



2007 – 08 PETITION/PROGRAM SHEET
Minor: Personal Training
http://www.mesastate.edu/schools/sbps/hpw/index.htm

POLICIES:

- 1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you may be required to take a Major Field Achievement Test (exit exam).

NAME: _____ STUDENT ID # _____

LOCAL ADDRESS AND PHONE NUMBER: _____
_____ () _____

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Personal Training Advisor _____ Date _____ 20__

Signature of Department Head _____ Date _____ 20__

Signature of Registrar _____ Date _____ 20__

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration. See the “Undergraduate Graduation Requirements” in the Mesa State College catalog for additional graduation information.

Minor Requirements:

- At least 33 percent of the credit hours required for the minor must be in courses numbered 300 or above.
- 2.00 cumulative GPA or higher in the minor is required
- The number of minors a student may receive at Mesa State College shall not exceed two.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student’s responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head.

REQUIRED COURSES (23 Semester Hours)

See the current Mesa State College catalog for a list of courses that fulfill the requirements below.

Course No	Title	Sem.hrs	Grade	Term/Trns
BIOL 209	Human Anat & Physiology I	3	_____	_____
BIOL 209L	Human Anat & Physiology I Lab	1	_____	_____
KINE 213	Applications of Physical Fitness & Exercise Prescription	3	_____	_____
KINE 234	Prevention & Care of Athletic Injuries	3	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trns
KINE 297	Practicum	2	_____	_____
KINE 303	Physiology of Exercise	3	_____	_____
KINE 303L	Physiology of Exercise Lab	1	_____	_____
KINE 309	Anatomical Kinesiology	3	_____	_____
KINE 309L	Anatomical Kinesiology Lab	1	_____	_____
KINE 405	Sports Nutrition	3	_____	_____
Students must also have current First Aid/CPR Certification or take KINE 265 (First Aid/CPR for the Professional Rescuer) or KINE 250 (Lifeguard Training)				
	First Aid/CPR Certification		_____	_____