



2006 – 07 PETITION/PROGRAM SHEET
Minor: Personal Training
http://www.mesastate.edu/schools/sbps/hpw/index.htm

POLICIES:

- 1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your "Intent to Graduate" form to the Registrar's Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar's Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your "Intent to Graduate" does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you may be required to take a Major Field Achievement Test (exit exam).

NAME: \_\_\_\_\_ STUDENT ID # \_\_\_\_\_

LOCAL ADDRESS AND PHONE NUMBER: \_\_\_\_\_
\_\_\_\_\_ ( ) \_\_\_\_\_

I, (Signature) \_\_\_\_\_, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Personal Training Advisor \_\_\_\_\_ Date \_\_\_\_\_20\_\_\_\_\_

Signature of Department Head \_\_\_\_\_ Date \_\_\_\_\_20\_\_\_\_\_

Signature of Registrar \_\_\_\_\_ Date \_\_\_\_\_20\_\_\_\_\_

1. At least 33 percent of the credit hours required for the minor must be in courses numbered 300 or above.
2. A GPA of 2.00 or higher in the minor is required.
3. The number of minors a student may receive at Mesa State College shall not exceed two.

**REQUIRED COURSES (23 semester hours)**

- BIOL 209 Human Anatomy and Physiology I (3)  
 BIOL 209L Human Anatomy and Physiology I Lab (1)  
 KINE 213 Applications of Physical Fitness and Exercise Prescription (3)  
 KINE 234 Prevention and Care of Athletic Injuries (3)  
 KINE 297 Practicum (2)  
 KINE 303 Physiology of Exercise (3)  
 KINE 303L Physiology of Exercise Lab (1)  
 KINE 309 Anatomical Kinesiology (3)  
 KINE 309L Anatomical Kinesiology Lab (1)  
 KINE 405 Sports Nutrition (3)

Students must also have current First Aid/CPR Certification or take KINE 265 (First Aid/CPR for the Professional Rescuer) or KINE 250 (Lifeguard Training)

<u>Course</u>	<u>No.</u>	<u>Credit</u>	<u>Grade</u>	<u>Term</u>	<u>Year</u>	<u>Trns/Subs</u>
BIOL	209	3	_____	_____	_____	_____
BIOL	209L	1	_____	_____	_____	_____
KINE	213	3	_____	_____	_____	_____
KINE	234	3	_____	_____	_____	_____
KINE	297	2	_____	_____	_____	_____
KINE	303	3	_____	_____	_____	_____
KINE	303L	1	_____	_____	_____	_____
KINE	309	3	_____	_____	_____	_____
KINE	303L	1	_____	_____	_____	_____
KINE	405	3	_____	_____	_____	_____
First Aid/CPR Certification		_____	_____	_____	_____	_____