



2007 – 08 PETITION/PROGRAM SHEET

Degree: Bachelor of Science

Major: Athletic Training

www.mesastate.edu/schools/sbps/hpw/athletictraininghome.htm

About This Major . . .

The Mesa State College Athletic Training Education Program (ATEP) is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Students who successfully complete this program will earn a B.S. in Athletic Training and be eligible to sit for the Board of Certification examination leading to national certification as an Athletic Trainer. The ATEP has a competitive entrance standard with application deadlines of December 1st and May 1st of each year. In addition to the traditional professional, college, and high school athletic teams, athletic trainers also work in orthopedic medical clinics and physical therapy clinics. The major is designed for students interested in these areas as well as preparation for graduate or professional schools.

POLICIES:

- 1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you will be required to take a Major Field Achievement Test (exit exam).

NAME: \_\_\_\_\_ STUDENT ID # \_\_\_\_\_

LOCAL ADDRESS AND PHONE NUMBER: \_\_\_\_\_

\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_\_\_

Signature of Department Head \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_\_\_

Signature of Registrar \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_\_\_

**Degree Requirements:**

- Must earn 120 semester hours total and meet the academic residency requirements to earn a baccalaureate degree at Mesa State College.
- 40 upper division credits (i.e., 300-level and 400-level courses).
- 2.00 cumulative GPA or higher in all MSC coursework
- A 2.5 GPA is required in the major courses. A “C” or higher is required in all major courses.
- Excess KINA courses beyond the two required and pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head. Courses related to teacher licensure must also be approved by the Teacher Education Dept.
- When filling out the program sheet a course can be used only once.
- See the “Undergraduate Graduation Requirements” in the Mesa State College catalog for additional graduation information.

**GENERAL EDUCATION REQUIREMENTS (31 Semester Hours)**

See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course No	Title	Sem.hrs	Grade	Term/Trns
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**English** (6 semester hours, must receive a grade of “C” or better and must be completed by the time the student has 60 semester hours.)

ENGL 111	English Composition	3	_____	_____
ENGL 112	English Composition	3	_____	_____

(ENGL 129, Honors English, may be substituted for ENGL 111 & ENGL 112. Additional electives will be needed to meet the 120 total semester hours.)

**Math:** MATH 113 or higher (3 semester hours, must receive a grade of “C” or better, must be completed by the time the student has 60 semester hours.)

MATH 113	College Algebra	4*	_____	_____
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\*3 credits apply to the General Ed requirements and 1 credit applies to elective credit

**Humanities** (3 semester hours)

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**Social and Behavioral Sciences** (6 semester hours)

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**Natural Sciences** (7 semester hours, one course must include a lab)

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**History** (3 semester hours)

HIST \_\_\_\_\_

Course No	Title	Sem.hrs	Grade	Term/Trns
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**Fine Arts** (3 semester hours)

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**Kinesiology** (3 semester hours)

KINE 100	Health and Wellness	1	_____	_____
KINA 1	_____	1	_____	_____
KINA 1	_____	1	_____	_____

**Applied Studies** (3 semester hours)

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**BACHELOR OF SCIENCE DEGREE DISTINCTION**

**REQUIREMENTS** (6 semester hours) Must receive a grade of “C” or better.

Any MATH course higher than 113, or any CSCI or STAT course

**Humanities or Social/Behavioral Sciences:** (3 semester hours)

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**ATHLETIC TRAINING MAJOR REQUIREMENTS**

(60 semester hours)

