



2008 – 09 PETITION/PROGRAM SHEET

Degree: Bachelor of Arts

MAJOR: Kinesiology

Concentration: K-12 Teaching

www.mesastate.edu/schools/sbps/hpw/k12.htm

About This Major . . .

Students will become prepared to teach elementary, middle/junior high school, and high school physical education. Students enrolled in this degree program must also be enrolled in the teacher licensure program at Mesa State College. The Center for Teacher Education offers an innovative, holistic program of study that leads to K-12 licensure in Colorado.

At Mesa State, we pride ourselves on the personal touch. Our professors are experienced, knowledgeable, accessible, and intensely dedicated to the improvement of public education. Faculty offer one-on-one guidance for course selection, field placements, student teaching, and employment.

As a student, you will gradually accumulate over 200 hours of classroom experience before beginning student teaching. The well-regarded Mesa County School District provides opportunities to gain experience with children of all ages and backgrounds in a variety of school settings. A minimum of 75 credit hours of general education and content area coursework must be completed with a minimum GPA of 2.80 before a candidate may apply for admission to the Center for Teacher Education licensure program. You must be formally accepted into the Teacher Education Program before taking education courses. Please see the Teacher Education Admission Packet for further information on admissions criteria.

POLICIES:

1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office **by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.**
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the **semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.**
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you may be required to take a Major Field Achievement Test (exit exam).

NAME: _____ STUDENT ID # _____

LOCAL ADDRESS AND PHONE NUMBER: _____

_____, () _____

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor

Date

Signature of Content Advisor

Date

Signature of Department Head

Date

Signature of Registrar

Date

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.

Degree Requirements:

- 120 semester hours total (A minimum of 28 taken at MSC)
- Students seeking K-12 licensure must earn 124 semester hours
- 40 upper division credits (A minimum of 15 taken within the major at MSC)
- 2.80 cumulative GPA or higher in all MSC coursework
- 2.80 cumulative GPA or higher in coursework toward the major content area
- A cumulative grade point average of 2.8 or higher must be maintained for each of 3 areas: content courses, education courses and overall GPA.
- Pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- When filling out the program sheet a course can be used only once.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head.
- See the "Undergraduate Graduation Requirements" in the Mesa State College catalog for additional graduation information.
- Students must PASS the PLACE exam in the content area prior to commencing the internship. Also, ALL other coursework toward the degree must be successfully completed prior to the internship.

GENERAL EDUCATION REQUIREMENTS (31 semester hours)

See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course	No	Title	Sem.hrs	Grade	Term
English (6 semester hours, must receive a grade of "B" or better and must be completed by the time the student has 60 semester hours.)					
ENGL 111		English Composition	3	_____	_____
ENGL 112		English Composition	3	_____	_____
(ENGL 129, Honors English, may be substituted for ENGL 111 & ENGL 112.)					

Math: MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH 1 _____

Humanities (3 semester hours)

Social and Behavioral Sciences (6 semester hours)

PSYC 233 Human Growth & Development 3 _____
(must receive a grade of "B" or better)

Natural Sciences (7 semester hours, one course must include a lab)

_____ L _____

History (3 semester hours)

HIST _____

Fine Arts (3 semester hours)

Course No Title Sem.hrs Grade Term

OTHER LOWER DIVISION REQUIREMENTS (6 semester hours)

Kinesiology (3 semester hours)

KINE 100	Health and Wellness	1	_____	_____
KINA 1 _____		1	_____	_____
KINA 1 _____		1	_____	_____

Applied Studies (3 semester hours)

*SPCH 102 Speechmaking 3 _____

*Must earn a "B" or higher

DEGREE DISTINCTION REQUIREMENTS (6 semester hours)

Two **consecutive** classes in the **same** foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will **NOT** fulfill this requirement.

FLA _____		3	_____	_____
FLA _____		3	_____	_____

KINESIOLOGY – LEADING TO K-12 LICENSURE MAJOR REQUIREMENTS (61 semester hours)

For students taking classes prior to Summer 2006, these classes were taught under the HPWA prefix.

Required Core Courses (22 semester hours)

BIOL 209	Human Anatomy and Physiology I	3	_____	_____
BIOL 209L	Human Anatomy and Physiology I Lab	1	_____	_____
KINE 200	Hist. & Philosophy of Sport & Physical Education	3	_____	_____
KINE 213	Appl. of Phys. Fitness/Exercise Prescription	3	_____	_____
KINE 303	Exercise Physiology	3	_____	_____
KINE 303L	Exercise Physiology Lab	1	_____	_____
KINE 309	Anatomical Kinesiology	3	_____	_____
KINE 309L	Anatomical Kinesiology Lab	1	_____	_____
KINE 401	Org./Ad./Legal Cons. of PE/Sports	3	_____	_____
KINE 494	Senior Seminar (Capstone)	1	_____	_____

Student must have current First Aid/CPR or take one of the following:

Current CPR Card? Yes / No (If yes, provide a copy of the card.)

