



2009 - 2010 PETITION/PROGRAM SHEET

Degree: Bachelor of Arts

MAJOR: Kinesiology

Concentration: K-12 Teaching

www.mesastate.edu/academics/programs.html

About This Major . . .

Students will be prepared to teach elementary, middle, and high school physical education. The degree plan includes coursework covering human anatomy and physiology, team and individual sports, exercise science, and teaching methods classes. As a student, you will gradually accumulate over 200 hours of classroom experience before beginning student teaching. School districts throughout western Colorado provide opportunities to gain experience with children of all ages and backgrounds in a variety of school settings.

A minimum of 75 credit hours of general education and content area coursework must be completed with a minimum GPA of 2.80 before a candidate may apply for admission to the Center for Teacher Education secondary licensure program. Please see the Teacher Education Admission Packet for further information on admissions criteria. EDUC 211, *Foundations of Education*, must be taken before applying to the program.

POLICIES:

1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.**
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you may be required to take a Major Field Achievement Test (exit exam).

NAME: _____ STUDENT ID # _____

LOCAL ADDRESS AND PHONE NUMBER: _____

_____()_____

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor

Date

20____

Signature of Content Advisor

Date

20____

Signature of Department Head

Date

20____

Signature of Registrar

Date

20____

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.

Degree Requirements:

- A minimum of 120 semester hours and a minimum of 28 taken at MSC. Students seeking K-12 licensure must earn 120-124 semester hours
- 40 upper division credits (A minimum of 15 taken within the major at MSC)
- 2.80 cumulative GPA or higher in all MSC coursework
- 2.80 cumulative GPA or higher in coursework toward the major content area
- A cumulative grade point average of 2.8 or higher must be maintained for each of 3 areas: content courses, education courses and overall GPA.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- A student must follow the MSC graduation requirements either from 1) the program sheet for the major in effect at the time the student officially declares a major; or 2) a program sheet for the major approved for a year subsequent to the year during which the student officially declares the major and is approved for the student by the department head. Because a program may have requirements specific to the degree, the student should check with the faculty advisor for additional criteria. It is the student's responsibility to be aware of, and follow, all requirements for the degree being pursued. Any exceptions or substitutions must be approved by the student's faculty advisor and Department Head.
- See the "Undergraduate Graduation Requirements" in the Mesa State College catalog for additional graduation information.
- Students must PASS the PLACE exam in the content area prior to commencing the internship. Also, ALL other coursework toward the degree must be successfully completed prior to the internship.

GENERAL EDUCATION REQUIREMENTS (31 semester hours)

See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course	No	Title	Sem.hrs	Grade	Term
English (6 semester hours, must receive a grade of "B" or better and must be completed by the time the student has 60 semester hours.)					
ENGL 111		English Composition	3	_____	_____
ENGL 112		English Composition	3	_____	_____

Math: MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH 1 _____

Humanities (3 semester hours)

Social and Behavioral Sciences (6 semester hours)

PSYC 233 Human Growth & Development 3 _____
(must receive a grade of "B" or better)

Natural Sciences (7 semester hours, one course must include a lab)

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Course	No	Title	Sem.hrs	Grade	Term
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History (3 semester hours)

HIST _____

Fine Arts (3 semester hours)

OTHER LOWER DIVISION REQUIREMENTS (6 semester hours)

Kinesiology (3 semester hours)

KINE 100 Health and Wellness 1 _____

KINA 1 _____ 1 _____

KINA 1 _____ 1 _____

Applied Studies (3 semester hours)

*SPCH 102 Speechmaking 3 _____

*Must earn a "B" or higher

DEGREE DISTINCTION REQUIREMENTS (6 semester hours)

Two **consecutive** classes in the **same** foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will **NOT** fulfill this requirement.

FLA _____ 3 _____

FLA _____ 3 _____

KINESIOLOGY – LEADING TO K-12 LICENSURE MAJOR

REQUIREMENTS (59-64 semester hours) For students taking classes prior to Summer 2006, KINE classes were taught under the HPWA prefix.

Required Core Courses (22-25 semester hours)

BIOL 209 Human Anatomy and Physiology 3 _____

BIOL 209L Human Anatomy and Physiology Lab 1 _____

KINE 200 Hist. & Philosophy of Sport & Physical Education 3 _____

KINE 213 Applications of Physical Fitness & Exercise Prescription 3 _____

KINE 303 Exercise Physiology 3 _____

KINE 303L Exercise Physiology Lab 1 _____

KINE 309 Anatomical Kinesiology 3 _____

KINE 309L Anatomical Kinesiology Lab 1 _____

KINE 401 Org./Ad./Legal Considerations of PE and Sports 3 _____

KINE 494 Senior Seminar (Capstone) 1 _____

Student must have current First Aid/CPR or take one of the following:

Current CPR Card? Yes / No (If yes, provide a copy of the card.)