**Required Core Courses** (52 semester hours)

KINE 200	History & Philosophy of Sport & Physical Education	3	_____	_____
KINE 213	Applications of Physical Fitness & Physical Education	3	_____	_____
KINE 234	Prevention & Care of Athletic Injuries	3	_____	_____
KINE 240	Introduction to Clinical Athletic Training	2	_____	_____
KINE 303	Exercise Physiology	3	_____	_____
KINE 303L	Exercise Physiology Lab	1	_____	_____
KINE 309	Anatomical Kinesiology	3	_____	_____
KINE 309L	Anatomical Kinesiology Lab	1	_____	_____
KINE 365	First Responder	3	_____	_____
KINE 367	Field Experiences in Athletic Training I	2	_____	_____
KINE 368	Clinical Experiences in Athletic Training I	2	_____	_____
KINE 373	Upper Body Injury Assessment	3	_____	_____
KINE 374	Lower Body Injury Assessment	3	_____	_____
KINE 378	Clinical Experiences in Athletic Training II	2	_____	_____
KINE 401	Org. Ad./Legal Considerations in PE and Sport	3	_____	_____
KINE 410	Rehabilitative Exercises	3	_____	_____
KINE 420	Therapeutic Modalities	3	_____	_____
KINE 430	Medical Conditions and Pharmacology in Sports	3	_____	_____
KINE 467	Field Experiences in Athletic Training II	2	_____	_____
KINE 468	Clinical Experiences in Athletic Training III	2	_____	_____
KINE 478	Clinical Experiences in Athletic Training IV	2	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trns
<b>Required Related Study Area</b> (8 semester hours): (Should be completed by the end of the sophomore year.)				
BIOL 209	Human Anat & Physiology I	3	_____	_____
BIOL 209L	Human Anatomy & Physiology I Lab	1	_____	_____
BIOL 210	Human Anat & Physiology II	3	_____	_____
BIOL 210L	Human Anatomy and Physiology II Lab	1	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trns
<b>Electives</b> (All college level courses appearing on your final transcript, <b>not listed above</b> that will bring your total semester hours to 120 hours. (17 semester hours; additional upper division hours may be needed.)				
*MATH 113	College Algebra	1	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

### SUGGESTED COURSE SEQUENCING FOR A MAJOR IN ATHLETIC TRAINING

This is a recommended sequence of course work. Certain courses may have prerequisites or are offered only during the Fall or Spring semesters. It is the student's responsibility to meet with their advisor and check the 2 year course matrix on the Mesa State website for course availability.

#### FRESHMAN YEAR

Fall Semester		Hours	Spring Semester		Hours
ENGL 111	English Composition	3	ENGL 112	English Composition	3
KINE 100	Health and Wellness	1	KINE 213	Appl. Of Phys. Fitness and Ex. Presc.	3
KINE 200	History and Phil. of Sport & PE	3	MATH 113	College Algebra	4
General Education	Soc./Behavioral Science	3	General Education	Humanities	3
General Education	Fine Arts	3	General Education	Applied Studies	3
General Education	History	3			16
		16			

#### SOPHOMORE YEAR

Fall Semester		Hours	Spring Semester		Hours
KINE 234	Prevention and Care of Athletic Injuries	3	KINE 240	Introduction to Clinical Ath. Training	2
General Education	Soc/Beh Science (PSYC 150)	3	KINE 365	First Responder	3
BIOL 209	Human Anatomy and Physiology I <b>AND</b>	3	BIOL 210	Human Anatomy and Physiology II <b>AND</b>	3
BIOL 209L	Human Anatomy and Physiology I Lab	1	BIOL 210L	Human Anatomy and Physiology II Lab	1
Degree Distinction	(MATH, STAT, or CSCI)	3	General Education	Soc/Beh Science or Humanities	3
KINA	Activity	1	Electives		3
		14			15

#### JUNIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
KINE 367	Field Exp. in Athletic Training I	2	KINE 373	Upper Body Assessment	3
KINE 374	Lower Body Injury Assessment	3	KINE 378	Clinical Experiences II	2
KINE 309	Anatomical Kinesiology <b>AND</b>	3	KINE 410	Rehabilitative Exercises	3
KINE 309L	Anatomical Kinesiology Lab	1	KINE 401	Org./Admin./Legal Consid. In P.E.	3
KINE 368	Clinical Experiences I	2	<b>OR</b>		
KINE 420	Therapeutic Modalities	3	KINE 430	Med. Cond. & Pharmacology in Sports	3
Electives		3	General Education	Nat. Sci. with Lab	3-5
		17			14-16

#### SENIOR YEAR

Fall Semester		Hours	Spring Semester		Hours
KINE 467	Field Exp. in Athletic Training II	2	KINE 401	Org./Admin./Legal Consid. In P.E.	3
KINE 468	Clinical Experiences III	2	<b>OR</b>		
KINE 303	Exercise Physiology	3	KINE 430	Med. Cond. & Pharmacology in Sports	3
KINE 303L	Exercise Physiology Lab	1	KINE 478	Clinical Experiences IV	2
General Education	Nat. Sci.	3	Electives		8
KINA	Activity	1			13
Electives		3			
		15			