



**2015-2016 PETITION/PROGRAM SHEET**  
**Degree: Bachelor of Social Work**  
**Major: Social Work**

**About This Major . . .**

Social Work is a profession dedicated to social and economic justice. Social workers focus primarily on the needs and empowerment of vulnerable, oppressed, at-risk populations, and those living in poverty. Social workers help people overcome some of life’s most difficult challenges: poverty, discrimination, abuse, addiction, physical illness, divorce, educational problems, disability, and mental illness.

The practice of social work requires knowledge of human development and behavior; of social, economic, and cultural institutions, and of the interaction of all these factors as well as skills in developing relationships, assessing needs and services while facilitating change. Social workers seek to strengthen relationships among people to promote, restore, maintain, and enhance the well-being of individuals, families, social groups, organizations, and communities. (<http://www.socialworkers.org/>)

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates will be able to:

1. Demonstrate proficiency in utilizing the social work professions 10 core competencies and 41 practice behaviors through a senior-year practicum in a social service agency in our community (Specialized Knowledge).
2. Demonstrate the ability to use practice experience to inform scientific inquiry and use research evidence to inform practice (Quantitative Fluency).
3. Demonstrate effective oral and written communication in working with individuals, families, groups, organizations, communities and colleagues through professional documentation and oral presentations (Communication Fluency).
4. Demonstrate critical thinking to inform and communicate professional judgments through distinguishing, appraising, and integrating multiple sources of knowledge; and through analyzing models of assessment, prevention, intervention, and evaluation (Critical Thinking).

**NAME:** \_\_\_\_\_ **STUDENT ID #:** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor Date \_\_\_\_\_ 20\_\_\_\_

\_\_\_\_\_  
Signature of Department Head Date \_\_\_\_\_ 20\_\_\_\_

\_\_\_\_\_  
Signature of Registrar Date \_\_\_\_\_ 20\_\_\_\_

**DEGREE REQUIREMENTS:**

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.50 cumulative GPA or higher in coursework toward the major content area. To graduate with a major in social work, a student must earn, with no more than two attempts, at least a grade of "C" in all social work major requirements.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

**ESSENTIAL LEARNING REQUIREMENTS** (31 semester hours):  
See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term/Trns

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

ENGL 111	English Composition	3	_____	_____
ENGL 112	English Composition	3	_____	_____

**Math MATH 110 or higher** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH 1	_____	_____	_____	_____
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**Humanities** (3 semester hours)

**Social and Behavioral Sciences** (6 semester hours)

**Natural Sciences** (7 semester hours, one course must include a lab)

_____	_____	_____	_____	_____
_____	L	_____	_____	_____

**History** (3 semester hours)

HIST	_____	_____	_____	_____
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**Fine Arts** (3 semester hours)

_____	_____	_____	_____	_____
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Course No	Title	Sem.hrs	Grade	Term/Trns
<b>WELLNESS REQUIREMENT</b> (2 semester hours)				
KINE 100	Health and Wellness	1	_____	_____
KINA 1	_____	1	_____	_____

**ESSENTIAL LEARNING CAPSTONE** (4 semester hours)

ESSL 290	Maverick Milestone (see English & math pre-reqs)	3	_____	_____
ESSL 200	Essential Speech (co-requisite)	1	_____	_____

**SOCIAL WORK MAJOR REQUIREMENTS** (60 semester hours)

A 2.5 GPA is required in the major courses. To graduate with a major in social work, a student must earn, with no more than two attempts, at least a grade of "C" in all social work major requirements.

**FOUNDATION COURSES** (6 semester hours)

PSYC 150	General Psychology	3	_____	_____
PSYC 233	Human Growth and Development	3	_____	_____

**Social Work Introductory Courses** (6 semester hours)

SOWK 150	Introduction to Social Work	3	_____	_____
SOWK 210	SW for Diverse Populations	3	_____	_____

\*\*Students majoring in social work must apply to get into the social work program PRIOR to taking any of the social work CORE courses. Application requirements include: completion of all Essential Learning requirements, completion of the two foundation courses (maintaining a 2.0 GPA), completion of the two social work introductory courses, completion of 60+ credits (junior standing), and a formal application, essay and faculty evaluation. If accepted into the social work program, students will take the social work CORE courses in sequence as part of a cohort system their junior and senior years.

