



2015-2016 PETITION/PROGRAM SHEET

Degree: Bachelor of Arts

Major: Sociology

About This Major . . .

Sociology is the scientific study of social life, social change, social organization, and the complex social causes and consequences of human behavior. Since all human behavior is social, the subject matter of sociology covers a broad array of topics, including family, religion, crime, politics, life course, race, gender, and social class. Sociology provides many distinctive perspectives on the social world, as well as a range of research methodologies that can be applied to virtually any aspect of social life, from corporate downsizing to problems of peace and war to the expression of emotion and beyond. Because sociology addresses the most challenging issues of our time, it is an expanding field increasingly tapped by those who craft policies and create social programs (www.asanet.org/public/what.html).

Sociology majors gain important skills in critical thinking, research methods and responsible citizenship. Sociology majors are prepared for future graduate work in sociology and related disciplines, as well as for a wide variety of careers in such sectors as business, the health professions, the criminal justice system, social services, human resources and government.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>.

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, specialized knowledge, and applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Articulate the reciprocal relationship between individuals and society (Specialized Knowledge);
2. Interpret published statistical findings on social problems or issues (Quantitative Fluency);
3. Frame and answer complex questions about social issues using theoretical perspectives and the scholarship from the field of sociology (Specialized Knowledge, Critical Thinking);
4. Write a fully developed and empirically supported research paper in standard American Sociological Association (ASA) format (Communication Fluency);
5. Describe ways in which theories and research from the discipline of sociology are applied in real-world organizational and clinical settings (Applied Learning).

NAME: \_\_\_\_\_ STUDENT ID #: \_\_\_\_\_

LOCAL ADDRESS AND PHONE NUMBER: \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor Date 20\_\_

\_\_\_\_\_  
Signature of Department Head Date 20\_\_

\_\_\_\_\_  
Signature of Registrar Date 20\_\_

**DEGREE REQUIREMENTS:**

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.50 cumulative GPA or higher in coursework toward the major content area No more than one "D" may be used in completing major requirements.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

**ESSENTIAL LEARNING REQUIREMENTS** (31 semester hours):  
See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term/Trms

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)  
ENGL 111 English Composition 3 \_\_\_\_\_  
ENGL 112 English Composition 3 \_\_\_\_\_

**Math MATH 110 or higher** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)  
MATH 1 \_\_\_\_\_

**Humanities** (3 semester hours)  
\_\_\_\_\_

**Social and Behavioral Sciences** (6 semester hours)  
\_\_\_\_\_  
\_\_\_\_\_

**Natural Sciences** (7 semester hours, one course must include a lab)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ L \_\_\_\_\_

**History** (3 semester hours)  
HIST \_\_\_\_\_

**Fine Arts** (3 semester hours)  
\_\_\_\_\_

Course No Title Sem.hrs Grade Term/Trms

**WELLNESS REQUIREMENT** (2 semester hours)  
KINE 100 Health and Wellness 1 \_\_\_\_\_  
KINA 1 \_\_\_\_\_ 1 \_\_\_\_\_

**ESSENTIAL LEARNING CAPSTONE** (4 semester hours)  
ESSL 290 Maverick Milestone (see English & math pre-reqs) 3 \_\_\_\_\_  
ESSL 200 Essential Speech (co-requisite) 1 \_\_\_\_\_

**FOUNDATION COURSE** (6 semester hours)  
GEOG 102 Human Geography 3 \_\_\_\_\_  
SOCO 264 Social Problems 3 \_\_\_\_\_

**SOCIOLOGY MAJOR REQUIREMENTS**  
(52 semester hours)  
A 2.5 GPA is required in the major courses. No more than one "D" may be used in completing major requirements.

**Sociology Core** (19 semester hours)  
SOCO 260 General Sociology 3 \_\_\_\_\_  
SOCO 202 Intro to Sociological Inquiry 3 \_\_\_\_\_  
STAT 215 Statistics for SBS 4 \_\_\_\_\_  
SOCO 303 Sociological Research Methods 3 \_\_\_\_\_  
SOCO 400 Classical Social Theory 3 \_\_\_\_\_  
SOCO 410 Contemporary Social Theory 3 \_\_\_\_\_

**Sociology Electives** (18 upper division semester hours) Select from Sociology Electives on pg 3.  
\_\_\_\_\_  
\_\_\_\_\_ 3 \_\_\_\_\_  
\_\_\_\_\_ 3 \_\_\_\_\_  
\_\_\_\_\_ 3 \_\_\_\_\_  
\_\_\_\_\_ 3 \_\_\_\_\_  
\_\_\_\_\_ 3 \_\_\_\_\_  
\_\_\_\_\_ 3 \_\_\_\_\_

