



**2012-2013 PETITION/PROGRAM SHEET**  
**Degree: Bachelor of Arts**  
**Major: Psychology**  
**Concentration: Counseling Psychology**

**About This Major . . .**

Students may pursue the Psychology B.A. degree or the Psychology B.A. degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct research in psychological science. Practica are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at provides a strong foundation for graduate study in psychology and related disciplines.

Many of CMU’s psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

For more information on what you can do with this major, go to <http://www.coloradomesa.edu/career/whatmajor.html>

**POLICIES:**

1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the catalog for a complete list of graduation requirements.
2. You must turn in your “Intent to Graduate” form to the Registrar’s Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.**
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar’s Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your “Intent to Graduate” does not automatically move to a later graduation date.
7. Students are required to participate in exit examinations or other programs deemed necessary to comply with the college accountability requirement.
8. NOTE: The semester before graduation, you will be required to take a Major Field Achievement Test (exit exam).

**NAME:** \_\_\_\_\_ **STUDENT ID #** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_  
 \_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
 Signature of Advisor \_\_\_\_\_ 20\_\_\_\_  
 Date

\_\_\_\_\_  
 Signature of Department Head \_\_\_\_\_ 20\_\_\_\_  
 Date

\_\_\_\_\_  
 Signature of Registrar \_\_\_\_\_ 20\_\_\_\_  
 Date

**Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.**

**Degree Requirements:**

- 120 semester hours total (A minimum of 28 taken at CMU in no fewer than two semesters).
- 40 upper division credits (A minimum of 15 taken at the 300-400 course levels within the major at CMU).
- 2.00 cumulative GPA or higher in all CMU coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- A student must follow the CMU graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- See the "Undergraduate Graduation Requirements" in the catalog for additional graduation information.

**GENERAL EDUCATION REQUIREMENTS** (31 semester hours)  
See the current catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course No	Title	Sem.hrs	Grade	Term/Trns
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**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)  
ENGL 111 English Composition 3 \_\_\_\_\_  
ENGL 112 English Composition 3 \_\_\_\_\_

**Math: MATH 110 or higher** (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)  
MATH 1 \_\_\_\_\_

**Humanities** (3 semester hours)  
\_\_\_\_\_

**Social and Behavioral Sciences** (6 semester hours)  
\_\_\_\_\_  
\_\_\_\_\_  
(ANTH 201 Cultural Anthropology Recommended)

**Fine Arts** (3 semester hours)  
\_\_\_\_\_

**Natural Sciences** (7 semester hours, one course must include a lab)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_L\_\_\_\_\_

**History** (3 semester hours)  
HIST \_\_\_\_\_

Course No	Title	Sem.hrs	Grade	Term/Trns
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**OTHER LOWER DIVISION REQUIREMENTS** (6 semester hours)

**Kinesiology** (3 semester hours)  
KINE 100 Health and Wellness 1 \_\_\_\_\_  
KINA 1 \_\_\_\_\_ 1 \_\_\_\_\_  
KINA 1 \_\_\_\_\_ 1 \_\_\_\_\_

**Applied Studies** (3 semester hours)  
\_\_\_\_\_  
\_\_\_\_\_

**PSYCHOLOGY – COUNSELING MAJOR REQUIREMENTS**  
(57 semester hours) Must pass all courses with a grade of "C" or higher. To continue in the program and eventually graduate as counseling psychology majors a student must earn, within no more than three attempts, at least a grade of "C" in the major requirements.

**FOUNDATION COURSES** (6 semester hours) Two **consecutive** classes in the **same** foreign language.  
FL \_\_\_\_\_  
FL \_\_\_\_\_

**Psychology Core (20 semester hours)**

PSYC 150	General Psychology	3	_____	_____
PSYC 201	Orientation to the Psychology Major	3	_____	_____
STAT 215	Statistics for the Social & Behavioral Sciences	4	_____	_____
PSYC 216	Research Methods in Psychology	3	_____	_____
PSYC 216L	Research Methods in Psychology Lab	1	_____	_____
PSYC 416	Memory & Cognition	3	_____	_____
PSYC 414	History of Psychology	3	_____	_____

**Counseling Concentration (31 semester hours)**

PSYC 320	Social Psychology	3	_____	_____
PSYC 340	Abnormal Psychology	3	_____	_____
PSYC 400	Psychological Testing	3	_____	_____
PSYC 420	Personality	3	_____	_____
PSYP 320	Career Development	3	_____	_____
PSYP 420	Counseling Processes & Tech.	3	_____	_____
PSYP 422	Psychological Interviewing	3	_____	_____
PSYP 424	Group Processes	3	_____	_____
PSYP 497	Practicum	4	_____	_____

