



2008 – 09 PETITION/PROGRAM SHEET

Degree: Bachelor of Science

Major: Athletic Training

www.mesastate.edu/schools/sbps/hpw/athletictraininghome.htm

About This Major . . .

The Mesa State College Athletic Training Education Program (ATEP) is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Students who successfully complete this program will earn a B.S. in Athletic Training and be eligible to sit for the Board of Certification examination leading to national certification as an Athletic Trainer. The ATEP has a competitive entrance standard with application deadlines of December 1st and May 1st of each year. In addition to the traditional professional, college, and high school athletic teams, athletic trainers also work in orthopedic medical clinics and physical therapy clinics. The major is designed for students interested in these areas as well as preparation for graduate or professional schools.

POLICIES:

1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.**
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you will be required to take a Major Field Achievement Test (exit exam).

NAME: _____ STUDENT ID # _____

LOCAL ADDRESS AND PHONE NUMBER: _____

_____, () _____

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor

Date

Signature of Department Head

Date

Signature of Registrar

Date

Degree Requirements:

- Must earn 120 semester hours total and meet the academic residency requirements to earn a baccalaureate degree at Mesa State College.
- 40 upper division credits (i.e., 300-level and 400-level courses).
- 2.00 cumulative GPA or higher in all MSC coursework
- A 2.5 GPA is required in the major courses. A "C" or higher is required in all major courses.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head. Courses related to teacher licensure must also be approved by the Teacher Education Dept.
- When filling out the program sheet a course can be used only once.
- See the "Undergraduate Graduation Requirements" in the Mesa State College catalog for additional graduation information.

GENERAL EDUCATION REQUIREMENTS (31 semester hours)

See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

| Course | No | Title | Sem.hrs | Grade | Term/Trns |
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|--------|----|-------|---------|-------|-----------|

English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

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|----------|---------------------|---|--|--|--|
| ENGL 111 | English Composition | 3 | | | |
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|----------|---------------------|---|--|--|--|
| ENGL 112 | English Composition | 3 | | | |
|----------|---------------------|---|--|--|--|

(ENGL 129, Honors English, may be substituted for ENGL 111 & ENGL 112. Additional electives will be needed to meet the 120 total semester hours.)

Math: MATH 113 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

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|----------|-----------------|----|--|--|--|
| MATH 113 | College Algebra | 4* | | | |
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*3 credits apply to the General Ed requirements and 1 credit applies to elective credit

Humanities (3 semester hours)**Social and Behavioral Sciences** (6 semester hours)**Natural Sciences** (7 semester hours, one course must include a lab)**History** (3 semester hours)

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|------|--|--|--|--|--|
| HIST | | | | | |
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Fine Arts (3 semester hours)

| Course | No | Title | Sem.hrs | Grade | Term/Trns |
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OTHER LOWER DIVISION REQUIREMENTS (6 semester hours)**Kinesiology** (3 semester hours)

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|----------|---------------------|---|--|--|--|
| KINE 100 | Health and Wellness | 1 | | | |
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| KINA 1 | | 1 | | | |
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| KINA 1 | | 1 | | | |
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Applied Studies (3 semester hours)**BACHELOR OF SCIENCE DEGREE DISTINCTION**

REQUIREMENTS (6 semester hours) Must receive a grade of "C" or better.

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| Any MATH course higher than 113, or any CSCI or STAT course |
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| Humanities or Social/Behavioral Sciences: (3 semester hours) |
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ATHLETIC TRAINING MAJOR REQUIREMENTS

(60 semester hours)

Required Courses (52 semester hours)

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|----------|-------------------------------|---|--|--|--|
| KINE 200 | History & Philosophy of Sport | 3 | | | |
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|--|----------------------|---|--|--|--|
| | & Physical Education | 3 | | | |
|--|----------------------|---|--|--|--|

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| KINE 213 | Applications of Physical Fitness | 3 | | | |
|----------|----------------------------------|---|--|--|--|

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|--|----------------------|---|--|--|--|
| | & Physical Education | 3 | | | |
|--|----------------------|---|--|--|--|

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| KINE 234 | Prevention & Care of Athletic | 3 | | | |
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| | Injuries | 3 | | | |
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| KINE 240 | Introduction to Clinical Athletic | 2 | | | |
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| | Training | 2 | | | |
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| KINE 303 | Exercise Physiology | 3 | | | |
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| KINE 303L | Exercise Physiology Lab | 1 | | | |
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| KINE 309 | Anatomical Kinesiology | 3 | | | |
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| KINE 309L | Anatomical Kinesiology Lab | 1 | | | |
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| KINE 365 | First Responder | 3 | | | |
|----------|-----------------|---|--|--|--|

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| KINE 367 | Field Experiences in Athletic | 2 | | | |
|----------|-------------------------------|---|--|--|--|

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| | Training I | 2 | | | |
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| KINE 368 | Clinical Experiences in Athletic | 2 | | | |
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|--|------------|---|--|--|--|
| | Training I | 2 | | | |
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| KINE 373 | Upper Body Injury Assessment | 3 | | | |
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| KINE 374 | Lower Body Injury Assessment | 3 | | | |
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| KINE 378 | Clinical Experiences in Athletic | 2 | | | |
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|--|-------------|---|--|--|--|
| | Training II | 2 | | | |
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| KINE 401 | Org. Ad./Legal Considerations | 3 | | | |
|----------|-------------------------------|---|--|--|--|

