

EXERCISE SCIENCE & SPORTS MEDICINE CAREERS

What do graduates in Exercise Science and Sports Medicine do?

The short answer to the question is that they work in health promotion, fitness development, colleges and universities, clinical rehabilitation, and sport and athletic programs.

Here are some of the occupations/professions:

- sports and wellness program instructors and directors;
- strength coaches for college, university and professional sports programs;
- teachers at institutions of higher learning*;
- researchers in sports medicine and adult fitness programs*;
- managers and exercise leaders in corporate wellness programs;
- instructors in health and fitness clubs;
- supervisors of specialized health, fitness, wellness, or lifestyle programs in correctional services, police, fire, and emergency response organizations;
- fitness directors/instructors in YMCAs, spa and resort centers;
- exercise specialists in cardiopulmonary rehabilitation programs*;
- fitness directors and managers in the military (such as the air force and army);
- exercise technologists in cardiology suites*; and
- fitness instructors and supervisors at the state, regional, and national levels in sports and athletic programs including,
 - sports management*,
 - sports psychology*,
 - sports biomechanics*, and
 - nutritional consultation*.
- Group Exercise Instructor
- Club Manager
- Coach
- Exercise Physiologist*
- Outdoor Guide
- Personal Trainer
- Sports Psychologist*
- Nutritionist*
- Physical Education Teacher*
- Physical Therapist (PT)*
- Occupational Therapist (OT)*
- Medical Physician*
- Athletic Trainer*
- EMT or Paramedic*

*May require further education

Fitness Related Websites:

<http://www.aahperd.org/>
<http://www.abmp.com/home/>
<http://www.acatoday.org/>
<http://www.ace-ergocanada.ca/>
<http://www.acefitness.org/>
<http://www.acsm.org/>
http://www.acsm.org/AM/Template.cfm?Section=home_page&Template=/CM/ContentDisplay.cfm&ContentID=1340
<http://www.aft.org/>
<http://www.akta.org/>
<http://www.americankinesiology.org/>
<http://www.americankinesiology.org/careers-in-kinesiology>
<http://www.amssm.org/>
<http://www.amtamassage.org/index.html>
<http://www.aoassn.org/>
<http://www.aota.org/>
<http://www.apa.org/>
<http://www.apta.org//AM/Template.cfm?Section=Home>
<http://www.asbweb.org/>
<http://www.asep.org/>
<http://www.bocatc.org/>
<http://www.chiropracticcanada.ca/en-us/home.aspx>
<http://www.cmaa.org/>

<http://www.csmta.ca/index.html>
<http://www.eatright.org/>
<http://www.gssiweb.com/>
<http://www.healthcareerweb.com/jobs/search/?q=exercise+science>
<http://www.hscoaches.org/>
<http://www.ideafit.com/>
<http://www.ifpa-fitness.com/>
http://www.issponline.org/p_codeofethics.asp?ms=3
<http://www.massagetherapyfoundation.org/>
http://www.mcdaniel.edu/Files/EPE_Careers_Brochure.pdf
<http://www.medscape.com/>
<http://www.mymajors.com/sport-kinesiology-health-sciences-major>
<http://www.nata.org/>
<http://www.nbpts.org/>
<http://www.ncate.org/>
<http://www.nea.org/>
<http://www.neamb.com/>
<http://www.nhsca.com/>
<http://www.nasca-lift.org/>
<http://www.sportsmed.org/tabs/Index.aspx>
<http://www.wcpt.org/>
www.sportsmedicine.com