**Restricted Electives** (9 upper division semester hours) Select from Restricted Electives list on pg 3.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Foreign Language Requirement** (6 semester hours)  
Two consecutive classes in the same foreign language. FLAS 114 & 115 will not fulfill this requirement.  
FLA \_\_\_\_\_  
FLA \_\_\_\_\_

**Electives** (All college level courses appearing on your final transcript, **not listed above**, that will bring your total semester hours to 120 hours.) (25 semester hours; 4 hours of upper division may be needed.)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SOCIOLOGY ELECTIVES:**

SOCO 300 Political Sociology (3)  
SOCO 305 Environmental Sociology (3)  
SOCO 310 Sociology of Religion (3)  
SOCO 312 Social Movements (3)  
SOCO 314 Population (3)  
SOCO 316 Social Inequality (3)  
SOCO 318 Sociology of Health and Illness (3)  
SOCO 320 Life Course Sociology (3)  
SOCO 325 Racial & Ethnic Relations (3)  
SOCO 331 Sociology of Aging (3)  
SOCO 340 Sex and Gender (3)  
SOCO 396 Topics (3)  
SOCO 496 Topics (3)  
or any other upper division Sociology elective approved by a  
Sociology Advisor.

**RESTRICTED ELECTIVES:**

CRMJ 311 Victimology (3)  
CRMJ 330 Domestic Violence  
CRMJ 360 Crime and Deviance  
CRMJ 370 Criminology (3)  
CRMJ 375 Women and Crime  
CRMJ 387 Crime and Inequality  
PHIL 340 The Examined Life  
PHIL 350 The Roots of Western Thought  
PSYC 310 Child Psychology  
PSYC 320 Social Psychology (3)  
PSYC 330 Psych of Adolescents and Emerging Adulthood  
PSYC 335 Psychology of Women (3)  
PSYC 350 Psychology of Adulthood  
PSYC 370 Cross-Cultural Psychology (3)  
PSYC 411 Human Sexuality  
SOWK 301 Child Welfare  
SOWK 308 Medical Social Work  
SOWK 344 Legal Aspects of Social Work  
SOWK 377 Spirituality and Social Work  
SOWK 381 Gerontology and Social Work  
or any upper division courses from History or Political Science.

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN SOCIOLOGY – SOCIOLOGY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

### FRESHMAN YEAR

Fall Semester		Hours	Spring Semester		Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
Essential Learning	Humanities	3	Essential Learning	History	3
Essential Learning	Social/Behavioral Science	3	Essential Learning	Mathematics	3
Essential Learning	Science	3	Essential Learning	Fine Arts	3
Elective		<u>3</u>	Elective		3
		15	KINE	Health and Wellness	<u>1</u>
					16

### SOPHOMORE YEAR

Fall Semester		Hours	Spring Semester		Hours
Essential Learning	Science with Lab	4	ESSL 200	Essential Speech	1
Foreign Language		3	Foreign Language		3
Essential Learning –	Social/Behavioral Science	3	ESSL	Maverick Milestone	3
SOCO 260	General Sociology	3	SOCO 264	Social Problems	3
GEOG 102	Human Geography	<u>3</u>	STAT 215	Statistics for SBS	<u>4</u>
		16			14

### JUNIOR YEAR\*

Fall Semester		Hours	Spring Semester		Hours
Elective		3	SOCO 303	Sociological Research Methods	3
Upper Division	SOCO Elective	3	Upper Division	SOCO Elective	3
Upper Division	Restricted Elective	3	Upper Division	SOCO Elective	3
SOCO 202	Introduction to Sociological Inquiry	3	Upper Division	Restricted Elective	3
Elective		<u>3</u>	Elective		3
		15	KINA	Activity Course	<u>1</u>
					16

### SENIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
SOCO 400	Classical Social Theory	3	SOCO 410	Contemporary Social Theory	3
Upper Division	SOCO Elective	3	Upper Division	SOCO Elective	3
Upper Division	SOCO Elective	3	Upper Division	Restricted Elective	3
Upper Division	Elective	3	Upper Division	Elective	3
Elective		<u>3</u>	Elective		<u>1</u>
		15			13

\*Many Upper division Sociology electives are offered on an alternate year schedule.

#### POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates**. You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December**.
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).