



2006 – 07 PETITION/PROGRAM SHEET

Degree: Bachelor of Arts

Major: Psychology

Concentration: Counseling Psychology

www.mesastate.edu/schools/shss/sbs/psy/psy.htm

About This Major . . .

Students may pursue the Psychology B.A. degree or the Psychology B.A. degree with a concentration in Counseling Psychology. All majors are required to complete some laboratory coursework in which they conduct research in classical and operant conditioning or memory and cognition. Internships are required for counseling students and are available at nearby human service agencies and treatment centers. The psychology programs provide students with a working knowledge of the methods and findings of modern psychology. Students majoring in psychology are prepared to work in a wide variety of settings, including human services (counseling and social work), public affairs, business, sales, criminal justice, and (following graduate study) psychotherapy, teaching and research. The psychology program at Mesa State provides a strong foundation for graduate study in psychology and related disciplines.

Many of MSC’s psychology majors have successfully continued their education in graduate programs in psychology. A few have continued on to medical school or law school. The psychology program sponsors a Psychology Club and a local chapter of the national honor society in psychology, Psi Chi. Through active membership in these organizations, students are encouraged to become involved in community service and to attend and present their research at regional and national conferences.

POLICIES:

- 1. It is your responsibility to determine whether you have met the requirements for your degree. Please see the MSC Catalog for a complete list of graduation requirements.
2. You must turn in your “Intent to Graduate” form to the Registrar’s Office by September 15 if you plan to graduate the following May, and by February 15 if you plan to graduate the following December.
3. This program sheet must be submitted with your graduation planning sheet to your advisor during the semester prior to the semester of graduation, no later than October 1 for spring graduates, no later than March 1 for fall graduates.
4. Your advisor will sign and forward the Program Sheet and Graduation Planning Sheet to the Department Head for signature.
5. Finally, the Department Head or the department administrative assistant will take the signed forms to the Registrar’s Office. (Students cannot handle the forms once the advisor signs.)
6. If your petition for graduation is denied, it will be your responsibility to reapply for graduation in a subsequent semester. Your “Intent to Graduate” does not automatically move to a later graduation date.
7. NOTE: The semester before graduation, you will be required to take a Major Field Achievement Test (exit exam).

NAME: _____ STUDENT ID # _____

LOCAL ADDRESS AND PHONE NUMBER: _____

_____ () _____

I, (Signature) _____, hereby certify that I have completed (or will complete) all the courses listed on the Program Sheet. I further certify that the grade listed for those courses is the final course grade received except for the courses in which I am currently enrolled and the courses which I complete next semester. I have indicated the semester in which I will complete these courses.

Signature of Advisor _____ Date _____ 20__

Signature of Department Head _____ Date _____ 20__

Signature of Registrar _____ Date _____ 20__

- Must earn 120 semester hours and meet the academic residency requirements to earn a baccalaureate degree at Mesa State College.
- Must earn a minimum of 40 semester hours in upper division courses (i.e., 300-level and 400-level courses).
- A cumulative grade point average of 2.0 or higher must be maintained for all courses taken and for all courses in the major.
- To continue in the program and eventually graduate as counseling psychology majors a student must earn, within no more than three attempts, at least a grade of "C" in the major requirements.
- When filling out this program sheet a course can only be used once, i.e., no double counting is allowed between categories.
- Excess KINA/HPWE courses beyond the two required and pre-collegiate courses (usually numbered below 100) cannot be used for graduation.
- All degree requirements must be completed as described. Any exceptions or substitutions must be recommended in advance by the faculty advisor and approved by the Department Head.
- It is recommended that students work closely with a faculty advisor when selecting courses and scheduling classes prior to registration.
- Students are required to participate in exit examinations or other programs deemed necessary to comply with the college accountability requirement.

General Education Requirements (Minimum of 33 semester hours) See the M.S.C. catalog for the list of courses that meet the general education categories.

Course No. Credit Grade Term Year Trns/Subs
English: ENGL 111 and 112 (6 semester hours, must receive a grade of "C" or higher, must be completed by the time the student has 60 semester hours.)

*ENGL _____ _____ _____ _____ _____ _____

*ENGL _____ _____ _____ _____ _____ _____

*ENGL 129, Honors English, may be substituted for ENGL 111 and ENGL 112. Must earn a grade of "C" or better. May need to take additional electives.

Math: MATH 110 or higher (3 semester hours, must receive a grade of "C" or better, must be completed by the time the student has 60 semester hours.)

