



2007 – 08 PETITION/PROGRAM SHEET

Degree: Bachelor of Arts

MAJOR: Kinesiology

Concentration: K-12 Teaching

www.mesastate.edu/schools/sbps/hpw/k12.htm

About This Major . . .

Students will become prepared to teach elementary, middle/junior high school, and high school physical education. Students enrolled in this degree program must also be enrolled in the teacher licensure program at Mesa State College. The Center for Teacher Education offers an innovative, holistic program of study that leads to K-12 licensure in Colorado.

At Mesa State, we pride ourselves on the personal touch. Our professors are experienced, knowledgeable, accessible, and intensely dedicated to the improvement of public education. Faculty offer one-on-one guidance for course selection, field placements, student teaching, and employment.

As a student, you will gradually accumulate over 200 hours of classroom experience before beginning student teaching. The well-regarded Mesa County School District provides opportunities to gain experience with children of all ages and backgrounds in a variety of school settings. A minimum of 75 credit hours of general education and content area coursework must be completed with a minimum GPA of 2.80 before a candidate may apply for admission to the Center for Teacher Education licensure program. You must be formally accepted into the Teacher Education Program before taking education courses. Please see the Teacher Education Admission Packet for further information on admissions criteria.

POLICIES:

- 1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you may be required to take a Major Field Achievement Test (exit exam).

NAME: \_\_\_\_\_ STUDENT ID # \_\_\_\_\_

LOCAL ADDRESS AND PHONE NUMBER: \_\_\_\_\_
\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_
Signature of Content Advisor \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_
Signature of Department Head \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_
Signature of Registrar \_\_\_\_\_ Date \_\_\_\_\_ 20\_\_

Students should work closely with a faculty advisor when selecting and scheduling courses prior to registration.

Degree Requirements:

- 120 semester hours total (A minimum of 28 taken at MSC)  
Students seeking K-12 licensure must earn 126 semester hours
- 40 upper division credits (A minimum of 15 taken within the major at MSC)
- 2.80 cumulative GPA or higher in all MSC coursework
- 2.80 cumulative GPA or higher in coursework toward the major content area
- When filling out the program sheet a course can be used only once.
- Excess KINA courses beyond the two required and pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- Program sheets are for advising purposes only. Because a program may have requirements specific to the degree, check with your advisor for additional guidelines, including prerequisites, grade point averages, grades, exit examinations, and other expectations. It is the student's responsibility to be aware of, and follow, all guidelines for the degree being pursued. Any exceptions or substitutions must be approved by the faculty advisor and/or Department Head.
- See the "Undergraduate Graduation Requirements" in the Mesa State College catalog for additional graduation information.
- Students must PASS the PRAXIS II exam in the content area prior to commencing the internship. Also, ALL other coursework toward the degree must be successfully completed prior to the internship.

**GENERAL EDUCATION REQUIREMENTS** (31 Semester Hours)

See the current Mesa State College catalog for a list of courses that fulfill the requirements below. If a course is on the general education list of options and a requirement for your major, you must use it to fulfill the major requirement and make a different selection within the general education requirement.

Course No Title	Sem.hrs	Grade	Term/Trns
<b>English</b> (6 semester hours, must receive a grade of "B" or better and must be completed by the time the student has 60 semester hours.)			
ENGL 111 English Composition	3	_____	_____
ENGL 112 English Composition	3	_____	_____
(ENGL 129, Honors English, may be substituted for ENGL 111 & ENGL 112.)			

**Math:** MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH 1 _____	_____	_____	_____
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**Humanities** (3 semester hours)

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**Social and Behavioral Sciences** (6 semester hours)

PSYC 233 Human Growth & Development	3	_____	_____
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**Natural Sciences** (7 semester hours, one course must include a lab)

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Course No Title	Sem.hrs	Grade	Term/Trns
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**OTHER LOWER DIVISION REQUIREMENTS**

**Kinesiology** (3 semester hours)

KINE 100 Health and Wellness	1	_____	_____
KINA 1 _____	1	_____	_____
KINA 1 _____	1	_____	_____

**Applied Studies** (3 semester hours)

*SPCH 102 Speechmaking	3	_____	_____
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\*Must earn a "B" or higher

**DEGREE DISTINCTION REQUIREMENTS** (6 semester hours)

Two **consecutive** classes in the **same** foreign language. Must receive a grade of "C" or better. FLAS 114 & 115 will **NOT** fulfill this requirement.

FLA _____	3	_____	_____
FLA _____	3	_____	_____

**KINESIOLOGY – LEADING TO K-12 LICENSURE MAJOR REQUIREMENTS** (63 semester hours)

Must pass all courses with a grade of "C" or higher. (For students taking classes prior to Summer 2006, these classes were taught under the HPWA prefix.)

