



COLORADO MESA
UNIVERSITY

Department of Health Sciences

BSN

Degree in Nursing

(Baccalaureate Degree in Nursing)

Information Packet



The Bachelor of Science in Nursing program is designed to respond to the emerging health care needs of individuals, families, groups, and communities and provide a foundation for excellence in nursing practice. This foundation enables the graduate to assume the role of a nurse generalist when delivering culturally competent care in a wide-range of health care settings with diverse populations. The utilization of critical thinking, leadership, and management skills, founded on evidence based practice, is essential. The importance of engaging in lifelong learning and community service is valued. Graduates are encouraged to return to higher educational programs to obtain advanced degrees.

BSN Student Learning Outcomes		
CMU Baccalaureate Student Learning Outcomes	Current BSN Student Learning Outcomes	AACN Essentials
1. Construct a summative project, paper or practiced-based performance that draws on current research, scholarship and/or techniques, and specialized knowledge in the discipline (Applied learning; Specialized knowledge)	1. Professionalism: Promotes a culture of respect and safety while communicating the importance of lifelong learning and professional career development. (Specialized knowledge; Applied Learning)	I, III, VIII, & IX
2. Analyze data critically, reason logically, and apply quantitative analysis methods correctly to develop appropriate conclusions (Intellectual skills-quantitative fluency)	2. Math Reasoning: Utilizes scientific inquiry and quantitative reasoning as a base for patient care decisions. (Intellectual skills-Quantitative fluency)	I, II, IV, V, & IX
3. Make and defend assertions about a specialized topic in an extended well-organized mostly error-free document and an oral presentation that is appropriate to the discipline (Intellectual skills-Communication fluency)	3. Evidence Based Practice: Communicate a plan for integration of Evidence Based findings into professional nursing practice. (Intellectual skills – Communication fluency)	III, IV, VI, VII, & IX
4. Identify assumptions, evaluate hypotheses or alternative views, articulate implications and formulate conclusions (Intellectual skills-Critical Thinking)	4. Critical Thinking: Employs critical thinking as a basis for nursing practice. (Intellectual skills – Critical thinking)	I, II, III, VI, VIII, & IX
5. Find relevant sources of information, evaluate information critically, and apply the information appropriately and effectively to specific purposes. (Information Literacy)	5. Collaborative Communication: Improves healthcare outcomes through inter-professional collaboration and communication, facilitating access to resources to meet diverse health care needs. (Information Literacy)	I, II, VI, VII, VIII, & IX
6. Analyze ethical situations in terms of their social, professional, or legal consequences; and evaluate possible solutions to ethical dilemmas. (Ethical Reasoning)	6. Leadership: Integrates ethical principles of leadership and management in the delivery of health care. (Intellectual skills – Communication fluency)	I, II, V, VI, VIII, & IX

Guiding Standards

Faculty utilizes professional standards and guidelines as a basis for curriculum development and program evaluation. The rationale for choosing these guidelines is that they are the most comprehensive and widely used in the United States. Currently the following nursing standards and guidelines are incorporated into each course:

- Agency for Healthcare Research and Quality. (2008). *U.S. Preventative Services Task Force*. www.ahrq.gov/clinic/uspstfix.htm
- ANA. (2013) *Principles for practice*. American Nurses Association. Silver Springs, MD.
- ANA. (2010). *Nursing: Scope and standards of practice* (2nd ed.) American Nurses Association. Silver Springs, MD.
- ANA (2010). *Nursing's social policy statement*. American Nurses Association. Silver Springs, MD.
- CCNE. (2008). *The essentials of baccalaureate education for professional nursing practice*. American Association of Colleges of Nursing. Washington, DC.
- Fowler, M.D.M. (2015). *Code of ethics for nurses with interpretive statements*. Silver Springs, MD.
- Healthy People 2020. www.healthypeople.gov

Additional standards and guidelines are integrated into specific courses in relation to content, identified learning objectives, and outcomes. These are identified in course syllabi.

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Bachelor of Science in Nursing

Professional Baccalaureate Nursing

The Bachelor of Science in Nursing program provides educational experiences to prepare a professional nurse generalist with the ability to practice in a variety of healthcare settings. The program integrates nursing theory, practice, and science with a broad liberal arts education. The Bachelor of Science in Nursing provides the foundation to pursue graduate nursing education.

