

FACULTY COLLOQUIUM

Wednesday

March 8, 2017

LIB 331 (Boettcher Room)

12-12:50pm

“Exercise and the Brain”

Dr. Michael Reeder

Acting Director, Monfort Family
Human Performance Lab

Dr. Reeder will review and discuss the importance and relationship of exercise/physical activity and health, especially brain health. He will look at the literature on exercise and academic performance, depression, dementia and movement disorders.



Please come with your lunch and
bring your colleagues too!