



**2016-2017 PETITION/PROGRAM SHEET**  
**Degree: Bachelor of Science in Nursing**  
**Major: Nursing**

**About This Major . . .**

The Baccalaureate of Science in Nursing (BSN) Program is approved by the Colorado State Board of Nursing and accredited by the Commission on Collegiate Nursing Education (CCNE). The four-year program provides educational experiences to prepare a professional nurse generalist to practice in a variety of health care settings. The program integrates nursing theory, practice, and science with a broad liberal arts education. The program has been developed to prepare a highly competent professional with the education necessary to meet the increasing need for quality health care in society today and provides students with the foundation for graduate study in nursing. The department usually receives about three times more nursing applications than it can accept. Therefore, grades and completion of required courses are considered in the application process, as well as the score on a standardized entrance test. Colorado Mesa's BSN nursing program started in 1988 and has been fully accredited since its inception. The college is very proud to report that the graduates of this program have maintained a 90-100% pass rate on the National Council for Licensure Examination (NCLEX), which is the examination an RN must pass to obtain a license to practice. For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/nursing.html>

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Promote a culture of respect and safety. (Specialized Knowledge; Applied Learning)
2. Communicate the importance of lifelong learning and professional career development. (Applied Learning)
3. Integrate Evidence Based findings into professional nursing practice. (Applied Learning)
4. Utilize scientific inquiry and quantitative reasoning as a base for patient care decisions. (Quantitative Fluency)
5. Collaborate in inter-professional communication to improve healthcare outcomes. (Communication Fluency)
6. Integrate leadership and management principles in the delivery of health care. (Communication Fluency)
7. Employ critical thinking as a basis for nursing practice. (Critical Thinking)
8. Facilitate access to resources necessary to meet diverse health care needs. (Intellectual Skills/Critical Thinking)

**NAME:** \_\_\_\_\_ **STUDENT ID #:** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Department Head \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Registrar \_\_\_\_\_ 20\_\_\_\_\_  
Date

**DEGREE REQUIREMENTS:**

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Requirements for Undergraduate Degrees and Certificates" in the catalog for additional graduation information.

**ESSENTIAL LEARNING REQUIREMENTS** (31 semester hours):

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

| Course No | Title | Sem. hrs | Grade | Term/Trms |
|-----------|-------|----------|-------|-----------|
|-----------|-------|----------|-------|-----------|

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

|          |                     |   |       |       |
|----------|---------------------|---|-------|-------|
| ENGL 111 | English Composition | 3 | _____ | _____ |
| ENGL 112 | English Composition | 3 | _____ | _____ |

**Math** MATH 113 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

|        |       |    |       |       |
|--------|-------|----|-------|-------|
| MATH 1 | _____ | *4 | _____ | _____ |
|--------|-------|----|-------|-------|

\*Required for the major with additional credit going to elective requirement.

**Humanities** (3 semester hours)

|       |       |   |       |       |
|-------|-------|---|-------|-------|
| _____ | _____ | 3 | _____ | _____ |
|-------|-------|---|-------|-------|

**Social and Behavioral Sciences** (6 semester hours)

|          |                              |    |       |       |
|----------|------------------------------|----|-------|-------|
| PSYC 150 | General Psychology           | *3 | _____ | _____ |
| PSYC 233 | Human Growth and Development | *3 | _____ | _____ |

\*Program Requirements

**Natural Sciences** (7 semester hours, one course must include a lab)

|           |                              |    |       |       |
|-----------|------------------------------|----|-------|-------|
| _____     | _____                        | 3  | _____ | _____ |
| BIOL 250  | Introduction to Microbiology | *3 | _____ | _____ |
| BIOL 250L | Intro. to Microbiology Lab.  | *2 | _____ | _____ |

\*Required for the major with additional credit going to elective requirement.

