

### About This Major ...

Sociology is the study of social life, social change, social organization, and the social causes and consequences of human behavior. Sociologists investigate the structure of groups, organizations, and societies, as well as how people interact within these contexts. Since all human behavior is social, the subject matter of sociology ranges widely from intimate families to hostile mobs; from organized crime to religious cults; and from the divisions of race, class and gender to the common beliefs in a culture. Sociology provides many distinctive perspectives on the social world, as well as a range of research methodologies that can be applied to virtually any aspect of social life, from corporate downsizing to problems of peace and war to the expression of emotion and beyond. Because sociology addresses the most challenging issues of our time, it is an expanding field whose potential is increasingly tapped by those who craft policies and create social programs. (www.asanet.org/public/what.html)

Sociology majors gain important skills in critical thinking, research methods and responsible citizenship. Students in the Human Service concentration take courses in psychology and counseling psychology, in addition to their Sociology coursework. Students in the Human Services concentration develop skills and knowledge relevant to careers and further education in social work and related fields.

### POLICIES:

- It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of 1. graduation requirements.
- You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and 2. by February 15 if you plan to graduate the following December.
- 3. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.
- Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature. 4.
- Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot 5. handle the forms once the advisor signs.)
- If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to 6. Graduate" does not automatically move to a later graduation date.
- 7. NOTE: The semester before graduation, you will be required to take a Major Field Achievement Test (exit exam).

NAME:	STUDENT ID #
LOCAL ADDRESS AND PHONE NUMBER:	
	( )

I, (Signature)

, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

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Signature of Advisor	Date	
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Signature of Department Head	Date	
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Signature of Registrar	Date	

### Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.

Degree Requirements:

- Must earn 120 semester hours total and meet the academic residency requirements to earn a baccalaureate degree at Mesa State College.
- 40 upper division credits (i.e., 300-level and 400-level courses).
- 2.00 cumulative GPA or higher in all MSC coursework 2.00 cumulative GPA or higher in coursework toward the major
- content area Excess KINA courses beyond the two required and pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head. Courses related to teacher licensure must also be approved by the Teacher Education Dept.
- When filling out the program sheet a course can be used only once.
- See the "Undergraduate Graduation Requirements" in the Mesa State College catalog for additional graduation information.

GENERAL EDUCATION REQUIREMENTS (31 Semester Hours) See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course No Title

Sem.hrs Grade Term/Trns

English (6 semester hours, must receive a grade of "C" or better and must be completed by the time the student has 60 semester hours.) ENGL 111English Composition3ENGL 112English Composition3 (ENGL 129, Honors English, may be substituted for ENGL 111 & ENGL 112.)

Math: MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.) MATH 1\_\_\_\_

**Humanities** (3 semester hours)

**Social and Behavioral Sciences** (6 semester hours)

Natural Sciences (7 semester hours, one course must include a lab)

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**History** (3 semester hours) HIST \_\_\_\_\_ \_\_\_\_

**Fine Arts** (3 semester hours)

Course No Title	Sem.hrs	Grade	Term/Trns
OTHER LOWER DIVISION REQUIR	REMENTS		
<b>Kinesiology</b> (3 semester hours)			
KINE 100 Health and Wellness	1		
KINA 1	1		
KINA 1	1		

**Applied Studies** (3 semester hours)

### BACHELOR OF ARTS DEGREE DISTINCTION

**REQUIREMENTS** (6 semester hours) Two consecutive classes in the same foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will **NOT** fulfill this requirement.

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FLA\_\_\_\_

#### SOCIOLOGY - HUMAN SERVICES MAJOR REQUIREMENTS (52 semester hours)

(52 Semester nours)				
Sociology Co	ore (21 semester hours)			
ANTH 201	Cultural Anthropology	3		
SOCO 260	General Sociology	3		
SOCO 264	Social Problems	3		
SOCO 400	Classical Social Theory	3		
SOCO 410	Contemporary Social Theory	3		
STAT 200	Probability and Statistics	3		
SOCI 310	Methods of Social Research	3		

### Concentration in Human Services (19 Semester Hours)

PSYC 150	General Psychology	3	
SOCO 301	Intro to Human Services	3	
SOCO 499	Internship	4	
PSYC 320	Social Psychology	3	
PSYP 420	Counseling Processes and		
	Techniques	3	
PSYP 424	Group Processes	3	

Restricted Electives (12 Upper Division Semester Hours) Select from: POLS 342 Public Administration 3

**Or** any Upper Division Courses from, Anthropology, and Sociology

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Electives (All college level courses appearing on your final transcript, not listed above that will bring your total semester hours to 120 hours. Excludes KINA activity courses.) (26 semester hours; 3 hours of upper division may be needed.)



# SUGGESTED COURSE SEQUENCING FOR A MAJOR IN SOCIOLOGY – HUMAN SERVICES

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with their advisor and check the 2 year course matrix on the Mesa State website for course availability.

		FRESHMA	AN YEAR	
Fall Semester		Hours	Spring Semester	Hours
ENGL 111	English Composition	3	ENGL 112 English Composition	3
General Educat	ion History	3	General Education Humanities	3
General Educat	ion Applied Studies	3	General Education Mathematics	3
General Educat	ion Science	3	Elective	3
PSYC 150	General Psychology	3	Elective	3
<b>KINE 100</b>	Health and Wellness	<u> </u>	KINA Activities (2 courses)	2
		16		17

## SOPHOMORE YEAR

Fall Semester		Hours	Spring Semes	ter	Hours
General Educat	tion Fine Arts	3	General Educa	tion Science with Lab	3-4
Degree Distinc	tion (Foreign Language)	3	Degree Distinction (Foreign Language)		3
General Educat	tion – Social/Behavioral Science	3	General Education – Social/Behavioral Science		3
SOCO 260	General Sociology	3	SOCO 264	Social Problems	3
ANTH 201	Cultural Anthropology	3	<b>STAT 200</b>	Probability and Statistics	3
		15		-	15-16

# JUNIOR YEAR

Fall Semester	Hours
SOCO 301 Introduction to Human Services	3
Upper Division Restricted Elective	3
Upper Division Elective	3
Elective	3
Elective	3
	15

Spring Seme	ster	Hours
SOCI 310	Methods of Social Research	3
PSYP 420	Counseling	3
Upper Division Restricted Elective		3
Elective		3
Elective		3
		15

# SENIOR YEAR

Fall Semester	r	Hours
SOCO 400	Classical Social Theory	3
PSYP 424	Group Processes	3
Upper Divisio	on Restricted Elective	3
Upper Divisio	on Elective	3
		12

Spring Semester	Hours
SOCO 410 Contemporary Social Theory	3
SOCO 499 Internship	4
Upper Division Restricted Elective	3
Upper Division Elective	3
Elective	<u>2-3</u>
	15-16