**HPW Core** (22 semester hours)

BIOL 209 Human Anatomy and Physiology I	3	_____	_____
BIOL 209L Human Anatomy and Physiology I Lab	1	_____	_____
KINE 200 Hist. & Philosophy of Sport & Physical Education	3	_____	_____
KINE 213 Appl. of Phys. Fitness/Exercise Prescription	3	_____	_____
KINE 303 Exercise Physiology	3	_____	_____
KINE 303L Exercise Physiology Lab	1	_____	_____
KINE 309 Anatomical Physiology	3	_____	_____
KINE 309L Anatomical Physiology Lab	1	_____	_____
KINE 401 Org./Ad./Legal Cons. of PE/Sports	3	_____	_____
KINE 494 Senior Seminar (Capstone)	1	_____	_____

**Student must have current First Aid/CPR or take one of the following:**

Current CPR Card? Yes / No (If yes, provide a copy of the card.)

Or take one of the following: KINE 265 or KINE 250

KINE _____	3	_____	_____
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**Required Concentration Courses** (41 Semester Hours)

KINE 211 Methods of Lifetime Activities	3	_____	_____
KINE 214 Methods of Team Activities	3	_____	_____
KINE 220 Methods of Dance and Gymnastics	3	_____	_____
KINE 234 Prevention & Care of Athletic Injuries	3	_____	_____
KINE 256 Creative Play and Literacy	3	_____	_____
KINE 260 School and Personal Health	3	_____	_____
KINE 300 Teaching/Technology Lab	3	_____	_____
KINE 301 Tests and Measurements in Sport & Physical Education	3	_____	_____

Course No	Title	Sem.hrs	Grade	Term/Trms				
KINE 320	Methods of Teaching Elementary PE	3	_____	_____	KINE 408	Methods of Teaching Secondary PE	3	_____
KINE 360	Motor Learning	3	_____	_____	KINE 497	Pre-Internship in Physical Education	2	_____
KINE 380	Adapted PE	3	_____	_____	One course selected from KINE 212 or KINE 251:			
					KINE	_____	3	_____

**K-12 Licensure Requirements** (20 Semester Hours)

\*Prerequisites: ENGL 111 & 112 (or ENGL 129), SPCH 102, PSYC 233 (All with grade of "B" or higher) and MATH 110 or higher (with grade of "C" or higher) and formal acceptance to the Teacher Education Program

Course No	Title	Sem.hrs	Grade	Term		
EDUC 211	Foundations of Education	2	_____	_____	2 semester hours	20 Field Experience Hours
EDUC 342*	Pedagogy & Assessment: Secondary/K-12	3	_____	_____	3 semester hours	20 Field Experience Hours
EDUC 343*	Teaching to Diversity	3	_____	_____	3 semester hours	20 Field Experience Hours
EDUC 499D*	Teaching Internship/Colloq.: Elementary	6	_____	_____	6 semester hours	300 Field Experience Hours
EDUC 499H*	Teaching Internship/Colloq.: Secondary	6	_____	_____	6 semester hours	300 Field Experience Hours

## SUGGESTED COURSE SEQUENCING FOR A MAJOR IN KINESIOLOGY – LEADING TO K-12 TEACHER LICENSURE

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with their advisor and check the 2 year course matrix on the Mesa State website for course availability.

### FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111	English Composition	ENGL 112	English Composition
KINE 100	Health and Wellness	KINE 213	Appl. Phys. Fit & Exercise Prescription
KINE 200	Hist./Phil. Human Performance	BIOL 209	Human Anatomy and Physiology I
General Education	Humanities	BIOL 209L	Human Anatomy and Physiology I Lab
General Education	Natural Science with Lab	Math 110	Math Requirement
General Education	Fine Arts	SPCH 102	Speechmaking
	17		16

### SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
KINE 214	Methods of Team Activities	KINE 260	School and Personal Health
Degree Distinction	(Foreign Language)	Degree Distinction	(Foreign Language)
General Education	Natural Science	General Education	Humanities
PSYC 233	Human Growth and Development	General Education	Social/Behavioral Science
KINE 220	Methods of Dance & Gymnastics	KINA	Activity
KINE 234	Prevention/Care of Athletic Injuries	KINE 212	Methods of Individual Sports <b>OR</b>
	18	KINE 251	Water Safety Instructor
			16

### JUNIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
KINE 211*	Methods of Lifetime Activities	KINE 256	Creative Play/Literacy
KINE 309	Anatomical Kinesiology	KINE 300	Teaching/ Tech. Lab
KINE309L	Anatomical Kinesiology Lab	KINE 401	Org/Admin/Legal Consid. In P.E.
KINE 320	Elementary School P.E.	EDUC 343	Teaching to Diversity
KINE 301	Test and Measurement	EDUC 211	Foundations of Education
	13	EDUC 342	Ped. and Assess.: Secondary and K-12
		KINA	Activity
			18

\*May be taken prior to acceptance into the Center for Teacher Education. Offered in summer, fall and spring semesters

### SENIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
KINE 303	Exercise Physiology <b>AND</b>	EDUC 499D	Teaching Internship/Colloq.:Elementary
KINE 303L	Exercise Physiology Lab	EDUC 499H	Teaching Internship/Colloq.:Secondary
KINE 360	Motor Learning		12
KINE 380	Adapted Physical Education		
KINE 408	Methods Teaching Secondary		
KINE 494	Senior Seminar		
KINE 497	Pre-Internship		
	16		