Choose one: ANTH 310 Ethnographic Methods or ANTH 340

Ethnopsychology  
ANTH 310/340 \_\_\_\_\_ 3 \_\_\_\_\_

**ADDITIONAL ELECTIVES:** All college-level academic courses appearing on your final transcript that you have not used in any other category to bring your total semester hours to 120 hours. Recommended: At least one course from each of the following three areas plus optional Practicum II (26 semester hours)

PSYP 499	Practicum II	4	_____	_____
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**Developmental Area**  
PSYC 310 Child Psychology 3 \_\_\_\_\_  
PSYC 330 Psychology of Adolescence & Emerging Adulthood 3 \_\_\_\_\_  
PSYC 350 Psychology of Adulthood 3 \_\_\_\_\_

**Neuropsychological Area**  
PSYC 410 Drugs and Human Behavior 3 \_\_\_\_\_  
PSYC 422 Sensation and Perception 3 \_\_\_\_\_  
PSYC 430 Biopsychology \_\_\_\_\_

Course No	Title	Sem.hrs	Grade	Term/Trns
<b>Topical Area</b>				
PSYC 314	Psychology of Learning	3	_____	_____
PSYC 325	Environmental Psychology	3	_____	_____
PSYC 335	Psychology of Women	3	_____	_____
PSYC 380	Comparative Psychology	3	_____	_____
PSYC 396/496	Topics (1-3)	3	_____	_____
PSYC 401	Sport Psychology	3	_____	_____
PSYC 412	Industrial & Organizational Psychology	3	_____	_____
PSYC 425	Forensic Psychology	3	_____	_____
PSYP 410	Intro to Marriage & Family Therapy	3	_____	_____
SOCI 497	Structured Research (1-6)	3	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trns
<u>Electives</u> (All college level courses appearing on your final transcript, <b>not listed above</b> that will bring your total semester hours to 120 hours.)				
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**SUGGESTED COURSE SEQUENCING FOR A MAJOR IN  
PSYCHOLOGY – COUNSELING PSYCHOLOGY**

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the website for course availability.

**FRESHMAN YEAR**

<u>Fall Semester</u>	<u>Hours</u>	<u>Spring Semester</u>	<u>Hours</u>
ENGL 111      English Composition	3	ENGL 112      English Composition	3
General Education Humanities	3	General Education History	3
PSYC 150      General Psychology	3	General Education Mathematics	3
General Education Natural Science	3	General Education Fine Arts	3
KINE 100      Health and Wellness	<u>1</u>	KINA            Activity Course	<u>1</u>
	13		13

**SOPHOMORE YEAR**

<u>Fall Semester</u>	<u>Hours</u>	<u>Spring Semester</u>	<u>Hours</u>
PSYC 201      Orientation to the Psychology Major	3	General Education Natural Science with Lab	4
Foreign Language	3	Foreign Language	3
General Education – Social/Behavioral Science	3	General Education – Social/Behavioral Science	3
General Education Applied Studies	3	(Recommend ANTH 201)                      3	
STAT 215 Statistics for the Social & Behavioral Sciences	4	Elective	3
KINA            Activity Course	<u>1</u>	PSYC 216      Research Methods in Psychology	3
	17	PSYC 216L    Research Methods in Psychology Lab	<u>1</u>
			17

**JUNIOR YEAR**

<u>Fall Semester</u>	<u>Hours</u>	<u>Spring Semester</u>	<u>Hours</u>
PSYP 320      Career Development	3	PSYP 420      Counseling Processes	3
PSYC 320      Social Psychology	3	PSYC 416      Memory & Cognition	3
PSYC or PSYP elective	3	PSYC 414      History of Psychology	3
ANTH 310      Ethnographic Methods <u>or</u>		PSYC or PSYP Elective	3
ANTH 340 Ethnopsychology	3	Elective	<u>3</u>
PSYC 340      Abnormal Psychology	<u>3</u>		15
	15		

**SENIOR YEAR**

<u>Fall Semester</u>	<u>Hours</u>	<u>Spring Semester</u>	<u>Hours</u>
PSYP 424      Group Processes	3	PSYC 420      Personality	3
PSYC 400      Psychological Testing	3	PSYP 422      Psychological Interviewing	3
Elective	3	PSYP 497      Practicum	4
PSYC or PSYP Elective	3	Elective	2
Elective	<u>3</u>	PSYC or PSYP Elective	<u>3</u>
	15		15