**History** (3 semester hours)

|      |       |   |       |       |
|------|-------|---|-------|-------|
| HIST | _____ | 3 | _____ | _____ |
|------|-------|---|-------|-------|

**Fine Arts** (3 semester hours)

|       |       |   |       |       |
|-------|-------|---|-------|-------|
| _____ | _____ | 3 | _____ | _____ |
|-------|-------|---|-------|-------|

| Course No | Title | Sem.hrs | Grade | Term/Trms |
|-----------|-------|---------|-------|-----------|
|-----------|-------|---------|-------|-----------|

**OTHER LOWER DIVISION REQUIREMENTS** (6 semester hours)

**WELLNESS REQUIREMENT** (2 semester hours)

|          |                     |   |       |       |
|----------|---------------------|---|-------|-------|
| KINE 100 | Health and Wellness | 1 | _____ | _____ |
| KINA 1   | _____               | 1 | _____ | _____ |

**ESSENTIAL LEARNING CAPSTONE** (4 semester hours)

|          |                                 |   |       |       |
|----------|---------------------------------|---|-------|-------|
| ESSL 290 | Maverick Milestone              | 3 | _____ | _____ |
| ESSL 200 | Essential Speech (co-requisite) | 1 | _____ | _____ |

**FOUNDATION COURSES**

(15-16 semester hours. Must pass all courses with a grade "C" or higher)

|             |                                     |    |       |       |
|-------------|-------------------------------------|----|-------|-------|
| BIOL 209    | Human Anatomy & Physiology I        | 3  | _____ | _____ |
| BIOL 209L   | Human Anatomy & Phys. Lab           | 1  | _____ | _____ |
| BIOL 210    | Human Anatomy& Physiology II        | 3  | _____ | _____ |
| BIOL 210L   | Human Anatomy & Phys. II Lab        | 1  | _____ | _____ |
| BIOL 241    | Pathophysiology                     | 4  | _____ | _____ |
| STAT 200    | Probability and Statistics          | 3  | _____ | _____ |
| OR STAT 215 | Statistics for Soc./Behavioral Sci. | 4* | _____ | _____ |

\*Additional credit going to elective requirements.

**ELECTIVES** (3-4 semester hours)

|                  |                 |   |       |       |
|------------------|-----------------|---|-------|-------|
| *MATH 113        | College Algebra | 1 | _____ | _____ |
| *Natural Science | _____           | 1 | _____ | _____ |
| *STAT 215        | _____           | 1 | _____ | _____ |
| _____            | _____           | 1 | _____ | _____ |

**MAJOR REQUIREMENTS**

(64 semester hours. Must pass all courses with a grade "C" or higher)

**Core**

|           |   |   |       |       |
|-----------|---|---|-------|-------|
| NURS 350  | Health Assessment Across the Lifespan                       | 3 | _____ | _____ |
| NURS 350L | Health Assessment Across the Lifespan Laboratory            | 1 | _____ | _____ |
| NURS 353  | Foundation of Nursing Practice                              | 4 | _____ | _____ |
| NURS 353L | Found. of Nursing Practice Lab                              | 3 | _____ | _____ |
| NURS 370  | Pharmacology for Nurses I                                   | 3 | _____ | _____ |
| NURS 372  | Professional Development I: Nursing Theory, Roles, & Ethics | 2 | _____ | _____ |
| NURS 373  | Acute & Chronic Illness I                                   | 4 | _____ | _____ |
| NURS 373L | Acute & Chronic Illness I Clinical                          | 3 | _____ | _____ |
| NURS 388  | Mental Health Nursing                                       | 3 | _____ | _____ |
| NURS 388L | Mental Health Nursing Clinical                              | 2 | _____ | _____ |
| NURS 394  | Nursing Research: An Evidence-Based Practice                | 3 | _____ | _____ |
| NURS 459  | Family/Maternal/Child Nursing                               | 4 | _____ | _____ |
| NURS 459L | Family/Maternal/Child Nursing Clinical                      | 3 | _____ | _____ |
| NURS 472  | Professional Development II: Health Informatics             | 3 | _____ | _____ |
| NURS 473  | Acute & Chronic Illness II                                  | 4 | _____ | _____ |
| NURS 473L | Acute/Chronic Illness II Clinical                           | 3 | _____ | _____ |
| NURS 482  | Professional Development III: The Professional Nurse        | 2 | _____ | _____ |
| NURS 487  | Community & Population Nursing                              | 3 | _____ | _____ |
| NURS 487L | Community/Pop. Nursing Clinical                             | 2 | _____ | _____ |
| NURS 490  | Nursing Leadership & Mgmt.                                  | 2 | _____ | _____ |
| NURS 490L | Nursing Leadership & Management Clinical                    | 1 | _____ | _____ |
| NURS 492  | Pharmacology for Nurses II                                  | 2 | _____ | _____ |
| NURS 493  | Senior Capstone   | 1 | _____ | _____ |
| NURS 493L | Senior Capstone Clinical                                    | 3 | _____ | _____ |