Admission Criteria

- Cumulative Grade Point Average for past five years
- Prerequisite requirements must be completed or in process of completion by the application deadline.
- Must pass all in progress courses with a "C" or higher.
- Kaplan Nursing School Entrance Exam – allowed to take with each application.
- Personal interviews for selected candidates
- Successful completion of a criminal background investigation and pre-admission drug screening taken at applicant's expense after conditional admittance.

Application Process

- 1) Submission of a completed Colorado Mesa University application, including application fee, through the CMU Admissions Office, or a reactivated application file if you have missed one or more semesters at Colorado Mesa University, declaring Baccalaureate Science of Nursing (Pre-BSN) as area of emphasis. You must be admitted to CMU prior to submitting the separate BSN application.
- 2) Completion of, or in process of completing, non-nursing program requirements (i.e. Essential Learning course requirements), and completion of, or in process of completing, pre-requisite classes.
- 3) Students applying to the Baccalaureate of Science Nursing Program are required to take the Kaplan Nursing Entrance Exam. Students are allowed to take the exam once per application period. Please see the Colorado Mesa University's Testing Center website for more information on how to register: <http://www.coloradomesa.edu/testing/index.html>.
- 4) Complete and submit the Application for the Bachelor of Science in Nursing form electronically per submission requirements listed in the Application Check-off Form. Please see the following website for a complete check-off list for application: <http://www.coloradomesa.edu/health-sciences/degrees/bachelor-science-nursing.html>.

You will receive an automated email for the FIRST time you submit documents to the healthscience@coloradomesa.edu email address. Please note that the department will process all application documents starting the date of application deadline, please do not contact the department on the status of your application, as we will communicate with you via your CMU email address for any items missing.

¹Every candidate who applies for a Colorado Registered Nursing License will be asked the following questions: Have you ever: (a) had any adverse action taken against you by any licensing agency in another state or country, any peer review body, health care facility, governmental agency, law enforcement agency or court of law? (b) surrendered a license or other authorization to practice nursing in another state or jurisdiction, or surrendered staff privileges while under investigation by any of these authorities or bodies? (c) been convicted, pled no contest/nolo contendere, pled guilty to or been granted a deferred judgment or sentence with respect to a felony, misdemeanor or petty offense other than minor traffic offenses? (d) had paid on your behalf any final judgment, settlement or arbitration award to malpractice? (e) been denied nursing malpractice insurance or had your nursing malpractice insurance coverage terminated by action of the insurance carrier?

COLORADO MESA UNIVERSITY

Department of Health Sciences

Common Questions & Answers about the BSN Program (FAQs)

Please read all application materials and the section of the catalog that pertains to the Nursing Program, as well as the BSN Program section of www.coloradomesa.edu/health-sciences. Many of your questions may be answered there.

Does everything have to be in to the Department of Health Sciences Office by the deadline?

Yes, you must be fully admitted to CMU as a Bachelor seeking student prior to applying to the BSN program. The BSN application, all college transcripts, transcript evaluations (if you have classes from other colleges/universities), and Kaplan exam scores, must be submitted by 12pm (noon) on the deadline date. In order to give the CMU Registrar's Office appropriate time to submit transcripts/evaluations to the Department of Health Sciences, you are encouraged to turn in your "Transcript Request Form" to the Department of Health Sciences no later than 2 weeks prior to application deadline. This doesn't prevent you from submitting it later than 2 weeks prior to deadline, but your application may be delayed in review if the transcripts/evaluations are not received by the deadline from the CMU Registrar's Office.

Does the Department of Health Sciences have an admission fee?

No, however, there is a fee to apply to Colorado Mesa University.

Should I take any courses prior to being accepted into the BSN program?

Yes, you are required to complete all Essential Learning and program specific pre-requisite courses. Please review the Course Sequencing for A Major in Nursing on page 8 in this BSN Information Packet.

Please Note:

- *PSYC 150: General Psychology and PSYC 233: Human Growth & Development are program pre-requisites that also meet Social & Behavioral Science Essential Learning requirements for 6 credit hours*
- *BIOL 250 & BIOL 250L: Intro to Medical Microbiology and Lab are program pre-requisites that also meet the Natural Science with Lab Essential Learning requirement for 4 credit hours.*

Prerequisite requirements must be completed or be in the process of completion by the application deadline. All essential learning courses must be completed by the end of the semester you are applying, to be considered a candidate for the BSN program.