Or take one of the following: KINE 265 or KINE 250

KINE _____ 3 _____

Required Concentration Courses (39 Semester Hours)

KINE 211	Methods of Lifetime Activities	3	_____	_____
KINE 214	Methods of Team Activities	3	_____	_____
KINE 220	Methods of Dance and Gymnastics	3	_____	_____
KINE 234	Prevention & Care of Athletic Injuries	3	_____	_____
KINE 256	Creative Play and Literacy	3	_____	_____
KINE 260	School and Personal Health	3	_____	_____
KINE 301	Tests and Measurements in Sport & Physical Education	3	_____	_____
KINE 320	Methods of Teaching Elementary PE	3	_____	_____

Course No	Title	Sem.hrs	Grade	Term
KINE 360	Motor Learning	3	_____	_____
KINE 380	Adapted PE	3	_____	_____
KINE 408	Methods of Teaching Secondary PE	3	_____	_____

Course No	Title	Sem Hrs	Grade	Term
KINE 497	Pre-Internship in Physical Education	3	_____	_____
One course selected from KINE 212 or KINE 251:		3	_____	_____
KINE _____		3	_____	_____

K-12 Licensure Requirements (20 Semester Hours)

*Prerequisites: ENGL 111 & 112 (or ENGL 129), SPCH 102, PSYC 233, EDUC 211 (All with grade of "B" or higher) and MATH 110 or higher (with grade of "C" or higher) and formal acceptance to the Teacher Education Program

Course No	Title	Sem.hrs	Grade	Term
EDUC 211	Foundations of Education	2	_____	_____
EDUC 342*	Pedagogy & Assessment: Secondary/K-12	3	_____	_____
EDUC 343*	Teaching to Diversity	3	_____	_____
EDUC 499D*	Teaching Internship/Colloq.: Elementary	6	_____	_____
EDUC 499H*	Teaching Internship/Colloq.: Secondary	6	_____	_____

2 semester hours	20 Field Experience Hours
3 semester hours	20 Field Experience Hours
3 semester hours	20 Field Experience Hours
6 semester hours	300 Field Experience Hours
6 semester hours	300 Field Experience Hours

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN KINESIOLOGY – LEADING TO K-12 TEACHER LICENSURE

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Mesa State website for course availability.

FRESHMAN YEAR

Fall Semester		Hours	Spring Semester		Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
KINE 100	Health and Wellness	1	KINE 213	Appl. Phys. Fit & Exercise Prescription	3
KINE 200	Hist./Phil. Human Performance	3	BIOL 209	Human Anatomy and Physiology I	3
General Education	History	3	BIOL 209L	Human Anatomy and Physiology I Lab	1
General Education	Natural Science with Lab	4	Math 110	Math Requirement	3
General Education	Fine Arts	<u>3</u>	SPCH 102	Speechmaking	<u>3</u>
		17			16

SOPHOMORE YEAR

Fall Semester		Hours	Spring Semester		Hours
KINE 214	Methods of Team Activities	3	KINE 260	School and Personal Health	3
Degree Distinction	(Foreign Language)	3	Degree Distinction	(Foreign Language)	3
General Education	Natural Science	3	General Education	Humanities	3
PSYC 233	Human Growth and Development	3	General Education	Social/Behavioral Science	3
KINE 234	Prevention/Care of Athletic Injuries	3	KINE 212	Methods of Individual Sports OR	
KINA	Activity	<u>1</u>	KINE 251	Water Safety Instructor	3
		16	KINE 220	Methods of Dance & Gymnastics	<u>3</u>
					18

JUNIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
KINE 211	Methods of Lifetime Activities	3	KINE 256	Creative Play/Literacy	3
KINE 309	Anatomical Kinesiology	3	KINE 401	Org/Admin/Legal Consid. In P.E.	3
KINE309L	Anatomical Kinesiology Lab	1	EDUC 343	Teaching to Diversity	3
*EDUC 211	Foundations of Education	2	KINE 320	Elementary School P.E.	3
KINE 301	Test and Measurement	<u>3</u>	EDUC 342	Ped. and Assess.: Secondary and K-12	3
*Must be taken prior to acceptance into the Center for Teacher Education. Offered in summer, fall and spring semesters.			KINA	Activity	<u>1</u>
		12			16

SENIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
KINE 303	Exercise Physiology AND	3	EDUC 499D	Teaching Internship/Colloq.:Elementary	6
KINE 303L	Exercise Physiology Lab	1	EDUC 499H	Teaching Internship/Colloq.:Secondary	<u>6</u>
KINE 360	Motor Learning	3			12
KINE 380	Adapted Physical Education	3			
KINE 408	Methods Teaching Secondary	3			
KINE 494	Senior Seminar	1			
KINE 497	Pre-Internship	<u>3</u>			
		17			