**Social Work Core Courses** (33 semester hours)

**Junior Year:**

SOWK 311	Ethical Issues in Social Work	3	_____	_____
SOWK 320	SW Practices in Mental Health	3	_____	_____
SOWK 365	SW Intervention Methods I	3	_____	_____
SOWK 375	SW Intervention Methods II	3	_____	_____
SOWK 387	SW Research Methods	3	_____	_____

**Senior Year:**

SOWK 385	SW Intervention Methods III	3	_____	_____
SOWK 394	SW Practicum Seminar I	1	_____	_____
SOWK 397	SW Practicum I	5	_____	_____
SOWK 460	Social Welfare Policy	3	_____	_____
SOWK 494	SW Practicum Seminar II	1	_____	_____
SOWK 497	SW Practicum II	5	_____	_____

**Social Work Electives** (9 semester hours) Select from social work electives on page 3. Must complete prerequisite SOWK 150 before enrolling in any SW electives.

_____	_____	3	_____	_____
_____	_____	3	_____	_____
_____	_____	3	_____	_____

**Foreign Language Requirement** (6 semester hours)

Two consecutive classes in the same foreign language. FLAS 114 & 115 will not fulfill this requirement.

FLA	_____	_____	_____	_____
FLA	_____	_____	_____	_____

**Other Electives** (All college level courses appearing on your final transcript, **not listed above**, that will bring your total semester hours to 120 hours.) (23 semester hours)



**Social Work Electives**

SOWK 301	Child Welfare	3
SOWK 308	Medical Social Work	3
SOWK 344	School Social Work	3
SOWK 350	Legal Aspects of Social Work	3
SOWK 377	Spirituality and Social Work	3
SOWK 381	Gerontology and Social Work	3
SOWK 396	Topics	3
SOWK 491	Directed Readings	3

**Recommended "Other Elective" options:**

- STAT 200 Probability and Statistics
- or
- STAT 215 Statistics for Social and Behavioral Sciences
- CRMJ 201 Intro to Criminal Justice
- CRMJ 311 Victimology
- CRMJ 325 Juvenile Justice and Delinquency
- CRMJ 300 Domestic Violence
- PSYC 340 Abnormal Psychology
- PSYP 305 Suicide Intervention Training (ASIST)
- PSYC 335 Psychology of Women
- PSYC 330 Psychology of Adolescence and Emerging Adulthood
- PSYC 410 Drugs and Human Behavior
- SOCI 101 Intro to Lesbian, Gay, Bisexual, and Transgender Studies
- SOCO 264 Social Problems
- SOCO 316 Social Inequality
- SOCO 310 Sociology of Religion
- SOCO 320 Life Course Sociology
- SOCO 325 Racial and Ethnic Relations

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN SOCIAL WORK

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the fall or spring semesters. It is the student's responsibility to meet with their assigned advisor and check the two-year course matrix on the website for course availability.

### FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111      English Composition	3	ENGL 112      English Composition	3
Essential Learning      Humanities	3	Essential Learning      History	3
Essential Learning      Science	3	Essential Learning      Mathematics	3
SOWK 150      Introduction to Social Work	3	SOWK 210      SW for Diverse Populations	3
KINE 100      Health and Wellness	1	PSYC 150      General Psychology	3
Other Elective	<u>3</u>	KINA      Activities	<u>1</u>
	16		16

### SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
Essential Learning      Fine Arts	3	Essential Learning      Science with Lab	4
Foreign Language	3	Foreign Language	3
Essential Learning      Social/Behavioral Science	3	Essential Learning – Social/Behavioral Science	3
PSYC 233      Human Growth and Development	3	SOWK Elective	3
Other Elective	3	ESSL 290      Maverick Milestone	3
Other Elective	<u>2</u>	ESSL 200      Essential Speech (co-requisite)	<u>1</u>
	17		17

### JUNIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
SOWK 311      Ethical Issues in Social Work	3	SOWK 320      SW Practices in Mental Health	3
SOWK 365      SW Intervention Methods I	3	SOWK 375      SW Intervention Methods II	3
SOWK Elective	3	SOWK 387      SW Research Methods	3
SOWK Elective	3	Other Elective	3
Other Elective	<u>3</u>	Other Elective	<u>3</u>
	15		15

### SENIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
SOWK 385      SW Intervention Methods III	3	SOWK 460      Social Welfare Policy	3
SOWK 394      Social Work Practicum Seminar I	1	SOWK 494      Social Work Seminar II	1
SOWK 397      Social Work Practicum I	5	SOWK 497      Social Work Practicum II	5
Other Elective	<u>3</u>	Other Elective	<u>3</u>
	12		12

#### POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.** You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.

NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).