Are there any scholarships specifically for BSN students?

Yes, scholarships are available for BSN students. For specific scholarship information, please see <http://www.coloradomesa.edu/financial-aid/scholarships/index.html>.

Do I have to be accepted in to CMU *before* I can be accepted into the BSN program?

Yes, as a Bachelor seeking student.

When do the BSN courses start?

BSN courses begin spring and fall semesters. The BSN courses are sequential and must be taken in the specific order outlined in Course Sequencing for A Major in Nursing on page 8 in this BSN Information Packet.

How long is the BSN program?

The BSN program is 4 semesters. All Essential Learning and pre-requisite courses must be completed prior to application to the program.

How many students are accepted into the program each year?

We accept up to 50 students twice a year, for a yearly total of 100.

How much does the BSN program cost?

Tuition and fee information can be obtained from Admissions. We also have compiled a list of projected expenditures (on page 7, subject to change, only to be used as a general basis of costs).

Should I apply to the BSN program before I ask for a transcript to be sent?

You should submit your BSN application and Transcript Request Form electronically as per the instructions listed in the Application Check-off Form. You must contact the Registrar's Office at 248-1555 to have any transfer credits evaluated for possible acceptance at Colorado Mesa University.

Should I speak to an advisor before I sign up for classes?

We suggest that you attend an open advising session that is listed on the Department of Health Sciences' website at: www.coloradomesa.edu/health-sciences (please check our website for current dates/times). Once you've attended an open advising session, you can contact your primary advisor for further advising.

Do you give credit for life experience or related paramedical experience?

No, we do not.

Does Colorado Mesa University have a Practical Nurse (PN) program?

Yes. In addition to the PN program, we also offer a Licensed Practical Nurse to Bachelor of Science in Nursing (LPN-BSN). For those who already have an Associate Degree in Nursing may also be interested in our online RN-BSN program. For more information on all of our programs, please see the Department of Health Sciences' website at: www.coloradomesa.edu/health-sciences.

Can I go part time?

While you are doing your Essential Learning/pre-requisites, you can go part time. However, if accepted to the BSN program, you are expected to attend full time.

How do you choose candidates?

We look at your overall grade point average from college courses you have taken in the past 5 years, the grades you achieve in Anatomy & Physiology I, Anatomy & Physiology II, and Pathophysiology and the score on the Standardized Admission Test (Kaplan Nursing School Entrance Exam). The applicants with the highest accumulation of points are invited to interview with the admissions committee.

Do you use a waiting list?

No, we do not. If an applicant is not accepted one semester and wishes to be considered for the next semester, they must reapply.

How much does a credit hour cost?

Please go to <http://www.coloradomesa.edu/student-accounts/expenses.html> for the most recent tuition fees.

Do you have night BSN classes?

Classes are during the day, but evening clinical labs may be required.

Can I work while I take classes?

We have students who work while attending nursing school. However, we do not recommend working. You should consider that for every hour of class, it is expected that the student spend two hours in preparation.

What classes can I take to fulfill the essential learning requirements?

You should refer to the attached Essential Learning List or the Graduation Requirements section in the Colorado Mesa University Catalog. Only selected 100 and 200 level classes listed in this section are acceptable for fulfilling Essential Learning requirements.

Do I need my own computer?

Many courses include computer and Internet-based assignments. Having your own computer gives you more freedom in completing course assignments. Computer labs are available on campus for student use. As a student, you are provided an email address, which you will be required to access regularly. CMU also provides each student Office 365 for up to five platforms (iPad, computer, etc.) for free.

Colorado Mesa University Baccalaureate and Associate (AA/AS) Degree Requirements

A. Essential Learning Core – 31 credit hours

All CMU essential learning core courses are approved by the Colorado Department of Higher Education for statewide guaranteed transfer except courses marked with + which are not yet approved. ♦ Cannot be substituted for ESSL 200.