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| | in PE and Sport | 3 | | | |
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| KINE 410 | Rehabilitative Exercises | 3 | | | |
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| KINE 420 | Therapeutic Modalities | 3 | | | |
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| KINE 430 | Medical Conditions and | 3 | | | |
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| | Pharmacology in Sports | 3 | | | |
|--|------------------------|---|--|--|--|

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| KINE 467 | Field Experiences in Athletic | 2 | | | |
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| | Training II | 2 | | | |
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| KINE 468 | Clinical Experiences in Athletic | 2 | | | |
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| | Training III | 2 | | | |
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| KINE 478 | Clinical Experiences in Athletic | 2 | | | |
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| | Training IV | 2 | | | |
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Course No Title Sem.hrs Grade Term/Trns

Required Related Study Area (8 semester hours): (Should be completed by the end of the sophomore year.)

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|-----------|-------------------------------------|---|-------|-------|
| BIOL 209 | Human Anat & Physiology I | 3 | _____ | _____ |
| BIOL 209L | Human Anatomy & Physiology I Lab | 1 | _____ | _____ |
| BIOL 210 | Human Anat & Physiology II | 3 | _____ | _____ |
| BIOL 210L | Human Anatomy and Physiology II Lab | 1 | _____ | _____ |

Course No Title Sem.hrs Grade Term/Trns

Electives (All college level courses appearing on your final transcript, **not listed above** that will bring your total semester hours to 120 hours. (17 semester hours; additional upper division hours may be needed.)

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|-----------|-----------------|-------|-------|-------|
| *MATH 113 | College Algebra | 1 | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
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SUGGESTED COURSE SEQUENCING FOR A MAJOR IN ATHLETIC TRAINING

This is a recommended sequence of course work. Certain courses may have prerequisites or are offered only during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Mesa State website for course availability.

FRESHMAN YEAR

| Fall Semester | | Hours | Spring Semester | | Hours |
|-------------------|---------------------------------|-------|-------------------|---------------------------------------|-------|
| ENGL 111 | English Composition | 3 | ENGL 112 | English Composition | 3 |
| KINE 100 | Health and Wellness | 1 | KINE 213 | Appl. Of Phys. Fitness and Ex. Presc. | 3 |
| KINE 200 | History and Phil. of Sport & PE | 3 | MATH 113 | College Algebra | 4 |
| General Education | Soc./Behavioral Science | 3 | General Education | Humanities | 3 |
| General Education | Fine Arts | 3 | General Education | Applied Studies | 3 |
| General Education | History | 3 | | | 16 |
| | | 16 | | | |

SOPHOMORE YEAR

| Fall Semester | | Hours | Spring Semester | | Hours |
|--------------------|---|-------|-------------------|--|-------|
| KINE 234 | Prevention and Care of Athletic Injuries | 3 | KINE 240 | Introduction to Clinical Ath. Training | 2 |
| General Education | Soc/Beh Science (PSYC 150) | 3 | KINE 365 | First Responder | 3 |
| BIOL 209 | Human Anatomy and Physiology I AND | 3 | BIOL 210 | Human Anatomy and Physiology II AND | 3 |
| BIOL 209L | Human Anatomy and Physiology I Lab | 1 | BIOL 210L | Human Anatomy and Physiology II Lab | 1 |
| Degree Distinction | (MATH, STAT, or CSCI) | 3 | General Education | Soc/Beh Science or Humanities | 3 |
| KINA | Activity | 1 | Electives | | 3 |
| | | 14 | | | 15 |

JUNIOR YEAR

| Fall Semester | | Hours | Spring Semester | | Hours |
|---------------|-----------------------------------|-------|-------------------|-------------------------------------|-------|
| KINE 367 | Field Exp. in Athletic Training I | 2 | KINE 373 | Upper Body Assessment | 3 |
| KINE 374 | Lower Body Injury Assessment | 3 | KINE 378 | Clinical Experiences II | 2 |
| KINE 309 | Anatomical Kinesiology AND | 3 | KINE 410 | Rehabilitative Exercises | 3 |
| KINE 309L | Anatomical Kinesiology Lab | 1 | KINE 401 | Org./Admin./Legal Consid. In P.E. | 3 |
| KINE 368 | Clinical Experiences I | 2 | OR | | |
| KINE 420 | Therapeutic Modalities | 3 | KINE 430 | Med. Cond. & Pharmacology in Sports | 3 |
| Electives | | 3 | General Education | Nat. Sci. with Lab | 3-5 |
| | | 17 | | | 14-16 |

SENIOR YEAR

| Fall Semester | | Hours | Spring Semester | | Hours |
|-------------------|------------------------------------|-------|-----------------|-------------------------------------|-------|
| KINE 467 | Field Exp. in Athletic Training II | 2 | KINE 401 | Org./Admin./Legal Consid. In P.E. | 3 |
| KINE 468 | Clinical Experiences III | 2 | OR | | |
| KINE 303 | Exercise Physiology | 3 | KINE 430 | Med. Cond. & Pharmacology in Sports | 3 |
| KINE 303L | Exercise Physiology Lab | 1 | KINE 478 | Clinical Experiences IV | 2 |
| General Education | Nat. Sci. | 3 | Electives | | 8 |
| KINA | Activity | 1 | | | 13 |
| Electives | | 3 | | | |
| | | 15 | | | |