Or take one of the following: KINE 265 or KINE 250

KINE _____ 3 _____

Required Concentration Courses (37-39 Semester Hours)

KINE 211 Methods of Lifetime, Individual & Dual Activities 3 _____

KINE 214 Methods of Team Activities 3 _____

KINE 220 Methods of Dance and Gymnastics 3 _____

KINE 234 Prevention & Care of Athletic Injuries 3 _____

KINE 256 Creative Play and Literacy 3 _____

KINE 260 School and Personal Health 3 _____

Course No	Title	Sem.hrs	Grade	Term	Course No	Title	Sem Hrs	Grade	Term
KINE 301	Tests and Measurements in Sport & Physical Education	3	_____	_____	KINE 408	Methods of Teaching Secondary PE	3	_____	_____
KINE 320	Methods of Teaching Elementary PE	3	_____	_____	KINE 497	Pre-Internship in Physical Education	3	_____	_____
KINE 360	Motor Learning	3	_____	_____	One course selected from KINE 101 or KINE 102 or KINE 251				
KINE 480	Inclusive Physical Activity	3	_____	_____	KINE 101	Beginning Swimming	1	_____	_____
					KINE 102	Intermediate Swimming	1	_____	_____
					KINE 251	Water Safety Instructor Course	3	_____	_____

K-12 Licensure Requirements (20 Semester Hours)

*Prerequisites: ENGL 111 & 112 (or ENGL 129), SPCH 102, PSYC 233, EDUC 211 (All with grade of "B" or higher) and MATH 110 or higher (with grade of "C" or higher) and formal acceptance to the Teacher Education Program

Course No	Title	Sem.hrs	Grade	Term	
EDUC 211	Foundations of Education	2	_____	_____	20 Field Experience Hours
EDUC 342*	Pedagogy & Assessment: Secondary/K-12	3	_____	_____	20 Field Experience Hours
EDUC 343*	Teaching to Diversity	3	_____	_____	20 Field Experience Hours
EDUC 499D*	Teaching Internship/Colloq.: Elementary	6	_____	_____	300 Field Experience Hours
EDUC 499H*	Teaching Internship/Colloq.: Secondary	6	_____	_____	300 Field Experience Hours

****All EDUC prefix courses listed above must be completed with a grade of B or better to progress through the program sequence.**

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN KINESIOLOGY – LEADING TO K-12 TEACHER LICENSURE

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Mesa State website for course availability.

FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111 English Composition	3	ENGL 112 English Composition	3
KINE 100 Health and Wellness	1	KINE 213 Appl. Phys. Fit & Exercise Prescription	3
KINE 200 Hist./Phil. Human Performance	3	BIOL 209 Human Anatomy and Physiology	3
General Education History	3	BIOL 209L Human Anatomy and Physiology Lab	1
General Education Natural Science with Lab	4	Math 1XX Math Requirement	3
General Education Fine Arts	<u>3</u>	SPCH 102 Speechmaking	<u>3</u>
	17		16

SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
KINE 211 Methods of Lifetime, SIndividual & Dual Activities	3	KINE 260 School and Personal Health	3
Degree Distinction (Foreign Language)	3	Degree Distinction (Foreign Language)	3
General Education Humanities	3	General Education Humanities	3
General Education Natural Science	3	General Education Social/Behavioral Science	3
PSYC 233 Human Growth and Development	3	KINE 220 Methods of Dance & Gymnastics	<u>3</u>
KINE 234 Prevention/Care of Athletic Injuries	3	KINE 265 First Aid and CPR for the Prof Rescuer	(3)
KINA Activity	<u>1</u>		15-18
	16		

JUNIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
KINE 214 Methods of Team Activities	3	KINE 256 Creative Play/Literacy	3
KINE 309 Anatomical Kinesiology	3	KINE 401 Org/Admin/Legal Consid. In P.E.	3
KINE309L Anatomical Kinesiology Lab	1	EDUC 343 Teaching to Diversity	3
KINE 320 Elementary School P.E.	3	EDUC 342 Ped. and Assess.: Secondary and K-12	3
*EDUC 211 Foundations of Education	2	KINA Activity	1
KINE 301 Test and Measurements	<u>3</u>	KINE 251 Water Safety Instructor	3
	15	or KINA 101 Beginning Swimming	1
		or KINA 102 Intermediate Swimming	<u>1</u>
			14-16

*Must be taken prior to acceptance into the Center for Teacher Education. Offered in summer, fall and spring semesters.

SENIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
KINE 303 Exercise Physiology AND	3	EDUC 499D Teaching Internship/Colloq.:Elementary	6
KINE 303L Exercise Physiology Lab	1	EDUC 499H Teaching Internship/Colloq.:Secondary	<u>6</u>
KINE 360 Motor Learning	3		12
KINE 480 Inclusive Physical Activity	3		
KINE 408 Methods Teaching Secondary	3		
KINE 494 Senior Seminar	1		
KINE 497 Pre-Internship	<u>3</u>		
	17		