English – 6 credit hours

Option 1

ENGL 111* English Composition; and
ENGL 112* English Composition; or

Option 2

ENGL 112* English Composition; and
ENGL 219* Introduction to Professional Writing

*A grade of "C" or higher is required for graduation

Mathematics – 3 credit hours

MATH 110* College Mathematics
¹MATH 113* College Algebra
MATH 119* Pre-Calculus Mathematics
MATH 149* Honors Mathematics
MATH 151* Calculus I
MATH 205* Elements of Mathematics II

*A grade of "C" or higher is required for graduation

¹MATH 113 or higher is required for admission to the BSN program

History – 3 credit hours**

HIST 101, 102 Western Civilization
HIST 131, 132 United States History

**Note: 3 additional hours of History may be chosen to fulfill Humanities.

Humanities – 3 credit hours

ENGL 131, 132 Western World Literature I & II
ENGL 150 Introduction to Literature
ENGL 222 Mythology
ENGL 231, 232 Non-Western Literature I and II
ENGL 254, 255 Survey of English Literature I and II
ENGL 261, 262 Survey of American Lit I and II
HIST 101, 102 Western Civilization
HIST 131, 132 United States History
MASS 110 Mass Media Impact and History
PHIL 105 Critical Thinking
PHIL 110 Introduction to Philosophy
PHIL 120 Ethics
PHIL 130 Philosophy of Religion
+♦SPCH 102 Speechmaking

Social and Behavioral Sciences – 6 credit hours

ANTH 202 Introduction to Anthropology
ARKE 205 Principles of Archaeology
+CSCI 100 Computers in Our Society
ECON 201 Principles of Macroeconomics
ECON 202 Principles of Microeconomics
FOAN 180,180L Survey of Physical Anthropology and Lab
GEOG 102 Human Geography
GEOG 103 World Regional Geography
POLS 101 American Government
+POLS 151 Introduction to Political Ideas
POLS 261 Comparative Politics
+POLS 270 World Politics
²PSYC 150 General Psychology
²PSYC 233 Human Growth and Development
SOC 101 Introduction to Lesbian, Gay, Bisexual & Transgender Studies
SOC 120 Technology and Society
SOCO 144 Marriage and Families
SOCO 260 General Sociology
SOCO 264 Social Problems
+♦SPCH 101 Interpersonal Communication

²PSYC 150, PSYC 233 are pre-requisites for the BSN program

Fine Arts – 3 credit hours

ARTE 101 Two-Dimensional Design
ARTE 102 Three-Dimensional Design
ARTE 115 Art Appreciation
ARTE 118 Survey of Art History—Prehistory to Renaissance
ARTE 119 History of Art, Renaissance to Present
DANC 115 Dance Appreciation
FINE 101 The Living Arts
MUSA 220 Music Appreciation
MUSA 266 History of Popular Music
THEA 141 Theatre Appreciation
THEA 145 Introduction to Dramatic Literature

Natural Sciences – 7 credit hours (must include 1 lab)

***BIOL 101, 101L General Human Biology and Lab
***BIOL 102, 102L General Organismal Biology and Lab
***BIOL 105, 105L Attributes of Living Systems and Lab
***BIOL 108, 108L Diversity of Organisms and Lab
***³BIOL 250, 250L Intro to Medical Microbiology and Lab
CHEM 100 Chemistry and Society
***CHEM 121, 121L Principles of Chemistry and Lab
***CHEM 122, 122L Principles of Organic Chem and Lab
***CHEM 131, 131L General Chemistry and Lab
***CHEM 132, 132L General Chemistry and Lab
ENVS 101 Introduction to Environmental Science
***ENVS 103, 103L Field-Based Intro to Environmental Sci
GEOL 100 Survey of Earth Science
GEOL 103 Weather and Climate
GEOL 104 Oceanography
GEOL 105 Geology of Colorado
GEOL 106 Introduction to Dinosaurs
GEOL 107 Natural Hazards & Environ. Geology
GEOL 108 Water, People & Environment (not approved for gtPathways)
***GEOL 111, 111L Principles of Physical Geology & Lab
***GEOL 112, 112L Principles of Historical Geology & Lab
***GEOL 113, 113L Field-based Intro to Phys Geology & Lab
PHYS 100 Concepts of Physics
PHYS 101 Elementary Astronomy
***PHYS 105 105L Physics by Inquiry and Lab
***PHYS 111, 111L General Physics and Lab
***PHYS 112, 112L General Physics and Lab
***PHYS 131, 131L Fundamental Mechanics and Lab
***PHYS 132, 132L Electromagnetism & Optics and Lab

³BIOL 250 & BIOL 250L are pre-requisites for the BSN program

***Course fulfills the natural sciences requirement of associated lab or field component. Both the lecture and laboratory are required for essential learning credit.

