



## 2008 – 09 PETITION/PROGRAM SHEET

**Degree: Bachelor of Arts**

**Major: Psychology**

**Concentration: Counseling Psychology**

**[www.mesastate.edu/schools/shss/sbs/psy/psy.htm](http://www.mesastate.edu/schools/shss/sbs/psy/psy.htm)**

### About This Major . . .

Students may pursue the Psychology B.A. degree or the Psychology B.A. degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct research in classical and operant conditioning or memory and cognition. Internships are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at Mesa State provides a strong foundation for graduate study in psychology and related disciplines.

Many of MSC's psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

### POLICIES:

1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.**
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. Students are required to participate in exit examinations or other programs deemed necessary to comply with the college accountability requirement.
8. NOTE: The semester before graduation, you will be required to take a Major Field Achievement Test (exit exam).

**NAME:** \_\_\_\_\_ **STUDENT ID #** \_\_\_\_\_

**LOCAL ADDRESS AND PHONE NUMBER:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

\_\_\_\_\_  
Signature of Advisor Date \_\_\_\_\_ 20\_\_\_\_

\_\_\_\_\_  
Signature of Department Head Date \_\_\_\_\_ 20\_\_\_\_

\_\_\_\_\_  
Signature of Registrar Date \_\_\_\_\_ 20\_\_\_\_

**Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.**

**Degree Requirements:**

- 120 semester hours total (A minimum of 28 taken at MSC)
- 40 upper division credits (A minimum of 15 taken within the major at MSC)
- 2.00 cumulative GPA or higher in all MSC coursework
- 2.00 cumulative GPA or higher in coursework toward the major content area
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head.
- See the "Undergraduate Graduation Requirements" in the Mesa State College catalog for additional graduation information.

**GENERAL EDUCATION REQUIREMENTS** (31 semester hours)

See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

| Course | No | Title | Sem.hrs | Grade | Term/Trns |
|--------|----|-------|---------|-------|-----------|
|--------|----|-------|---------|-------|-----------|

**English** (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.)

|   |                     |   |  |  |  |
|---|---------------------|---|--|--|--|
| ENGL 111  | English Composition | 3 |  |  |  |
| ENGL 112  | English Composition | 3 |  |  |  |
| (ENGL 129, Honors English, may be substituted for ENGL 111 & ENGL 112.) |                     |   |  |  |  |

**Math:** MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

|        |  |  |  |  |  |
|--------|--|--|--|--|--|
| MATH 1 |  |  |  |  |  |
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**Humanities** (3 semester hours)

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**Social and Behavioral Sciences** (6 semester hours)

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(ANTH 201 Cultural Anthropology Recommended)

**Fine Arts** (3 semester hours)

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**Natural Sciences** (7 semester hours, one course must include a lab)

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**History** (3 semester hours)

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|------|--|--|--|--|--|
| HIST |  |  |  |  |  |
|------|--|--|--|--|--|

| Course | No | Title | Sem.hrs | Grade | Term/Trns |
|--------|----|-------|---------|-------|-----------|
|--------|----|-------|---------|-------|-----------|

**OTHER LOWER DIVISION REQUIREMENTS** (6 semester hours)

**Kinesiology** (3 semester hours)

|          |                     |   |  |  |  |
|----------|---------------------|---|--|--|--|
| KINE 100 | Health and Wellness | 1 |  |  |  |
| KINA 1   |                     | 1 |  |  |  |
| KINA 1   |                     | 1 |  |  |  |

**Applied Studies** (3 semester hours)

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**DEGREE DISTINCTION REQUIREMENTS** (6 semester hours)

Two **consecutive** classes in the **same** foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will **NOT** fulfill this requirement.

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|-----|--|--|--|--|--|
| FLA |  |  |  |  |  |
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| FLA |  |  |  |  |  |
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**PSYCHOLOGY – COUNSELING MAJOR REQUIREMENTS**

(47 semester hours) Must pass all courses with a grade of "C" or higher. To continue in the program and eventually graduate as counseling psychology majors a student must earn, within no more than three attempts, at least a grade of "C" in the major requirements.

**Psychology Core**

|          |                              |   |  |  |  |
|----------|------------------------------|---|--|--|--|
| PSYC 150 | General Psychology           | 3 |  |  |  |
| PSYC 320 | Social Psychology            | 3 |  |  |  |
| PSYC 414 | Systems & Theories of Psych. | 3 |  |  |  |
| SOCI 310 | Methods of Social Research   | 3 |  |  |  |
| STAT 200 | Probability and Statistics   | 3 |  |  |  |

Choose One: PSYC 312/312L Experimental Psychology with Lab **OR**

PSYC 314/314L Psychology of Learning with Lab

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| PSYC 312/314 |  | 3 |  |  |  |
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|----------------|-------|--|--|--|--|
| PSYC 312L/314L | Lab 1 |  |  |  |  |
|----------------|-------|--|--|--|--|

