



**2014-2015 PETITION/PROGRAM SHEET**  
**Degree: Bachelor of Social Work**  
**Major: Social Work**

**About This Major . . .**

Social Work is a profession dedicated to social and economic justice. Social workers focus primarily on the needs and empowerment of vulnerable, oppressed, at-risk populations, and those living in poverty. Social workers help people overcome some of life's most difficult challenges: poverty, discrimination, abuse, addiction, physical illness, divorce, educational problems, disability, and mental illness.

The practice of social work requires knowledge of human development and behavior; of social, economic, and cultural institutions, and of the interaction of all these factors as well as skills in developing relationships, assessing needs and services while facilitating change. Social workers seek to strengthen relationships among people to promote, restore, maintain, and enhance the well-being of individuals, families, social groups, organizations, and communities. (<http://www.socialworkers.org/>)

All CMU baccalaureate graduates are expected to demonstrate proficiency in critical thinking, communication fluency, quantitative fluency, and specialized knowledge/applied learning. In addition to these campus-wide student learning outcomes, graduates will be able to:

1. Describe key components of the social work mission, history, core values, code of ethics, and core competencies (Specialized knowledge).
2. Demonstrate basic research skills of ethical collection and analysis of data, evaluation of research studies, application of research findings to practice, and evaluation of one's own practice interventions (quantitative fluency).
3. Demonstrate effective oral and written communication through professional documentation and/or oral presentations (communication fluency).
4. Demonstrate critical thinking skills through data collection, exploration of complex social issues, and formulating informed conclusions (critical thinking).

**NAME:** \_\_\_\_\_ **STUDENT ID #** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Department Head \_\_\_\_\_ 20\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Registrar \_\_\_\_\_ 20\_\_\_\_\_  
Date

**Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.**

**Degree Requirements:**

- 120 semester hours total (Students must complete a minimum of 30 of the last 60 hours of credit at CMU, with at least 15 semester hours in major discipline courses numbered 300 or higher).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework.
- 2.50 cumulative GPA or higher in coursework toward the major content area. To graduate with a major in social work, a student must earn, with no more than two attempts, at least a grade of "C" in all social work major requirements.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

**GENERAL EDUCATION REQUIREMENTS** (31 semester hours)  
See the current catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course No	Title	Sem.hrs	Grade	Term/Trns
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**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

ENGL 111	English Composition	3	_____	_____
ENGL 112	English Composition	3	_____	_____

**Math: MATH 110 or higher** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH 1	_____	_____	_____	_____
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**Humanities** (3 semester hours)

_____	_____	_____	_____	_____
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**Social and Behavioral Sciences** (6 semester hours)

_____	_____	_____	_____	_____
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**Natural Sciences** (7 semester hours, one course must include a lab)

_____	_____	_____	_____	_____
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**History** (3 semester hours)

HIST	_____	_____	_____	_____
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**Fine Arts** (3 semester hours)

_____	_____	_____	_____	_____
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Course No	Title	Sem.hrs	Grade	Term/Trns
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**OTHER LOWER DIVISION REQUIREMENTS** (6 semester hours)

**Kinesiology** (3 semester hours)

KINE 100	Health and Wellness	1	_____	_____
KINA 1	_____	1	_____	_____
KINA 1	_____	1	_____	_____

**Applied Studies** (3 semester hours)

_____	_____	_____	_____	_____
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**FOUNDATION COURSES** (9 semester hours)

PSYC 150	General Psychology	3	_____	_____
PSYC 233	Human Growth and Development	3	_____	_____
SOCO 260	General Sociology	3	_____	_____

**SOCIAL WORK MAJOR REQUIREMENTS** (54 semester hours)

A 2.5 GPA is required in the major courses. To graduate with a major in social work, a student must earn, with no more than two attempts, at least a grade of "C" in all social work major requirements.

**Social Work Introductory Courses** (9 semester hours)

SOWK 150	Introduction to Social Work	3	_____	_____
SOWK 210	SW for Diverse Populations	3	_____	_____
SOWK 320	SW Practices in Mental Health	3	_____	_____

\*\*Student's majoring in social work must apply to get into the social work program PRIOR to taking any of the social work CORE courses. Application requirements include: completion of all general education requirements and the three foundation courses (maintaining a 2.0 GPA), completion of the three social work introductory courses (maintaining a 2.5 GPA), completion of 60+ credits (junior standing), and a formal application, essay and faculty evaluation. If accepted into the social work program, students will take the social work core courses in sequence as part of a cohort system their junior and senior years.

**Social Work Core Courses** (27 semester hours)

Junior Year:

SOWK 365	SW Intervention Methods I	3	_____	_____
SOWK 375	SW Intervention Methods II	3	_____	_____
SOWK 385	SW Intervention Methods III	3	_____	_____
SOWK 387	SW Research Methods	3	_____	_____

Senior Year:

SOWK 394	SW Practicum Seminar I	1	_____	_____
SOWK 397	SW Practicum I	5	_____	_____
SOWK 460	Social Welfare Policy	3	_____	_____
SOWK 494	SW Practicum Seminar II	1	_____	_____
SOWK 497	SW Practicum II	5	_____	_____

**Social Work Electives** (6 semester hours) Select from social work electives on page 3. Must complete prerequisite SOWK 150 before enrolling in any SW electives.

_____	_____	3	_____	_____
_____	_____	3	_____	_____



## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN SOCIAL WORK

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the fall or spring semesters. It is the student's responsibility to meet with their assigned advisor and check the two-year course matrix on the website for course availability.

### FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111      English Composition	3	ENGL 112      English Composition	3
General Education Humanities	3	General Education History	3
General Education Applied Studies	3	General Education Mathematics	3
General Education Science	3	SOWK 210      SW for Diverse Populations	3
SOWK 150      Introduction to Social Work	3	PSYC 150      General Psychology	3
KINE 100      Health and Wellness	<u>1</u>	KINA            Activities (2 courses)	<u>2</u>
	16		17

### SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
General Education Fine Arts	3	General Education Science with Lab	4
Foreign Language	3	Foreign Language	3
General Education – Social/Behavioral Science	3	General Education – Social/Behavioral Science	3
SOWK 320      SW Practices in Mental Health	3	SOCO 260      General Sociology	3
PSYC 233      Human Growth and Development	<u>3</u>	SOWK Elective	<u>3</u>
	15		16

### JUNIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
SOWK 365      SW Intervention Methods I	3	SOWK 375      SW Intervention Methods II	3
SOWK 387      SW Research Methods	3	SOWK 385      SW Intervention Methods III	3
Restricted Elective	3	Restricted Elective	3
SOWK Elective	3	Other Elective	<u>3</u>
Other Elective	<u>3</u>		12
	15		

### SENIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
SOWK 460      Social Welfare Policy	3	SOWK 494      Social Work Seminar II	1
SOWK 394      Social Work Practicum Seminar I	1	SOWK 497      Social Work Practicum II	5
SOWK 397      Social Work Practicum I	5	Other Elective	3
Other Elective	3	Other Elective	3
Other Elective	<u>3</u>	Other Elective	<u>2</u>
	15		14

#### POLICIES:

1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.**
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you may be required to take a Major Field Achievement Test (exit exam).