

## Department of Kinesiology



### Highlights

In the Athletic Training Education Program (ATEP) at Mesa State College, students prepare for the future by continually enhancing the technology and learning experiences provided in classroom, laboratory, and clinical education courses. Students in the clinical education program receive direct mentoring from a staff of certified athletic trainers, physicians, and allied health professionals in a variety of settings located on or near our main campus.

Our ATEP ensures the highest quality of education by offering courses that have low student-to-instructor ratios. Collective learning experiences in the ATEP enable our students to successfully challenge the board of certification examination and pursue numerous career paths as a certified athletic trainer.

**Saunders Field House in The Maverick Center is home to the Department of Kinesiology and the Mesa State College Athletic Training Education Program.**

## About the College

Founded in 1925 and located in Grand Junction, Colorado, Mesa State College is a comprehensive regional public higher education institution offering programs at the master's, bachelor's, associate, and certificate levels.

At MSC, our focus is on providing quality academic programs, built on a strong liberal arts core, that support students' interests and regional employment needs. MSC provides the tools to make the most of our 7,000 students' educational experiences and boasts three unique campuses catering to both commuter and residential students. MSC offers students on the Western Slope, throughout Colorado and across the country some of the most affordable tuition and fees in Colorado, as well as a desirably low student-to-faculty ratio.



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MESA STATE COLLEGE  
GRAND JUNCTION, COLORADO



**Bachelor of Science**

**ATHLETIC TRAINING**

DEPARTMENT OF KINESIOLOGY   
 [mesastate.edu/kinesiology](http://mesastate.edu/kinesiology)



### Athletic Training

The Mesa State College Athletic Training Education Program is fully accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The two-year clinical program usually is completed during the junior and senior years and requires four semesters of on-site field/clinical experience. Students must complete 15 to 20 hours per week of field/clinical experiences working with Mesa State College athletic teams and at nearby off-campus affiliate sites. The off-campus affiliate sites include high school athletic training settings, outpatient physical therapy clinics, and several physician offices including general medicine and orthopedics.

Our program welcomes applications from students transferring from another institution. With appropriate course work and previous experience under the direction of a Certified Athletic Trainer, students may apply for direct admission. Interested students should contact the program director for more details.

Several Mesa State College Foundation scholarships are available to athletic training and other kinesiology department students. A number of our athletic training students have received external awards from regional and national organizations.

### Career Opportunities

There are expanding employment opportunities available to certified athletic trainers who are competent in a variety of areas in sport medicine. Mesa State College's Athletic Training Education Program students have continued on to a variety of settings including:

- Graduate School
- Professional School (Medical, Physical Therapy and Chiropractic)
- Professional Sports
- College Athletics
- Olympic Teams
- High Schools
- Physical Therapy Clinics
- Orthopedic Physician Clinics
- Chiropractic Clinics
- Industrial/Corporate Wellness Programs
- Durable Medical Equipment Representatives
- Pharmaceutical Representatives



**The Copeland Family Athletic Facility at Mesa State College houses state-of-the-art equipment for treating athletes and educating our students**

### CREDIT HOURS

<b>General Education Requirements</b>	<b>31</b>
<b>Other Lower Division Requirements</b>	<b>6</b>
KINE 100 Health & Wellness	1
KINE XXX Activity Courses	2
Applied Studies	3
<b>Foundation Courses</b>	<b>3</b>
STAT 200 Probability and Statistics	3
<b>Athletic Training Core Courses</b>	<b>52</b>
KINE 200 Hist & Phil of Sport & PE	3
KINE 213 Appl of Physical Fitness & PE	3
KINE 234 Prevention & Care of Ath Injuries	3
KINE 240 Intro to Clinical Athletic Traing	2
KINE 303L Exercise Physiology	3
KINE 303L Exercise Physiology Lab	1
KINE 309L Anatomical Kinesiology	3
KINE309L Anatomical Kinesiology Lab	1
KINE 365 First Responder	3
KINE 367 Field Experience in Ath Training I	2
KINE 368 Clinical Exp in Athletic Training I	2
KINE 373 Upper Body Injury Assessment	3
KINE 374 Lower Body Injury Assessment	3
KINE 378 Clinical Exp in Athletic Training II	2
KINE 401 Org Ad/Legal Consid in PE & Sport	3
KINE 410 Rehabilitative Exercises	3
KINE 420 Therapeutic Modalities	3
KINE 430 Medical Conditions & Pharm in Sports	3
KINE 467 Field Exp in Athletic Training II	2
KINE 468 Clinical Exp in Athletic Training III	2
KINE 478 Clinical Exp in Athletic Training IV	2
<b>Required Related Study Area</b>	<b>8</b>
BIOL 209 Human Anat & Physiology I	3
BIOL 209L Human Anat & Physiology I Lab	1
BIOL 210 Human Anat & Physiology II	3
BIOL 210L Human Anat & Physiology II Lab	1
<b>Electives</b>	<b>20</b>
<b>TOTAL CREDIT HOURS</b>	<b>120</b>