**Counseling Concentration**

|          |                              |   |  |  |  |
|----------|------------------------------|---|--|--|--|
| PSYC 340 | Abnormal Psychology          | 3 |  |  |  |
| PSYC 400 | Psychological Testing        | 3 |  |  |  |
| PSYC 420 | Personality                  | 3 |  |  |  |
| PSYP 320 | Career Development           | 3 |  |  |  |
| PSYP 420 | Counseling Processes & Tech. | 3 |  |  |  |
| PSYP 422 | Psychological Interviewing   | 3 |  |  |  |
| PSYP 424 | Group Processes              | 3 |  |  |  |
| PSYP 497 | Practicum                    | 4 |  |  |  |

Choose one: ANTH 310 Ethnographic Methods or ANTH 340

Ethnopsychology

|              |  |   |  |  |  |
|--------------|--|---|--|--|--|
| ANTH 310/340 |  | 3 |  |  |  |
|--------------|--|---|--|--|--|

**ADDITIONAL ELECTIVES:** All college-level academic courses appearing on your final transcript that you have not used in any other category to bring your total semester hours to 120 hours.

(31 semester hours; additional upper division hours may be needed.)

Recommended: Optional Internship plus 12 upper division Psychology electives

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|----------|--------------|---|--|--|--|
| PSYP 499 | Practicum II | 4 |  |  |  |
| PSY      |              |   |  |  |  |
| PSY      |              |   |  |  |  |
| PSY      |              |   |  |  |  |
| PSY      |              |   |  |  |  |

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN PSYCHOLOGY – COUNSELING PSYCHOLOGY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Mesa State website for course availability.

### FRESHMAN YEAR

| <b>Fall Semester</b>              | <b>Hours</b> | <b>Spring Semester</b>            | <b>Hours</b> |
|-----------------------------------|--------------|-----------------------------------|--------------|
| ENGL 111      English Composition | 3            | ENGL 112      English Composition | 3            |
| General Education Humanities      | 3            | General Education History         | 3            |
| General Education Applied Studies | 3            | General Education Mathematics     | 3            |
| General Education Science         | 3            | PSYC 150      General Psychology  | 3            |
| KINE 100      Health and Wellness | <u>1</u>     | KINA            Activity Course   | <u>1</u>     |
|                                   | 13           |                                   | 13           |

### SOPHOMORE YEAR

| <b>Fall Semester</b>                          | <b>Hours</b> | <b>Spring Semester</b>                        | <b>Hours</b> |
|---|--------------|---|--------------|
| General Education Fine Arts                   | 3            | General Education Science with Lab            | 4            |
| Degree Distinction (Foreign Language)         | 3            | Degree Distinction (Foreign Language)         | 3            |
| General Education – Social/Behavioral Science | 3            | General Education – Social/Behavioral Science | 3            |
| Elective                                      | 3            | (Recommend ANTH 201)                          |              |
| STAT 200      Probability and Statistics      | 3            | Elective                                      | 3            |
| KINA            Activity Course               | <u>1</u>     | SOCI 310      Research Methods                | <u>3</u>     |
|   | 16           |   | 16           |

### JUNIOR YEAR

| <b>Fall Semester</b>                                   | <b>Hours</b> | <b>Spring Semester</b>                                  | <b>Hours</b> |
|--|--------------|---|--------------|
| PSYP 320      Career Development                       | 3            | PSYC 420      Personality                               | 3            |
| PSYC 320      Social Psychology                        | 3            | PSYP 420      Counseling Techniques                     | 3            |
| PSYC 314/314L Psychology of Learning and Lab <b>or</b> |              | PSYC 312/312L Experimental Psychology and Lab <b>or</b> |              |
| PSYC elective  | 3/4          | PSYC Elective   | 3/4          |
| ANTH 310      Ethnographic Methods <b>or</b>           | 3            | PSYC Elective   | 3            |
| ANTH 340      Ethnopsychology                          |              | Elective  | <u>3</u>     |
| PSYC 340      Abnormal Psychology                      | <u>3</u>     |   | 15           |
|  | 16           |   |              |

### SENIOR YEAR

| <b>Fall Semester</b>                | <b>Hours</b> | <b>Spring Semester</b>                   | <b>Hours</b> |
|-------------------------------------|--------------|--|--------------|
| PSYP 424      Group Processes       | 3            | PSYP 422      Psychological Interviewing | 3            |
| Elective                            | 3            | PSYC 414      Systems and Theories       | 3            |
| Elective                            | 3            | PSYP 497      Practicum                  | 4            |
| PSYC or PSYP Elective               | 3            | Elective                                 | 3            |
| PSYC 400      Psychological Testing | <u>3</u>     | PSYC or PSYP Elective                    | <u>3</u>     |
|                                     | 15           |  | 16           |