MATH _____ _____ _____ _____ _____ _____

Humanities: (6 semester hours)

_____ _____ _____ _____ _____ _____ _____

_____ _____ _____ _____ _____ _____ _____

Course No. Credit Grade Term Year Trns/Subs
Social and Behavioral Sciences: (6 Semester Hours)

_____ _____ _____ _____ _____ _____ _____
 _____ _____ _____ _____ _____ _____ _____

Fine Arts: (3 semester hours)

_____ _____ _____ _____ _____ _____ _____
 _____ _____ _____ _____ _____ _____ _____

Natural Sciences: (6 semester hours)
 (At least one course must include a lab)

_____ _____ _____ _____ _____ _____ _____
 _____ _____ _____ _____ _____ _____ _____
 _____ _____ _____ _____ _____ _____ _____

Applied Studies: (3 semester hours)

_____ _____ _____ _____ _____ _____ _____

Other Requirements (9 semester hours)

Kinesiology: (3 Semester Hours)

Course	No.	Credit	Grade	Term	Year	Trns/Subs
KINE/HPWA	100	1	_____	_____	_____	_____
KINA/HPWE	_____	1	_____	_____	_____	_____
KINA/HPWE	_____	1	_____	_____	_____	_____

See the M.S.C. catalog for the list of approved KINA/HPWE/Selected DANC courses.

Bachelor of Arts Degree Distinction: (6 semester hours)

(Two consecutive classes in the same foreign language.)

Course	No.	Credit	Grade	Term	Year	Trns/Subs
FLA	_____	3	_____	_____	_____	_____
FLA	_____	3	_____	_____	_____	_____

(FLAS 114 & 115 will NOT fulfill this requirement.) (Must receive a grade of "C" or above.)

Psychology – Counseling Major Requirements (47 Semester Hours) Must pass all courses with a grade of "C" or higher.

Psychology Core (19 semester hours)

Course	No.	Credit	Grade	Term	Year	Trns/Subs
PSYC	150	3	_____	_____	_____	_____
PSYC	320	3	_____	_____	_____	_____
PSYC	414	3	_____	_____	_____	_____
SOCI	310	3	_____	_____	_____	_____
STAT	200	3	_____	_____	_____	_____

Course	No.	Credit	Grade	Term	Year	Trns/Subs
Choose one of the Class + Lab choices below:						
PSYC	312	3	_____	_____	_____	_____
PSYC	312L	1	_____	_____	_____	_____
or						
PSYC	314	3	_____	_____	_____	_____
PSYC	314L	1	_____	_____	_____	_____

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Counseling Psychology (28 Semester Hours)

Course	No.	Credit	Grade	Term	Year	Trns/Subs	Course	No.	Credit	Grade	Term	Year	Trns/Subs
PSYC	<u>340</u>	<u>3</u>	_____	_____	_____	_____	PSYP	<u>422</u>	<u>3</u>	_____	_____	_____	_____
PSYC	<u>400</u>	<u>3</u>	_____	_____	_____	_____	PSYP	<u>424</u>	<u>3</u>	_____	_____	_____	_____
PSYC	<u>420</u>	<u>3</u>	_____	_____	_____	_____	PSYP	<u>497</u>	<u>4</u>	_____	_____	_____	_____
PSYP	<u>320</u>	<u>3</u>	_____	_____	_____	_____	Choose one, either ANTH 310 or ANTH 340						
PSYP	<u>420</u>	<u>3</u>	_____	_____	_____	_____	ANTH	_____	<u>3</u>	_____	_____	_____	_____

Optional Internship (4 semester hours)

Course	No.	Credit	Grade	Term	Year	Trns/Subs
PSYP	<u>499</u>	<u>4</u>	_____	_____	_____	_____

Recommended Electives (12 semester hours upper division Psychology courses, counted as general electives)

Course	No.	Credit	Grade	Term	Year	Trns/Subs	Course	No.	Credit	Grade	Term	Year	Trns/Subs
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

Additional Electives (All college level courses appearing on your final transcript, **not listed above that will bring your total semester hours to 120 hours. Excludes KINA/HPWE activity courses.) (31 semester hours; additional upper division hours may be needed.)**

Course	No.	Credit	Grade	Term	Year	Trns/Subs	Course	No.	Credit	Grade	Term	Year	Trns/Subs
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

GRADUATION INFORMATION

See the “Undergraduate Graduation Requirements” in the Mesa State College catalog for additional graduation information.

GENERAL EDUCATION REQUIREMENTS (Minimum of 33 Semester Hours) See current Mesa State College catalog for list of courses that fulfill the requirements below. If one (or more) of the selections below is required in your major, you must use it to fulfill the major requirement and **make a different selection to meet the general education requirement. The courses may not be used to fulfill both requirements.**

English – 6 Semester Hours (Must be **completed** before student has 60 semester hours. Must receive grade of “C” or above.)
ENGL 111 and ENGL 112 **or** ENGL 129 (*by permission*)

Mathematics – 3 Semester Hours chosen from:
MATH 110 **or higher**
(Must be **completed** before student has 60 semester hours. Must receive grade of “C” or above.)

