



2016-2017 PETITION/PROGRAM SHEET
Degree: Bachelor of Arts
Major: Psychology

About This Major . . .

Students may pursue the Psychology B.A. degree or the Psychology B.A. degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct psychological science research. Practica are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program provides a strong foundation for graduate study in psychology and related disciplines.

The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>.

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Critically analyze the historical trends in psychology (Specialized Knowledge)
2. Compare basic research methodology in psychology, including research design, data analysis and interpretation (Applied Learning)
3. Communicate clearly in written and oral presentations in standard American Psychological Association format (APA) (Broad Integrative Knowledge/Applied Learning)
4. Apply statistical concepts to decision making and problem solving in areas of psychological application (Quantitative Fluency)
5. Think critically to solve problems in psychological areas of analysis using academic sources of information. (Intellectual Skills)

NAME: _____ **STUDENT ID #:** _____

LOCAL ADDRESS AND PHONE NUMBER: _____

_____ () _____

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor _____ 20_____
Date

Signature of Department Head _____ 20_____
Date

Signature of Registrar _____ 20_____
Date

DEGREE REQUIREMENTS:

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Requirements for Undergraduate Degrees and Certificates" in the for additional graduation information.

ESSENTIAL LEARNING REQUIREMENTS (31 semester hours):
See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No	Title	Sem.hrs	Grade	Term	Trms
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English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)
ENGL 111 English Composition 3 _____
ENGL 112 English Composition 3 _____

Math MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)
MATH 1 _____

Humanities (3 semester hours)

Social and Behavioral Sciences (6 semester hours)

Natural Sciences (7 semester hours, one course must include a lab)

_____ L _____

History (3 semester hours)
HIST _____

Fine Arts (3 semester hours)

Course No	Title	Sem.hrs	Grade	Term	Trms
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WELLNESS REQUIREMENT (2 semester hours)
KINE 100 Health and Wellness 1 _____
KINA 1 _____ 1 _____

ESSENTIAL LEARNING CAPSTONE (4 semester hours)
ESSL 290 Maverick Milestone (see English & math pre-reqs) 3 _____
ESSL 200 Essential Speech (co-requisite) 1 _____

PSYCHOLOGY MAJOR REQUIREMENTS (59 semester hours)
Must pass all courses with a grade of "C" or higher. To continue in the program and eventually graduate as psychology majors a student must earn, within no more than three attempts, at least a grade of "C" in the major requirements.

FOUNDATION COURSES (6 semester hours) Two **consecutive** classes in the **same** foreign language.
FL _____
FL _____

Psychology Core (20 semester hours)
PSYC 150 General Psychology 3 _____
PSYC 201 Orientation to the Psychology Major 3 _____
STAT 215 Statistics for Social & Behavioral Sciences 4 _____
PSYC 216 Research Methods in Psychology 3 _____
PSYC 216L Research Methods in Psychology Lab 1 _____
PSYC 414 History of Psychology 3 _____
PSYC 416 Memory & Cognition 3 _____

Psychology Electives (Total Psychology Electives must equal 33 Semester Hours)

At least one course from each of the following five Areas:

Developmental Area
PSYC 310 Child Psychology 3 _____
PSYC 330 Psychology of Adolescence & Emerging Adulthood 3 _____
PSYC 350 Psychology of Adulthood 3 _____

Personality/Social Area
PSYC 320 Social Psychology 3 _____
PSYC 401 Sport Psychology 3 _____
PSYC 412 Industrial/Organizational Psychology 3 _____
PSYC 420 Personality 3 _____
PSYC 435 Applied Social Psychology 3 _____

Diversity Area
PSYC 370 Cross-Cultural Psychology 3 _____
PSYC 335 Psychology of Women 3 _____
PSYC 411 Human Sexuality 3 _____
PSYC 425 Forensic Psychology 3 _____

Health & Wellness Area
PSYC 300 Health Psychology 3 _____
PSYC 340 Abnormal Psychology 3 _____
PSYC 410 Drugs & Human Behavior 3 _____
SOCI 410 Death, Dying & Bereavement 3 _____

Behavioral Neuroscience Area
PSYC 314 Psychology of Learning 3 _____
PSYC 422 Sensation & Perception 3 _____
PSYC 430 Biopsychology 3 _____

Psychology course(s) may also be taken from the following:

Elective Area

PSYP 305	Suicide Intervention	1	_____	_____
PSYP 306	Applied Ethics	1	_____	_____
PSYC 400	Psychological Testing	3	_____	_____
PSYC 395/495	Independent Study (1-3)		_____	_____
PSYC 396/496	Topics (1-3)		_____	_____
PSYC 499	Internship (1-3)		_____	_____
SOCI 390	GRE Prep	1	_____	_____
SOCI 497	Structured Research (1-6)	-	_____	_____

Electives (All college level courses appearing on your final transcript, **not listed above** that will bring your total semester hours to 120 hours.)
(24 semester hours)

Course No	Title	Sem.hrs	Grade	Term/Trns
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN PSYCHOLOGY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111 English Composition	3	ENGL 112 English Composition	3
Essential Learning Humanities	3	Essential Learning Natural Science	3
Essential Learning Social/Behavioral Sciences	3	Essential Learning Mathematics	3
Essential Learning Natural Science with Lab	4	Essential Learning History	3
PSYC 150 General Psychology	<u>3</u>	Essential Learning Fine Arts	3
	16	KINE 100 Health and Wellness	<u>1</u>
			16

SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
Foreign Language	3	ESSL 200 Essential Speech	1
PSYC 201 Orientation to the Psychology Major	3	ESSL 290 Maverick Milestone	3
Essential Learning – Social/Behavioral Science	3	Foreign Language	3
STAT 215 Statistics for Social & Behavioral Sciences	4	Elective	3
KINA Activity	<u>1</u>	PSYC 216/216L Research Methods in Psychology and Lab	<u>4</u>
	14		14

JUNIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
PSYC 416 Memory & Cognition	3	Upper Division PSYC Electives (3)	9
Upper Division PSYC Electives (3)	9	Electives (2)	<u>6</u>
Elective	<u>3</u>		15
	15		

SENIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
Upper Division PSYC Electives (3)	9	PSYC 414 History of Psychology	3
Electives (2)	<u>6</u>	Upper Division PSYC Electives (2)	6
	15	Electives (2)	<u>6</u>
			15

A one- or two-hour elective may be taken in any semester in place of the three-hour elective shown in the proposed sequence to make the total hours equal exactly 120.

POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.** You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).