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN NURSING: BACHELOR OF SCIENCE IN NURSING

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

### FRESHMAN YEAR

| Fall Semester                      | Hours    | Spring Semester                           | Hours    |
|------------------------------------|----------|---|----------|
| ENGL 111 English Composition       | 3        | ENGL 112 English Composition              | 3        |
| PSYC 150 General Psychology        | 3        | PSYC 233* Human Growth and Development    | 3        |
| KINE 100 Health and Wellness       | 1        | Essential Learning Humanities             | 3        |
| Essential Learning History         | 3        | KINA 1XX Activity                         | 1        |
| Essential Learning Natural Science | <u>3</u> | BIOL 209* Human Anatomy & Physiology I    | 3        |
|                                    | 13       | BIOL 209L* Human Anatomy & Physiology Lab | <u>1</u> |
|                                    |          |   | 14       |

### SOPHOMORE YEAR

| Fall Semester  | Hours    | Spring Semester  | Hours    |
|--|----------|--|----------|
| BIOL 250/250L* Introduction to Microbiology with Lab | 5        | BIOL 210* Human Anatomy and Physiology II              | 3        |
| Elective   | 3        | BIOL 210* Human Anatomy and Physiology II              | 1        |
| MATH 113* College Algebra                            | 4        | BIOL 241* Pathophysiology                              | 4        |
| Essential Learning Fine Arts                         | <u>3</u> | ESSL 290 Maverick Milestone                            | 3        |
|  | 15       | ESSL 200 Essential Speech                              | 1        |
|  |          | STAT 200* Probability and Statistics                   | 3        |
|  |          | OR STAT 215* Statistics for Social/Behavioral Sciences | <u>4</u> |
|  |          |  | 15-16    |

\*Program specific requirements

### JUNIOR YEAR

| Fall Semester   | Hours    | Spring Semester  | Hours    |
|---|----------|--|----------|
| NURS 350 Health Assessment Across the Lifespan                            | 3        | NURS 373 Acute and Chronic Illness I                     | 4        |
| NURS 350L Health Assmnt. Across the Lifespan Lab                          | 1        | NURS 373L Acute and Chronic Illness I Clinical           | 3        |
| NURS 353 Foundation of Nursing Practice                                   | 4        | NURS 388 Mental Health Nursing                           | 3        |
| NURS 353L Foundation of Nursing Practice Lab                              | 3        | NURS 388L Mental Health Nursing Clinical                 | 2        |
| NURS 370 Pharmacology for Nurses I  | 3        | NURS 394 Nursing Research:<br>An Evidence-Based Practice | <u>3</u> |
| NURS 372 Professional Development I:<br>Nursing Theory, Roles, and Ethics | <u>2</u> |  | 15       |
|   | 16       |  |          |

### SENIOR YEAR

| Fall Semester   | Hours    | Spring Semester  | Hours    |
|---|----------|--|----------|
| NURS 459 Family/Maternal/Child Nursing                      | 4        | NURS 482 Professional Development III:<br>The Professional Nurse | 2        |
| NURS 459L Family/Maternal/Child Nursing Clinical            | 3        | NURS 487 Community and Population Nursing                        | 3        |
| NURS 472 Professional Development II:<br>Health Informatics | 3        | NURS 487L Community & Pop. Nursing Clinical                      | 2        |
| NURS 473 Acute and Chronic Illness II                       | 4        | NURS 490 Nursing Leadership and Management                       | 2        |
| NURS 473L Acute and Chronic Illness II Clinical             | <u>3</u> | NURS 490L Nursing Leadership and Management<br>Clinical          | 1        |
|   | 17       | NURS 492 Pharmacology for Nurses II                              | 2        |
|   |          | NURS 493 Senior Capstone   | 1        |
|   |          | NURS 493L Senior Capstone Clinical                               | <u>3</u> |
|   |          |  | 16       |

**POLICIES:**

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.** You must turn in your “Intent to Graduate” form to the Registrar’s Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar’s Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your “Intent to Graduate” does not automatically move to a later graduation date.