Humanities – 6 semester hours

Social and Behavioral Sciences – 6 semester hours (not PSYC 150)

Fine Arts – 3 semester hours

Natural Sciences – 6 semester hours (At least one course must include a lab.)

Applied Studies – 3 semester hours

OTHER REQUIREMENTS (9 Semester Hours)

Kinesiology – 3 Semester Hours

Each student must take KINE/HPWA 100 together with two KINA/HPWE/Selected DANC courses. See current catalog for listing.

Degree Distinction – 6 Semester Hours

Select from one of the following sequences:

FLAF 111 *followed by* FLAF 112

or

FLAG 111 *followed by* FLAG 112

Or FLAS 111 *followed by* FLAS 112

or

Two **consecutive** classes in the **same** foreign language.

*(FLAS 114 & 115 will **NOT** fulfill this requirement. **Must** receive a grade of “C” or above in **both** classes.)

Psychology – Counseling Psychology (47 Semester Hours) Must pass all courses with a grade of “C” or higher.

Psychology Core (19 Semester Hours)

PSYC 150 General Psychology

PSYC 312/312L Experimental Psychology and Lab **Or** PSYC 314/314L Psychology of Learning and Lab

PSYC 320 Social Psychology

PSYC 414 Systems and Theories of Psychology

STAT 200 Probability and Statistics

SOCI 310 Methods of Social Research

Concentration in Counseling (28 Semester Hours)

ANTH 310 Ethnographic Methods **Or** ANTH 340 Ethnopsychology

PSYC 340 Abnormal Psychology

PSYC 400 Psychological Testing

PSYC 420 Personality

PSYP 320 Career Development

PSYP 420 Counseling Processes & Techniques

PSYP 422 Psychological Interviewing

PSYP 424 Group Processes

PSYP 497 Practicum

Recommended: Additional 12 semester hours of upper division psychology courses. These hours will be counted toward general electives.

Optional

PSYP 499 Internship

Special Requirements: To continue in the program and eventually graduate as psychology “minors” or “majors,” with or without a concentration in counseling, students must earn, within no more than three attempts, at least a grade of “C” in all core, major elective, or concentration courses required for the major.

General Electives: 31 Semester Hours; additional upper division hours may be needed.

Students are required to participate in exit examinations or other programs deemed necessary to comply with the college accountability requirement. All degree requirements must be completed as described above. Any exceptions or substitutions must be recommended in advance by the faculty advisor and approved by the Department Head.

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN PSYCHOLOGY – COUNSELING PSYCHOLOGY

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with their advisor and check the 2 year course matrix on the Mesa State website for course availability.

FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111 English Composition	3	ENGL 112 English Composition	3
General Education Humanities	3	General Education Humanities	3
General Education Applied Studies	3	General Education Mathematics	3
General Education Science	3	PSYC 150 General Psychology	3
KINE/HPWA 100 Health and Wellness	<u>1</u>	KINA/HPWE Activities (2 courses)	<u>2</u>
	13		14

SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
General Education Fine Arts	3	General Education Science with Lab	4
Degree Distinction (Foreign Language)	3	Degree Distinction (Foreign Language)	3
General Education – Social/Behavioral Science	3	General Education – Social/Behavioral Science	3
Elective	3	(Recommend ANTH 201)	
STAT 200 Probability and Statistics	<u>3</u>	Elective	3
	15	SOCI 310 Research Methods	<u>3</u>
			16

JUNIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
PSYP 320 Career Development	3	PSYC 420 Personality	3
PSYC 320 Social Psychology	3	PSYP 420 Counseling Techniques	3
PSYC 312/312L Experimental Psychology and Lab <u>or</u>	4	PSYC Elective	3
PSYC 314/314L Psychology of Learning and Lab		PSYC Elective	3
PSYC 400 Psychological Testing	3	Elective	<u>3</u>
PSYC 340 Abnormal Psychology	<u>3</u>		15
	16		

SENIOR YEAR

Fall Semester	Hours	Spring Semester	Hours
PSYP 424 Group Processes	3	PSYP 422 Psychological Interviewing	3
Elective	3	PSYC 414 Systems and Theories	3
Elective	3	PSYP 497 Practicum	4
ANTH 310 Ethnographic Methods <u>or</u>	3	Elective	3
ANTH 340 Ethnopsychology		PSYC Electives	<u>3</u>
PSYC or PSYP Elective	<u>3</u>		16
	15		