Capstone** (4 semester hours)

Essential Learning Capstone must be taken after completion of the Essential Learning English and Mathematics requirements, and when a student has earned between 45 and 75 hours.

- ESSL 290 - Maverick Milestone (3)
- ESSL 200 - Essential Speech (1)

**FOUNDATION COURSES (6 semester hours)**

Two consecutive courses in the same foreign language. Must receive a grade of "C" or better. FLAS 114 and 115 will NOT fulfill this requirement.

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**BACHELOR OF ARTS: HISTORY REQUIREMENTS (48 semester hours)**

**History Core (18 semester hours)**

- HIST 101 - Western Civilizations (3)
- HIST 102 - Western Civilizations (3)
- HIST 132 - United States History (3)
- HIST 202 - Introduction to Historical Research (3)
- HIST 394 - Junior Seminar in Historiography (3)
- HIST 404 - Senior Seminar in Historical Research (3)

**History Electives (24 semester hours)**

European History - Two of the following courses:

- HIST 300 - History of England to 1660 (3)
- HIST 301 - History of Modern Britain (3)
- HIST 302 - History of Modern France (3)
- HIST 303 - History of Modern Germany (3)
- HIST 330 - History of 19th Century Europe (3)
- HIST 331 - The 20th Century (3)
- HIST 350 - Renaissance and Reformation (3)
- HIST 360 - Medieval Europe (3)
- HIST 400 - The Soviet Union and Eastern Europe (3)
- HIST 430 - The Ancient Mediterranean World (3)
- HIST 445 - The Holocaust (3)
- HIST 450 - European History and Film (3)

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World History - Two of the following courses:

- HIST 310 - Latin American Civilization (3)
- HIST 333 - The International History of the Cold War (3)
- HIST 334 - History of the British Empire (3)
- HIST 340 - History of the Middle East (3)
- HIST 403 - East Asia and the Modern World (3)
- HIST 406 - History of the African Continent (3)

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United States History - Two of the following courses:

- HIST 305 - The Old South (3)
- HIST 342 - The Early American Republic (3)
- HIST 344 - The Age of Industry in America (3)
- HIST 345 - The History of Immigration, Race, and Ethnicity in America (3)
- HIST 346 - The 1950's and 1960's (3)
- HIST 347 - Global America: 1970-2000 (3)
- HIST 370 - Early U.S. Women's History (3)
- HIST 371 - 20th Century U.S. Women's History (3)
- HIST 415 - Colonial America (3)
- HIST 416 - The American Revolution (3)
- HIST 420 - Civil War (3)

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Topical History - Two of the following courses:

- HIST 315 - American Indian History (3)
- HIST 316 - American Slavery (3)
- HIST 320 - The American West (3)
- HIST 332 - History of Modern Warfare (3)
- HIST 355 - Ancient and Medieval Cities (3)
- HIST 375 - American Sports History (3)
- HIST 405 - Introduction to Public History (3)
- HIST 410 - Environmental History (3)
- HIST 425 - The History of Sexuality (3)
- HIST 435 - Classical Archaeology (3)
- HIST 440 - Early & Medieval Christianity (3)

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**History Specialization (6 semester hours)**

Choose two additional Upper Division History courses selected from European, United States, World, Topical History, or ARKE 225, ARKE 302.

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**GENERAL ELECTIVES** (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. 29 semester hours, 4-7 hours of upper division will be needed.)

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## SUGGESTED COURSE SEQUENCING

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### Freshman Year, Fall Semester: 13 credits

- ENGL 111 - English Composition (3)
- HIST 131 - United States History (3)
- Essential Learning - Natural Science (3)
- HIST 101 - Western Civilizations (3)
- KINE 100 - Health and Wellness (1)

### Freshman Year, Spring Semester: 16 credits

- ENGL 112 - English Composition (3)
  - Essential Learning - Humanities (3)
  - MATH 110 - College Mathematics (3)
  - HIST 102 - Western Civilizations (3)
  - General Elective (3)
  - KINA Activity (1)
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### Sophomore Year, Fall Semester: 15 credits

- Essential Learning - Fine Arts (3)
- Foundation Course - Foreign Language (3)
- Essential Learning - Social and Behavioral Science (3)
- History Elective (3)
- General Elective (3)

### Sophomore Year, Spring Semester: 17 credits

- Essential Learning - Natural Science with Lab (4)
  - Foundation Course - Foreign Language (3)
  - Essential Learning - Social and Behavioral Science (3)
  - HIST 132 - United States History (3)
  - ESSL 290 - Maverick Milestone (3)
  - ESSL 200 - Essential Speech (1)
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### Junior Year, Fall Semester: 15 credits

- History Elective (2 courses) (6)
- General Elective (2 courses) (6)
- HIST 202 - Introduction to Historical Research (3)

### Junior Year, Spring Semester: 15 credits

- History Elective (2 courses) (6)
  - General Elective (3)
  - Upper Division Elective (3)
  - HIST 394 - Junior Seminar in Historiography (3)
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### Senior Year, Fall Semester: 14 credits

- HIST 404 - Senior Seminar in Historical Research (3)
- History Elective (2 courses) (6)
- Upper Division Elective (3)
- General Elective (2)

### Senior Year, Spring Semester: 15 credits

- History Elective (3 courses) (9)
  - General Elective (6)
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