



**2015-2016 PETITION/PROGRAM SHEET**  
**Degree: Bachelor of Arts**  
**Major: History**

**About This Major . . .**

The study of history prepares the student for understanding present society and culture through a study of the past. The history program familiarizes students with the great historical civilizations and issues that have shaped our present world. History teaches students how to critically analyze information and make a compelling argument; skills that everyone needs to be successful in all their endeavors. Internships are available through museums, historical societies and public agencies. CMU history graduates pursue careers in teaching and public history, as well as private employment, and have also been very successful in gaining entrance to graduate study and law school.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates of this major will be able to:

1. Formulate the relationships of cause and effect (Specialized Knowledge/Applied Learning);
2. Assess the importance of historical context (Specialized Knowledge/Applied Learning);
3. Critically analyze an argument based on secondary sources (Critical Thinking);
4. Critically analyze primary sources (Critical Thinking);
5. Formulate a clear and persuasive argument based on evidence (Communication Fluency);
6. Construct a clear thesis with strong topic sentences (Communication Fluency).

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**NAME:** \_\_\_\_\_ **STUDENT ID #:** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

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I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I have read and understand the policies listed on the last page of this program sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Department Head \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Registrar \_\_\_\_\_ 20\_\_\_\_\_  
Date

**DEGREE REQUIREMENTS:**

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- Essential Learning Capstone should be completed between 45 and 75 hours.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

**ESSENTIAL LEARNING REQUIREMENTS** (31 semester hours):

See the current catalog for a list of courses that fulfill the requirements below. If a course is an Essential Learning option and a requirement for your major, you must use it to fulfill the major requirement and make a different selection for the Essential Learning requirement.

Course No Title Sem.hrs Grade Term/Trns

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

ENGL 111	English Composition	3	_____	_____
ENGL 112	English Composition	3	_____	_____

**Math MATH 110 or higher** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH 1	_____	_____	_____	_____
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**Humanities** (3 semester hours)

_____	_____	_____	_____	_____
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**Social and Behavioral Sciences** (6 semester hours)

_____	_____	_____	_____	_____
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**Natural Sciences** (7 semester hours, one course must include a lab)

_____	_____	_____	_____	_____
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**History** (3 semester hours)

HIST 131	_____	_____	_____	_____
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**Fine Arts** (3 semester hours)

_____	_____	_____	_____	_____
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Course No Title Sem.hrs Grade Term/Trns

**OTHER LOWER DIVISION REQUIREMENTS** (6 semester hours)

**WELLNESS REQUIREMENT** (2 semester hours)

KINE 100	Health and Wellness	1	_____	_____
KINA 1	_____	1	_____	_____

**ESSENTIAL LEARNING CAPSTONE** (4 semester hours)

ESSL 290	Maverick Milestone (see English & math pre-reqs)	3	_____	_____
ESSL 200	Essential Speech (co-requisite)	1	_____	_____

**FOUNDATION COURSES** (6 semester hours) Two **consecutive** classes in the **same** foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will **NOT** fulfill this requirement.

FLA	_____	_____	_____	_____
FLA	_____	_____	_____	_____

**HISTORY MAJOR REQUIREMENTS**

(51 semester hours)

**History Core** (18 semester hours) As part of the History core students are required to take HIST 101, 102, 132.

HIST 101	Western Civilizations	3	_____	_____
HIST 102	Western Civilizations	3	_____	_____
HIST 132	U.S. History	3	_____	_____
HIST 202	Intro to Historical Research	3	_____	_____
HIST 394	Junior Seminar in Historiography	3	_____	_____
HIST 404	Senior Seminar in Historical Research	3	_____	_____

**History Electives** (21 Upper Division Semester Hours)

**European History:** (6 semester hours) Choose two courses from the Electives list on pg 3.

HIST	_____	3	_____	_____
HIST	_____	3	_____	_____

**World History:** (3 semester hours) Choose one course from the Electives list on pg 3.

HIST	_____	3	_____	_____
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**U.S. History:** (6 semester hours) Choose two courses from the Electives list on pg 3.