B. Wellness Requirements – 2-3 credit hours

KINE 100 Health and Wellness

1-2 KINA credits (varies by program sheet)

KINA _____
KINA _____

Any KINA course(s), DANC 160, 169, 174, 177, 180 or MUSP 147 (credit bearing course only) may fulfill the Kinesiology activity requirement.

Only one varsity sport course numbered KINA 180-189 may be used to meet the activity requirement.

Essential Learning Capstone only applies to Bachelor's degree

C. Essential Learning Capstone – 4 credit hours

The Essential Learning Capstone must be completed between 45-75 credit hours.

ESSL 290 Maverick Milestone

****ESSL 200 Essential Speech

****ESSL 200 is a co-requisite course with ESSL 290 and must be taken together in the same semester.

Projected Expenses for the BSN Program

(Required and optional books are listed, check with the Bookstore for any additional books that may have been added since this page was created.)

Level I:	New
NURS 350/L	
Physical Examination & Health Assessment	171.00
NURS 353/L	
Fundamentals of Nursing Volume 1	80.00
Fundamentals of Nursing Volume 2	65.00
Nursing Diagnosis Handbook	60.00
Critical Thinking Cases in Nursing	56.00
Davis' Drug Guide for Nurses	40.00
DocuCare Access Code	130.00
NURS 370	
Pharmacology w/DVD & Access Code	88.00
Study Guide	32.00
Calculate with Confidence	81.00
American Psychological Association Manual	29.00
NURS 372	
No Book required	<u>0.00</u>
TOTAL	<i>\$832.00</i>
Level II:	
NURS 373/L	
Medical Surgical Nursing	173.00
Davis' Comprehensive Handbook of Lab	37.00
NURS 388/L	
Psych Mental Health Nursing: Concepts	70.00
Psych Nursing: Assessment, Care, Meds	34.00
NURS 394	
Book TBD	<u>100.00</u>
TOTAL	<i>\$414.00</i>
Level III:	
NURS 459/L	
Maternal-Newborn & Women's Health Nursing	92.00
OB/Peds Notes	25.00
Neighborhood 2.0 Access Card	42.00
NURS 472	
Health Informatics	100.00
NURS 473/L	
Same book as NURS 373	<u>0.00</u>
TOTAL	<i>\$259.00</i>
Level IV:	
NURS 482	
I Wasn't Strong Like This When I Started Out	16.00
Prioritization, Delegation, & Assignment	40.00
NURS 487/L	
Population Health: Concepts & Methods	60.00
Being Mortal: Medicine & What Matters in the End	26.00
NURS 490/L	
Leading and Managing in Nursing	75.00
Nursing Research: Reading, Using & Creating Evidence	115.00
NURS 492	
Same book as NURS 370	0.00
NURS 493/L	
Book TBD	<u>100.00</u>
TOTAL	<i>\$432.00</i>
GRAND TOTAL, Books	<i>\$1937.00</i>

Incidental Costs:

PRIOR TO STARTING PROGRAM:

Background check	~60.00
Pre-Admission Drug Screen	~40.00

LAB & UNIFORM ITEMS:

Shoes	70.00
Nursing uniform whites	100.00
Penlight	5.00
Lab coat	40.00
BSN Patches	8.00
Stethoscope/earpieces	~90.00
CMU polo shirts	30.00
BP Cuff (optional)	35.00
Scissors	12.00

IMMUNIZATIONS & DOCUMENTATION:

Varicella (Chicken Pox) Immunization	110.00
Hepatitis Immunizations (\$60 x 3)	180.00
Meningococcal (suggested) immunization	90.00
Tetanus immunization (if needed)	15.00
TST (TB Skin Test/PPD) Testing (yearly)	10.00
Liability insurance (yearly)	30.00
Personal health insurance (yearly)	~1800-6000
Immunization/Documentation Service (yearly)	<u>~80.00</u>

TOTAL, Incidentals

\$2797-\$6997

The following classes also are assessed lab fees:

NURS 350L	Health Assmnt Across the Lifespan Lab	70.00
NURS 353L	Foundation of Nursing Practice Lab	70.00
NURS 373L	Acute and Chronic Illness I Clinical	70.00
NURS 388L	Mental Health Nursing Clinical	70.00
NURS 459L	Family/Maternal/Child Nursing Clinical	70.00
NURS 473L	Acute and Chronic Illness II Clinical	70.00
NURS 487L	Community & Population Nursing Clinical	70.00
NURS 490L	Nursing Leadership & Management Clinical	70.00
NURS 493L	Senior Capstone Clinical	<u>70.00</u>
ESTIMATED TOTAL, Lab Fees		\$630.00

This list has been provided as a guide to assist students in budgeting, but is not guaranteed to be accurate. May change without notice.

SUGGESTED COURSE SEQUENCING FOR A MAJOR IN NURSING

This is a recommended sequence of course work. Certain courses may have prerequisites or are only offered during the Fall or Spring semesters. It is the student's responsibility to meet with the assigned advisor and check the 2 year course matrix on the Colorado Mesa website for course availability.

FRESHMAN YEAR

Fall Semester	Hours	Spring Semester	Hours
ENGL 111 English Composition	3	ENGL 112 English Composition	3
PSYC 150* General Psychology	3	BIOL 250* Intro to Medical Microbiology	3
KINE 100 Health and Wellness	1	BIOL 250L* Intro to Medical Microbiology Lab	2
Essential Learning History	3	PSYC 233* Human Growth and Development	3
Essential Learning Natural Science	<u>3</u>	Essential Learning Humanities	3
	13	KINA 1XX Activity	<u>1</u>
			15

SOPHOMORE YEAR

Fall Semester	Hours	Spring Semester	Hours
BIOL 209* Human Anatomy and Physiology I	3	BIOL 210* Human Anatomy and Physiology II	3
BIOL 209L* Human Anatomy and Physiology I Lab	1	BIOL 210L* Human Anatomy and Physiology II Lab	1
Elective	3	BIOL 241* Pathophysiology	4
MATH 113* College Algebra	4	ESSL 290 Maverick Milestone	3
Essential Learning Fine Arts	<u>3</u>	ESSL 200 Essential Speech	1
	14	STAT 200* Probability and Statistics	3
		OR (STAT 215*) (<i>Statistics for Social/Behavioral Sciences</i>)	(4)
			15(16)

*These courses are program pre-requisites.

JUNIOR YEAR

LEVEL I	Hours	LEVEL II	Hours
NURS 350 Health Assessment Across the Lifespan	3	NURS 373 Acute and Chronic Illness I	4
NURS 350L Health Assessment Across the Lifespan Lab	1	NURS 373L Acute and Chronic Illness I Clinical	3
NURS 353 Foundation of Nursing Practice	4	NURS 388 Mental Health Nursing	3
NURS 353L Foundation of Nursing Practice Lab	3	NURS 388L Mental Health Nursing Clinical	2
NURS 370 Pharmacology for Nurses I	3	NURS 394 Nursing Research: An Evidence-Based Practice	<u>3</u>
NURS 372 Prof Dev I: Nursing Theory, Roles, & Ethics	<u>2</u>		15
	16		

SENIOR YEAR

LEVEL III	Hours	LEVEL IV	Hours
NURS 459 Family/Maternal/Child Nursing	4	NURS 482 Prof Dev III: The Professional Nurse	2
NURS 459L Family/Maternal/Child Nursing Clinical	3	NURS 487 Community and Population Nursing	3
NURS 472 Prof Dev II: Health Informatics	3	NURS 487L Community and Population Nursing Clinical	2
NURS 473 Acute and Chronic Illness II	4	NURS 490 Nursing Leadership and Management	2
NURS 473L Acute and Chronic Illness II Clinical	<u>3</u>	NURS 490L Nursing Leadership and Management Clinical	1
	17	NURS 492 Pharmacology for Nurses II	2
		NURS 493 Senior Capstone	1
		NURS 493L Senior Capstone Clinical	<u>3</u>
			16

***Please visit the Department of Health Sciences'
BSN website:***

www.coloradomesa.edu/health-sciences/bsn.html

***for the most up to date version of the
BSN Program Application forms.***

***Please review and follow the BSN Application
Check-off Form for proper application to the BSN
Program.***