## 2018-19 COLORADO MESA UNIVERSITY BACCALAUREATE AND ASSOCIATE (AA/AS) DEGREE REQUIREMENTS

Please check the program sheet for your major before selecting courses below as some majors require specific essential learning courses.

# **ESSENTIAL LEARNING CORE – 31 CREDIT HOURS**

All CMU essential learning core courses are approved by the Colorado Department of Higher Education for statewide guaranteed transfer except courses marked with + which are not yet approved.

### English\* - Pick Option 1 or 2

Option 1		
ENGL 111	English Composition (3)	*A grade of "C" or
ENGL 112	English Composition (3)	higher is required for
Option 2		graduation.
ENGL 112	English Composition (3)	
ENGL 219	Introduction to Professional W	/riting (3)

#### Mathematics\* - Pick 1 class

MATH 110	College Mathematics (3)	
MATH 113	College Algebra (4)	**
MATH 119	Pre-Calculus Mathematics (5)	*A grade of "C" or higher is required for
MATH 149	Honors Mathematics (3)	graduation.
MATH 151	Calculus I (5)	graddation.
MATH 205	Elements of Mathematics II (3)	

#### Humanities - Pick 1 class

ENGL 131 ENGL 132 ENGL 150	Western World Literature I (3) Western World Literature II (3) Introduction to Literature (3)
ENGL 222	Mythology (3)
ENGL 231	Non-Western World Literature I (3)
ENGL 232	Non-Western World Literature II (3)
ENGL 254	Survey of English Literature I (3)
ENGL 255	Survey of English Literature II (3)
ENGL 261	Survey of American Literature I (3)
ENGL 262	Survey of American Literature II(3)
FLAS 211+	Second-Year Spanish I (3)
FLAS 213+	Spanish Conversation and Grammar (3)
HIST 101	Western Civilization (3)
HIST 102	Western Civilization (3)
HIST 131	United States History (3)
HIST 132	United States History (3)
MASS 110	Mass Media Impact and History (3)
PHIL 105	Critical Thinking (3)
PHIL 110	Introduction to Philosophy (3)
PHIL 120	Ethics (3)
PHIL 130	Philosophy of Religion (3)
SPCH 102+	Speechmaking (3)

# Social and Behavioral Sciences - Pick 2 classes

ANTH 202	Introduction to Anthropology (3)
ARKE 205	Principles of Archaeology (3)
CSCI 100+	Computers in Our Society (3)
ECON 201	Principles of Macroeconomics (3)
ECON 202	Principles of Microeconomics (3)
FOAN 180/180L	Survey of Physical Anthropology and Lab (3+1)
GEOG 102	Human Geography (3)
GEOG 103	World Regional Geography (3)
POLS 101	American Government (3)
POLS 151+	Introduction to Political Ideas (3)
POLS 261	Comparative Politics (3)
POLS 270+	World Politics (3)
PSYC 150	General Psychology (3)
PSYC 233	Human Growth and Development (3)
SOCI 101	Introduction to LGBT Studies (3)
SOCI 120	Technology and Society (3)
SOCO 144	Marriage and Families (3)
SOCO 260	General Sociology (3)
SOCO 264	Social Problems (3)
SPCH 101+	Interpersonal Communication (3)

### Fine Arts - Pick 1 class

ARTE 101	Two-Dimensional Design (3)
ARTE 102	Three-Dimensional Design (3)
ARTE 115	Art Appreciation (3)
ARTE 118	Survey of Art History, Prehistory – Renaissance (3)
ARTE 119	History of Art, Renaissance to Present (3)
DANC 115	Dance Appreciation (3)
FINE 101	The Living Arts (3)
MUSA 220	Music Appreciation (3)
MUSA 266	History of Popular Music (3)
MUSA 267+	Jazz History and Literature (3)
THEA 141	Theatre Appreciation (3)
THEA 145	Introduction to Dramatic Literature (3)

## History\*\* - Pick 1 class

HIST 101	Western Civilization (3)	**An additional History course
HIST 102	Western Civilization (3)	may be chosen to fulfill
HIST 131	United States History (3)	Humanities.
HIST 132	United States History (3)	

### Non-Lab Natural Sciences\*\*\* - Pick 1 class

CHEM 100 ENVS 101	Chemistry and Society (3) Introduction to Environmental Science (3)	***An additional
		Natural Science with a
GEOL 100	Survey of Earth Science (3)	Lab may be taken to
GEOL 103	Weather and Climate (3)	fulfill this requirement.
GEOL 104	Oceanography (3)	
GEOL 105	Geology of Colorado (3)	
GEOL 106	Introduction to Dinosaurs (3)	
GEOL 107	Natural Hazards and Environmental Geology	r (3)
GEOL 108	Water, People, and Environment (3)	
PHYS 100	Concepts of Physics (3)	
PHYS 101	Elementary Astronomy (3)	

### Natural Sciences with Labs - Pick 1 lecture/lab pairing

BIOL 101/101L	General Human Biology and Lab (3+1)
BIOL 105/105L	Attributes of Living Systems and Lab (3+1)
BIOL 108/108L	Diversity of Organisms (3+1)
BIOL 250/250L	Introduction to Microbiology and Lab (3+1)
CHEM 121/121L	Principles of Chemistry and Lab (4+1)
CHEM 122/122L	Principles of Organic Chemistry and Lab (4+1)
CHEM 131/131L	General Chemistry and Lab (4+1)
CHEM 132/132L	General Chemistry and Lab (4+1)
ENVS 103/103L	Field-Based Intro to Environ. Science (3+1)
GEOL 111/111L	Principles of Physical Geology and Lab (3+1)
GEOL 112/112L	Principles of Historical Geology and Lab (3+1)
GEOL 113/113L	Field-Based Intro. to Physical Geology and Lab (3+1)
PHYS 105/105L	Physics by Inquiry and Lab (2+1)
PHYS 111/111L	General Physics and Lab (4+1)
PHYS 112/112L	General Physics and Lab (4+1)
PHYS 131/131L	Fundamental Mechanics and Lab (4+1)
PHYS 132/132L	Electromagnetism and Optics and Lab (4+1)

### WELLNESS REQUIREMENTS - MUST TAKE BOTH CLASSES

<b>KINE 100</b>	Health and Wellness (1)
KINA	100-level Kinesiology Activity 🔺 (1)

▲ Some majors require two KINA activities. Consult your program requirements. Fulfilled by any KINA course, DANC 160, 169, 174, 177, 180, or MUSP 147. Only one varsity sport course may be used to meet the activity requirement.

# ESSENTIAL LEARNING CAPSTONE - MUST TAKE BOTH CLASSES (APPLIES TO BACHELOR'S DEGREES ONLY)

ESSL 290	Maverick Milestone (3)
ESSL 200	Essential Speech (1)

ESSL 200 and 290 are co-requisites and must be taken together in the same semester. The Essential Learning Capstone must be completed between 45 and 75 credits hours.