HIST	_____	3	_____	_____
HIST	_____	3	_____	_____

**Topical History:** (6 semester hours) Choose two courses from the Electives list on pg 3.

HIST	_____	3	_____	_____
HIST	_____	3	_____	_____

**History Specialization** (12 semester hours) Choose four **additional** Upper Division History courses selected from European, U.S., World or Topical History:

HIST	_____	3	_____	_____
HIST	_____	3	_____	_____
HIST	_____	3	_____	_____
HIST	_____	3	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trns	Course No	Title	Sem.hrs	Grade	Term/Trns
<b>Electives</b> (All college level courses appearing on your final transcript, <b>not listed above</b> that will bring your total semester hours to 120 hours.) (29 semester hours; 4 hours of upper division will be needed.)					_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

**History Electives** (21 Upper Division Semester Hours)

Two courses in **European History**. Select from:

- HIST 300 History of England to 1660 (3)
- HIST 301 History of Modern Britain (3)
- HIST 302 History of Modern France (3)
- HIST 303 History of Modern Germany (3)
- HIST 330 History of 19<sup>th</sup> Century Europe (3)
- HIST 331 The 20<sup>th</sup> Century (3)
- HIST 350 Renaissance and Reformation (3)
- HIST 360 Medieval Europe (3)
- HIST 400 The Soviet Union and Eastern Europe (3)
- HIST 430 The Ancient Mediterranean World (3)
- HIST 445 The Holocaust (3)
- HIST 450 European History and Film (3)

One Course in **World History**. Select from:

- HIST 306 History of South and Southeast Asia (3)
- HIST 310 Latin American Civilization (3)
- HIST 333 The International History of the Cold War (3)
- HIST 334 History of the British Empire (3)
- HIST 340 History of the Middle East (3)
- HIST 403 East Asia and the Modern World (3)
- HIST 406 History of the African Continent (3)

Two Courses in **United States History**. Select from:

- HIST 305 The Old South (3)
- HIST 342 The Early American Republic (3)
- HIST 344 The Age of Industry in America (3)
- HIST 345 The History of Immigration, Race, and Ethnicity in America (3)
- HIST 346 The 1950's and 1960's (3)
- HIST 347 Global America: 1970-2000 (3)
- HIST 370 Early U.S. Women's History (3)
- HIST 371 20<sup>th</sup> Century U.S. Women's History (3)
- HIST 415 Colonial America (3)
- HIST 416 The American Revolution (3)
- HIST 420 Civil War (3)

Two courses in **Topical History**. Select from:

- HIST 315 American Indian History (3)
- HIST 316 American Slavery (3)
- HIST 320 The American West (3)
- HIST 332 History of Modern Warfare (3)
- HIST 355 Ancient and Medieval Cities (3)
- HIST 375 American Sports History (3)
- HIST 405 Introduction to Public History (3)
- HIST 410 Environmental History (3)
- HIST 425 The History of Sexuality (3)
- HIST 435 Classical Archaeology (3)
- HIST 440 Early & Medieval Christianity (3)

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN HISTORY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

### FRESHMAN YEAR

Fall Semester		Hours	Spring Semester		Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
Essential Learning	History	3	Essential Learning	Humanities	3
Essential Learning	Natural Science	3	Essential Learning	Mathematics	3
HIST 101	Western Civilizations	3	HIST 102	Western Civilizations	3
KINE 100	Health and Wellness	<u>1</u>	Elective		3
		13	KINA	Activity	<u>1</u>
					16

### SOPHOMORE YEAR

Fall Semester		Hours	Spring Semester		Hours
Essential Learning	Fine Arts	3	Essential Learning	Natural Science with Lab	4
Foundation Courses (Foreign Language)		3	Foundation Courses (Foreign Language)		3
Essential Learning	Social/Behavioral Science	3	Essential Learning	Social/Behavioral Science	3
HIST 131	United States History	3	HIST 132	United States History	3
Elective		<u>3</u>	ESSL 290	Maverick Milestone	3
		15	ESSL 200	Essential Speech	<u>1</u>
					17

### JUNIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
History Elective		3	History Elective		3
History Elective		3	History Elective		3
Elective		3	Elective		3
Elective		3	Upper Division Elective		3
HIST 202	Intro to Historical Research	<u>3</u>	HIST 394	Junior Seminar in Historiography	<u>3</u>
		15			15

### SENIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
HIST 404	Senior Seminar in Historical Research	3	History Elective		3
History Elective		3	History Elective		3
History Elective		3	History Elective		3
Upper Division Elective		3	Elective		3
Elective		<u>2</u>	History Elective		<u>3</u>
		14			15

#### POLICIES:

1. Please see the catalog for a complete list of graduation requirements.
2. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.** You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. Finally, the Department Head will submit the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
4. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
5. NOTE: During your senior year, you will be required to take a capstone exit assessment/project (e.g., Major Field Achievement Test).